



# SWIMMING & DIVING 2005-06

**Presidents' Athletic Conference**  
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## CURRENT 2005-06 REGULAR SEASON MEN'S STANDINGS (through Jan. 15, 2006)

School	PAC Meets			All Meets			
	W	L	Pct.	W	L	T	Pct.
Westminster College	2	0	1.00	7	1	1	.833
Grove City College	2	0	1.00	6	3	0	.667
Washington & Jefferson College	1	2	.333	8	2	0	.800
Bethany College	0	3	.000	1	4	0	.200

## CURRENT 2005-06 REGULAR SEASON WOMEN'S STANDINGS (through Jan. 15, 2006)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	2	0	1.00	7	2	.778
Washington & Jefferson College	2	1	.667	9	1	.900
Grove City College	1	1	.500	2	3	.400
Bethany College	0	3	.000	1	4	.200

### RECENT RESULTS

#### Wednesday, January 11

WASHINGTON & JEFFERSON 112, Bethany 73\* (M)  
 WASHINGTON & JEFFERSON 99, Bethany 79\* (W)

#### Saturday, January 14

GROVE CITY 126, Washington & Jefferson 101\* (M)  
 Washington & Jefferson 137, GROVE CITY 77\* (W)  
 SAINT VINCENT 118, Bethany 88 (M)  
 Bethany 131, SAINT VINCENT 79 (W)  
 Westminster 122, BALDWIN-WALLACE 83 (M)  
 Westminster 141, BALDWIN-WALLACE 64 (W)

### UPCOMING SCHEDULE

#### Tuesday, January 17

Grove City at Westminster\* - 6 p.m.

#### Wednesday, January 18

Frostburg State at Bethany\* - 5 p.m.

#### Saturday, January 21

Wooster at Grove City - 1 p.m.  
 Bethany at Hood - 2 p.m.

### PAC Men's Swimmer/Diver of the Week

#### DAN MANCUSO

Washington & Jefferson College  
 Freshman - freestyle/butterfly/IM  
 Pittsburgh, Pa./Bethel Park H.S.

Mancuso earned the award for the second straight week after posting six wins for W&J. He won the 200 IM (2:02.53), 200 fly (2:02.61) and 500 free (4:51.13) in a 126-101 loss at Grove City. In a win against Bethany, he touched first in the 200 (1:49.02) and 500 free (4:59.53) events while adding a leg on the victorious 200 medley relay tam (1:45.53).

Also nominated was junior **Stephen Zinz** of Bethany, freshman **Mark Barron** of Grove City, and freshman **Zac Gebhardt** of Westminster.

### PAC Women's Swimmer/Diver of the Week

#### KAITLYN ORSTEIN

Washington & Jefferson College  
 Sophomore - freestyle/IM/butterfly  
 Mount Lebanon, Pa./Mount Lebanon H.S.

Orstein captured her third PAC weekly honor of the season after posting six wins (four individual) and breaking two pool and school records. She set a B-cut time (24.22) while winning the 50 free vs. Bethany, while helping the 200 free relay team (1:42.41) break an 11-year old pool record by nearly four seconds. At GCC, she won the 100 free in 10:33.00, breaking the school record by 17 seconds and the pool record by eight seconds, while also winning the 200 fly (2:12.05) and swimming for the victorious 400 freestyle relay (3:47.02).

Also nominated was freshman **Brenda Maxwell** of Bethany, senior **Jaclyn Bellissimo** of Grove City, and sophomore **Steph Peters** of Westminster.

## PAC SWIMMING NOTES

### Bethany Bison



Bethany's women won their first meet of the year Saturday with a triumph at future PAC foe St. Vincent ... Freshman **Brenda Maxwell** totaled four first places, including wins in the 1,000 Free (12:00.80), 100 Free (1:01.40) and 500 Free (5:45.32) before leading off for the winning 200 freestyle relay ... **Dana Culbert, Erin Staniech and Tricia Mark** also had a trio of firsts, which included all three competing on the victorious 200 medley relay (2:16.74) ... The men's team was defeated by the Bearcats, despite three firsts by **Stephen Zinz**, which included a sweep of 100 and 200 butterfly ... Both teams opened the week with a loss at W&J ... Culbert won the 100 backstroke (1:05.66) for the women, while Zinz touched first in the 100 butterfly (54.98) and the 200 medley relay team of **Noyan Eyigor, Zinz, Damien Sanzotti and Travis Edwards** lost by less than half a second.

### Washington & Jefferson Presidents



The 20th-ranked W&J women's team posted a pair of victories during the week, including a 60-point rout of Grove City on Saturday ... Sophomores **Kaitlyn Orstein** and **Kristen Mastropietro** and freshman **Susanne Seward** paced the W&J women with three wins each ... Orstein shattered the school record by 17 seconds during her first-place finish in the 1000 freestyle with a time of 10:33.00 ... Her mark also set a new Grove City pool record by eight seconds ... Orstein followed that victory with a win in the 200 butterfly (2:12.05) and then teamed with Seward to touch first in the 400 freestyle relay (3:47.02) ... Mastropietro garnered first place in the 200 IM (2:20.04) and 200 breaststroke (2:32.63), while Seward earned individual triumphs in the 50 (25.38) and 100 (55.86) freestyles. Mastropietro also helped the 400 medley relay team to an opening win in a time of 4:13.28 ... **Dan Mancuso** had his finest performance of his rookie year by earning first place in the 200 IM (2:02.53), 200 butterfly (2:02.61) and 500 freestyle (4:51.13) ... Orstein led the women's squad versus Bethany with a pair of individual victories and a new pool record in the 200 freestyle relay ... Senior **Andrew Pratt** and Mancuso led the men's team with a pair of individual wins against the Bison.

### Grove City Wolverines



Grove City split a dual meet with Washington and Jefferson Saturday ... The men earned a 126-101 win while the women fell, 137-77 ... For the men, **Caleb Courage** won both the 100 and 200 while Ben Haring took the 50 ... **Mark Barron** won the 1000 and **Joel Boerckel** took the 200 backstroke ... **Mike Shantz** won 3-meter diving ... During the meet, Grove City inducted **Scott Johnston, '55, Jamie Brunk, '76 and Patrick Kelley, '87** into its Men's Swimming and Diving Hall of Fame ... **Jaclyn Bellissimo** won the 500, earning the women's team's lone victory ... Freshman **Whitney Fairchild** took second in the 200 back and the 1000 ... Grove City will visit Westminster Tuesday night in the Wolverines' final PAC dual meet of the 2005-06 season ... Grove City will recognize its 12 total seniors next Saturday on Senior Day against Wooster.

### Westminster Titans



The Westminster swimming teams each recorded non-conference dual meet Saturday at Baldwin-Wallace College in Berea, Ohio ... The Titan men tallied a 122-83 victory, while the Lady Titans were victorious by a score of 141-64 ... The Westminster women were paced by triple-winner **Steph Peters**, as the sophomore touched first in both the 100 (56.23) and 200 freestyle (2:00.17), while also anchoring the victorious 200 freestyle relay team (1:45.50) ... She was joined on the winning relay by classmate **Becky Giles**, who also won the 200 individual medley (2:15.18) ... Other double winners included senior **Megan Sweithelm** and junior **Megan McLaughlin**, who captured the 100 backstroke (1:02.35) and 50 freestyle (26.21), respectively, while also both swimming legs for the winning 200 medley relay team (1:57.64) ... On the men's side, freshman **Zac Gebhardt** made an immediate impact in his first dual meet for the Titans since transferring from Division I West Virginia, as he captured both the 500 (4:55.77) and 1000 freestyle (9:58.30) events to become the lone double-winner of the day for the Titans ... Both Westminster swim teams return to the pool this Tuesday (Jan. 17), as they host PAC rival Grove City for a dual meet at the Natatorium at 6 p.m. ... Both the Titans and Lady Titans are currently 2-0 in PAC competition.

#### Past PAC Men's Swimmers/Divers of the Week

November 6: **Caleb Courage**, Grove City  
November 13: **Eddie Werner**, Wash. & Jeff.  
November 20: **Ryan Trunk**, Westminster  
December 4: **Stephen Zinz**, Bethany  
December 11: **Drew Snyder**, Grove City  
January 8: **Dan Mancuso**, Wash. & Jeff.  
January 15: **Dan Mancuso**, Wash. & Jeff.  
January 22:  
January 29:

#### Past PAC Women's Swimmers/Divers of the Week

November 6: **Kaitlyn Orstein**, Wash. & Jeff.  
November 13: **Steph Peters**, Westminster  
November 20: **Megan McLaughlin**, Westminster  
December 4: **Kaitlyn Orstein**, Wash. & Jeff.  
December 11: **Becky Giles**, Westminster  
January 8: **Susanne Seward**, Wash. & Jeff.  
January 15: **Kaitlyn Orstein**, Wash. & Jeff.  
January 22:  
January 29: