



SPORTS NEWS

Presidents' Athletic Conference

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Lehberger, Long named PAC SAAC Scholar-Athletes of the Month for March, 2012

WEXFORD, Pa. – The Presidents' Athletic Conference (PAC) announced today that **Caitlin Lehberger (New Wilmington, Pa./Wilmington Area H.S.)** of Westminster College and **Kreighton Long (Latrobe, Pa./Greater Latrobe H.S.)** of Saint Vincent College have been named Student-Athlete Advisory Committee (SAAC) Scholar-Athletes of the Month for March 2012.

Lehberger is a senior student-athlete at Westminster College and a member of the women's swimming and diving team. She is a six-time NCAA D-III All-American and a 2012 NCAA qualifier. Lehberger is a four-time All-PAC First Teamer and a two-time PAC MVP (2010 & 2012). She is a 15-time PAC Champion, including four-time 200 individual medley PAC Champion. Lehberger holds three PAC records (two individual), 11 Westminster records (six individual), and four Westminster pool records (three individual).

Out of the pool, Lehberger is going for her dual certification in Elementary Education/Special Education and holds a 3.417 grade point average (GPA). She was honored with the Westminster Nicholson Scholar-Athlete Award, has been listed on the Dean's List and has been a member of the PAC Academic Honor Roll. Around campus, Lehberger is a SAAC representative for the Swimming & Diving team and is a member of Lambda Sigma Honorary Society. In the community, she serves as a youth swimming instructor and finds time to make visits to area nursing homes.

Long is a senior student-athlete at Saint Vincent College and a member of the men's swimming and diving team. He has placed in the top 16 in the 1650 freestyle and the 500 freestyle at the PAC championship meet all four years of his career. Long also was in the top 8 for the 1650 freestyle and the 500 freestyle at Blue Devil invite in 2009-11.

Academically, Long is a History major with a minor in Secondary Education and holds a 3.871 GPA. Long has been listed on the Dean's List and has been a member of the PAC Academic Honor Roll. On campus, Long is a Resident Assistant of one of the college's residence halls. He is the founder of the Strategic Gaming Society and is a member of ultimate frisbee.

Each month, SAAC members at a PAC school nominate a student-athlete to highlight based on academic and athletic accomplishments. Honorees must be a varsity member in their respective sport(s) and in their junior or senior year. Scholar-Athletes of the Month must have a cumulative GPA of 3.0 or higher and be actively involved on his or her campus community.

Founded in 1955, the Presidents' Athletic Conference continues its mission of promoting intercollegiate athletics and the pursuit of academic excellence. Consisting of 10 select private institutions in Pennsylvania, West Virginia, and Kentucky, the PAC remains a unique organization in this day of high pressure intercollegiate athletics. With academics at the center of each member's philosophy, the PAC is built on the principle that an athletic program is a part of college life, but not an entity in itself. The PAC annually crowns champions in 19 sports (10 men, nine women).

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