



SWIMMING & DIVING 2004-05

Presidents' Athletic Conference
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CURRENT 2004-05 REGULAR SEASON MEN'S STANDINGS (through Jan. 23, 2005)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	2	0	1.00	7	1	.875
Grove City College	2	0	1.00	4	1	.800
Washington & Jefferson College	1	2	.333	7	4	.636
Bethany College	0	3	.000	3	3	.500

CURRENT 2004-05 REGULAR SEASON WOMEN'S STANDINGS (through Jan. 23, 2005)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	3	0	1.00	11	0	1.00
Westminster College	1	1	.500	5	3	.625
Grove City College	1	1	.500	3	2	.600
Bethany College	0	3	.000	1	5	.167

RECENT RESULTS

Wednesday, January 19

Bethany 111, FROSTBURG STATE 107 (M)
 FROSTBURG STATE 137, Bethany 58 (W)

Friday, January 21

BALDWIN-WALLACE 141, Washington & Jefferson 81 (M)
 Washington & Jefferson 123, BALDWIN-WALLACE 118 (W)

Saturday, January 22

Grove City at Wooster - ppd. (weather)
 Saint Vincent at Bethany - ppd. (weather)

UPCOMING SCHEDULE

Tuesday, January 25

Westminster at Grove City* - 6 p.m.

Wednesday, January 26

Washington & Jefferson at Penn State-Behrend - 6 p.m.

Thursday, January 27

Chatham at Bethany (women only) - 6:30 p.m.

Friday, January 28

Grove City at California (Pa.)/Salem International - 5 p.m.

Saturday, January 29

Baldwin-Wallace at Westminster - 1 p.m.
 Grove City at Penn State-Behrend - 1 p.m.
 Mount Union at Bethany - 1 p.m.
 Washington & Jefferson at Hiram - 1 p.m.

PAC Men's Swimmer/Diver of the Week

STEPHEN ZINZ

Bethany College

Sophomore - butterfly/freestyle

Meadville, Pa./Meadville H.S.

Zinz posted a pair of first place finishes in the 200 freestyle and 200 butterfly for the Bison, while also anchoring Bethany's 400 freestyle relay team in a 111-107 win at Frostburg State.

PAC Women's Swimmer/Diver of the Week

KAITLYN ORSTEIN

Washington & Jefferson College

Freshman - individual medley/breaststroke

Mount Lebanon, Pa./Mount Lebanon

Orstein won her second consecutive PAC women's swimmer of the week honor after winning three races (two individual and one relay) for the second straight meet. She set a new school record in the 100 backstroke (1:00.65) and also won the 50 free (24.75) in a win over Baldwin-Wallace, while helping lead the W&J 200 medley relay team (1:53.03) to victory.

PAC SWIMMING NOTES

Bethany Bison

The Bison men won their only meet of the week in nail-biting fashion, claiming a 111-107 victory over home-standing Frostburg State Saturday ... Bethany's women suffered a 137-58 defeat to the Maryland-based institution's swimmers ... For the men, **Stephen Zinz** recorded 18 individual points for the men and aided in gaining 11 more to help pace the Bison ... Zinz recorded meet-best times in the 200-meter freestyle and 200-meter butterfly ... He also anchored the 400-meter freestyle relay ... **Joe Kennedy** also took home top-billing for the Bison in two events, the 1- and 3-meter dives ... For the women, **Dana Culbert** continued to dominate for her Bison teammates, scoring victories in the 50- and 100-meter freestyles to rack up 18 individual points for the Bison.

Washington & Jefferson Presidents

W&J freshman **Kaitlyn Orstein** helped keep the Presidents' perfect dual meet season alive with three victories on Friday evening in a tight victory over Baldwin-Wallace ... Orstein helped the 200 medley relay squad open the meet with a victory in 1:53.03 ... Seniors **Kristina Springborn** and **Erin Boyle** and sophomore Brandi Shoupe joined Orstein in securing the meet-opening win ... Orstein set a new school record in her victory in the 100 backstroke (1:00.65), shaving a full second off the previous school mark. She also won the 50 freestyle with a time of 24.75 ... Boyle also garnered a victory in the 100 freestyle (57.21), while freshman **Kristen Mastropietro** took first place in the 100 breaststroke (1:10.68) ... Freshman **Kristina McClelland** also captured top honors in the 1000 freestyle in a time of 11:18.60 ... Sophomore **Ryan Johnson** was the only President to record a victory on the men's side as he placed first in the 500 freestyle (5:25.94).

Grove City Wolverines

Both Grove City teams were off last week as the Wolverines' dual meet at Wooster was snowed out ... No makeup plans have been announced for that meet ... Grove City hosts PAC rival Westminster Tuesday night ... It is the 72nd meeting between the two men's programs, with Grove City holding a 36-35 edge ... Friday, Grove City's women will face California, Pa. and Salem International in a double-dual at Cal ... The men will swim against Salem in a neutral-site meet ... Grove City will recognize its seven total seniors prior to Saturday's dual meet against Penn State Behrend ... Grove City will host the PAC Championships and Grove City Invitational Feb. 10-12.

Westminster Titans

Westminster was off last week ... The Titans and Lady Titans close their dual meet schedule this week at PAC foe Grove City (1/25) before hosting Baldwin-Wallace (1/29) for Senior Day.

Past PAC Men's Swimmers/Divers of the Week

November 14: Caleb Courage, Grove City

November 21: Ryan Trunk, Westminster

December 5: Caleb Courage, Grove City

December 12: Ryan Trunk, Westminster

January 16: Brian Train, Wash. & Jeff.

January 23: Stephen Zinz, Bethany

January 30:

Past PAC Women's Swimmers/Divers of the Week

November 14: Brandi Shoupe, Wash. & Jeff.

November 21: Courtney Sheppard, Wash. & Jeff.

December 5: Becky Giles, Westminster

December 12: Ellen Magee, Grove City

January 16: Kaitlyn Orstein, Wash. & Jeff.

January 23: Kaitlyn Orstein, Wash. & Jeff.

January 30: