



SPORTS NEWS

Presidents' Athletic Conference

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Ladenburger, Cichowitz named PAC SAAC Scholar-Athletes of the Month for December, 2010

WEXFORD, Pa. – The Presidents' Athletic Conference (PAC) announced today that **Samantha Ladenburger (Felicity, Ohio./ Felicity-Franklin H.S.)** of Thomas More and **Garrett Cichowitz (Colorado Springs, CO/ William J. Palmer H.S.)** of Grove City have been named Student-Athlete Advisory Committee (SAAC) Scholar-Athletes of the Month for December 2010.

Samantha Ladenburger is a senior student-athlete at Thomas More and a member of the softball team. Ladenburger is a two-year captain of the softball team where she plays infield and is a pitcher. She earned first team All-Presidents' Athletic Conference honors in 2009

Off the field, Ladenburger is a Biology major and holds a 3.077 cumulative grade point average (GPA). She is an active member of several clubs on campus including the Biology Club and the Beta Beta Beta Biological Honor Society. She also serves as the Thomas More Student Athlete Advisory Committee (SAAC) President.

Garrett Cichowitz is a senior student-athlete at Grove City and a member of the men's cross country team. Cichowitz has continued to be one of the staples on the Grove City team. He is a three-time National Qualifier and four-time All-Academic American. Cichowitz is a two-year team captain and has earned PAC MVP honors for the second straight year by finishing first at the conference championship in 2009 and 2010.

Cichowitz is an Entrepreneurship & Christian Thought major at Grove City. In the classroom he holds a 3.61 cumulative GPA. Cichowitz is also involved on campus as an officer for the Omicron Xi as well as the Entrepreneurship Club.

Each month, SAAC members at a PAC school nominate a student-athlete to highlight based on academic and athletic accomplishments. Honorees must be a varsity member in their respective sport(s) and in their junior or senior year. Scholar-Athletes of the Month must have a cumulative GPA of 3.0 or higher and be actively involved on his or her campus community.

Founded in 1955, the Presidents' Athletic Conference continues its mission of promoting intercollegiate athletics and the pursuit of academic excellence. Consisting of 10 select private institutions in Pennsylvania, West Virginia, and Kentucky, the PAC remains a unique organization in this day of high pressure intercollegiate athletics. With academics at the center of each member's philosophy, the PAC is built on the principle that an athletic program is a part of college life, but not an entity in itself. The PAC annually crowns champions in 19 sports (10 men, nine women).

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