

# NCAA & PAC MARKS TO BEAT

MEN'S EVENTS	NCAA - final spot in '11	PAC RECORD
Shot Put	52' 11.50"	53' 6.25"
Discus	164' 7.25"	163' 1.00"
Javelin	197' 3.75"	201' 8.50"
Long Jump	23' 3.50"	23' 8.75"
Triple Jump	47' 6.50"	46' 11.75"
High Jump	6' 8.25"	6' 10.25"
Pole Vault	15' 11.00"	15' 6.00"
100	10.76	10.44
200	21.81	21.80
400	48.19	48.70
800	1:52.11	1:54.70
110 Hurdles	14.74	14.62
400 Hurdles	53.66	53.50
1,500	3:51.19	3:55.00
5,000	14:36.35	15:01.10
10,000	30:41.65	30:32.60
3,000 Steeplechase	9:14.63	9:47.79
4x100	41.74	42.01
4x400	3:15.26	3:19.13

WOMEN'S EVENTS	NCAA - final spot in '11	PAC RECORD
Shot Put	44' 0.75"	40' 8.25"
Discus	144' 6.25"	136' 0.00"
Javelin	145' 8.50"	139' 5.00"
Long Jump	18' 5.25"	18' 1.75"
Triple Jump	38' 0.25"	37' 11.00"
High Jump	5' 5.75"	5' 5.00"
Pole Vault	11' 7.75"	11' 9.75"
100	12.27	12.05
200	25.08	25.52
400	56.82	56.21
800	2:12.84	2:18.45
100 Hurdles	14.63	14.91
400 Hurdles	1:02.64	1:04.08
1,500	4:35.79	4:47.75
3,000 Steeplechase	10:56.99	11:39.32
5,000	17:15.39	17:59.49
10,000	36:39.33	36:30.63
4x100	48.08	48.26
4x400	3:53.32	4:00.18

# 2012



## TRACK & FIELD CHAMPIONSHIPS

**BETHANY COLLEGE**

**GENEVA COLLEGE**

**GROVE CITY COLLEGE**

**SAINT VINCENT COLLEGE**

**THIEL COLLEGE**

**THOMAS MORE COLLEGE**

**WASHINGTON & JEFFERSON COLLEGE**

**WAYNESBURG UNIVERSITY**

**WESTMINSTER COLLEGE**

April 27-28, 2012 • Beaver Falls, Pa.



# 2011 PAC CHAMPIONS

MEN'S EVENTS	PAC CHAMPION	WINNING MARK
Shot Put	Phil Venanzi, GRO	44' 2.75"
Discus	Kurt Bonnet, WAY	150' 10.00"
Javelin	Ben Gregg, BET	195' 4.00"
Long Jump	Taylor Hockman, W&J	22' 8.00"
Triple Jump	Taylor Hockman, W&J	44' 11.75"
High Jump	Robert Hritz, THI	6' 2.00"
Pole Vault	Mark Saylor, WES	15' 1.00"
100	Marcus Johnson, BET	11.21
200	Aarick Jones, BET	22.62
400	Adam Carswell, WES	49.70
800	Arkangelo James, BET	1:56.54
110 Hurdles	Bryant Wang, W&J	15.59
400 Hurdles	Gregory French, W&J	55.58
1,500	Kevin Wanichko, SVC	4:01.75
3,000 steeplechase	Josiah Tobin, GRO	9:48.26
5,000	Scott Ryan, W&J	15:14.81
10,000	Scott Ryan, W&J	31:40.39
4x100	Westminster	43.31
4x400	Grove City	3:22.09

WOMEN'S EVENTS	PAC CHAMPION	WINNING MARK
Shot Put	Carly Schubert, WAY	38' 11.50"
Discus	Emily Dolsak, WES	127' 6.00"
Javelin	Catherin Corcoran, W&J	133' 4.00"
Long Jump	Alisha Slater, WES	17' 2.75"
Triple Jump	Krystal Baker, WAY	36' 8.25"
High Jump	Lindsey Coffey, W&J	5' 3.00"
Pole Vault	Merrissa Malcolm, WES	10' 8.00"
100	Katelynd McElhany, W&J	12.88
200	Michelle Wuenstel, W&J	25.81
400	Michelle Wuenstel, W&J	56.21
800	Hannah Tubb, GRO	2:18.45
100 Hurdles	Katelynd McElhany, W&J	14.91
400 Hurdles	Katelynd McElhany, W&J	1:04.27
1,500	Sara Fisher, GRO	4:58.26
3,000 Steeplechase	Maria Shepas, WAY	11:48.24
5,000	Sara Fisher, GRO	18:32.19
10,000	Sara Fisher, GRO	40:06.42
4x100	Wash. & Jeff.	48.78
4x400	Wash. & Jeff.	4:00.31

# ORDER OF EVENTS

## DAY ONE (Friday)

3:00 PM	Javelin (Men/Women)
	Triple Jump (Women/Men)
	Pole Vault (Men/Women)
5:00 PM	100H/110H preliminaries
5:30 PM	100 M prelims (Women/Men)
6:00 PM	Womens 10,000 meter run
7:00 PM	Mens 10,000 meter run

## DAY TWO (Saturday)

11:00 AM	High Jump (Men/Women)
	Long Jump (Women/Men)
	Shot Put (Women/Men)
	Discus (Men/Women)
11:30 AM	Womens 3,000M steeplechase
11:45 AM	Mens 3,000M steeplechase
12:35 PM	Womens 400M relay
12:40 PM	Mens 400M relay
12:45 PM	Womens 1500M
1:00 PM	Mens 1500M
1:15 PM	Womens 110M Hurdles Finals
1:25 PM	Mens 110M Hurdles Finals
1:35 PM	Womens 400M
1:45 PM	Mens 400M
1:55 PM	Womens 100M Finals
2:00 PM	Mens 100M Finals
2:05 PM	Womens 800M
2:20 PM	Mens 800M



2:30 PM	Womens 400M Hurdles
2:45 PM	Mens 400M Hurdles
3:00 PM	Womens 200M
3:10 PM	Mens 200M
3:20 PM	Womens 5,000M
3:45 PM	Mens 5,000M
4:15 PM	Womens 1600M Relay
4:25 PM	Mens 1600M Relay
5:00 PM	AWARDS

## 2011 PAC Track & Field Championship Scoreboard

### Men's Order of Finish

1.	Westminster	129
2.	W&J	119
3.	Bethany	95
4.	Waynesburg	86
5.	Grove City	76
6.	Saint Vincent	47
7.	Thiel	36
	Geneva	unscored

### Track MVP

Scott Ryan, W&J

### Field MVP

Taylor Hockman, W&J

### Men's Track & Field MVP

Taylor Hockman, W&J

### Men's Coach of the Year

Tim McNeil, Westminster

### Women's Order of Finish

1.	W&J	156
2.	Westminster	146
3.	Waynesburg	124
4.	Grove City	111
5.	Bethany	44
6.	Thiel	3
	Geneva	unscored

### Track MVP

Sara Fisher, GRO

### Field MVP

CJ Corcoran, W&J

### Women's Track & Field MVP

Katelynd McElhany, W&J

### Women's Coach of the Year

Mark FitzPatrick, W&J

# BETHANY COLLEGE

Head Coach Andy Upton

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Hunter Ankrom	So.	Distance	Moundsville, W.Va.
Lamine Balde	So.	Sprints	Guinea
Ken Barrows	Sr.	Jumps	Wheeling, W.Va.
Kevin Carson	So.	Pole Vault	Smithfield, W.Va.
Joe Douglas	Sr.	Middle Distance	Wheeling, W.Va.
Zac Everhart	Jr.	Hurdles/Sprints	Gerrardstown, W.Va.
Tremayne Ford	Jr.	Jumps	Ft. Washington, Md.
John Freeman	Sr.	Throws	Marlboro, N.Y.
Ben Gregg	So.	Javelin	Eighty Four, Pa.
Dillon Handy	Fr.	Hurdles	Alliance, Ohio
Michael Hensley	Fr.	Throws	Wheeling, W.Va.
Arkangelo James	So.	Middle Distance	Pittsburgh, Pa.
Marcus Johnson	Jr.	Sprints	Tampa, Fla.
Brandon Martell	Fr.	Jumps	Sharon, Pa.
Seth Myers	Sr.	Throws	Valley Grove, W.Va.
Michael Newman	Jr.	Throws	Tampa, Fla.
Kody Niedzwiecki	Fr.	Throws	Ohioville, Pa.
Kendon Noel	So.	Sprints	Brooklyn, N.Y.
Raymear Pinchom	Jr.	Sprints	Willingboro, N.J.
Nick Sainvilier	So.	Jumps	Washington, D.C.
Anthony Thompson	Fr.	Sprints	Colquitt, Ga.
Derrick Tolliver	Fr.	Sprints	Bellaire, Ohio
Austin Williams	Fr.		Euclid, Ohio
Cory Yarrington	So.	Distance	Berkeley Springs, W.Va.



# WESTMINSTER COLLEGE

Head Coach Tim McNeil

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Moriah Agnew	So.	Throws	Bridgeport, Ohio
Kristen Basista	So.	Sprints	Mineral Ridge, OH/Mineral Ridge
Kaci Batzel	Sr.	Throws	Osterburg, PA/Chestnut Ridge
Olivia Bonavita	So.	Sprints	Aliquippa, PA/Hopewell
Stephanie Burkus	Fr.	Throws	Connellsville, PA/N/A
Alyssa Cauley	Jr.	Mid-Distance	Pittsburgh, PA/Baldwin
Alex Cochran	Jr.	Jumps	Pittsburgh, PA/Seton-LaSalle
Tyler Dever	Sr.	Sprints	Salt Lake City, UT/Highland
Emily Dolsak	Sr.	Throws	McDonald, OH/McDonald
Leah Domhoff	Fr.	Vaults	Butler, PA/N/A
Hayley Ebersbacher	Sr.	Sprints	Chesterland, OH/West Geauga
Erica Eckstrom	Jr.	Sprints	Jamestown, NY/Southwestern
Nicole Fiorenza	So.	Mid-Distance	Erie, PA/Northwest Pa. Academy
Haley Gabor	So.	Sprints	New Kensington, PA/Ford City
Kristine Haggerty	Fr.	Mid-Distance	Pittsburgh, PA/Thomas Jefferson
Alaura Hanssen	Fr.	Throws	New Wilmington, PA/Wilmington Area
Jenny Jones	Fr.	Distance	Erie, PA/Fort Leboeuf
Kaitlyn Kio	So.	Jumps	Port Allegany, PA/Port Allegany
Cecilia Klein	Jr.	Sprints	Grayville, PA/West Greene
Courtney Klein	Fr.	Throws	York, PA/Red Lion
Jenny Krueger	Sr.	Distance	Adamsville, PA/Conneaut Lake
Chelsea Lyngarkos	So.	Throws	North East, PA/North East
Mallory Mack	Sr.	Sprints	Carnegie, PA/Chartiers Valley
Brittany Majors	Fr.	Vaults	Wampum, PA/Ellwood City
Merrissa Malcolm	Sr.	Vaults	Freeport, PA/Freeport
Ali Martino	So.	Jumps	Brookfield, OH/Brookfield
Bridget McCray	Sr.	Throws	Centerville, PA/Titusville
Olivia Miller	Jr.	Mid-Distance	Freedom, PA/Freedom
Tara Ott	Sr.	Jumps	Dillsburg, PA/Cedar Cliff
Emily Puruczky	Fr.	Sprints	Chesterland, OH/N/A
Allison Rice	So.	Throws	Poland, OH/Poland Seminary
Julie Rice	So.	Throws	Poland, OH/Poland Seminary
Kaitlin Roth	So.	Jumps	Clarion, PA/Clarion
Hannah Shaffer	So.	Throws	Apollo, PA/Apollo-Ridge
Alisha Slater	Sr.	Sprints	Wooster, OH/Norwayne
Caitlin Smith	Sr.	Distance	Bethel Park, PA/Bethel Park
Erin Sullivan	So.	Distance	Aurora, OH/Aurora
Morgan Swartz	Jr.	Distance	West Middlesex, PA/West Middlesex
Kristina Tissue	So.	Vaults	Coraopolis, PA/West Allegheny
Justine VanCise	So.		Conneaut, OH/Conneaut
Sarah Waszyn	Fr.	Distance	North Huntingdon, PA/Norwin
Courtney Zitt	So.		Latrobe, PA/Greater Latrobe



# WESTMINSTER COLLEGE

Head Coach Tim McNeil

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Ryan Bell	Jr.	Throws	New Wilmington, Pa.
Ben Black	So.	Jumps	Knox, Pa.
Toby Bonitz	So.	Sprints	New Freedom, Pa.
Josh Bradley	Jr.	Throws	Tyrone, Pa.
Ryan Breznik	Fr.	Sprints	Bradford, Pa.
Rob Brooks	Fr.	Sprints	Amityville, NY
Seth Brown	Fr.	Jumps	Newark, Ohio
Josh Caldwell	So.	Distance	Cambridge Springs, Pa.
Adam Carswell	So.	Sprints	Painesville, Ohio
Mike Cercone	Sr.	Jumps	McKees Rocks, Pa.
Evan Del Bene	So.	Sprints	Bethel Park, Pa.
Nathan Donolo	Sr.	Throws	McMurray, Pa.
J.J. Faltot	Jr.	Sprints	Mercer, Pa.
Bob Fazzolare	So.	Sprints	Polk, Pa.
Colin Feeney	So.	Sprints	Waterford, Pa.
Kyle Filicky	Fr.	Mid-Distance	Poland, Ohio
Jason Frawley	Fr.	Throws	Franklin, Pa.
Kyle Gelesky	So.	Vaults	Harmony, Pa.
Morgan Hanes	Jr.	Distance	McKean, Pa.
Zac Henry	Fr.	Sprints	North East, Pa.
Nate Herrmann	Fr.	Jumps	Cranberry Twnshp, Pa.
Tom Holoman	Sr.	Sprints	West Mifflin, Pa.
Justin Jones	Jr.	Distance	Erie, Pa.
Michael Katrancha	Sr.	Throws	Dunlo, Pa.
Matt Lucas	So.	Throws	Sarver, Pa.
Brian Miller	So.	Jumps	Pittsburgh, Pa.
Forrest Minter	Jr.	Sprints	New Wilmington, Pa.
C.J. Moon	So.	Throws	Clarksburg, Pa.
Drew Myers	Jr.	Throws	Knox, Pa.
J.J. Nalesnik	So.	Throws	Darlington, Pa.
Derrick Orloski	So.	Throws	Butler, Pa.
Doug Orloski	Sr.	Throws	Butler, Pa.
Geno Pasquinelli	So.	Sprints	Salem, Ohio
Cody Pepperday	Fr.	Throws	Philipsburg, Pa.
Matt Perella	Jr.	Vaults	Pittsburgh, Pa.
Shane Peterson	Fr.	Jumps/Sprints	East Palestine, Ohio
Ian Pickens	Sr.	Sprints	Georgetown, FL
John Proano	So.	Sprints/Jumps	Titusville, Pa.
Jeremy Ratell	Sr.	Sprints	Mineral Ridge, Ohio
Robert Rhodes	Jr.	Sprints	New Paris, Pa.
Joe Ross	So.	Sprints	York, Pa.
Mark Saylor	So.	Vaults	West Middlesex, Pa.
Caleb Smathers	Jr.	Vaults	Punxsutawney, Pa.
Will Stiglitz	So.	Mid-Distance	Franklin, Pa.
Aaron Sutton	Fr.	Distance	Warren, Ohio
Jack Taylor	Jr.	Vaults	Elizabeth, Pa.
Anthony Thomas	Fr.	Jumps/Sprints	New Castle, Pa.
Bryan Thompson	So.	Sprints	Bellbrook, Ohio
Collin Wallace	So.	Sprints	Mechanicsburg, Pa.
Taylor Walter	Fr.	Mid-Distance	Bethel Park, Pa.
Chris Weeda	So.	Throws	Wellsville, Ohio
P.J. Woods	So.	Throws	Cranberry Twp, Pa.
David Wright	So.	Jumps	Solon, Ohio

# BETHANY COLLEGE

Head Coach Andy Upton

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Hayley Acree	So.	Sprints	Middlebourne, W.Va.
Cassandra Allen	Sr.	Jumps	Washington, Pa.
Kaitlyn Black	Sr.	Sprints	Pittsburgh, Pa.
Megan Butler	Fr.	Sprints	Brooklyn, N.Y.
Rebekah Dennis	Fr.	Throws	Weirton, W. Va.
Maria Giles	So.	Throws	Follansbee, W.Va.
Heather Hamm	Fr.	Distance	Fairfax, Vt.
Brittany Ketner	Fr.	Distance	Hollsoppie, Pa.
Emily King	Fr.	Distance	Harpers Ferry, W.Va.
Kristina Moff	Sr.	Throws	Berlin Center, Ohio
Joanna Mongelluzzo	Sr.	Distance	Washington, Pa.
Jess Olson	Fr.	Distance	Moon, Pa.
Anita Ostrowski	Fr.	Jumps	Monkton, Md.
Rhianna Petrone	Fr.	Distance	Canonsburg, Pa.
Paige Prato	So.	Sprints	Gibsonia, Pa.
Bria Robertson	Fr.	Jumps	Richmond, Va.
Marlo Trabert	Jr.	Throws	Wheeling, W.Va.

# GENEVA COLLEGE

Head Coach Brian Yowler

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Nick Agostinelli	Jr.	Sprints	Beaver Falls, Pa.
Chez Anderson	Jr.	Mid-Distance	Beaver Falls, Pa.
Jacob Beschner	So.	Distance	Sykesville, Md.
Jason Breslin	Fr.	Distance	Perryville, Md.
Brian Corcoran	Jr.	Javelin	Beaver Falls, Pa.
Curtis Covert	So.	Mid-Distance	Harrisville, Pa.
Seth Dunn	So.	Distance	Upper Chichester, Pa.
Nick Edinger	Jr.	Distance	Mars, Pa.
Aaron Ferguson	Fr.	Distance	Sharpsville, Pa.
Mark Filtz	So.	Jumps	Harrison City, Pa.
Tyler French	Jr.	Throws B	essemer, Pa.
Josh Guiser	Fr.	Sprints	Fayette City, Pa.
Lon Hambrice	Jr.	Mid-Distance/Hurdles	Goshen, Ind.
John Henry Jarwood	Jr.	Sprints	Upper Darby, Pa.
Matthew Logan	So.	Throws	Myerstown, Pa.
Richard Louther	Fr.	Distance	Indiana, Pa.
Nathan Mansor	Sr.	Mid-Distance	Hatboro, Pa.
Aaron Marga	Jr.	Sprints	Brockport, N.Y.
Wes Marquis	Jr.	Sprints	Aliquippa, Pa.
Charles Parker	So.	Distance	Baldwinsville, N.Y.
Will Pinson	Jr.	Distance	Colorado Springs, Colo.
Stephen Polite	Sr.	Sprints/Jumps	Belleville, N.J.
Jordan Rupert	Fr.	Throws	Greenville, Pa.
Michael Slafka	Fr.	Pole Vault	North Huntingdon, Pa.
Owen Struck	Jr.	Mid-Distance	Glenside, Pa.
Richard Truesdell	So.	Throws	Orange, Mass.
Chuck Walters	Sr.	Distance	Imler, Pa.
Glenn Wargo	Fr.	Distance	Grove City, Pa.

# WAYNESBURG UNIVERSITY

Head Coach Jason Falvo

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Annette Aho	So.	Mid-Distance	Rancho Cordova, Cali.
Breanna Anderson	Fr.	Jumps/Sprints	Grove City, Pa.
Nicole Aponick	Fr.	Throws	Harrisburg, Pa.
Taylor Augustine	So.	Jumps	Waynesburg, Pa.
Krystal Baker	Sr.	Jumps	East Berlin, Pa.
Northe Campbell-Escalante	So.	Mid-Distance	Pittsburgh, Pa.
Ashley Cole	Fr.	Sprints/Hurdles	Waynesburg, Pa.
Hannah Derbis	Fr.	Sprints	Shaler, Pa.
Megan Donovan	Jr.	Distance	Akron, Ohio
Laura Faust	So.	Throws	Whitney, Pa.
Angele Hagy	So.	Throws	Pittsburgh, Pa.
Amanda Hobe	Fr.	Jumps	Rices Landing, Pa.
Ashleigh Horner	So.	Distance	Ligonier, Pa.
Rhea Huwe	Jr.	Sprints	Allison Park, Pa.
Julie Isgan	Jr.	Throws	Somerset, Pa.
Mary Krepp	Fr.	Hurdles	Pittsburgh, Pa.
Emily Miller	So.	Throws	Rockwood, Pa.
Tiffany Onifer	Jr.	Mid-Distance	Cuyahoga Falls, Ohio
Bre Paul	So.	Distance/Pole Vault	Irwin, Pa.
Jamie Piotrowski	Jr.	Mid-Distance	Pittsburgh, Pa.
Melissa Poach	So.	Mid-Distance	Washington, Pa.
Jaimee Post	Jr.	Jumps	Cuyahoga Falls, Ohio
Breanne Prinkey	Fr.	Jumps	Freedom, Pa.
Rebecca Rapp	So.	Throws	Pittsburgh, Pa.
Candice Rice	Fr.	Jumps	York, Pa.
Shonah Russell	Fr.	Sprints	Lewiston, Maine
Kristen Sanders	Fr.	Mid-Distance	Carlisle, Pa.
Maria Shepas	Sr.	Mid Distance	Youngstown, Ohio
Megan Sowers	Jr.	Throws	Lone-Pine, Pa.
Kristen Stone	Fr.	Hurdles	Burgettstown, Pa.
Joy Talbott	Fr.	Distance	Tallmadge, Ohio



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# WAYNESBURG UNIVERSITY

Head Coach Jason Falvo

## MEN'S ROSTER

Name	Yr.	Events	Hometown
John Allison	Fr.	Distance	Hickory, Pa.
Aaron Anderson	So.	Mid-Distance	Grove City, Pa.
Justin Angotti	So.	Mid-Distance	Cannonsburg, Pa.
Andy Armor	Jr.	Throws	Latrobe, Pa.
Johnathan Blatt	So.	Mid-Distance	Huntington, W.Va.
Kurt Bonnet	Jr.	Throws	Eighty Four, Pa.
David Cobb	So.	Jumps/Sprints	Ulysses, Pa.
Matt Crawford	Jr.	Distance	Butler, Pa.
Kyle Digiandomenico	Fr.	Throws	Bridgeport, Ohio
Cody Doerzbacher	Fr.	Hurdles	Irwin, Pa.
Brandon Dugan	Fr.	Distance	Pittsgrove, N.J.
Luke Feldner	Fr.	Distance	West Lafayette, Ohio
Matt Giardina	So.	Mid-Distance	Pittsburgh, Pa.
Christian Jackson	Jr.	Jumps	Coraopolis, Pa.
Andrew Juntunen	Jr.	Jumps	Shingle Springs, Calif.
Casey Kaiser	Jr.	Hurdles	Cleveland, Ohio
Tony Lamosek	Jr.	Throws	Latrobe, Pa.
Byrum Louco	Fr.	Hurdles	Wexford, Pa.
Lorenzo Mikulin	Fr.	Sprints	West Middlesex, Pa.
Bertrand Ngampa	So.	Sprints	Fairfax, Va.
Marvin Sampson	So.	Sprints	Harrisburg, Pa.
Doogie Sanner	Jr.	Throws	Uniontown, Pa.
Steven Snow	So.	Sprints	Butler, Pa.
Tim Swarr	Fr.	Distance	Strasburg, Pa.
LaVance Turnage, Jr.	Jr.	Jumps	Youngstown, Ohio
Mike Wright	Jr.	Jumps	Jewett, Ohio



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# GENEVA COLLEGE

Head Coach Brian Yowler

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Jakayla Anderson	Jr.	Sprints/Jumps	Warren, Pa.
Samantha Fisher	So.	Jumps	Aliquippa, Pa.
Emily Hoobler	Sr.	Distance	Stoneboro, Pa.
Mary Keen	So.	Throws	Mt. Gilead, Ohio
Anna Kluitenberg	Fr.	Distance	Pittsburgh, Pa.
Jamie Mahan	Fr.	Sprints	Saxonburg, Pa.
Alayna Merkle	So.	Distance	Chambersburg, Pa.
Katherine Michalak	Jr.	Throws	Ashville, N.Y.
Liz Michalak	Sr.	Pole Vault/Multi-Event	Ashville, N.Y.
Bethany Podnar	Jr.	Throws	New Brighton, Pa.
Shannon Rech	Jr.	Distance	Austintown, Ohio
Kathryn Regalado	So.	Throws/Javelin	Wheaton, Ill.
Lydia Reyle	Sr.	Sprints	West Grove, Pa.
Lydia Steele	So.	Throws	Vandergrift, Pa.
Heidi Steiner	Fr.	Distance	Alliance, Ohio
Victoria Trapanick	Fr.	Throws	Gibsonia, Pa.
Johannah Walton	Fr.	Sprints/Jumps	Meadville, Pa.
Sarah Whalen	So.	Sprints	Long Valley, N.J.
Sara Williams	Fr.	Throws	Wellsboro, Pa.



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# GROVE CITY COLLEGE

Head Coach Todd Gibson

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Sam Barnhill	Sr.	Sprints/Jumps	Mansfield, Ohio
Mark Blank	Fr.	Jumps	Camarillo, Calif.
Josh Boyle	So.	Throws	Camp Hill, Pa.
Lester Bragg	Sr.	Sprints	East Stroudsburg, Pa.
Mun Hwan Cho	So.	Sprints	Seoul, Korea
Peter Christianson	Fr.	Distance	Frederick, Md.
Tim Claybaugh	Jr.	Jumps	Huntingdon, Pa.
Tim Coyle	Jr.	Distance	Langhorne, Pa.
Ron Dornin	Fr.	Throws	North Huntingdon, Pa.
Josiah Douglas	Jr.	Hurdles	Sayre, Pa.
Ervin Jumps	So.		Malvern, Pa.
Hayden Faust	Fr.	Throws	Kemptown, Pa.
David Ferreira	Sr.	Jumps	Titusville, Pa.
Russell Geary	Fr.	Distance	Guilford, Conn.
Tyler Gheres	Sr.	Distance	Edinboro, Pa.
John Green	So.	Sprints/Hurdles	Ligonier, Pa.
Zach Kepple	Fr.	Throws	Chicora, Pa.
Luke Latario	So.	Hurdles/Jumps	Groton, Mass.
Andrew Ledbetter	So.	Sprints	Fairfax, Va.
Matt Logie	So.	Middle Distance	West Chester, Pa.
Ben Lutz	Sr.	Distance	Sykesville, Md.
Mike MaMahon	So.	Sprints	Beaverton, Ore.
Arleigh McRae	So.	Middle Distance	East Brookfield, Mass.
Patrik Miller	Jr.	Sprints/Jumps	Berlin, Ohio
Matt Mucha	So.	Middle Distance	Parma, Ohio
Andrew Munro	Jr.	Throws	Mountville, Pa.
Victor Nardini	So.	Sprints	Freedom, Pa.
Louis Phillips	Jr.	Pole Vaults	Beaver Falls, Pa.
Ed Reith	Sr.	Sprints	Pittsburgh, Pa.
Francis Ridge	Jr.	Distance	Derby, N.Y.
Alec Schultz	So.	Distance	Wayzata, Minn.
Sam Shesman	Jr.	Middle Distance	North East, Pa.
Mark Talbott	So.	Distance	Tallmadge, Ohio
Josiah Tobin	Jr.	Distance	Sunbury, Pa.
Nate Townsend	Jr.	Middle Distance	Tucker, Ga.
Thomas Whittaker	Fr.	Sprints	Grove City, Pa.
Luke Wilhelm	Sr.	Jumps	Pequea, Pa.
Ethan Witmer	Fr.	Hurdles	North Lima, Ohio
Ken Young	Jr.	Distance	Howland, Ohio

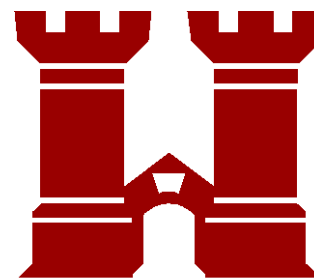
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# WASH. & JEFF. COLLEGE

Head Coach Shawn Marek

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
C.J. Corcoran	Sr.	Throws/High Jump	Harleysville, Pa.
Liann Correia	Sr.	Distance	Marion, Mass.
Danielle Debonis	Fr.	Jumps	Venetia, Pa.
Kristen Galligan	Fr.	Distance	Frederick, Md.
Altoosa Hashemi	So.	Distance	Fullerton, Calif.
Claireasa Johnson	Fr.	Hurdles	Uniontown, Pa.
Laura Lee	So.	Middle Distance	Spartansburg, Pa.
Kaitlyn Loy	Sr.	Distance	Pittsburgh, Pa.
Cheyenne Mangold	So.	Middle Distance	Boerne, Tex.
Nicole Montecalvo	So.	Middle Distance	Berwick, Pa.
Brittany Mosi	Jr.	Middle Distance	South Park, Pa.
Erin Oberg	So.	Jumps	Beaver Falls, Pa.
Meghan Poinsett	So.	Hurdles	Salem, N.J.
Tierney Risley	Sr.	Hurdles/Sprints	Nassau, N.Y.
Metzli Rivera	So.	Distance	Houston, Tex.
Haley Roberts	So.	Throws/Distance	Pittsburgh, Pa.
Kia Ruhkamp	So.	Distance	Baltimore, Md.
Mara Spina	So.	Jumps	Charleroi, Pa.
Harley Straub	So.	Throws	Richfield, Pa.
Taylor Thompson	Sr.	Jumps	Greensburg, Pa.
Monika Virag	Fr.	Throws	Lakewood, Ohio



W&J



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# WASH. & JEFF. COLLEGE

Head Coach Shawn Marek

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Anthony Bocchine	So.	Distance	Meadville, Pa.
Chris Casagrande	Fr.	Throws	Suterville, Pa.
Gavin Donathan	Jr.	Throws	Hurricane, W.Va.
Greg French	Sr.	Hurdles/Jumps	Buffalo, N.Y.
Alexander Halferty	Sr.	Jumps	Latrobe, Pa.
Bradley Hanne	So.	Distance	Conneaut, Ohio
Michael Hildreth	Jr.	Throws	Wind Ridge, Pa.
Taylor Hockman	Sr.	Jumps/Sprints	Martinsburg, W.Va.
Jared Jones	Jr.	Sprints	Glenshaw, Pa.
Benjamin Kopchick	Jr.	Distance	Clarksburg, Pa.
Joshua Makepeace	Fr.	Sprints	Meadville, Pa.
Thomas Marcotte	Fr.	Distance	Plainville, Mass.
Alexander Mey	So.	Middle Distance	Cleveland, Ohio
Thad Piscatelli	So.	Pole Vault	Canonsburg, Pa.
Wallace Riley	Jr.	Throws	Woodbury, Pa.
Scott Ryan	Jr.	Distance	Williamsville, N.Y.
Evan Wagner	Fr.	Throws	Emlenton, Pa.
Bryant Wang	Sr.	Hurdles/Jumps	Sudbury, Mass.
Corey Young	Fr.	Sprints	Meadville, Pa.

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# GROVE CITY COLLEGE

Head Coach Todd Gibson

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Katie Bailey	Fr.	Sprint	Indianola, Iowa
Shannon Bishop	So.	Jump	Grove City, Pa.
Mary Kate Breese	Jr.	Distance	Mercer, Pa.
Lydia Caissy	So.	Jump	Dedham, Mass.
Sarah Cessar	So.	Middle Distance	Slippery Rock, Pa.
Cayla Clawson	So.	Middle Distance	York, Pa.
Candace Cozad	So.	Throws	Mercer, Pa.
Kara Cremean	Fr.	Distance	Vermilion, Ohio
Anna Dunsworth	Jr.	Distance	Erie, Pa.
Jess Everett	Fr.	Pole Vault	North Granby, Conn.
Maegan Faitsch	Fr.	Pole Vault	Guilford, Conn.
Liz Gleixner	So.	Sprints	Coeur D'Alene, Idaho
Faith Gregorchik	Fr.	Sprints	Hendersonville, N.C.
Grace Hanson	Jr.	Distance	Fairland, Ind.
Allison Heslop	Sr.	Distance	Chardon, Ohio
Caroline Kimpel	Fr.	Middle Distance	Columbiana, Ohio
Melissa Knepper	Jr.	Jumps/Throws	Tallmadge, Ohio
Sadie Malone	Fr.	Jumps	Gates Mills, Ohio
Lauren McGarvey	Fr.	Sprints	Punxsutawney, Pa.
Mariah McGlothlin	Fr.	Jumps	Freedom, Pa.
Rebecca Nelson	Fr.	Jumps/Throws	Colorado Springs, Colo.
Grace Postma	So.	Middle Distance	New Berlin, Wis.
Kaitlyn Powell	Fr.	Throws	Renfrew, Pa.
Austin Powell	So.	Middle Distance	Shamong, N.J.
Emma Rudolf	Fr.	Middle Distance	Birchrunville, Pa.
Laurel Skorup	So.	Distance	Sandwich, Ill.
Ella Smith	Jr.	Distance	Becker, Minn.
Bethany Stillwagon	Jr.	Pole Vault	Grove City, Pa.
Ellie Stoffer	Fr.	Throws	Canfield, Ohio
Christen Vallimont	Sr.	Hurdles	Lake Hopatcong, N.J.
Hillary Wilson	Jr.	Distance	Solon, Ohio
Mara Womer	Fr.	Hurdles/Jumps	Canonsburg, Pa.



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# SAINT VINCENT COLLEGE

Head Coach Andy Herr

## MEN'S ROSTER

Name Yr.	Events	Hometown
Ryan Barlow	Sr. Distance/Mid-Distance	Zelienople, Pa.
Lucas Briola	Jr. Distance	Pittsburgh, Pa.
Chris Hameed	Fr.	Doral, Fla.
Nick Higgins	Jr.	Apollo, Pa.
Brandon Holmes	Fr.	Sutersville, Pa.
Josh Hooke	Sr. Distance	N. Huntingdon, Pa.
John Joseph	So. Sprints/Mid-Distance	Irvington, N.J.
Nick Killen	So. Sprints/Mid-Distance	Pittsburgh, Pa.
Tomas McLaughlin	Sr. Distance	Providence, R.I.
Justin Petrovich	So. Mid-Distance	Pittsburgh, Pa.
Chansler Poole	So. Mid-Distance	Harrison City, Pa.
Eric Porter	Fr.	Mount Pleasant, Pa.
Andrew Razanauskas	So. Distance	Zelienople, Pa.
Jared Ryan	Jr.	Greensburg, Pa.
Aaron Seckar	Sr. Distance	Indiana, Pa.
Cameron Stumme	Jr. Steeplechase/Distance	N. Huntingdon, Pa.
Kevin Wanichko	Sr. Distance/Mid-Distance	Latrobe, Pa.



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# THOMAS MORE COLLEGE

Head Coach Jeff Hill

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Celia Arlinghaus	Jr.	Distance	Edgewood, Ky.
Kelsey Blaze	Fr.	Hurdles/Jumps	Granville, Mass.
Moriah Corey	So.	Multi	Louisville, Ky.
Andrea Robben	So.	Multi	Harrison, Ohio
Felicity Britt	Fr.	Throws	Alexandria, Ky.
Alexa Hlebiczki	Sr.	Hurdles/Jumps	Newport, Ky.
Jessica Torbeck	Fr.	Distance	Cincinnati, Ohio
Kaylin Veeneman	Fr.	Multi	West Harrison, Ind.
Demi Welte	Fr.	Sprints	Verona, Ky.



# THOMAS MORE COLLEGE

Head Coach Jeff Hill

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Corey Bailey	Jr.	Sprints/Jumps	Cridersville, Ohio
Antonio Booker	Jr.	Sprints	Louisville, Ky. Male
Galen Curry	Fr.	Sprints/Jumps	Dayton, Ohio
Andrew Fuller	Jr.	Distance	Edgewood, Ky.
Matt Wurtzler	So.	Distance	Cincinnati, Ohio
Tom Lauer	So.	Throws	Lebaon, Ohio
Kirby Famble	So.	Throws	Cincinnati, Ohio
Phil Feinberg	Jr.	Jumps	Tempe, Ariz.
Nick Kohrs	Fr.	Throws	Bellevue, Ky.
Kenny Sheffield	Fr.	Throws	Covington, Ky.
Ryan Winkler	Fr.	Jumps	Independence, Ky.
Joe Hageman	Fr.	Throws	Cincinnati, Ohio
Zach Kurtz	Fr.	Sprints/Jumps	Mason, Ohio
Lucas Nare	Fr.	Sprints	Guilford, Ind.
Al Upshaw	Fr.	Jumps	Cincinnati, Ohio
Jay Volker	So.	Throws	Cincinnati, Ohio
Adam Rauch	So.	Sprints	Yorkville, Ind.

# THE PAC

Founded in 1955, the Presidents' Athletic Conference continues its mission of promoting intercollegiate athletics and the pursuit of academic excellence.

Comprised of 10 select private colleges - Bethany College, Chatham University, Geneva College, Grove City College, Saint Vincent College, Thiel College, Thomas More College, Washington and Jefferson College, Waynesburg University and Westminster College - the PAC remains a unique organization in this day of high pressure intercollegiate athletics. With academics at the center of each member's philosophy, the PAC is built on the principle that an athletic program is a part of college life, but not an entity in itself.



The PAC expanded to seven members in 2005 with the addition of Thomas More, formerly an NCAA Division III independent. Saint Vincent College, an NAIA member, joined the conference as it began provisional membership status in NCAA Division III in 2006-07. Another NAIA member, Geneva College, became the conference's ninth member and began league play as it started NCAA Division III provisional membership in 2007-08. Chatham College (now University) became the league's 10th member, also in 2007-08. In 2012, the PAC voted to add Carnegie Mellon University and Case Western Reserve University as affiliate members in the sport of football beginning in 2014.

## 2010-11 PAC Champions

Baseball	Thomas More
Men's Basketball	Bethany
Women's Basketball	Thomas More
Men's Cross Country	Saint Vincent
Women's Cross Country	Grove City
Football	Thomas More
Men's Golf	Washington & Jefferson
Women's Golf	Grove City
Men's Soccer	Thomas More
Women's Soccer	Washington & Jefferson
Women's Softball	Bethany
Men's Swimming & Diving	Grove City
Women's Swimming & Diving	Grove City
Men's Tennis	Grove City
Women's Tennis	Grove City
Men's Track & Field	Westminster
Women's Track & Field	Washington & Jefferson
Women's Volleyball	Thomas More
Wrestling	Waynesburg

members in the sport of football beginning in 2014.

The PAC annually crowns champions and awards All-conference status in all 19 league sports. Head coaches select all-PAC squads for all team sports, while in individual sports such as cross country and tennis, all-PAC accolades are based upon performances at the conference championships.

The PAC annually awards its men's and women's All-Sports Trophies to the schools which perform best across the board in PAC competition. The Washington & Jefferson men and Grove City women captured the 2010-11 trophies.

True to its mission, the PAC has produced numerous Academic All-Americans and NCAA Postgraduate Scholarship winners. Last year, the league named a record **735** student-athletes to the PAC Academic Honor Roll, which recognizes all participating athletes who attain a term grade-point average of 3.60 or above.

# THIEL COLLEGE

Head Coach Steve Carr

## MEN'S ROSTER

Name	Yr.	Events	Hometown
Mason Bednash	Fr.	Distance	Cleveland, Ohio
Jon Canon	Fr.	Distance	Hyannis, Mass.
Nate Carango	Fr.	Distance	Lawton, Mich.
Justin Dade	Fr.	Sprints	Upper Marlboro, Md.
Kendall DeLashment	Jr.	Sprints	Chicago, Ill.
Shane Dillon	Jr.	Sprints	Parker, Pa.
Joseph Disch	Fr.	Throws	Calcutta, Ohio
Mike Finchio	Fr.	Throws	Waterford, Pa.
Nic Jones	Fr.	Jumps	Franklin, Pa.
Matt May	Jr.	Throws	Oil City, Pa.
Julian McLean	So.	Sprints	Clairton, Pa.
Steve Morgan	Fr.	Distance	Raritan, N.J.
Richard Peterson	Sr.	Distance	Cochranton, Pa.
Branden Reed	Fr.	Throws	DuBois, Pa.
Eric Scherer	Fr.	Distance	Cleona, Pa.
Shane Schleifer	Fr.	Sprints	Sandy Lake, Pa.
Bryan Smith	Fr.	Distance	New Cumberland, Pa.
Kurt Strock	Sr.	Throws	Nashport, Ohio
Charlie Thomas	So.	Jumps	North Warren, Pa.
Erik Travaglini	Fr.	Throws	Greenville, Pa.
Regis Wagner	Jr.	Distance	Collegeville, Pa.

# THIEL COLLEGE

Head Coach Steve Carr

## WOMEN'S ROSTER

Name	Yr.	Events	Hometown
Taylor Akins-Rollins	Fr.	Sprints	Pittsburgh, Pa.
Jaimee Anderson	Sr.	Sprints	Emlenton, Pa.
Katie Arnold	So.	Throws	Olean, N.Y.
Heather Cozak	Jr.	Sprints/Hurdles	New Middletown, Ohio
Kristin Diegan	Fr.	Distance	Hermitage, Pa.
Alliana Hardgrove	Fr.	Sprints	North Canton, Ohio
Jessica Kaminsky	Jr.	Throws	Austintown, Ohio
Shay Kashey	Fr.	Throws	Edinboro, Pa.
Cassidy Kravec	Jr.	Throws	North Huntingdon, Pa.
Riian McCray	So.	Jumps	Dayton, Ohio
Avon Milton	Sr.	Throws	Canonsburg, Pa.
Emily Petrak	So.	Distance	Butler, Pa.
Taylor Queen	Fr.		McKeesport, Pa.
Clare Rech	Jr.	Distance	Austintown, Ohio
Heather Shaw	Fr.	Throws	York, Pa.
Keisha Shaw	Jr.	Throws	York, Pa.
Rianne Thornton	Sr.		Trotwood, Ohio
Schanvel Wall	Fr.	Sprints	Youngstown, Ohio
Valerie White	So.	Distance	Pittsburgh, Pa.
Caroline Witter	Fr.	Sprints	Millheim, Pa.

