2009-10 PAC Swimming & Diving Release Week 9 - January 19



Presidents' Athletic Conference

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2009-10 PAC MEN'S STANDINGS (through January 18)

| | PAC | Contest | S | All (| Contests | |
|------------------------|-----|---------|------|-------|----------|------|
| <u>School</u> | W | L | Pct. | W | L | Pct. |
| Westminster | 2 | 0 | 1.00 | 4 | 1 | .800 |
| Grove City | 1 | 0 | 1.00 | 7 | 1 | .875 |
| Washington & Jefferson | 1 | 2 | .333 | 4 | 5 | .444 |
| Bethany | 0 | 2 | .000 | 0 | 6 | .000 |
| Saint Vincent* | | | | 1 | 6 | .142 |

2009-10 PAC WOMEN'S STANDINGS (through January 18)

| | PAC | Contest | s | All C | ontests | |
|------------------------|----------|---------|------|-------|---------|------|
| <u>School</u> | <u>W</u> | L | Pct. | W | L | Pct. |
| Westminster | 3 | 0 | 1.00 | 5 | 1 | .833 |
| Grove City | 2 | 0 | 1.00 | 8 | 0 | 1.00 |
| Washington & Jefferson | 2 | 2 | .500 | 6 | 4 | .600 |
| Bethany | 0 | 2 | .000 | 1 | 5 | .167 |
| Chatham | 0 | 3 | .000 | 4 | 3 | .571 |
| Saint Vincent* | | | | 2 | 5 | .285 |

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Wednesday, January 13, 2010 Wash. & Jeff. 122, Bethany 72* (M) Wash. & Jeff. 143, Bethany 99* (W)

Saturday, January 16, 2010

Grove City 154, Wash. & Jeff. 125* (M) Grove City 148, Wash. & Jeff. 141* (W) Saint Vincent 110, Betany 90* (M) Saint Vincent 115, Bethany 114* (W)

THIS WEEK

Wednesday, January 20, 2010 Frostburg State at Bethany - 6 p.m.

<u>Friday, January 22, 2010</u> Penn St.-Behrend at Chatham - 7 p.m.

Saturday, January 23, 2010 Bethany at Chatham* - 1 p.m. Carnegie Mellon at Westminster - 1 p.m. Grove City at Denison - 1 p.m. PSU-Behrend at Wash. & Jeff. - 1 p.m. WV Wesleyan at Saint Vincent - 1 p.m.

Men's Swimmer/Diver of the Week

KIRK GAGLIARDO Grove City Sophomore Wadsworth, III. Warren Township H.S.



Gagliardo earned three individual wins Saturday in Grove City's win over W&J. He won the 50

(21.98s), 100 (47.72) and 200 free (1:45.61). Gagliardo also anchored Grove City's 200 free relay (1:27.98) which touched first on an exhibition basis.

Also nominated was Bethany freshman **Nick Salvagni**, Wash. & Jeff. sophomore **Johnathan Weeks** and Westminster senior **Ben Gutmann**.

Women's Swimmer/Diver of the Week

BETHANY HAVER Wash. & Jeff. Sophomore Akron, Ohio Firestone, H.S.



Haver won all four diving events during the week and qualified for the NCAA Division III

Championships three times. She qualified for the national championships in both events during the same meet for the first time in her career Wednesday with wins in the 1-meter (248.30) and 3-meter (256.00) events. Haver also won both events at Grove City, including a 255.95-point performance on the 1meter board which was another NCAA-qualifying mark.

Also nominated was Bethany freshman Liz Rubash, Grove City freshman Angela Palumbo and Westminster sophomore Caitlin Lehberger.

PAC Swimming & Diving 2009-10 - Week 9 Conference Notes

FINAL THIRD: Heading into the last third of the season, Westminster still holds the top spot in both standings, with Grove City nipping at their heels ... Westminster returns to action this weekend traveling to Carnegie Mellon ... Grove City hopes to ride the wave after going undefeated last week when they travel to nationally-ranked Denison ... Saint Vincent swept Bethany, including 11 first-place finishes for the Bearcat men's team.

NEWS & NOTES: Grove City recognized the three inductees Saturday who entered its Swimming and Diving Hall of Fame: Norman "Chips" Koehler ('56), Augie Beyer ('83) and Matt Husak ('90) ... Wash. & Jeff. diver **Bethany Haver** had a career week with four wins, including three of which she qualified for the NCAA Division III Championships ... SVC freshman **Katie Custer** established a new school record in the 200 Free (2:03.30), earning first.

AROUND THE LEAGUE: Bethany had a double winner in freshman Nick Salvagni, who pulled away to win the 200 Free in 1:56.90 and picked up a victory in the 100 Free in a time of 52.71 ... Fellow Bison Vinnie Giangiulio also scored first places in the one-meter (181.35) and threemeter (164.65) diving competitions ... Grove City women produced a pair of double winners in Angela Palumbo (50 and 100 free) and Kaitlin Riesmeyer 200 and 500 free).

Bethany Bison (M: 0-4, 0-1 PAC; W: 1-3, 0-1 PAC)

Bethany returned to competition last week with a pair of meets ... Against W&J, freshman **Liz Rubash** took 2nd in the 100 and 200 Free and finished 3rd in

the 50 Free and sophomore **Lindsay Arnold** was 2nd in the 50 Fly ... The Bison posted several solid swims against Saint Vincent ... Rubash again led a strong women's effort by getting to the wall first in the 50 Free (26.53) and 100 Free (57.99) ... On the diving board, freshman **Theresa Smith** took first place on the one-meter board with a score of 146.35 ... The men's team also had a double winner in freshman **Nick Salvagni** ... He pulled away to win the 200 Free in 1:56.90 and picked up a victory in the 100 Free in a time of 52.71 ... Freshman **Vinnie Giangiulio** also scored first places in the one-meter (181.35) and three-meter (164.65) diving competitions ... Earning second place showing were senior **Patrick McCarthy** in the 100 and 200 Breast and **Andrew Masterson** in the 100 Basck

Chatham Cougars (W: 4-3, 0-3 PAC)



Chatham will be in action again this Friday, January 22, when they play host to Penn State-Behrend in a nonconference dual meet, scheduled to begin at 7 p.m.

Grove City Wolverines (M: 7-1, 1-0 PAC; W: 9-0, 2-0 PAC)

The Grove City College men's and women's swimming and diving squads returned to action Saturday by sweeping conference rival W&J ... On the men's side, **Kirk**

Gagliardo won the 50, 100 and 200 free races while **Cam Coppelli** swept the backstroke ... Coppelli contributed to wins in the 200 medley and 200 free relays ... Gagliardo anchored the 200 free relay ... **Ben Bowser** touched first in both butterfly races and the 200 IM ... The women's team produced a pair of double winners in **Angela Palumbo** and **Kaitlin Riesmeyer** ... Palumbo won the 50 and 100 free while Riesmeyer won the 200 and 500 free ... **Jenna Richert** won the 1000 to complete Grove City's freestyle sweep ... The Wolverines also swept both relays ... During the meet, Grove City recognized the three inductees who entered the College's Swimming and Diving Hall of Fame: Norman "Chips" Koehler '56, Augie Beyer '83 and Matt Husak '90 ... Grove City will visit national power Denison Saturday in dual-meet action.

Saint Vincent Bearcats (M: 1-6; W: 2-5)

Both Bearcat swim teams snapped losing skids on Saturday at Bethany, with the men's squad defeating the Bison 110-90 and the women winning 115-114 ... In the men's events, the Bearcats picked up 11 first-place



finishes ... Casey Whittaker led the way with three first-place finishes (100 Fly, 200 Back, 100 Back), while Kreighton Long picked up individual wins in the 200 Breast and 1000 Free ... Matt Snelick was part of three wins for SVC, earning first in the 200 Fly, while helping the 200 Medley Relay (with Adam Hodnichak, Troy Linebaugh, and Kyle Anderson) and 400 Free Relay (with Whittaker, Adam Thomas, and Dan Kostovny) squads earn victories ... The Lady Bearcats were once again led by freshman Katie Custer in their narrow win ... She established a new school record in the 200 Free (2:03.30), earning first, while she also took the top spot in the 100 Fly ... She was also part of a pair of relay victories, including the 200 Medley and 400 Free ... Christine Dunleavy (100 Breast, 200 IM) and Jess Kennedy (200 Back, 200 Fly) were also two-time winners on the day, while Jayna Cline won the 500 Free, Alexis Milinsky the 200 Breast, and Sarah Denning the 100 Back.

Washington & Jefferson Presidents (M: 4-5, 1-2 PAC; W: 6-4, 2-2 PAC)

Both Washington & Jefferson College teams recorded wins over Bethany on Wednesday before being swept by Grove City Saturday ... Sophomore diver **Bethany Haver** had a career week with four wins, including three of which she qualified for the NCAA Division III Champi-



of which she qualified for the NCAA Division III Championships ... On Wednesday, she qualified for the national championships during her victories in both the 1-meter (248.30) and 3-meter (256.00) events ... Haver also won both events at Grove City, including a 255.95point performance on the 1-meter board which was another NCAAqualifying mark ... Sophomore **Jonathan Weeks** led the men's squad against Bethany with three wins, while classmate **James Falis** added a pair of triumphs ... Weeks notched individual victories in the 100 butterfly (55.53) and 100 freestyle (50.28) and then helped the 200 freestyle relay end the meet with a win in a time of 1:32.61 ... Falis led the 200 medley relay (1:46.06) to a win before touching first in the 50 backstroke (27.47) ... Sophomores **C.J. Corcoran** and **Katie Steider** both had four wins during the week for the W&J women.

Westminster Titans (M: 4-1, 2-0 PAC; W: 5-1, 3-0 PAC)

The Westminster men's and women's swimming and diving teams were off last week as they prepare to host Carnegie Mellon this week on Saturday, Jan. 23 at 1 p.m.



Bethany Bison M: 0-6, 0-2 PAC W: 1-5, 0-2 PAC

MEN

| Oct. 24 | at Pitt-Bradford Relays | 5 5th/5 |
|-----------|-------------------------|------------|
| Oct. 31 | at Penn State-Behrend | I L, 56-86 |
| Nov. 7 | HIRAM | L, 87-93 |
| Nov. 14 | WESTMINSTER* | L, 58-104 |
| Dec. 5 | at Penn State-Altoona | L, 55,120 |
| Jan. 13 | at Wash. & Jeff.* | L, 72-122 |
| Jan. 16 | SAINT VINCENT* | L, 90-110 |
| Jan. 20 | FROSTBURG STATE | 6 p.m. |
| Jan. 30 | at Urbana | 2 p.m. |
| Feb. 6 | at Grove City* | 1 p.m. |
| Feb. 18-2 | 0 - PAC Championship | s (GCC) |
| | | |

WOMEN

| Oct. 24 | at Pitt-Bradford Rela | ys 5th/5 |
|-----------|-----------------------|-------------|
| Oct. 31 | at Penn State-Behre | nd L, 79-97 |
| Nov. 7 | HIRAM | L, 111-125 |
| Nov. 14 | WESTMINSTER* | L, 78-104 |
| Dec. 5 | at PSU-Altoona | W, 108-98 |
| Jan. 13 | at Wash. & Jeff.* | L, 99-143 |
| Jan. 16 | SAINT VINCENT* | L, 114-115 |
| Jan. 20 | FROSTBURG STAT | E 6 p.m. |
| Jan. 23 | at Chatham* | 1 p.m. |
| Jan. 30 | at Urbana | 2 p.m. |
| Feb. 6 | at Grove City* | 1 p.m. |
| Feb. 18-2 | 0 - PAC Championsh | nips (GCC) |

Chatham Cougars W: 4-3, 0-3 PAC

WOMEN

| VVOIVIEIN | | |
|-----------|------------------------|---------------|
| Oct. 30 | at Westminster Re | elays 4th/6 |
| Oct. 31 | at Westminster* L | , 129.5-152.5 |
| Nov. 7 | JUNIATA | W, 224-44 |
| Nov. 7 | SWEET BRIAR | W, 176-112 |
| Nov. 7 | P.SALTOONA | W, 228-52 |
| Nov. 11 | at Wash. & Jeff.* | L, 99-123 |
| Nov. 13 | at Hiram | W, 135-103 |
| Nov. 24 | GROVE CITY* | L, 97-132 |
| Jan. 22 | PENN STBEHRE | ND 7 p.m. |
| Jan. 23 | BETHANY* | 1 p.m. |
| Jan. 29-3 | 30 - at Cal (Pa.) Vulc | an Challenge |
| Feb. 6 | SAINT VINCENT* | 1 p.m. |
| Feb. 6 | PENN STALTOOM | VA 1 p.m. |
| Feb. 18-2 | 20 - PAC Champions | ships (GCC) |
| | | |

Grove City Wolverines M: 7-1, 1-0 PAC W: 9-0, 2-0 PAC

MEN

| Feb. 6 | LONGNECKER INVITE at Hiram W, WASH. & JEFF.* W, at Denison PITT-BRADFORD | 135-101 124-176 :5-123.5 1st/4 1st/5 144-119 154-125 1 p.m. 6 p.m. 6 p.m. 1 p.m. 6 p.m. |
|---|--|--|
| WOMEN Oct. 25 Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 29 Jan. 30 Feb. 6 | | 136-104 158-138 143-107 1st/4 /, 132-97 1st/9 143-136 148-141 1 p.m. 6 p.m. 1 p.m. 6 p.m. |

Feb. 6 at Westminster* Feb. 18-20 - PAC CHAMPIONSHIPS

Westminster Titans M: 4-1, 2-0 PAC W: 5-1, 3-0 PAC

MEN

| Oct. 24 | at Clarion Fall Clas | ssic 3rd/4 | | |
|--------------------------------------|----------------------|--------------|--|--|
| Oct. 30 | WC RELAY CARNI | VAL 3rd/5 | | |
| Nov. 7 | ALLEGHENY | W, 148-145 | | |
| Nov. 14 | at Bethany* | W, 104-58 | | |
| Nov. 18 | WASH. & JEFF.* | W, 176-118 | | |
| Nov. 21 | WOOSTER | L, 143-153 | | |
| Dec. 3-5 | at Wooster Invite | 5th/10 (964) | | |
| Jan. 9 | at Rollins | W, 109-77 | | |
| Jan. 23 | CARNEGIE MELL | ON 1 p.m. | | |
| Jan. 30 | at Saint Vincent* | 1 p.m. | | |
| Feb. 4 | GROVE CITY* | 6 p.m. | | |
| Feb. 6 | at Mount Union | 1 p.m. | | |
| Feb. 18-20 - PAC Championships (GCC) | | | | |

WOMEN

| Oct. 24 | at Clarion Fall Class | sic | 3rd/4 |
|-----------|-----------------------|---------|--------|
| Oct. 30 | WC RELAY CARNIV | AL | 3rd/6 |
| Oct. 31 | CHATHAM* W, | 152.5 | -129.5 |
| Nov. 7 | ALLEGHENY | W, 16 | 60-133 |
| Nov. 14 | at Bethany* | W, 1 | 04-78 |
| Nov. 18 | WASH. & JEFF.* | W, 17 | 0-127 |
| Nov. 21 | WOOSTER | L, 12 | 28-169 |
| Dec. 3-5 | at Wooster Invite | 5th/10 | (828) |
| Jan. 9 | at Rollins | W, 1 | 25-61 |
| Jan. 23 | CARNEGIE MELLO | N | 1 p.m. |
| Jan. 30 | at Saint Vincent* | | 1 p.m. |
| Feb. 4 | GROVE CITY* | | 6 p.m. |
| Feb. 6 | at Mount Union | | 1 p.m. |
| Feb. 18-2 | 20 - PAC Champions | hips (G | SCC) |
| | | | |

Saint Vincent Bearcats M: 0-4 W: 1-3

| MEN | | |
|-----------|-----------------------|-------------|
| Oct. 25 | WHEELING JESUIT | L, 118-133 |
| Nov. 7 | at Penn StBehrend | L, 51-168 |
| Nov. 7 | vs. Baldwin-Wallace | L, 64-169 |
| Nov. 13 | GROVE CITY* L, | |
| Dec. 4-6 | at Fredonia State Inv | rite 6th/10 |
| Dec. 12 | at Mount Union | L, 97-160. |
| Jan. 9 | at Wash. & Jeff.* | L, 96-125 |
| Jan. 16 | at Bethany* | W, 110-90 |
| Jan. 23 | W.VA. WESLEYAN | 1 p.m. |
| Jan. 30 | WESTMINSTER* | 1 p.m. |
| Feb. 6 | at Penn StAltoona | 1 p.m. |
| Feb. 18-2 | 0 - PAC Championsh | ips (GCC) |
| | | |

<u>WOMEN</u>

Oct. 25 WHEELING JESUIT L, 110-144 Nov. 7 at Penn St.-Behrend L, 104-114 Nov. 7 vs. Baldwin-Wallace W, 148-66 Nov. 13 GROVE CITY* L, 107-143 Dec. 4-6 at Fredonia State Invite 3rd/10 Dec. 12 at Mount Union L, 109-153 Jan. 9 at Wash. & Jeff.* L, 100-129 Jan. 16 at Bethany* W, 115-114 Jan. 23 W.VA. WESLEYAN 1 p.m. Jan. 30 WESTMINSTER* 1 p.m. Feb. 6 at Chatham* 1 p.m. Feb. 18-20 - PAC Championships (GCC)

Wash. & Jeff. Presidents M: 4-5, 1-2 PAC W: 6-4, 2-2 PAC

MEN No

| Nov. 4 | at Frostburg State | W, 116-80 |
|------------------------------|--|--------------------------------------|
| Nov. 14 | at Baldwin-Wallace | e W, 175-125 |
| Nov. 18 | at Westminster* | L, 118-176 |
| Nov. 21 | Case Western | L, 128-169 |
| | Grove City | L, 76.5-221.5 |
| | Kenyon | L. 104-180 |
| | | |
| Dec. 4-5 | at GCC Longnecke | er Invit. 2nd/5 |
| Dec. 4-5 Jan. 9 | at GCC Longnecke SAINT VINCENT* | er Invit. 2nd/5 W, 125-96 |
| | | |
| Jan. 9 | SAINT VINCENT* | W, 125-96 |
| Jan. 9 Jan. 13 | SAINT VINCENT* BETHANY* | W, 125-96 W, 122-72 L, 125-154 |
| Jan. 9 Jan. 13 Jan. 16 | SAINT VINCENT* BETHANY* at Grove City* | W, 125-96 W, 122-72 L, 125-154 |

| <u>WOMEN</u> | | |
|--------------|--------------------|--------------|
| Nov. 4 | at Frostburg State | W, 106-86 |
| Nov. 11 | CHATHAM* | W, 123-99 |
| Nov. 14 | at Baldwin-Wallace | W, 134-103 |
| Nov. 18 | at Westminster* | L, 127-170 |
| Nov. 21 | Kenyon L, | 143.5-146.5 |
| | Grove City | L, 128-171 |
| | Case Western | W, 153-144 |
| Dec. 4-5 | at GCC Longnecker | Invit. 2nd/9 |
| Jan. 9 | SAINT VINCENT* | W, 129-100 |
| Jan. 13 | BETHANY* | W, 143-99 |
| Jan. 16 | at Grove City* | L, 141-148 |
| Jan. 23 | PENN STBEHREN | ID 1 p.m. |
| Jan. 30 | HIRAM | 1 p.m. |
| | | |