

2009-10 PAC Swimming & Diving Release

Week 8 - January 11



Presidents' Athletic Conference
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2009-10 PAC MEN'S STANDINGS (through January 10)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	2	0	1.00	4	1	.750
Grove City	0	0	.000	6	1	.833
Washington & Jefferson	0	1	.000	3	4	.333
Bethany	0	1	.000	0	4	.000
Saint Vincent*				0	6	.000

2009-10 PAC WOMEN'S STANDINGS (through January 10)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	3	0	1.00	5	1	.800
Grove City	1	0	1.00	7	0	1.00
Washington & Jefferson	1	1	.500	5	3	.571
Bethany	0	1	.000	0	3	.000
Chatham	0	3	.000	4	3	.571
Saint Vincent*				1	5	.250

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Saturday, January 9, 2010

W&J 125, Saint Vincent 96 (M)

W&J 129, Saint Vincent 100 (W)

Westminster 109, ROLLINS 77 (M)

Westminster 125, ROLLINS 61 (W)

THIS WEEK

Wednesday, January 13, 2010

Bethany at Wash. & Jeff.* - 6 p.m.

Saturday, January 16, 2010

Wash. & Jeff. at Grove City* - 1 p.m.

Saint Vincent at Bethany* - 1 p.m.

Men's Swimmer/Diver of the Week

MARK SIRKOCH

Wash. & Jeff.

Senior

New Kensington, Pa.

Plum H.S.



Sirkoch earned four victories to help the W&J men defeat Saint Vincent on Saturday ...

He guided the 200 medley relay team to an opening victory in 1:42.54 and then touched first in the 100 (1:04.26) and 200 (2:22.64) breaststroke events ... Sirkoch finished his day as a member of the winning 200 freestyle relay squad (1:31.09).

Also nominated was Westminster senior **Ben Gutmann**.

Women's Swimmer/Diver of the Week

JAMI ANDREWS

Wash. & Jeff.

Freshman

Greensburg, Pa.

Hempfield H.S.



Andrews collected three victories Saturday to help W&J top Saint Vincent ... She claimed the 100 (1:13.60) and 200 (2:40.07) breaststroke events, while also helping the 200 medley relay (1:56.81) record a win in the opening race.

Also nominated was Westminster sophomore **Caitlin Lehberger**.

PAC Swimming & Diving 2009-10 - Week 8 Conference Notes

SWING OF THINGS: Three PAC squads were in action last week, with W&J and Westminster sweeping their respective competitions ... The Presidents hosted PAC provisional member Saint Vincent, while Westminster traveled a bit further to Florida to take on Rollins ... PAC competition revs up this week ... Grove City looks to carry its non-conference domination into the PAC, while Bethany looks for its first conference win.

NEWS & NOTES: The Titan women touched first in eight events and the Titan men captured five events against Rollins ... Senior **Emily Dessler** and sophomore **Caitlin Lehberger** were Westminster's multi-event winners ... Dressler took the 200 (1:58.68) and 500 (5:18.40) freestyle races ... W&J diver **Bethany Haver** set a pool record with her 11-dive performance on the 1-meter board ... Haver notched 366.85 points to set the 20-yr. record.

AROUND THE LEAGUE: SVC Bearcat swimmer **Matt Snelick** finished first in the 200 IM, while turning in second-place times in the 100 and 200 Breast ... On the women's side, Saint Vincent was led on the afternoon by the freshman duo of **Jayna Cline** and **Katie Custer**, as they each picked up a pair of victories apiece ... Senior **Ben Gutmann** led Westminster with a win in the 100 breast (1:01.30), while also helping in the 200 medley relay (1:42.22) victory.

Bethany Bison

(M: 0-4, 0-1 PAC; W: 1-3, 0-1 PAC)

The Bison have been off since Dec. 5, when the women posted their first dual meet win of the year over Penn State-Altoona ... Bethany will return to competition, Wednesday, Jan. 13 with a meet at Washington & Jefferson and then return home to host Saint Vincent, Saturday, Jan. 16.



Chatham Cougars

(W: 4-3, 0-3 PAC)

The Cougars were idle last week and did not compete.



Grove City Wolverines

(M: 5-1, 0-0 PAC; W: 7-0, 1-0 PAC)

The Grove City College men's and women's swimming and diving teams return to action Saturday against visiting Washington & Jefferson in a PAC dual meet ... On the men's side, Grove City leads the all-time series 63-18, including a 221.5-76.5 win over W&J at the Kenyon Quad ... The women's team also decisoned W&J at Kenyon, 171-128 November 21 ... Grove City leads the all-time series 13-12.



Saint Vincent Bearcats

(M: 0-6; W: 1-5)

Both Bearcat swim teams returned to action after a five-week layoff at Washington & Jefferson on Saturday, with the SVC men falling 125-96 and the women losing 129-100 ... **Matt Snelick** finished first in the 200 IM, while turning in second-place times in the 100 and 200 Breast ... **Logan Dorminey** captured a pair of first place finishes, including the 100 Fly and 100 Free, while **Adam Hodnichack** picked up the first victory of his career, capturing the 500 Free ... The SVC 200 Free Relay squad of Dorminey, Hodnichack, **Adam Thomas**, and **Troy Linebaugh** were also victorious ... The Lady Bearcats were led on the afternoon by the freshman duo of **Jayna Cline** and **Katie Custer**, as they each picked up a pair of victories apiece ... Cline won the 1000 Free and 5000 Free, while Custer was victorious in the 50 Free and 100 Free, as she has now won nine straight races ... **Jess Kennedy** took first in the 1000 Fly and **Mary Kate Kenna** the 200 IM, while the 200 Free Relay foursome of Custer, Kennedy, **Christine Dunleavy**, and **Maggie Dempsey** won with a time of 1:45.37.



Washington & Jefferson Presidents

(M: 2-4, 0-1 PAC; W: 4-3, 1-1 PAC)

The Presidents earned their third dual-meet sweep of the year on Saturday when posting wins over Saint Vincent ... Sophomore diver **Bethany Haver** set a pool record with her 11-dive performance on the 1-meter board ... Haver notched 366.85 points to set a record which had stood for over 20 years ... Senior **Mark Sirkoch** had four victories for the men's squad ... He helped the 200 medley relay team open with a victory in 1:42.54 and then touched first in the 100 (1:04.26) and 200 (2:22.64) breaststroke events ... Sirkoch concluded his day as a member of the winning 200 freestyle relay squad (1:31.09) ... Freshman **Jami Andrews** also had a big day for the W&J women with three wins ... She swam a leg on the opening 200 medley relay win (1:56.81) before collecting victories in the 100 (1:13.60) and 200 (2:40.07) breaststrokes ... The men's squad was also boosted by freshman **Joe Weiland**'s double-victory afternoon ... Weiland claimed first in the 100 (56.79) and 200 (2:11.15) backstroke events ... Classmate **Patrick O'Toole** continued his fine rookie season by touching first in the 500 (5:01.76) and 1,000 (10:24.36) freestyles.



Westminster Titans

(M: 4-1, 2-0 PAC; W: 5-1, 3-0 PAC)

Westminster swept a dual meet at Rollins College, an NCAA Division II school in Winter Park, Fla., on Saturday as the Titan men won, 109-77, and the Titan women won, 125-61 ... The Titan women touched first in eight events and the Titan men captured five events ... Sophomore **Caitlin Lehberger** led the Titan women by winning the 200-yard individual medley (2:12.51) and the 100 freestyle (55.31), while also anchoring the first-place 200 medley relay team (1:55.84) ... Junior **Courtney Herdt**, a winner in the 100 breaststroke (1:08.93), also swam on the 200 medley relay team ... The other multiple-event winner for the Titan women was senior **Emily Dressler** taking the 200 (1:58.68) and 500 (5:18.40) freestyle races ... On the men's side, senior **Ben Gutmann** led the Titans with a win in the 100 breaststroke (1:01.30), while also helping out on the 200 medley relay (1:42.22) victory ... Sophomore **Kris Brooks**, who also swam on the 200 medley relay team, finished first in the 100 backstroke (55.58).



Bethany Bison
M: 0-4, 0-1 PAC
W: 1-3, 0-1 PAC

MEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L, 56-86
Nov. 7	HIRAM	L, 87-93
Nov. 14	WESTMINSTER*	L, 58-104
Dec. 5	at Penn State-Altoona	L, 55,120
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L, 79-97
Nov. 7	HIRAM	L, 111-125
Nov. 14	WESTMINSTER*	L, 78-104
Dec. 5	at PSU-Altoona	W, 108-98
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 23	at Chatham*	1 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Chatham Cougars
W: 4-3, 0-3 PAC

WOMEN

Oct. 30	at Westminster Relays	4th/6
Oct. 31	at Westminster*	L, 129.5-152.5
Nov. 7	JUNIATA	W, 224-44
Nov. 7	SWEET BRIAR	W, 176-112
Nov. 7	P.S.-ALTOONA	W, 228-52
Nov. 11	at Wash. & Jeff.*	L, 99-123
Nov. 13	at Hiram	W, 135-103
Nov. 24	GROVE CITY*	L, 97-132
Jan. 22	PENN ST.-BEHREND	7 p.m.
Jan. 23	BETHANY*	1 p.m.
Jan. 29-30	- at Cal (Pa.) Vulcan Challenge	
Feb. 6	SAINT VINCENT*	1 p.m.
Feb. 6	PENN ST.-ALTOONA	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Grove City Wolverines
M: 6-1, 0-0 PAC
W: 7-0, 1-0 PAC

MEN

Oct. 25	at Clarion Fall Classic	1st/4
Oct. 31	at Allegheny	W, 135-101
Nov. 14	CARNEGIE MELLON	L 124-176
Nov. 20	at Saint Vincent*	W 137.5-123.5
Nov. 21	at Kenyon Quad	1st/4
Dec. 4-5	LONGNECKER INVITE	1st/5
Dec. 12	at Hiram	W, 144-119
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

WOMEN

Oct. 25	at Clarion Fall Classic	2nd/4
Oct. 31	at Allegheny	W, 136-104
Nov. 14	CARNEGIE MELLON	W 158-138
Nov. 20	at Saint Vincent*	W, 143-107
Nov. 21	at Kenyon Quad	1st/4
Nov. 24	at Chatham*	W, 132-97
Dec. 4-5	LONGNECKER INVITE	1st/9
Dec. 12	at Hiram	W, 143-136
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

Saint Vincent Bearcats
M: 0-6
W: 1-5

MEN

Oct. 25	WHEELING JESUIT	L, 118-133
Nov. 7	at Penn St.-Behrend	L, 51-168
Nov. 7	vs. Baldwin-Wallace	L, 64-169
Nov. 13	GROVE CITY*	L, 123.5-137.5
Dec. 4-6	at Fredonia State Invite	6th/10
Dec. 12	at Mount Union	L, 97-160
Jan. 9	at Wash. & Jeff.*	L, 96-125
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Penn St.-Altoona	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 25	WHEELING JESUIT	L, 110-144
Nov. 7	at Penn St.-Behrend	L, 104-114
Nov. 7	vs. Baldwin-Wallace	W, 148-66
Nov. 13	GROVE CITY*	L, 107-143
Dec. 4-6	at Fredonia State Invite	3rd/10
Dec. 12	at Mount Union	L, 109-153
Jan. 9	at Wash. & Jeff.*	L, 100-129
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Chatham*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Wash. & Jeff. Presidents
M: 3-4, 0-1 PAC
W: 5-3, 1-1 PAC

MEN

Nov. 4	at Frostburg State	W, 116-80
Nov. 14	at Baldwin-Wallace	W, 175-125
Nov. 18	at Westminster*	L, 118-176
Nov. 21	Case Western	L, 128-169
	Grove City	L, 76.5-221.5
	Kenyon	L, 104-180
Dec. 4-5	at GCC Longnecker Invit.	2nd/5
Jan. 9	SAINT VINCENT*	W, 125-96
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

WOMEN

Nov. 4	at Frostburg State	W, 106-86
Nov. 11	CHATHAM*	W, 123-99
Nov. 14	at Baldwin-Wallace	W, 134-103
Nov. 18	at Westminster*	L, 127-170
Nov. 21	Kenyon	L, 143.5-146.5
	Grove City	L, 128-171
	Case Western	W, 153-144
Dec. 4-5	at GCC Longnecker Invit.	2nd/9
Jan. 9	SAINT VINCENT*	W, 129-100
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

Westminster Titans
M: 4-1, 2-0 PAC
W: 5-1, 3-0 PAC

MEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/5
Nov. 7	ALLEGHENY	W, 148-145
Nov. 14	at Bethany*	W, 104-58
Nov. 18	WASH. & JEFF.*	W, 176-118
Nov. 21	WOOSTER	L, 143-153
Dec. 3-5	at Wooster Invite	5th/10 (964)
Jan. 9	at Rollins	W, 109-77
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/6
Oct. 31	CHATHAM*	W, 152.5-129.5
Nov. 7	ALLEGHENY	W, 160-133
Nov. 14	at Bethany*	W, 104-78
Nov. 18	WASH. & JEFF.*	W, 170-127
Nov. 21	WOOSTER	L, 128-169
Dec. 3-5	at Wooster Invite	5th/10 (828)
Jan. 9	at Rollins	W, 125-61
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	