



SWIMMING & DIVING 2005-06

Presidents' Athletic Conference
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CURRENT 2005-06 REGULAR SEASON MEN'S STANDINGS (through Jan. 8, 2006)

| School | PAC Meets | | | All Meets | | | |
|--------------------------------|-----------|---|------|-----------|---|---|------|
| | W | L | Pct. | W | L | T | Pct. |
| Westminster College | 2 | 0 | 1.00 | 6 | 1 | 1 | .813 |
| Grove City College | 1 | 0 | 1.00 | 5 | 3 | 0 | .625 |
| Washington & Jefferson College | 0 | 1 | .000 | 7 | 1 | 0 | .875 |
| Bethany College | 0 | 2 | .000 | 1 | 2 | 0 | .333 |

CURRENT 2005-06 REGULAR SEASON WOMEN'S STANDINGS (through Jan. 8, 2006)

| School | PAC Meets | | | All Meets | | | |
|--------------------------------|-----------|---|------|-----------|---|------|--|
| | W | L | Pct. | W | L | Pct. | |
| Westminster College | 2 | 0 | 1.00 | 6 | 2 | .750 | |
| Grove City College | 1 | 0 | 1.00 | 2 | 2 | .500 | |
| Washington & Jefferson College | 0 | 1 | .000 | 7 | 1 | .875 | |
| Bethany College | 0 | 2 | .000 | 0 | 3 | .000 | |

RECENT RESULTS

Saturday, December 31

Washington & Jefferson 59, Centre 53 (M)@
Washington & Jefferson 63, Centre 42 (W)@
Washington & Jefferson 64, St. Michael's 41 (M)@
Washington & Jefferson 65, St. Michael's 40 (W)@

Saturday, January 7

Westminster 66, Wingate 29 (M)%
Wingate 57, Westminster 38 (W)%
ROLLINS 52, Westminster 43 (M)
Westminster 80, ROLLINS 15 (W)

@ - St. Petersburg, Fla.

% - Winter Park, Fla.

UPCOMING SCHEDULE

Wednesday, January 11

Bethany at Washington & Jefferson* - 6 p.m.

Saturday, January 14

Washington & Jefferson at Grove City* - 1 p.m.
Bethany at Saint Vincent - 1 p.m.
Westminster at Baldwin-Wallace - 1 p.m.

PAC Men's Swimmer/Diver of the Week

DAN MANCUSO

Washington & Jefferson College

Freshman - freestyle/IM

Pittsburgh, Pa./Bethel Park H.S.

Mancuso led W&J to a double dual meet sweep of Centre (59-53) and St. Michael's (64-41) as he claimed first place showings in both the 200 individual medley (2:04.60) and the 500 freestyle (5:06.26).

Also nominated was junior **Ryan Trunk** of Westminster.

PAC Women's Swimmer/Diver of the Week

SUSANNE SEWARD

Washington & Jefferson College

Freshman - freestyle

Fairview, Pa./Fairview H.S.

Seward was a triple-winner for the Presidents on New Year's Eve, as W&J recorded a double dual win over Centre (63-42) and St. Michael's (65-40). She captured both the 50 (25.57) and 100 freestyle (57.23) while swimming a leg for the victorious 200 freestyle relay team (1:45.87).

Also nominated was sophomore **Becky Giles** of Westminster.

PAC SWIMMING NOTES

Bethany Bison



Bethany returns to action on Wednesday, Jan. 11 with a PAC meet at Washington & Jefferson, which has the 20th-ranked women's team in the nation, according to Collegeswimming.com ... The Bison then faces future PAC rival St. Vincent on Saturday at Latrobe High School.

Grove City Wolverines



The Wolverine tankers return to action Saturday against Washington and Jefferson ... The men's swimming and diving team will induct **Scott Johnston, '55, Jamie Brunk, '76 and Pat Kelley, '87** into its Hall of Fame during the meet ... Their inclusion brings the Hall's membership to 33.

Washington & Jefferson Presidents



The Washington & Jefferson College men's and women's swimming and diving teams both posted a pair of victories on New Year's Eve after topping Centre (Ky.) and St. Michael's (Fla.) in St. Petersburg, Florida ... Junior **Brandi Shoupe**, sophomores **Kaitlyn Orstein** and **Janna Green** and freshman **Ashley James** led the women's squad to an opening win in the 200 medley relay with a time of 1:56.31 ... Orstein also notched individual wins in the 200 IM (2:07.80) and the 100 breastroke (1:08.68), while freshman **Susanne Seward** also notched a pair of wins after claiming the 50 (25.57) and 100 (57.23) freestyles ... Green touched first in the 100 backstroke (1:05.96), while freshman **Alicia Sutton** took first-place honors in the 200 freestyle (2:02.71) ... Shoupe, Seward and Sutton then teamed with freshman **Lauren Miller** to capture the 200 freestyle relay in a time of 1:45.87 ... Freshman **Daniel Mancuso** was a double winner for the W&J men as he posted first-place showings in the 200 IM (2:04.60) and 500 freestyle (5:06.26) ... Freshman **Zach Nigrelli** earned first place in the 50 freestyle (22.71), while junior **Brian Train** claimed the 100 butterfly (55.99) ... Train and Nigrelli also joined freshmen **Andrew Whittam** and **Eddie Werner** on the opening victory in the 200 medley relay (1:42.59).

Westminster Titans



The Westminster swimming teams each split a double dual meet Saturday with Wingate University at Rollins College in Winter Park, Fla. ... The Titan men (6-1-1) posted a 66-29 win over Wingate but suffered their first dual loss of the season with a 52-43 defeat by Rollins ... The Lady Titans (6-2) also split, easily defeating the host Tars 80-15 while dropping a 57-38 decision to Wingate ... The Westminster men were led by junior **Ryan Trunk**, who captured both the 100 (48.41) and 200 freestyle (1:50.10) events ... The Westminster women were paced by sophomore **Becky Giles**, who touched first in both the 100 butterfly (1:02.46) and 200 individual medley (2:14.47) ... Other Lady Titan winners included juniors **Steph Peters** in the 100 freestyle (56.0) and **Megan McLaughlin** in the 200 freestyle (2:02.08) ... The Titan men's and women's swimming teams each return to action next Saturday (Jan. 14) with a non-conference dual meet at Baldwin-Wallace College in Berea, Ohio, beginning at 1 p.m.

Past PAC Men's Swimmers/Divers of the Week

November 6: **Caleb Courage**, Grove City
November 13: **Eddie Werner**, Wash. & Jeff.
November 20: **Ryan Trunk**, Westminster
December 4: **Stephen Zinz**, Bethany
December 11: **Drew Snyder**, Grove City
January 8: **Dan Mancuso**, Wash. & Jeff.
January 15:
January 22:
January 29:

Past PAC Women's Swimmers/Divers of the Week

November 6: **Kaitlyn Orstein**, Wash. & Jeff.
November 13: **Steph Peters**, Westminster
November 20: **Megan McLaughlin**, Westminster
December 4: **Kaitlyn Orstein**, Wash. & Jeff.
December 11: **Becky Giles**, Westminster
January 8: **Susanne Seward**, Wash. & Jeff.
January 15:
January 22:
January 29: