



# SWIMMING & DIVING 2003-04

**Presidents' Athletic Conference**  
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## CURRENT MEN'S STANDINGS (through January 18, 2004)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	1	0	1.00	5	1	.833
Washington & Jefferson College	1	0	.000	5	3	.625
Grove City College	1	2	.333	4	3	.571
Bethany College	0	1	.000	1	3	.250

## CURRENT WOMEN'S STANDINGS (through January 18, 2004)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	1	0	1.00	4	2	.667
Grove City College	2	1	.667	5	2	.714
Washington & Jefferson College	0	1	.000	6	2	.750
Bethany College	0	1	.000	0	4	.000

### RECENT RESULTS

#### Wednesday, January 14

CARNEGIE MELLON 131, Washington & Jefferson 103 (M)  
CARNEGIE MELLON 127, Washington & Jefferson 83 (W)

#### Thursday, January 15

Grove City 115, MOUNT UNION 80 (M)  
Grove City 115, MOUNT UNION 86 (W)

#### Friday, January 16

WESTMINSTER 108, Allegheny 73 (M)  
WESTMINSTER 102, Allegheny 81 (W)

#### Saturday, January 17

Washington & Jefferson 126, GROVE CITY 105\* (M)  
GROVE CITY 124, Washington & Jefferson 112\* (W)  
BETHANY 119, Penn State-Altoona 43 (M)  
Penn State-Altoona 101, BETHANY 81 (W)

CARNEGIE MELLON 109, Westminster 71 (M)  
CARNEGIE MELLON 117, Westminster 88 (W)

### UPCOMING SCHEDULE

#### Tuesday, January 20

Washington & Jefferson at Westminster\* - 6:30 p.m.

#### Wednesday, January 21

Penn State-Behrend at Grove City - 6 p.m.

#### Friday, January 23

Baldwin-Wallace at Washington & Jefferson - 6:30 p.m.

#### Saturday, January 24

Fairmont State at Westminster - 1 p.m.  
Wooster at Grove City - 1 p.m.

### PAC Men's Swimmer/Diver of the Week

#### CHRIS SHIVELY

Washington & Jefferson College

Senior - breaststroke

Chambersburg, Pa./Chambersburg H.S.

Shively helped lead W&J to a 126-105 victory over PAC rival Grove City by capturing both the 50 freestyle (23.03) and 200 breaststroke (2:18.67). The win gave W&J coach **Mike Orstein** his 300th career victory.

Also nominated was freshman **Stephen Zinz** of Bethany, senior **Drew McKelvy** of Grove City, and freshman **Ryan Trunk** of Westminster.

### PAC Women's Swimmer/Diver of the Week

#### BRITTANY JARDINE

Westminster College

Senior - freestyle/butterfly/IM

Allison Park, Pa./North Allegheny H.S.

Jardine won five events last week, sweeping three events in a win over Allegheny while winning twice vs. Carnegie Mellon. She won the 50 freestyle (25.99) and 100 butterfly (1:01.23) while swimming anchor for the 200 freestyle relay (1:47.97) against the Gators, then won the 400 IM (4:51.76) and 200 butterfly (2:14.22) at CMU.

Also nominated was sophomore **Dana Culbert** of Bethany, senior **Peggy Whitbeck** of Grove City, and junior **Erin Boyle** of Washington & Jefferson.

# PAC SWIMMING NOTES

## *Bethany Bison*

The Bethany men finished first in 10 events against PS-Altoona, led by freshman **Stephen Zinz** and sophomore **Damien Sanzotti** who each won three individual events ... Zinz won the 1000 free (11:24.94), the 100 fly (58.79) and the 500 free (5:31.50), while Sanzotti was victorious in the 200 individual medley (2:19.97), the 100 free (55.09) and the 100 breast (1:08.22) ... **Trevor Hayes** won the 1 and 3-meter diving events, **Ben Brownlee** won the 100 backstroke (1:05.57), and Brownlee, **Michael Giovanetti**, **Yuki Shimizu** and Hayes won the 200 free relay in 1:58.73 ... The Bison women recorded six first-place finishes ... Sophomore **Dana Culbert** won all three of the events in which she participated; the 50 free (26.26), 100 free (57.24) and she led off the winning 200 free relay team (1:56.21) ... The rest of the relay was composed of **Emily Young**, **Courtney Wright** and **Ashley Richards** ... **Rachel Yakubik** won both diving events, and Young won the 50 free (5:56.90).

## *Washington & Jefferson Presidents*

W&J coach **Mike Orstein** recorded his 300<sup>th</sup> career coaching victory on Saturday as the W&J men knocked off Grove City, 126-105 ... The win was also Orstein's 240<sup>th</sup> at W&J ... The W&J women dropped a 124-112 decision to the Lady Wolverines on the afternoon's final relay ... Senior **Chris Shively** paced four double winners on the men's side with wins in the 50 freestyle (23.03) and 200 breaststroke (2:18.67) ... Junior **Andrew Pratt** captured the 200 backstroke (2:04.77) and 1000 freestyle (10:35.44), while sophomore **Matt Socha** claimed top honors in the 200 IM (2:04.91) and 500 freestyle (5:08.13) ... Senior **Dan Bryner** won both diving events, taking the 1-meter (182.15 points) and 3-meter platform (143.45 points) ... Junior **Erin Boyle** won the 200 backstroke (2:20.06) for the women, while senior **Vanessa Tome** finished first in the 200 breaststroke (2:37.01) ... Junior Abby Leslie also notched first in 1-meter diving (213.30 points) ... In the loss to CMU, Boyle captured the 200 IM (2:19.77) and the 100 breaststroke (1:04.97) ... Freshman **Amy Plotkin** won the 500 freestyle in a time of 5:30.30.

## *Grove City Wolverines*

Grove City's women picked up a pair of victories last week, clinching their second straight winning season ... **Christine Bare**, **Ellen Magee** and **Peggy Whitbeck** all earned a pair of individual wins against Washington and Jefferson ... That trio joined **Carolyn Shaddak** on Grove City's winning 400 free relay effort that clinched the victory ... At Mount Union, Whitbeck rang up wins in the 100 fly, 200 IM and 1000 to help lead the Wolverines to a non-league win ... On the men's side, senior **Drew McKelvy** won the 100 and 200 free against Washington and Jefferson ... He also won the 50 against Mount Union while **John Newell** claimed top honors in the 200 and 500 free at Mount Union ... The Grove City men need to defeat either Penn State Behrend or Wooster this week in order to clinch the program's 53<sup>rd</sup> consecutive winning season.

## *Westminster Titans*

The Westminster swim teams each went 1-1 last week, sweeping Allegheny before falling to Carnegie Mellon ... The men's win against the Gators was a historic one for Westminster, as it marked the 300<sup>th</sup> dual meet victory in the history of the Titan men's swimming program ... Three Titans were double winners ... Freshman **Ryan Trunk** led the way with individual wins in the 100 (50.38) and 200 freestyle (1:49.22) events ... Sophomores **Josh Hensler** and **Nate Horrell** both swam a leg on the winning 200 medley relay team (1:42.09) while also posting individual wins ... Hensler captured the 200 individual medley (2:05.76), while Horrell was victorious in the 100 butterfly (56.27) ... For the Lady Titans, senior **Brittany Jardine** led the way with wins in all three of her events ... Jardine captured both the 50 freestyle (25.99) and 100 butterfly (1:01.23) while swimming the anchor leg for the winning 200 freestyle relay team (1:47.97) ... The other Lady Titan to post a pair of individual wins was freshman **Sara Bonchosky**, who won both the 100 (56.11) and 200 freestyle (2:01.45).

### **Past PAC Men's Swimmers/Divers of the Week**

November 23: Josh Hensler, Westminster

December 7: Stephen Zinz, Bethany

December 14: Jeff Wenger, Grove City

January 12: Ryan Trunk, Westminster

January 19: Chris Shively, Wash. & Jeff.

January 26:

February 2:

February 9:

### **Past PAC Women's Swimmers/Divers of the Week**

November 23: Amy Plotkin, Wash. & Jeff.

December 7: Peggy Whitbeck, Grove City

December 14: Karen Rodgers, Grove City

January 12: Dana Culbert, Bethany

January 19: Brittany Jardine, Westminster

January 26:

February 2:

February 9: