### PRESIDENTS' ATHLETIC CONFERENCE 2009-10 ACADEMIC AND ATHLETIC HIGHLIGHTS

• The 2009 PAC Men's Golf Fall Invitational concluded on Tuesday, September 29 in rainy conditions at Oak Tree Country Club in West Middlesex, Pa. Thomas More swept the team and individual awards, with the Saints firing a four-man total of 293-306-599 to lead second place Washington & Jefferson (312-314-626) by 27 strokes. The Saints also posted the top two individual finishers, as medalist **Joe Ruzick** (*right*) (68-73-141, -1) topped teammate **Brandon Dulle** (71-74-145, +3) by four strokes. The PAC Fall Invitational counted towards one half of the 72-hole total used to determine the 2009-10 PAC men's golf champion, with the final 36 holes to be played at Oak Tree in April 2010.





• The 2009 PAC Women's Golf Fall Invitational wrapped up on Wednesday, September 30 at Oak Tree Country Club in West Middlesex, Pa., with the final of two rounds. In team competition,

Washington & Jefferson overcame a six-shot deficit after day one by firing a second day total of 347 to finish at 721, edging Westminster (368-355-723) by two strokes. In individual play, W&J senior **Leslie Walker** (*left*) fired an 80-78-158 to capture medalist honors, as she finished 10 strokes ahead of second place **Arielle Goyzueta** (84-84-168) of Grove City. The PAC Fall Invitational counted towards one half of the 72-hole total used to determine the 2009-10 PAC women's golf champion, with the final 36 holes to be played at Oak Tree in April 2010.

 Three PAC senior football standouts -Thomas More LB Brandon Kohrs, W&J

safety **Mitch Erdely**, and Westminster RB **Nick McKolosky** (*right*) - were among 34 NCAA Division III players selected as semifinalists for the 2009 William V. Campbell Trophy (formerly known as the Draddy Trophy), and as candidates for the 2009 National Football Foundation (NFF) National Scholar-Athlete Awards. Nominated by their schools, which are limited to one nominee each, semifinalists must be a senior or graduate student in their final year of eligibility, have a GPA of at least 3.2 on a 4.0 scale, have outstanding football ability as a first team player or significant contributor, and have demonstrated strong leadership and citizenship.



• Grove City College captured individual titles in eight of nine flights and captured its 23rd consecutive league title at the 2009 PAC Women's Tennis Championships, which took place on Friday-Saturday,



Oct. 23-24 at the Pennbriar Athletic Club in Erie, Pa. The Wolverines of head coach **Joe Walters** finished with 52 points to easily outdistance second-place Westminster (38), followed by Chatham (20), Waynesburg (13), Thomas More (12) and a sixth-place tie between Bethany and W&J with no score. PAC Player of the Year laurels went to GCC junior **Natalie Walten** (*left*), while Coach of the Year honors went to Chatham mentor **Aaron Wilf**. The Wolverines receive an automatic bid to the 2010 NCAA Division III Women's Tennis Championships for the first time in PAC history.

#### 2009-10 PAC Annual Report Highlights/Page Two

The College Sports Information Directors of America (CoSIDA) released their 2009 ESPN The Magazine Academic All-District soccer teams for men and women, which were loaded with PAC student-athletes. A conference-record 23 PAC soccer players (13 women, 10 men) were named to the squads, including four first team honorees who moved on to the Academic All-America ballot. For the women, All-District II first team honorees were seniors Megan Cook of Bethany and Spencer Ahrenholtz of W&J. Second team laurels went the Grove City duo of Lauren Woodring and Emily Ostlund, W&J senior Molly Macioce, and Westminster sophomore Samantha Killmeyer. Third



team selections included four GCC players - seniors Bethany Preston, Elise Bender, Hannah Yang and Michelle Peck - as well as senior Chrissy Fiori of Chatham and sophomore Tyler Dever of Westminster. Thomas More junior Andrea Carr was also a third team honoree in District IV. For the men, earning first team laurels was W&J junior Sean Maddock and Grove City junior Chuck Witt. Second team selections in District II were Saint Vincent senior Ben Fecik (above) and Grove City sophomore Brian Eckenhoff, while Aaron Osborne of Thomas More was a District IV second teamer. Third team honors went to five players - senior Joel Metz and junior Austin Bernal of Grove City, junior Aaron Zavora and sophomore Coty Hainsey of Westminster, and junior Stephen Bosak of W&J.



or Grove City College swept the men's and women's team and individual titles at the 2009 PAC Men's & Women's Cross Country Championship, held Oct. 31 at Saint Vincent College in Latrobe, Pa. The Wolverine men, led by 2009 PAC MVP Garrett Cichowitz, finished with 18 points in PAC championship competition to easily outdistance second-place Thiel (57). In overall competition, GCC finished with 29 points to edge the host Bearcats (37). The women's slate saw Grove City freshman Sara Fisher (left) take home MVP honors after edging teammate and classmate Ella Smith at the finish line for the individual title. The Wolverine women posted 17 points in PAC championship competition to easily top second place Westminster (62), while finishing with 20 points in overall competition, ahead of second-place Saint

Vincent (75). GCC mentor **Sean Severson** swept both the men's and women's PAC Coach of the Year awards for 2009.

For the second consecutive year, the PAC football title resides in Kentucky. In the 2009 PAC "Game of the Year", defending conference champion Thomas More (used a stifling defensive effort to

edge previously unbeaten Washington & Jefferson 14-7 in Washington, Pa. on October 31. Later, the 2009 All-PAC football teams were released. PAC champion Thomas More swept the top two conference awards, as TMC senior linebacker **Brad Steinmetz** was named 2009 PAC Player of the Year, while third-year Saint mentor **Jim Hilvert** (right, with senior class) was tabbed PAC Coach of the Year for the second straight season.



-more-

#### 2009-10 PAC Annual Report Highlights/Page Three



· A pair of Thiel College volleyball standouts (*left*) were named to the 2009 *ESPN The Magazine* Academic All-District II Volleyball teams, released on November 2 by the College Sports Information Directors of America (CoSIDA). Junior OH **Madison Chylik** (3.97 GPA, elementary education) was tabbed to the first team, while classmate **Danielle Dwyer** (3.90, communication) was a second team honoree. Chylik (*right in photo*) moved on to the Academic All-America volleyball ballot.

• A total of eight PAC football players were honored with selection to the 2009 ESPN The Magazine Academic All-District College Division Football teams, released on November 4 by the College Sports Information Directors of America (CoSIDA). Four players were selected for All-District first team laurels: the Waynesburg duo of senior DB Dylan August (3.77 GPA, secondary education) and senior OL Todd Shulsky (4.0, finance) along with W&J senior DB Mitch Erdely (3.90, accounting) in District II, along with Thomas More senior LB Brandon Kohrs (3.85, biology) in District IV. Second team honors in District II went to Westminster senior RB Nick McKolosky (3.44, biology), Waynesburg senior WR Josh Fisher (3.53, Bible & ministry studies), Bethany senior DL Tim Stefanazzi (3.38, forensic chemistry), and Geneva junior DL Adam Rose (right) (3.45, biology). The four first teams moved on to the Academic All-American football ballot.





- Freshman **Chrissy Marcius** (*left*) scored the lone goal in the 60th minute to lift third-seeded Washington & Jefferson to a 1-0 upset victory at top-seeded Grove City in the championship match of the 2009 PAC Women's Soccer Championship Tournament on November 7. With the victory, head coach **Pete Curtis** and the President kickers earned the PAC's automatic bid to the 2009 NCAA Division III playoffs. W&J was defeated at Calvin 4-0 in NCAA first round play.
- Top-seeded Thomas More College captured its second PAC volleyball title on November 7, as the Saints swept Thiel 3-0 (25-22, 25-14, 25-22) to capture the 2009

title at the Connor Convocation Center in Crestview Hills, Ky. Sophomore OH **Brandi Corbello** led the Saint offensive attack with 16 kills. With the victory, head coach **John Spinney** and the Saint spikers earned the PAC's automatic bid to the 2009 NCAA Division III playoffs, where they dropped a 3-1 first-round decision to St. Mary's (Minn.). Following the match, the 2009 All-PAC Volleyball teams and postseason award winners were announced. 2009 PAC Player of the Year honors went to TMC sophomore **Emily Bohman**. Bethany swept the final two major awards, as **Jessica Zavatchen** (*right*) was named 2009 PAC Freshman of the Year and Bison mentor **Courtney Kline** was tabbed 2009 PAC Coach of the Year.



#### 2009-10 PAC Annual Report Highlights/Page Four



· An **Aaron Osborne** (*left*) goal off an assist from **Joey Tensing** just 7:50 into the game proved to be all Thomas More College needed on November 8, as the top-seeded Saints (17-2-1) captured their first-ever PAC Men's Soccer Championship by virtue of a 1-0 home victory over third-seeded Washington & Jefferson College at The Bank of Kentucky Field. TMC goalkeeper **Zack Lawson** made three saves in the shutout victory over the

Presidents. With the win, the Saints secured the PAC's automatic bid to the 2009 NCAA Division III Playoffs, where they suffered a 4-2 setback at Carnegie Mellon in the opening round.



- The Grove City women's soccer team and the Saint Vincent women's volleyball team each received bids to compete in the 2009 ECAC Division III Championship tournaments. The Wolverines fell to Penn State-Behrend 2-1 in an opening round contest. The Bearcats (*Diana Petrovich-right*), after defeating Behrend 3-2 in an opening round match, were eliminated in the semifinals following a 3-1 loss at top-seeded DeSales.
- The Geneva men's and women's soccer teams were each eliminated by NAIA member Roberts Wesleyan in the National Christian College Athletic Association (NCCAA) East Regional Tournament, with the GT men falling



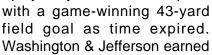
- 4-2, while the women tied RWC 1-1 but were eliminated via a 7-6 penalty kick deficit.
- The Grove City College men's cross country team capped the 2009 season on November 14 by earning 10th place at the 51-team NCAA Mideast Regional Championships, hosted by Muhlenberg College. Junior **Garrett Cichowitz** (*left*) earned All-Region honors for Grove City by placing fifth overall, completing the eight-kilometer course in a school-record time of 25:13.3. By virtue of his finish, Cichowitz qualified to compete at the 2010 NCAA Division III National Championships, hosted by Baldwin-Wallace College on November 21, where he finished in 70<sup>th</sup> place in 26:32.2.
- Three Grove City College women's cross country runners (right) earned All-Mideast Region recognition Saturday after helping the Wolverines earn fourth place at the 53-team NCAA Mideast Regional Championships, hosted by Muhlenberg College. Grove City accumulated 175 team points in taking fourth place. Freshman Ella Smith, freshman Sara Fisher and junior Emily Pierce all earned All-Mideast honors by finishing in the top 35. Smith earned 16th place by finishing the six-kilometer course in 22:38.7. Fisher finished 24th in a time of 22:46.9, while Pierce



came home 33rd in 23:08.4. Grove City's fourth-place finish is its best at the regional meet since the 2005 squad took fourth in a 42-team field.

#### 2009-10 PAC Annual Report Highlights/Page Five

For the third time in the past five seasons, the PAC had a pair of teams selected to compete in the NCAA Division III Football Playoffs. 2009 PAC champion Thomas More jumped out to a 28-10 halftime lead, then held off a game DePauw squad to post a 49-39 victory and advance to the NCAA second round. TMC (QB Trevor Stellman-right) saw its 2009 season come to a heartbreaking end on Nov. 28, as the Saints dropped a 31-29 decision to visiting Johns Hopkins University (10-2) in the second round at The Bank of Kentucky Field. After trailing the entire contest, Thomas More took its only lead at 29-28 on a TD pass with 51 seconds to play, only to see JHU respond



one of six Pool C at-large bids and suffered a 55-0 blanking at the hands of defending national champion Mount Union in Alliance, Ohio.

• The Geneva Golden Tornado football team led by head coach **Geno DeMarco** (*left*) captured its record fifth National Christian College Athletic Association (NCCAA) Victory Bowl championship with a thrilling comefrom-behind 29-28 win at Greenville College (III.) on November 21 at noon.

 Thomas More volleyball standout Brandi Corbello (right) was named to the American Volleyball Coaches

Association (AVCA) All-Great Lakes region team and was later tabbed an Honorable Mention All-American by the AVCA. Corbello, a 5-8 sophomore outside hitter who helped lead the Saints to the 2009 PAC title, was an All-

PAC first team selection.

· Washington & Jefferson College senior women's soccer player **Spencer Ahrenholtz** (*left*) was selected to the *ESPN The Magazinel* College Sports Information Directors of America (CoSIDA) National Academic All-America Women's Soccer Team on Nov. 18 as a third-team honoree. Ahrenholtz became the 24th student-athlete in Washington & Jefferson College history to earn the prestigious honor. She is the first women's soccer player in school history to be named a CoSIDA/*ESPN The Magazine* Academic All-American.

 The PAC released the 2009 allconference teams and postseason award winners in both men's soccer and women's soccer. On the men's side, Thomas More junior **Aaron Osborne** was named MVP, while Saint mentor

**Jeff Cummings** was tabbed as Coach of the Year. For the women, Grove City senior **Michelle Peck** (*right*) garnered MVP laurels, while Wolverine head coach **Melissa Lamie** garnered Coach of the Year recognition.







#### 2009-10 PAC Annual Report Highlights/Page Six



· Washington & Jefferson College senior safety **Mitch Erdely** (*left*) was selected to the 2009 *ESPN The Magazine* Academic All-America College Division Football Team on Tuesday by the College Sports Information Directors of America (CoSIDA). Erdely is the sixth football player in school history to be selected an Academic All-American, including only the third named to the first team. He was recently named First Team All-PAC after finishing as W&J's third-leading tackler with 62 stops, including five for a loss. Erdely holds a 3.90 grade-point

average majoring in accounting.

 Bethany head football coach Tim Weaver and three members of his staff were selected to coach in the Division III Football Senior Classic, which will was played on Saturday, Dec. 5 in Salem, Va. Weaver was joined by Bison assistants Ryan Lieb, Marcus Wilder and Steve Potter to head up the South defense, while the staff from

Franklin & Marshall coached the offense. This was the first year for the Division III Football Senior Classic, which is being hosted by the Collegiate Development Football League (CDFL). A total of 90 players were invited and among those on the South roster were Washington & Jefferson DE **Jacob Bloomhuff** and Waynesburg DB/KR **Scott** 

**Cree** (*right*), both First Team All-PAC selections.





- Five players from three different PAC schools were named All-Great Lakes region by the National Soccer Coaches Association of America (NSCAA). Thomas More had three players named to the list, including **Deanna Goshdigian** (*left*), who was named first team. Fellow Saint, goalkeeper **Jenna Kramer**, along with midfielder **Spencer Ahrenholtz** of Washington & Jefferson, were named to the second team. Thomas More defender **Kaitlyn Cohen** and Grove City's **Michelle Peck** were named to the third team.
- Nine PAC football standouts were selected to the 2009 All-South Region teams by the D3Football.com website.

Leading the way was Thomas More senior LB **Brad Steinmetz** (*right*), as the 2009 PAC MVP was the lone conference player named to the first team. Second team honors went to senior G **Sean Keith** and freshman CB **Zach Autenrieb** of Thomas More, senior WR **Craig Besong** and senior DE **Jacob Bloomhuff** of Washington & Jefferson, and senior DT **Tony Clark** of Grove City. Third team laurels went to the W&J duo of junior S **Craig Sedunov** and junior P **Joe Kelly**, along with Thomas More junior DT **Tyler Owens.** 



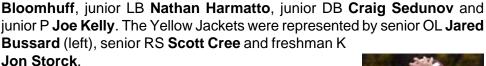
#### 2009-10 PAC Annual Report Highlights/Page Seven

• Two PAC football standouts - Thomas More senior linebacker Brad Steinmetz and W&J senior defensive end Jacob Bloomhuff (right) - were named to the 25man NCAA Division III Football All-America team, released by the American Football Coaches Association (AFCA). Steinmetz, the 2009 PAC Player of the Year, led the 11-1 Saints to their second consecutive PAC title and NCAA playoff berth after posting 107 tackles, including 13.5 for losses, along with five sacks



and one interception. Bloomhuff was among the D-III national leaders in quarterback sacks with 14.5, while adding 35 tackles, 17 pass breakups, three forced fumbles and an interception for the 9-2 Presidents.

 Seven PAC football standouts (four from Washington & Jefferson, three from Waynesburg) have been named to the 2009 ECAC Division III Southwest Football All-Star team. W&J selections included senior DE Jacob



- Three PAC football standouts were named to the 2009 Division III All-American teams, released Saturday, Dec. 21 prior to the Stagg Bowl by the D3Football.com website. Thomas More senior LB **Brad Steinmetz**, the 2009 PAC Player of the Year, paced the conference with a second team honor, while third team laurels went to Saint freshman DB **Zach Autenreib** (*right*) and W&J senior WR **Craig Besong.**
- Six PAC basketball standouts from five different conference schools were selected to the 2010 ESPN The Magazine College Division Academic All-District Basketball teams, released by the College Sports Information Directors of America



(CoSIDA). Of the six honorees, four were first team selections who advanced to the national College Division Academic All-America ballot.

In men's basketball, Washington & Jefferson senior G Matt Drakeley (3.98 cumulative GPA, cell & molecular biology) and Grove City senior C Andy O'Keefe (3.78, mathematics/secondary education) were both first team honorees in District II, while Thomas More senior F Daniel McKeehan (4.0, economics/business finance) was tabbed to the first team in District IV. The trio was joined by Bethany senior F Joe Testa (left) (3.44, psychology), who earned second team recognition in District II. In women's basketball for District II, W&J senior F Maggie Gibson (3.67, business administration) was a first team selection, while Saint Vincent sophomore F Brittany Sedlock (4.0, mathematics) earned third team laurels.



#### 2009-10 PAC Annual Report Highlights/Page Eight

The Waynesburg Yellow Jackets captured their first-ever PAC wrestling title by edging perennial PAC power Thiel in the 2010 PAC Wrestling Championship, hosted by the Tomcats at the Rissell-Beeghly Gym in Greenville. The championship came down to the final match at 285 with Waynesburg holding a half-point lead. Yellow Jacket senior **Melvin Warrick** then clinched the victory with a 6-2 win. With the victory, the Yellow Jackets snapped Thiel's 10-year hold (2000-09) on the conference title and earned the first conference crown for Waynesburg in any sport in five



years. Following the meet, Waynesburg swept both major individual awards, as freshman 125-pounder



**Alex Crown** (above) was voted PAC Most Outstanding Wrestler, while second-year Yellow Jacket mentor **Ron Headlee** garnered PAC Coach of the Year laurels.

• Waynesburg University wrestling standouts **Nick Garber** and **Corbin Semple** (*left*) each captured weight class titles to pace a group of nine PAC wrestlers with top four finishes at the 2010 NCAA Division III Midwest Regional Championship, hosted by Delaware Valley College in Doylestown, Pa. Garber topped Thiel's **Corey Brown** 6-0 in an All-PAC final at 133 pounds, while Semple posted a 10-5 decision over **Nicholas Kraus** of Trine in the 184-pound final. In addition to Brown, **Zach Crown** of Waynesburg also finished second at

125 pounds. Third-place finishes went to **Zach Cecchetti** (125) and **Stefen Firmstone** (184) of W&J and **Jesse Byerly** (141) of Waynesburg. Posting fourth-place finishes were W&J wrestlers **Dominick Demor** (157) and **Robbie Mies** (197). In team competition, Waynesburg finished fourth in the 10-team field with 87 points, while W&J was seventh (74.5) and Thiel was ninth (33). Following the meet, it was announced that Garber, Semple and Brown all advanced to the NCAA Division III National Championships in Cedar Rapids, Iowa.

• The Grove City Wolverines swept the men's and women's team titles at the three-day 2010 PAC Swimming & Diving Championships, hosted by the Wolverines at the Longnecker Competition Pool in Grove City, Pa., as part of the 2010 Grove City College (GCC) Invitational. The Wolverine men finished with 963.5 points to capture their third consecutive PAC title, easily outdistancing second-place Westminster (734.5). The GCC women posted 862.5 points for their second straight PAC crown, with

Westminster (674.5) again in second. Following the meet, the all-conference teams were released along with the 2009-10 PAC postseason award winners. MVP honors went to senior **Ben Gutmann** of Westminster (men's swimming), senior **Kyle Grubbs** of Grove City (men's diving), sophomore **Caitlin Lehberger** (*right*) of Westminster (women's swimming) and sophomore **Bethany Haver** of W&J (women's diving). Coach of the Year laurels went to **Rob Klamut** of Westminster (men's swimming), **Tammy Fritz** of Grove City (men's diving), **Dave Fritz** of Grove City (women's swimming) and **Vic Galati** of W&J (women's diving).



#### 2009-10 PAC Annual Report Highlights/Page Nine



Thomas More College senior F **Daniel McKeehan** (*left*) was selected as the *ESPN The Magazine* College Division Academic All-America Men's Basketball Player of the Year by the College Sports Information Directors of America (CoSIDA). He is the first male student-athlete in PAC history to earn Academic All-American of the Year laurels and only the second overall (**Jackie Sassaman**, Waynesburg, women's soccer, 2005). A double major in Economics and Business Finance, **McKeehan** posted a perfect 4.00 grade point average. The first Saint in school history to win the award, he led Thomas More to a 19-6 record and a share of the PAC regular season title. The College Division is made up of 933 schools at the NCAA Division II, III and NAIA levels. The Academic All-America basketball teams were announced on Monday evening during the ESPN

"Big Monday" telecast. Grove City senior C **Andy O'Keefe** joined McKeehan on the teams, with McKeehan earning first team honors and O'Keefe garnering second team recognition.

• The 2010 PAC Men's & Women's Basketball Championship Tournaments concluded on Saturday, February 27, with the top-seeded Grove City men and Thomas More women capturing league crowns.

The Wolverine men captured the seventh PAC men's basketball title in school history and the fourth under head coach **Steve Lamie** (*right*) ('99, '03, '07, '10) with a 78-61 victory over second seed Thomas More at the GCC Arena. In women's action, the top-seeded Saints ended the Cinderella run of fourth-seeded Westminster with a 77-67 finals victory in Crestview Hills, Ky. TMC has now won four consecutive PAC crowns under head coach **Brian Neal**. Both PAC champions received automatic bids to the 2010 NCAA Division III Tournaments.

GROVE CITY

- A record six PAC basketball teams (three men, three women) were selected for postseason play at the conclusion of the 2009-10 academic year. In addition to NCAA automatic bid recipients Grove City (men) and Thomas More (women), the Washington & Jefferson women also earned an NCAA
- Division III Tournament Pool C "at large" berth. In the NCAA Tournament, the GCC men fell at Wooster in the opening round 63-52. The Thomas More women opened with a 68-49 first-round home win over Fontbonne before falling to eventual 2010 NCAA Division III National Champion Washington (Mo.) 80-64 in the second round. W&J was eliminated in the first round by Mount Union 71-48.
- The Bethany College men and the Saint Vincent College women were each selected to participate in the 2010 ECAC Division III South Region Basketball Tournaments as the #2 seeds for men and women, respectively. The Bearcat women posted three consecutive wins to capture the 2010 ECAC crown, including a 60-58 home win over Juniata in the title contest. Sophomore guard **Emily Fenton** sunk a pair of free throws with 5.4 seconds left in the contest to break the 58-all tie and seal the



victory. The Bearcats closed out the season with a 23-5 overall record. In addition to bringing home the ECAC title, Saint Vincent (*left*) posted its 13th season with 20+ wins, as well as marked its 500th win with the close of the regular season – all under veteran head coach **Kristen Zawacki**. The Bethany men went 1-1 in ECAC play, as the Bison opened the tournament with a 70-68 home win over Neumann before falling to Penn State-Behrend 67-65 in a semifinal contest in Washington, DC.

#### 2009-10 PAC Annual Report Highlights/Page Ten

The Geneva men's basketball team, led by head coach **Jeff Santarsiero** (*right*) posted wins over NAIA member Roberts Wesleyan and Nyack to capture the National Christian College Athletic Association (NCCAA) East Regional title and advance to the NCCAA National Tournament in Oakland City, Ind., where the GTs went 2-1 to finish in fifth place in an eight-team field.





 Washington & Jefferson senior basketball standout Kennan Killeen

(*left*) closed out the 2010 season and her collegiate career finishing with the ninth-best free throw percentage in NCAA Division III history. During her four-year career, Killeen shot 85.6 percent (339-of-396) from the charity stripe. She also landed eighth on the Presidents' all-time scoring list with 1,189 points by the end of the season, in addition to being named the 2010 PAC Women's Basketball Player of the Year.

 Nine PAC swimming standouts, including six from PAC champion Grove City and three from Westminster, qualified for and competed in the 2010 NCAA Division III Swimming & Diving Championships held

March 17-20 in Minneapolis, Minn. For the Wolverines,

juniors Lauren Baur and Sarah Page, sophomore Jenna Richert, and freshmen Angela Palumbo, Kaitlin Riesmeyer (right) and Jenny Ryan represented Grove City at the 2010 Championships. Grove City's 200 and 800 free relay squads both received invitations. Because those two units received invitations, the participating members also competed in events in which they provisionally qualified. For Westminster, junior Courtney Herdt of the women's team was the one Titan swimmer who made the cut with a provisional qualifying time, joining senior Ben Gutmann of the men's team and sophomore Caitlin Lehberger of the women's team



who already had their tickets punched with automatic qualifying times. All nine swimmers earned CSCAA All-America honors with Top 16 finishes, while Lehberger led the way with a pair of fourth-



place finishes to garner NCAA D-III All-America recognition. In team competition, the Wolverine women placed 11th overall with 86 points, while Westminster was 21st with 57 points. The Titan men finished in 35th place overall with 16.5 points.

• Geneva head baseball coach **Alan Sumner** (*left*) became the first coach in GT history in any sport to record 500 career coaching wins, when the Golden Tornadoes swept a doubleheader from Martin Luther College on Monday, March 9. Sumner completed his 22nd year at the helm of the GT baseball program in 2010.

#### 2009-10 PAC Annual Report Highlights/Page Eleven



• PAC wrestling standouts **Corbin Semple** of Waynesburg, **Brandon Sansom** of Washington & Jefferson and **Corey Brown** (*left*) of Thiel each received Scholar-Athlete recognition from the National Wrestling Coaches Association (NWCA). Semple, who was 27-7, holds a 3.80 GPA majoring in information technology. Sansom, 18-18 in 2009-10, possesses a 3.59 GPA with a double major in environmental science and biology. Brown holds a 3.81 GPA

majoring in criminal justice. The Thiel squad also earned team honors with a 3.255 team GPA, the 16th-highest in the nation in NCAA Division III.

• Waynesburg senior women's basketball player Kristen Lucci (right) was named one of 10 finalists for the 10th annual V Foundation Comeback Award. The veteran Yellow Jacket hoopster was selected out of a national pool of men's and women's candidates from all divisions of college basketball. The award is presented in memory of Jim Valvano, the late basketball coach and ESPN commentator, whose personal battle with cancer inspired the creation of The V Foundation. In July of 2008, Lucci was diagnosed with Type 1 Arnold Chiari Malformation, a condition that caused her cerebellum to grow down into her spinal canal. On December 15, 2008, she underwent Chiari decompression surgery which involved having a piece of skull and C1 vertebrae removed. She returned to school shortly after Christmas break, but endured a minor set-back in February that hospitalized her until March. Since then, Lucci has suffered no ill effects and made her



return to the court for the 2009-10 season.



· Seven PAC basketball standouts (four men, three women) were named to the 2010 NCAA Division III All-Great Lakes Region Teams by the D3Hoops.com website. On the men's side, 2010 PAC MVP Andy O'Keefe of Grove City joined fellow seniors Daniel McKeehan of Thomas More and Joe Testa of Bethany on the second team, while Thiel freshman Blair Rozenblad was a third team honoree and was also tabbed as the Region Freshman of the Year. The women's slate saw 2010 PAC MVP Kennan Killeen of Washington & Jefferson earn second team recognition, while W&J senior teammate Maggie

**Gibson** (left) and Thomas More junior C **Nicole Dickman** were each named

to the third team.

The PAC placed four conference basketball standouts on the 2009-10 ECAC Division III South All-Star teams for men's basketball and women's basketball. On the men's side, 2010 PAC MVP Andy O'Keefe was a first team honoree, while Westminster senior F Ryne Murray (right) was a second team selection. Washington & Jefferson placed a pair of players on the women's squads, with 2010 PAC MVP Kennan Killeen earning first team recognition and teammate Maggie Gibson being tabbed to the third team.



#### 2009-10 PAC Annual Report Highlights/Page Twelve



 The National Association of Basketball Coaches (NABC) honored Grove City College head men's basketball coach Steve Lamie and senior center Andy O'Keefe (*left*) in recognition of their respective efforts during the 2009-10 season. Lamie earned Great Lakes Co-Coach of the Year

laurels while O'Keefe, the 2010 PAC MVP, was a First Team All-Great Lakes honoree.

 Three PAC basketball players were selected for All-America teams by Small College

Hoops.com's D-III News. For the men, Grove City senior **Andy O'Keefe** was named Honorable Mention All-American, while Thiel freshman **Blair Rozenblad** (*right*) was named to the All-Freshman Team. For the women, Washington & Jefferson

senior **Kennan Killeen** was selected as Honorable Mention All-American.

Bethany College head softball coach
 Jan Forsty (*left*) earned her 500th
 career victory at the helm of the Bison

program with a non-conference doubleheader sweep of Allegheny College on April 2. Coach Forsty owned a 500-313-3 career record for a .613 winning percentage at the time of the win.

 Washington & Jefferson junior golf standout Brad Cieslinski (right) captured the individual medalist title at the NCAA Division III Mid-Atlantic Regional on April 6 in Hershey, Pa.

Cieslinski, who is the first-ever W&J and PAC golfer to win regional medalist honors, fired a two-day, 36-hole total of 75-71-146 to win by three strokes. W&J finished fourth in team competition with a 309-311-620.

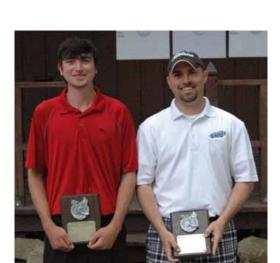
 The 2010 PAC Men's Golf Championships concluded on Tuesday, April 20, at Oak Tree Country Club in West Middlesex, Pa., with Thomas

More College clinching its first-ever conference golf crown. The Saints fired a 36-hole total of 313-299-612,

which coupled with a 599 at the PAC Fall Invitational resulted in a 72-hole score of 1211, 16 strokes ahead of four-time defending PAC champion Washington & Jefferson (1227). Thomas More head coach **Marc Barone** (near left) was honored as 2010 PAC Men's Golf Coach of the Year at the conclusion of the tournament. In individual competition, junior **Ted Marron** of W&J (far left) earned 2010 PAC MVP honors after firing a 36-hole total of 72-72-144 (+2), three strokes ahead of Saint Vincent senior teammates **Jeff Varga** and **Doug Mehall** (147).



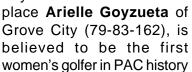




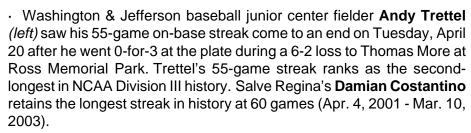
-more-

#### 2009-10 PAC Annual Report Highlights/Page Thirteen

The 2010 PAC Women's Golf Championships concluded on Wednesday, April 21 at Oak Tree Country Club in West Middlesex, Pa., with Washington & Jefferson capturing its fifth consecutive conference team title. The Presidents, led by 2010 PAC MVP **Leslie Walker** (far right) and 2010 PAC Coach of the Year **Sean Dove** (near right), fired a 707 at the two-day event. Coupled with its 721 at the 36-hole PAC Fall Invitational, W&J finished with 1428 strokes to top second-place Westminster (1479). Walker, who fired a 75-76-151 to win medalist honors by 11 strokes over second-



to capture four consecutive conference MVP titles.



 Perennial PAC power Grove City College earned its

20th consecutive conference men's tennis team title at the conclusion of the two-day 2010 PAC Men's Tennis Championship at the Pennbriar Athletic Club in Erie, Pa. The Wolverines of 2010 PAC Coach of the Year **Joe Walters** (far right) captured seven of the nine flights to finish with 50 team points, comfortably ahead of second place Waynesburg (28). Conference player of the year recognition went to Washington & Jefferson senior **Christopher Faulk** (near right), who recorded a straight set victory at first singles.





The Washington & Jefferson men and Westminster women captured team titles on May 1 at the 2010 PAC Men's & Women's Track & Field Championship, hosted by Grove City College at Robert E. Thorn Field in Grove City, Pa. The Presidents finished with 165 points to edge the host Wolverines (147.3) and end GCC's five-year run as conference champions. The Titans recorded 173 points to easily outdistance second-place Waynesburg (126), giving Westminster its third straight PAC women's crown. Winning coaches Mark FitzPatrick of W&J and Tim McNeil of Westminster were lauded as PAC Men's and Women's Coach of the Year, respectively. Other year-end MVP awards went to Waynesburg sophomore Krystal Baker (women's field), W&J sophomore Josh Buckley (men's field for second straight year), Grove City junior Emily Pierce (women's track) and Bethany senior Taylor McNeil (men's track) (left).



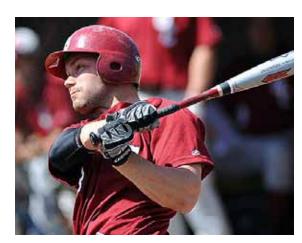
#### 2009-10 PAC Annual Report Highlights/Page Fourteen



· Washington and Jefferson senior basketball player **Matt Drakeley** (*left*) was awarded the NCAA Postgraduate Scholarship on May 3, a \$7,500 scholarship that promotes and encourages postgraduate education by rewarding the association's most accomplished student-athletes. The biochemistry major boasts a 3.98 GPA and is one of 58 student-athletes (29 male, 29 female) from all NCAA divisions to earn the scholarship for the winter season. Drakeley is the third W&J student in the past four years to receive the scholarship, joining baseball player **Sam Mann** (2007) and women's soccer player **Megan Ferderber** (2009).

• A total of eight PAC student-athletes (six men, two women) were selected to the 2010 ESPN The Magazine/CoSIDA All-District teams for baseball and softball, released

May 6 by the College Sports Information Directors of America. In baseball, Wash. & Jeff junior P Pat Kennedy and Grove City junior IF Andrew Patterson were named first team in District 2, while Thomas More's senior IF Chris Fishburn and senior OF Marty Kersting were named first team in District 4. Second team laurels went to Grove City junior C Marcus Magister (right) and Wash. & Jeff. junior OF Andy Trettel. In softball, Bethany senior IF Ashley Marinacci and Wash. & Jeff. senior P Georgia Schumacher both earned third team honors in District 2. All first team selections moved on to the Academic All-America ballot.



The Thomas More Saints captured their second

consecutive PAC softball title and



third in the past four years at the 2010 PAC Softball Championship Tournament at top-seeded Bethany College in Bethany, W.Va. The day opened with the host Bison earning rematch of the 2009 PAC title tilt with the Saints by posting a 3-0 shutout over third-seeded Westminster. Bethany then avenged a Friday loss to the Saints by posting a 3-1 victory over Thomas More, setting up a decisive winner-take-all third matchup between the programs. The final contest belonged to TMC, which rolled to an 8-1 victory over the Bison. With the win, the Saints earned the PAC's automatic bid to the 2010 NCAA Division III Softball Tournament. Later, the 2010 All-PAC Softball teams were released Thomas More swept the top two conference awards, with sophomore 1B **Brittany Wegman** (*left*) earning 2010 PAC Player of the Year laurels, while second-year Saint mentor **Lindsay Bramhall** was tabbed 2010 PAC

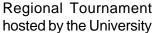
• PAC softball tournament champion Thomas More and PAC regular season softball champion Bethany were each awarded postseason tournament bids on Monday, May 10. The Saints (22-18) earned the PAC's automatic bid to the 2010 NCAA Division III Tournament. TMC, led by second-year head coach Lindsay Bramhall (right), went 0-2 at the Greencastle, Ind., double-elimination regional hosted by DePauw University. The Bison, led by veteran mentor Jan Forsty, finished second in the eight-team ECAC Division III South Region Tournament.

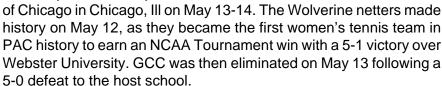
Coach of the Year.



#### 2009-10 PAC Annual Report Highlights/Page Fifteen

- The PAC champion Thomas More College men's golf team (*right*) finished in a tie for 22nd place at the 2010 NCAA Division III Men's Golf Championships in Hershey, Pa., on May 11-14. TMC fired a four-man total of (322-304-310-301-1237) to tie LaGrange for 22nd place.
- The PAC champion Grove City women's tennis team (below) finished 1-1 at the 2010 NCAA Division III





 Thomas More captured its first-ever PAC baseball title with a pair of dramatic wins over top-seeded Washington & Jefferson at W&J's Ross Memorial Park on May 15. The Saints forced a seventh and deciding

tournament game with an improbable ninth inning comeback

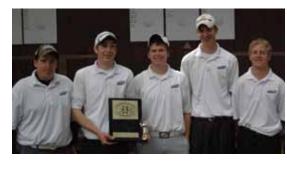
in a PAC Tournament classic. Trailing 5-0 entering the frame and 5-1 with two outs, Thomas More rallied to tie the game 5-5, then capitalized on two W&J errors to win the game 6-5 in the 13th. The Saints then completed the comeback by edging the Presidents 2-1 in the tournament's final contest. Later, the 2010 All-PAC baseball teams were released. Conference MVP honors went to W&J senior OF/P **Jim Pasquine** (*right*) for the second consecutive year. Thomas More sophomore P **Paul Uhl** was tabbed as PAC Pitcher of the Year, while veteran Bethany head coach **Rick Carver** garnered PAC Coach of the Year laurels.

 $\cdot$  For the first time in conference history, two PAC baseball teams represented the conference in the NCAA Division III Championship

playoffs in the same year. 2010 PAC champion Thomas More and PAC runner-up Washington & Jefferson were each selected to compete in the seven-team NCAA D-III Baseball Regional at Marietta College in Marietta, Ohio May 19-23. TMC went 2-2 at the regional, while W&J was 0-2.



The Grove City and Bethany baseball programs each earned bids to compete in the 2010 ECAC Division III South Region Tournament. The Bison, led by PAC Coach of the Year **Rick Carver** (*left*), went 1-1, defeating Penn State-Altoona 7-6 in an opening round game before falling at top-seeded Wesley 12-2 in the semifinals. The Wolverines dropped their ECAC opener at home to La Roche 8-6.





#### 2009-10 PAC Annual Report Highlights/Page Sixteen



The National Fastpitch Coaches Association (NFCA) named eight PAC softball players to the 2010 Louisville Slugger/NFCA Division III Central Region Team on May 18. Garnering first team honors were Thomas More sophomore IF Brittany Wegman and Bethany freshman OF Maria Vallone. On the second team were Bridgette Fauth, a senior C from Bethany, and freshman DH Katie Hughes of Westminster. Third team laurels went to Westminster junior P Lis Schulz (*left*), Thomas More junior P Dana Bors and two more Bethany players in freshman P Emily Jump and junior 3B Andrea Thomas.

• Eight PAC student-athletes (five men, three women) were named to the 2010 ESPN The Magazine Academic All-District College Division At-Large teams, released

May 20 by the College Sports Information Directors of America (CoSIDA). The Grove City senior swimming & diving duo of Richard Albertson (3.92 GPA, molecular biology) and Kyle Grubbs (3.79, molecular biology) (right) led the PAC men as each earned first team honors in District II and now advance to the Academic All-America ballot. Men's second team honorees were W&J junior swimmer Brandon Smith (3.65, chemistry) and Waynesburg junior wrestler Corbin Semple (3.80, information technology) in District II and Thomas More senior tennis player Johnny Bergman (3.98, political science and history). On the women's side, the



Grove City duo of junior swimmer **Sarah Page** (3.64, chemistry) and sophomore tennis player **Megan Bennett** (4.0, finance) were District II second team honorees, while W&J senior golfer **Leslie Walker** (3.48, accounting) was a District II third team selection.



- · Four PAC individuals were honored as 2010 Mideast Region Award winners by the Unites States Track & Field and Cross Country Coaches Association (USTFCCCA) on May 25. Waynesburg sophomore **Krystal Baker** (*left*) was named the Mideast Region Women's Field Athlete of the Year. She was also named PAC Women's Field Athlete of the Year after winning league titles in both the high jump and long jump. In addition, Yellow Jacket head coach **Jason Falvo** and assistant coach **Chris Hardie** were lauded as Mideast Region Women's Head Coach and Women's Assistant Coach of the Year, respectively. W&J assistant **Jessica Cooper** was also honored as Men's Assistant Coach of the Year in the region.
- Nine PAC baseball standouts were selected to the 2010 National Baseball Coaches Association (NBCA) All-Mideast Region teams on May 25. 2010 PAC Player of the Year Jim Pasquine of Washington & Jefferson was named to the first

#### 2009-10 PAC Annual Report Highlights/Page Seventeen

team as a utility player, where he was joined by 2010 PAC Pitcher of the Year **Paul Uhl** (*right*) of Thomas More. Second team honors went to the TMC duo of 2B **Chris Fishburn** and OF **Marty Kersting** of Thomas More, along with W&J 1B **Frank Quirin**. Third team laurels went to Grove City C **Marcus Magister**, Waynesburg 2B **Wes White Jr.**, and the W&J duo of SS **Joe Bogdewiecz** and OF **Neil Pascarella**.

 The PAC placed three players on the 2010 ESPN The Magazine Academic All-America baseball teams, released May 25 by the College

Sports Information Directors of America (CoSIDA). Leading the way was

Thomas More senior 2B **Chris Fishburn**, who was a first team selection as an infielder. Fishburn, a third-team AAA honoree in 2009, earned All-PAC First Team honors while posting a .396 grade-point average (GPA majoring in sports entertainment and marketing. W&J junior P **Pat Kennedy** (*left*) (3.94 GPA, chemistry) was a second team honoree, while Thomas More senior OF **Marty Kersting** (3.72 GPA,

accounting) earned third team laurels.

· Several organizations recognized three PAC baseball players for their accomplishments this past season. D3Baseball.com announced its 2010 All-America Team, naming Thomas More P Paul Uhl to the second team and Bethany's Brad Kubis (right) to the third team as a utility player. Uhl also earned Mideast Regional Co-Pitcher of the Year honors from the American Baseball Coaches Association (ABCA). Rounding out the honors was Washington & Jefferson 1B Frank Quirin who was named to the Rawlings/ABCA All-Mideast Regional Gold Glove Team. With the recognition, he was placed on the ballot for the National Gold Glove Team. Uhl was also tabbed to the ABCA/Rawlings All-America Third Team.



• For the first time since 1997, the Presidents' Athletic Conference boasted an NCAA Division III outdoor track & field national champion. The historic milestone was reached on Saturday afternoon,



when Thiel College senior **Alex Eaton** (*left*) posted a school- and stadium record time of 46.79 to capture national championship honors in the event. With the victory, he concluded his stellar Tomcat track & field career as a sixtime All-American. *Eaton had* advanced to the finals of the 400 meter dash at the NCAA Division III Outdoor Track & Field Championships on Friday in Berea, Ohio, as his advancing time of 48.15 registered as the fourth fastest time of the day.

#### 2009-10 PAC Annual Report Highlights/Page Eighteen

Three PAC women's track & field standouts from Waynesburg also qualified to compete at the 2010 NCAA Division III Outdoor Track & Field Championships, hosted by Baldwin-Wallace College on May 27-29, in Berea, Ohio. Junior Elisha Jones (right) made school history when she became the first Yellow Jacket to earn two Division III All-American awards after placing sixth in the javelin. The third-year standout placed second in her flight and sixth overall with a throw of 43.61 meters (143' 1"). She placed seventh as a freshman when she became the school's first outdoor track & field All-American. Also in the javelin, Yellow Jacket sophomore *Marybeth Rocco* placed ninth overall and fourth in her flight with a throw of 40.18 meters (131' 10"), while



sophomore **Krystal Baker** placed 16th in the women's triple jump with a mark of 36-7 1/2.



- Three PAC softball standouts were named to the ECAC Division III South Region All-Star Team on June 1. Bethany freshman OF Maria Villone (left) was a first team selection, while the Westminster duo of junior UT Ashley Beltz and freshman DP Katie Hughes was tabbed to the second team.
- Eight standout PAC student-athletes (five men, three women) were selected to the 2010 ESPN The Magazine College Division Academic All-District II

cross country/track & field teams, released on June 3 by the College Sports Information Directors of America (CoSIDA). Of the eight, three garnered first

team honors and advanced to the Academic All-America national ballot. On the men's side, Grove City senior **Derek Kruse** (3.92 GPA, molecular biology) and Westminster senior **Jeremiah Patterson** (3.91, broadcast communications) were tabbed, while second team honorees were the GCC junior duo of **Garrett Cichowitz** (3.60, entrepreneurship/Christian thought) and **Kevin Gallagher** (3.88, political science/history) and W&J sophomore **Josh Buckley** (3.44, biology). The women's team was led by first team senior **Jodi Bodo** (*right*) (3.82, communication) of Bethany and a pair of second teamers from Westminster in senior **Abbey Basta** (3.79, English) and sophomore **Emily Dolsak** (3.94, exploratory).



· Five PAC baseball standouts have been named to the 2010 ECAC Division III South Region Baseball All-Star teams. Washington & Jefferson led the way with three honorees,



including both conference first teamers in 1B Frank Quirin (*left*) and OF Jim Pasquine. W&J 3B Mike Kennedy was an ECAC second team selection and was joined by Grove City junior C Marcus Magister and Bethany senior DH Chris Leasure.

#### 2009-10 PAC Annual Report Highlights/Page Nineteen

Recent Grove City graduate **Richard Albertson** (*right*) earned Third Team College Division At-Large Academic All-America honors from the College Sports Information Directors of America (CoSIDA) and *ESPN The Magazine* on June 9. A four-year letterwinner in the butterfly and backstroke, Albertson helped the Grove City men's swimming and diving team capture its third consecutive PAC title this season. He helped GCC to a 49-8 dual-meet record in his career. In the classroom, Albertson earned a 3.92 cumulative grade-point average while earning a



bachelor of science degree in molecular biology.



- Recent Grove City graduate **Derek Kruse** (*left*) earned College Division Third Team Academic All-America honors for cross country/track and field on June 22 from *ESPN The Magazine* and the College Sports Information Directors of America (CoSIDA). Kruse earned four letters in track and field for Grove City and helped the Wolverines capture three PAC titles. In 2010, Kruse took second in both the high jump, 1500-meter run and 1600-meter relay at the PAC Championships. He earned the squad's MVP honor for the 2010 season. Kruse achieved a 3.93 cumulative grade-point average while majoring in molecular biology.
- Recent Thomas More College graduate and baseball standout Chris Fishburn (right) was

named a recipient of the NCAA Spring Postgraduate Scholarship on June 29. He was just one of 29 male scholar-athletes across all three NCAA Divisions to receive this honor in the spring. Fishburn will be awarded a \$7,500 scholarship to be used towards graduate school expenses next year at the University of Cincinnati.



###

## 2009-10



# Presidents' Athletic Conference

## **Annual Report**

Compiled by Joe Onderko, PAC Executive Director August 18, 2010