



SWIMMING & DIVING 2003-04

Presidents' Athletic Conference

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PRESIDENTS' ATHLETIC CONFERENCE (PAC) 2004 MEN'S & WOMEN'S SWIMMING & DIVING CHAMPIONSHIPS GCC/PAC Invitational - Grove City College - Grove City, Pa. - Feb. 12-14, 2004

FINAL PAC Men's Team Standings (Day 3 of 3)

1. Grove City College (GRO)	799
2. Westminster College (WES)	716
3. Washington & Jefferson College (W&J)	601
4. Bethany College (BET)	306

FINAL PAC Women's Team Standings (Day 3 of 3)

1. Westminster College (WES)	798
2. Washington & Jefferson College (W&J)	751
3. Grove City College (GRO)	707
4. Bethany College (BET)	98

2004 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

EVENT	1st Place (All-PAC 1st team)	2nd Place (All-PAC 2nd team)	3rd Place (All-PAC 3rd team)
200 Freestyle Relay	Westminster (B.J. Sieg, Kevin Gesacion, Nate Horrell, Ryan Trunk), 1:27.04	Grove City (Drew McKelvy, Jeff Wenger, Matt Ziders, Matt Gibson), 1:28.70	Washington & Jefferson (Sebastian Hesse, Aaron DiNardo, Jay Atkins, Ryan Yocom), 1:29.21
500 Freestyle	Rich Korb, Sr., GRO , 4:47.79	Matt Socha, So., W&J , 4:48.31	Nate Horrell, So., WES , 4:51.62
200 Individual Medley	Drew McKelvy, Sr., GRO , 1:59.45	Brian Train, Fr., W&J , 2:00.95	Felix Mason, Jr., GRO , 2:02.45
50 Freestyle	Ryan Trunk, Fr., WES , 21.56	Kevin Gesacion, Jr., WES , 22.30	Matt Gibson, Sr., GRO , 22.41
3-Meter Diving	Joe Kennedy, So., BET , 325.20	Dan Bryner, Sr., W&J , 304.80	Mike Shantz, So., GRO , 235.55
400 Medley Relay	Westminster (Pat Smith, Andy Hudak, Nate Horrell, Ryan Trunk), 3:35.68	Grove City (Joel Boerckel, Felix Mason, Matt Ziders, Matt Gibson), 3:40.59	Washington & Jefferson (Andrew Pratt, Brian Blackwell, Brian Train, Matt Socha), 3:42.57

2003 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

200 Freestyle Relay	Westminster (Sara Bonchosky, Megan McLaughlin, Megan Lytle, Brittany Jardine), 1:39.66	Washington & Jefferson (Brandi Shoupe, Erin Boyle, Kristina Springborn, Abby Leslie), 1:40.73	Grove City (Carolyn Shaddak, Christine Bare, Karen Rodgers, Ellen Magee), 1:40.85
500 Freestyle	Peggy Whitbeck, Sr., GRO , 5:09.30	Katie Alukonis, Sr., WES , 5:12.42	Sara Bonchosky, Fr., WES , 5:15.72
200 Individual Medley	Megan McLaughlin, Fr., WES , 2:15.74	Erin Boyle, Jr., W&J , 2:16.50	Emily Staniszewski, Fr., WES , 2:17.63
50 Freestyle	Brandi Shoupe, Fr., W&J , 24.59	Brittany Jardine, Sr., WES , 24.65	Carolyn Shaddak, Sr., GRO , 25.26
1-Meter Diving	Abby Leslie, Jr., W&J , 345.30	Alexis Zantias, Fr., GRO , 323.25	Emily Hays, Fr., GRO , 304.95
400 Medley Relay	Westminster (Megan Sweithelm, Emily Staniszewski, Amy Wirtz, Sara Bonchosky), 4:04.65	Grove City (Julie Pullin, Jacquie Adlam, Peggy Whitbeck, Ellen Magee), 4:05.53	Washington & Jefferson (Erin Boyle, Vanessa Tome, Brandi Shoupe, Jennifer Fleagle), 4:08.96

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2004 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

INDIVIDUAL/RELAY RESULTS (continued)

EVENT	1st Place (All-PAC 1st team)	2nd Place (All-PAC 2nd team)	3rd Place (All-PAC 3rd team)
200 Medley Relay	Westminster (Shaun McNamara, Andy Hudak, B.J. Sieg, Kevin Gesacion), 1:39.20	Grove City (Joel Boerckel, Felix Mason, Matt Ziders, Drew McKelvy), 1:40.17	Washington & Jefferson (Brian Train, Brian Blackwell, Matt Socha, Sebastian Hesse), 1:40.81
1000 Freestyle	Rich Korb, Sr. , GRO 10:08.15	Matt Kerns, Fr. , WES 10:23.06	Luke Wiedeman, Fr. , GRO 10:23.66
400 Individual Medley	Felix Mason, Jr. , GRO 4:18.21	Pat Smith, Fr. , WES 4:18.60	Jeremy Roberts, So. , GRO 4:28.78
100 Butterfly	Brian Train, Fr. , W&J 53.53	Stephen Zinz, Fr. , BET 53.64	Nate Horrell, So. , WES 54.27
200 Freestyle	Ryan Trunk, Fr. , WES 1:43.74	Matt Socha, So. , W&J 1:45.31	Drew McKelvy, Sr. , GRO 1:47.23
100 Breaststroke	Andy Hudak, So. , WES 1:00.24	Damien Sanzotti, So. , BET 1:02.98	Jeff Wenger, Fr. , GRO 1:03.44
100 Backstroke	Pat Smith, Fr. , WES 54.95	Joel Boerckel, So. , GRO 55.33	Buddy Thornton, So. , WES 55.40
800 Freestyle Relay	Westminster (Ryan Trunk, B.J. Sieg, Nate Horrell, Andy Hudak) 7:11.37	Grove City (Drew McKelvy, Matt Gibson, John Newell, Rich Korb) 7:14.24	Washington & Jefferson (Brian Train, Sebastian Hesse, Chris Nesenholm, Matt Socha), 7:20.67

2004 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

200 Medley Relay	Washington & Jefferson (Kristina Springborn, Vanessa Tome, Brandi Shoupe, Erin Boyle), 1:51.13	Westminster (Megan Sweithelm, Emily Staniszewski, Amy Wirtz, Brittany Jardine), 1:51.71	Grove City (Julie Pullin, Jacquie Adlam, Peggy Whitbeck, Ellen Magee), 1:54.53
1000 Freestyle	Christine Bare, Jr. , GRO 10:42.44	Katie Alukonis, Sr. , WES 10:47.47	Amy Plotkin, Fr. , W&J 11:06.28
400 Individual Medley	Brittany Jardine, Sr. , WES 4:42.66	Ellen Magee, So. , GRO 4:54.76	Jules Mathews, Fr. , W&J 4:56.78
100 Butterfly	Peggy Whitbeck, Sr. , GRO :57.80	Brandi Shoupe, Fr. , W&J 59.21	Amy Wirtz, Fr. , WES 1:01.08
200 Freestyle	Sara Bonchosky, Fr. , WES 1:56.49	Karen Rodgers, Jr. , GRO 1:59.23	Megan McLaughlin, Fr. , WES 2:00.75
100 Breaststroke	Emily Staniszewski, Fr. , WES 1:09.69	Carolyn Shaddak, Sr. , GRO 1:09.96	Jacquie Adlam, Jr. , GRO 1:10.17
100 Backstroke	Kristina Springborn, Jr. , W&J 1:01.07	Megan Sweithelm, So. , WES 1:01.50	Erin Boyle, Jr. , W&J 1:02.16
800 Freestyle Relay	Westminster (Katie Alukonis, Megan McLaughlin, Brittany Jardine, Sara Bonchosky), 7:53.38	Grove City (Peggy Whitbeck, Carolyn Shaddak, Karen Rodgers, Christine Bare), 7:55.31	Washington & Jefferson (Amy Plotkin, Jennifer Fleagle, Liz Frye, Vanessa Tome), 8:18.86

2004 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

1650 Freestyle	Rich Korb, Sr. , GRO 16:56.59	Matt Kerns, Fr. , WES 17:04.27	John Newell, Fr. , GRO 17:27.46
200 Backstroke	Pat Smith, Fr. , WES 1:59.59	Buddy Thornton, So. , WES 1:59.82	Joel Boerckel, So. , GRO 2:01.63

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INDIVIDUAL/RELAY RESULTS (continued)

<u>EVENT</u>	<u>1st Place (All-PAC 1st team)</u>	<u>2nd Place (All-PAC 2nd team)</u>	<u>3rd Place (All-PAC 3rd team)</u>
100 Freestyle	Ryan Trunk , Fr., WES 46.84	Matt Socha , So., W&J 48.16	Drew McKelvy , Sr., GRO 48.39
200 Breaststroke	Andy Hudak , So., WES 2:11.84	Felix Mason , Jr., GRO 2:14.83	Chip Hothem , Fr., WES 2:21.35
200 Butterfly	Brian Train , Fr., W&J 2:00.11	Nate Horrell , So., WES 2:04.55	Matt Trollinger , Jr., GRO 2:05.68
1-Meter Diving	Joe Kennedy , So., BET 332.95	Dan Bryner , Sr., W&J 282.80	Mike Shantz , So., GRO 256.85
400 Freestyle Relay	Westminster (B.J. Sieg, Andy Hudak, Nate Horrell, Ryan Trunk) 3:13.34	Grove City (Drew McKelvy, Rich Korb, John Newell, Matt Gibson) 3:14.60	Washington & Jefferson (Matt Socha, Jay Atkins, Brian Train, Sebastian Hesse), 3:16.01

2004 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

1650 Freestyle	Christine Bare , Jr., GRO 18:01.66	Katie Alukonis , Sr., WES 18:13.03	Amy Plotkin , Fr., W&J 18:29.95
200 Backstroke	Megan Sweithelm , So., WES 2:12.91	Megan McLaughlin , Fr., WES 2:13.64	Erin Boyle , Jr., W&J 2:15.29
100 Freestyle	Sara Bonchosky , Fr., WES 54.46	Ellen Magee , So., GRO 54.86	Dana Culbert , So., BET 56.06
200 Breaststroke	Emily Staniszewski , Fr., WES 2:32.65	Jacque Adlam , Jr., GRO 2:34.67	Vanessa Tome , Sr., W&J 2:34.75
200 Butterfly	Peggy Whitbeck , Sr., GRO 2:04.46	Brittany Jardine , Sr., WES 2:09.92	Brandi Shoupe , Fr., W&J 2:14.74
3-Meter Diving	Emily Hays , Fr., GRO 336.90	Alexis Zanias , Fr., GRO 284.25	Rachel Yakubik , So., BET 273.65
400 Freestyle Relay	Westminster (Katie Alukonis, Megan McLaughlin, Sara Bonchosky, Brittany Jardine), 3:37.90	Grove City (Ellen Magee, Christine Bare, Carolyn Shaddak, Peggy Whitbeck), 3:38.50	Washington & Jefferson (Erin Boyle, Brandi Shoupe, Jules Mathews, Abby Leslie), 3:41.38

2004 PAC Men's Swimming Most Valuable Performer: Ryan Trunk, Fr., (Westminster)

2004 PAC Men's Swimming Coach of the Year: Dave Fritz (Grove City)

2004 PAC Women's Swimming Most Valuable Performer: Peggy Whitbeck, Sr., (Grove City)

2004 PAC Women's Swimming Coach of the Year: Rob Klamut (Westminster)