



SWIMMING & DIVING 2003-04

Presidents' Athletic Conference
 Joe Onderko, Information Director
 Phone - (724) 946-6357
 Fax - (724) 946-7187
 E-Mail: onderkjm@westminster.edu
 Web: www.westminster.edu/pac

CURRENT MEN'S STANDINGS (through January 11, 2004)

| School | PAC Meets | | | All Meets | | |
|--------------------------------|-----------|---|------|-----------|---|------|
| | W | L | Pct. | W | L | Pct. |
| Westminster College | 1 | 0 | 1.00 | 4 | 0 | 1.00 |
| Grove City College | 1 | 1 | .500 | 3 | 2 | .600 |
| Washington & Jefferson College | 0 | 0 | .000 | 4 | 2 | .667 |
| Bethany College | 0 | 1 | .000 | 0 | 3 | .000 |

CURRENT WOMEN'S STANDINGS (through January 11, 2004)

| School | PAC Meets | | | All Meets | | |
|--------------------------------|-----------|---|------|-----------|---|------|
| | W | L | Pct. | W | L | Pct. |
| Westminster College | 1 | 0 | 1.00 | 3 | 1 | .750 |
| Grove City College | 1 | 1 | .500 | 3 | 2 | .600 |
| Washington & Jefferson College | 0 | 0 | .000 | 6 | 0 | 1.00 |
| Bethany College | 0 | 1 | .000 | 0 | 3 | .000 |

RECENT RESULTS

Saturday, January 10

Baldwin-Wallace 117, BETHANY 81 (M)
 Baldwin-Wallace 127, BETHANY 75 (W)
 Westminster 112, ROLLINS 83 (M)
 Westminster 109, ROLLINS 96 (W)

UPCOMING SCHEDULE

Wednesday, January 14

Washington & Jefferson at Carnegie Mellon - 6:30 p.m.

Thursday, January 15

Grove City at Mount Union - 5 p.m.

Friday, January 16

Allegheny at Westminster - 5 p.m.

Saturday, January 17

Washington & Jefferson at Grove City* - 1 p.m.
 Penn State-Altoona at Bethany - 1 p.m.
 Westminster at Carnegie Mellon - 1 p.m.

PAC Men's Swimmer/Diver of the Week

RYAN TRUNK
 Westminster College
 Freshman - freestyle

Brookline, Mass./Cheshire Academy H.S.

Trunk won all three of his events to lead the Titans to a 4-0 dual meet record with a 112-83 decision at Rollins on Saturday. He captured both the 100 free (50.85) and 200 free (1:51.12) while also swimming the lead-off spot for the Titans' winning 200 freestyle relay team (1:34.24)

Also nominated was sophomore **Joe Kennedy** of Bethany.

PAC Women's Swimmer/Diver of the Week

DANA CULBERT
 Bethany College
 Sophomore - freestyle

North Huntingdon, Pa./Norwin

Culbert won all three of her events as Bethany dropped a 127-75 decision to visiting Baldwin-Wallace on Saturday. She captured both the 50 free (25.98) and 100 free (57.21) while also swimming the lead for the winning 200 free relay squad (1:53.52).

Also nominated was senior **Brittany Jardine** of Westminster.

PAC SWIMMING NOTES

Bethany Bison

The Bethany men and women both recorded six first-place finishes against Baldwin-Wallace on Jan. 10 ... For the men, **Stephen Zinz** and **Joe Kennedy** both won two events ... Zinz won the 100-yd. fly (55.24) and the 500-yd. free (5:43.33) ... Kennedy won both the 1 and 3-meter diving events ... **Yuki Shimizu** won the 100-yd. breaststroke (1:16.46) and the 200-yd. free relay team of **Damien Sanzotti, Michael Giovanetti, Gary Migliaccio** and Shimizu also won (1:48.65) ... For the women, **Dana Culbert** won the 50-yd. free (25.98) and the 100-yd. free (57.21) ... **Emily Young** won the 500-yd. free (6:03.17), **Rachel Yakubik** won the 3-meter diving event and **Ashley Richards** won the 100-yd. breast (1:22.85) ... The 200-yd. free relay team of Culbert, Young, **Courtney Wright** and Richards won in a time of 1:53.52.

Washington & Jefferson Presidents

Both Washington & Jefferson squads return to action on Wednesday as they travel to Pittsburgh, Pa., to take on Carnegie Mellon at 6:30 pm ... Last season, the Tartans swept a dual meet in Washington with the Tartan men posting a 134-79 win, while the President women dropped a 136-83 decision.

Grove City Wolverines

Grove City returns to action Thursday afternoon at Mount Union ... The Wolverines will then host Washington and Jefferson Saturday afternoon in conference action ... Grove City will induct three former standouts into its Swimming Hall of Fame Saturday ... **Lee Steller** (Class of 1957), **Jeff Moxie** (Class of 1980) and **Eric Sluss** (Class of 1986) comprise the Class of 2004.

Westminster Titans

The Westminster swim teams each posted non-conference victories today in dual meets against Rollins on Saturday, as the Titan men improved to a perfect 4-0 on the season with a 112-83 victory over the Tars, while the Lady Titans improved to 3-1 with a 109-96 decision over Rollins ... Freshman **Ryan Trunk** led the way for the Titan men as the team's lone three-event winner ... Trunk captured both the 100 free (50.85) and 200 free (1:51.12) while also swimming the lead-off spot for the Titans' winning 200 freestyle relay team (1:34.24) ... He was joined on the winning 200 free relay team by junior anchor **Kevin Gesacion**, who also captured the 50 free (23.43) ... Sophomore **Buddy Thornton** was the lone other individual winner for the Titans, capturing the 100 backstroke (59.77) ... On the women's side, the Lady Titans were paced by senior **Brittany Jardine**, who was the team's only double-winner, capturing both the 100 butterfly (1:02.36) and 200 individual medley (2:21.71) ... Other individual winners for the WC women were senior **Katie Alukonis** in the 1000 freestyle (11:28.53); sophomore **Megan Sweithelm** in the 100 backstroke (1:06.13); and freshman **Sara Bonchosky** in the 100 freestyle (57.31).

Past PAC Men's Swimmers/Divers of the Week

November 23: Josh Hensler, Westminster

December 7: Stephen Zinz, Bethany

December 14: Jeff Wenger, Grove City

January 12: Ryan Trunk, Westminster

January 19:

January 26:

February 2:

February 9:

Past PAC Women's Swimmers/Divers of the Week

November 23: Amy Plotkin, Wash. & Jeff.

December 7: Peggy Whitbeck, Grove City

December 14: Karen Rodgers, Grove City

January 12: Dana Culbert, Bethany

January 19:

January 26:

February 2:

February 9: