

2010-11 PAC Swimming & Diving Release Week 10 - January 25



Presidents' Athletic Conference
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2010-11 PAC MEN'S STANDINGS (through January 23)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Grove City	2	0	1.00	6	2	0	.750
Westminster	2	0	1.00	6	3	0	.667
Washington & Jefferson	2	2	.500	6	3	1	.650
Saint Vincent	1	2	.333	4	5	0	.444
Bethany	0	3	.000	1	7	0	.125

2010-11 PAC WOMEN'S STANDINGS (through January 23)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Washington & Jefferson	5	0	1.00	11	0	0	1.00
Grove City	2	1	.667	6	3	0	.667
Westminster	2	1	.667	6	4	0	.600
Chatham	2	3	.400	7	5	0	.583
Saint Vincent	1	3	.250	5	5	0	.500
Bethany	0	4	.000	2	7	1	.250

LAST WEEK

Wednesday, January 19, 2011

MEN

Bethany 98, FROSTBURG STATE 73

WOMEN

FROSTBURG STATE 119, Bethany 48

Saturday, January 22, 2011

MEN

Saint Vincent 131, Bethany 101*

Saint Vincent 120, Penn St.-Altoona 79

Penn State-Altoona 117, Bethany 111

Denison 169, GROVE CITY 124

PENN ST.-BEHREND 157, Wash. & Jeff. 128

CARNEGIE MELLON 223.5, Westminster 69.5

SUNY Geneseo 236, Westminster 61

WOMEN

CHATHAM 139, Saint Vincent 135*

CHATHAM 194, Bethany 59*

Saint Vincent 174, Bethany 65*

CHATHAM 194, Penn State-Altoona 62

Saint Vincent 173, Penn State-Altoona 77

Penn State-Altoona 132, Bethany 87

Denison 168, GROVE CITY 118

W&J 151.5, PENN ST.-BEHREND 115.5

CARNEGIE MELLON 211, Westminster 72

SUNY Geneseo 181, Westminster 109

THIS WEEK

Friday, January 28, 2011

Wheeling Jesuit at Saint Vincent - 6 p.m.

Saturday, January 29, 2011

Saint Vincent at Westminster* - 1 p.m.

Grove City at Wooster - 1 p.m.

Washington & Jefferson at Hiram - 1 p.m.

Urbana/Davis & Elkins at Bethany - 2 p.m.

Men's Swimmer/Diver of the Week

CLAY BECKNER

Grove City

Junior - breaststroke

Chambersburg, Pa.

Chambersburg H.S.



Beckner was a triple-winner for the Wolverines in their home meet against #3-ranked Denison on Saturday. He swept the 100 (58.61) and 200 breaststroke (2:11.40) events, while also swimming a leg for the victorious GCC 200 medley relay team (1:35.82).

Also nominated was **Jared Patrick** of Bethany, **Tom Nielsen** of Saint Vincent, **Christian Larson** of W&J, and **Mike Barringer** of Westminster.

Women's Swimmer/Diver of the Week

ISABELLA DIAZ

Wash. & Jeff.

Freshman - distance

free

Walnut Creek, Calif.

Las Lomas H.S.



Diaz recorded three victories for the Presidents on Saturday to help W&J remain unbeaten (11-0) with a 151.5-111.5 victory over Penn State-Behrend. She touched first in both the 500 (5:36.51) and 1000 freestyle (11:22.81) events, while also swimming a leg for the victorious W&J 400 freestyle relay team (3:54.17).

Also nominated was **Cynthia Richardson** of Bethany, **Caroline Claybrooks** of Saint Vincent, and **Courtney Herdt** of Westminster.

2010-11 PAC SWIMMERS/DIVERS OF THE WEEK

Men

October 25: **Josh Kim**, GRO
November 1: **Ben Bowser**, GRO
November 8: **Jonathan Weeks**, W&J
November 15: **Alan Nedley**, WES
November 22: **Ben Bowser**, GRO
December 6: **Justin Weifenbach**, W&J
December 13: **Mike Barringer**, WES
January 10: **Andy Rish**, W&J
January 18: **Kirk Gagliardo**, GRO
January 25: **Clay Beckner**, GRO
January 31:
February 7:

Women

Kaitlin Riesmeyer, GRO
Erin Erdley, WES
Jenny Ryan, GRO
Brittany Vogel, W&J
Bethany Haver, W&J
Courtney Herdt, WES
Sierra Beecher, WES
C.J. Corcoran, W&J
Caitlin Lehberger, WES
Isabella Diaz, W&J

Bethany Bison

(M: 1-7, 0-3 PAC; W: 2-7-1, 0-4 PAC)

Bethany had a busy week, which started with a non-conference meet at Frostburg State ... The Bison women earned a 98-73 win over the Bobcats, highlighted by wins from **Sara Reass** in the 800- (10:43.22) and 400-meter (5:13.66) Free ... Three other Bison won individual events, including **Theresa Smith** in the 200M Free (2:34.80), **Jennifer Briskey** in the 100M Fly (1:24.43) and senior **Cynthia Richardson** in the 100M Back (1:17.54) ... BC's men were defeated by Frostburg 119-48 despite the 200-meter Medley Relay of **Jared Patrick, Sam Breitenstein, Richard Sawyer** and **Jake Shivetts** taking first place ... Saturday, both teams travelled to Chatham and in addition to the women's team facing the Cougars, both Bison squads swam against Saint Vincent and Penn State-Altoona ... Bethany's women lost all three dual meets, but highlights were provided by Richardson, who won the 100 (1:09.17) and 200 (2:30.97) Back against Saint Vincent and **Melissa Davis**, who touched first in the 100 Free against Altoona (59.64) ... The Bison men lost to Saint Vincent and Altoona, despite sweeping the diving events, as **Zak Cofini** took first in the 1-meter event (144.00) and **Vinnie Giangiulio** was first in 3-meter (169.00) ... Other winners included Patrick in the 200 Fly (2:24.11) against Altoona and the 200 Free Relay of **Andrew Masterson, Giangiulio, Shivetts** and Breitenstein (1:45.61) vs. Altoona.



Chatham Cougars

(W: 7-5, 2-3 PAC)

Chatham University Cougars swam to very good mid season times on Saturday ... Led by **Carly Hicks** and **Sarah Sindler** with season-best times in the 200 freestyle, 200 back and 400 IM respectively, the Cougars got off to a good start in victories against Saint Vincent College, Bethany College and Penn State Altoona in a triple dual meet ... Other victories came from **Chelsea Mummert** in the 200 fly, **Christina Habrahamshon** in the 100 back, and a 1-2 punch in both 1m and 3m diving from **Katie Lucas** and Gwen Utz ... The Cougars also took the Medley Relay in a season-best time of 1:56.22. Chatham returns to action on Saturday, February 5th in a non-conference meet at Division II Millersville University.



Grove City Wolverines

(M: 6-2, 2-0 PAC; W: 6-3, 2-1 PAC)

The Grove City College swimming and diving teams dropped their respective dual meets with visiting Denison Saturday ... Denison entered Saturday's meet ranked No. 3 in both men's and women's swimming by the CSCA ... On the men's side, juniors **Clay Beckner** and **Ben Bowser** both earned two wins each for Grove City ... Beckner won the 100 breaststroke in 58.61 seconds, then won the 200 breast in 2:11.40 ... Bowser won the 100 butterfly (53.12) and 200 fly (1:58.66) ... Beckner, Bowser, **Cam Coppelli** and **Kirk Gagliardo** opened the meet by winning the 200 medley relay in 1:35.82 ... **Angela Palumbo** paced the women's team by taking second in both the 50 (24.72) and 100 free (54.48) ... Grove City returns to action Saturday at Wooster in non-conference action at 1 p.m. ... The Wolverines swept Wooster January 30, 2010 in the James E. Longnecker Pool ... The men prevailed 172-122 and the women won 159-136.



Saint Vincent Bearcats

(M: 4-5, 1-2 PAC; W: 5-5, 1-3 PAC)

The Bearcat swim teams had a fruitful Saturday, as they combined to go 4-1 in a quad meet at Chatham with Bethany and Penn State-Altoona ... In the women's race, the Lady Bearcats combined for eight individual victories, led by the trio of **Carolyn Claybrooks, Katie Custer**, and **Christine Dunleavy** ... Claybrooks captured both the 500 and 1650 Freestyles, establishing a pool record in the latter event (19:26.72) ... Custer was victorious in three events, including the 100 Fly, 100 Free, and 50 Free, while Dunleavy won the 100 Breast and 200 Breast ... In relay action, the SVC foursome of Custer, Claybrooks, **Maggie Dempsey** and **Jess Kennedy** were victorious in the 200 Free (1:43.24) ... In the men's meet, Saint Vincent posted wins in eight of nine non-exhibition individual events ... Multiple winners included **Sam Cline**, who took the 1650 Free (18:17.10) and 400 IM (4:45.56) and **Tom Nielsen** the 200 Free (1:54.99) and 200 Back (2:11.83) ... **Adam Thomas** was victorious in the 100 Back (59.42), **Matt Linebaugh** the 200 Fly (2:19.76), **Troy Linebaugh** the 50 Free (23.33), **Logan Dorminey** the 100 Free (51.20), and **Dan Kostovny** the 200 Breast (2:24.23) ... The Bearcat 200 Medley Relay foursome of Nielsen, Kostovny, Matt Linebaugh, and **Casey Whittaker** was also victorious, timed in 1:45.25.



Washington & Jefferson Presidents

(M: 6-3-1, 2-2 PAC; W: 11-0, 5-0 PAC)

The Washington & Jefferson swimming teams earned a split at Penn State-Behrend on Saturday in Erie ... The W&J women (11-0) are looking for their first undefeated dual-meet record since achieving a 13-0 mark in 2004-05 ... They would become just the third team in school history to accomplish the feat ... Freshman **Isabella Diaz** earned three victories, taking the 500 (5:36.51) and 1000 (11:22.81) freestyle events before joining freshmen **Zoe Levenson, Rosemarie O'Connor**, and **Jenna Supp** on the winning 400 freestyle relay (3:54.17) team ... O'Connor also earned a victory in the 100 backstroke (1:02.93) ... Junior **C.J. Corcoran** touched first in the 50 (25.38) and 100 (55.72) freestyles, while classmate **Bethany Haver** collected a pair of diving wins to continue her season-long mastery of the diving events ... She racked up 236.65 points on the 1-meter board and 261.20 points at three meters ... Sophomore **Jami Andrews** posted victories in the 100 breaststroke (1:12.08) and 500 freestyle (5:01.18) ... On the men's side, senior **Brandon Smith** won the 200 backstroke (2:07.29) ... Classmate **Christian Larson** took first in the 50 freestyle (22.64) and junior **Jonathan Weeks** claimed the 200 butterfly (2:03.69).



Westminster Titans

(M: 6-3, 2-0 PAC; W: 6-4, 2-1 PAC)

The Westminster men's and women's swimming and diving teams each absorbed a pair of losses Saturday in a double dual meet at Carnegie Mellon with SUNY Geneseo ... The Titan men (6-3) lost to CMU, 223.5-69.5, and Geneseo, 236-61 ... The Titan women (6-4) lost to CMU, 211-72, and Geneseo, 181-109 ... Senior **Courtney Herdt** won the 100- (1:06.35) and 200-yard (2:25.60) breaststrokes with junior teammate **Caitlin Lehberger** finishing second in those events with times of 1:07.52 and 2:25.80, respectively ... Herdt's time in the 100 breaststroke set a Carnegie Mellon University Center pool record ... Westminster won one other event as junior **Mike Barringer** of the men's team captured the 100 butterfly (51.62) ... Titan swimmers cracked the top three in five other events.



Bethany Bison
M: 1-7, 0-3 PAC
W: 2-7-1, 0-4 PAC

MEN

Oct. 23	at Pitt-Bradford Relays	6th/6
Oct. 30	PENN ST.-BEHREND	L 104-116
Nov. 6	at Hiram	L 112-148
Nov. 13	at Westminster*	L 72-106
Dec. 4	PENN ST.-ALTOONA	W 111-101
Jan. 12	WASH. & JEFF.*	L 62-98
Jan. 19	at Frostburg State	L 48-119
Jan. 22	vs. Saint Vincent*	L 101-131
	w/P.S. Altoona (at CHA)	L 111-117
Jan. 29	URBANA	2 p.m.
	w/Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

WOMEN

Oct. 23	at Pitt-Bradford Relays	6 th /6
Oct. 30	PENN ST.-BEHREND	L 86-120
Nov. 6	at Hiram	L 104-147
Nov. 13	at Westminster*	L 86-117
Dec. 4	PENN ST.-ALTOONA	T 54-54
	w/Ursuline	W 70-19
Jan. 12	WASH. & JEFF.*	L 73-119
Jan. 19	at Frostburg State	W 98-73
Jan. 22	at Chatham*	L 59-194
	w/Saint Vincent*	L 65-174
	vs. Penn St.-Altoona	L 87-132
Jan. 29	URBANA	2 p.m.
	W/ Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

Chatham Cougars
W: 7-5, 2-3 PAC

WOMEN

Oct. 29	at Westminster Relays	4th/6
Oct. 30	WESTMINSTER	L 129-149
Nov. 6	CHATHAM INVITE	
	vs. Juniata	W 210-53
	vs. Millersville	L 113-163
	vs. Salem International	W 239-7
Nov. 10	WASH. & JEFF.*	L 95-116
Nov. 13	at P.S. Behrend	W 80-30
	w/Allegheny	L 28-85
Dec. 11	at Grove City*	L 122-163
	w/Hiram	W 207-85
Jan. 22	BETHANY*	W 194-59
	w/Saint Vincent*	W 139-135
	vs. Penn St.-Altoona	W 194-62
Feb. 5	at Millersville	1 p.m.

Grove City Wolverines
M: 6-2, 2-0 PAC
W: 6-3, 2-1 PAC

MEN

Oct. 23	at Clarion Fall Classic	1st/2
Oct. 30	ALLEGHENY	W 180.5-103.5
Nov. 6	SAINT VINCENT*	W 163-93
Nov. 13	at Carnegie Mellon	L 158-214
Nov. 20	KENYON	W 178-99
	CASE	W 192-95
Dec. 2-4	at Kenyon Invitational	6th/7
Dec. 3-4	GROVE CITY INVIT.	6th/8
Dec. 11	HIRAM	W 151-111
Jan. 15	at Wash. & Jeff.*	W 154.5-116.5
Jan. 22	DENISON	L 124-169
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY	1 p.m.

WOMEN

Oct. 23	at Clarion Classic	2nd/2
Oct. 30	ALLEGHENY	W 160-136
Nov. 6	SAINT VINCENT*	W 156-111
Nov. 13	at Carnegie Mellon	L 160-217
Nov. 20	KENYON w/ CASE	W 164-128
	CASE	W 196-97
Dec. 2-4	at Kenyon Invitational	7th/7
Dec. 3-4	GROVE CITY INVIT.	1st/6
Dec. 11	CHATHAM*	W 163-122
	HIRAM	W 183-89
Jan. 15	at Wash. & Jeff.*	L 141-159
Jan. 22	DENISON	L 118-168
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY*	1 p.m.

Saint Vincent Bearcats
M: 4-5, 1-2 PAC
W: 5-5, 1-3 PAC

MEN

Oct. 29	at Westminster Relays	4th/5
Nov. 6	at Grove City	L 93-163
Nov. 13	at Pitt-Bradford	W 115-90
Nov. 20	P.S. BEHREND	L 128-143
Dec. 3-5	at Fredonia State	3rd/9
Dec. 11	MOUNT UNION	L 120-141
Jan. 8	WASH. & JEFF.*	L 105-155
Jan. 15	at West Va. Wesleyan	L 32-90
	w/Davis & Elkins	W 101-12
Jan. 22	vs. Bethany*	W 131-101
	w/Penn State-Altoona	W 120-79
Jan. 28	WHEELING JESUIT	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.

WOMEN

Oct. 29	at Westminster Relays	5th/6
Nov. 6	at Grove City	L 111- 156
Nov. 13	at Pitt-Bradford	W 119-42
Nov. 20	P.S. BEHREND	W 147-101
Dec. 3-5	at Fredonia State	5th/9
Dec. 11	MOUNT UNION	L 105-133
Jan. 8	WASH. & JEFF.*	L 110-146
Jan. 15	at West Va. Wesleyan	L 50-72
	w/Davis & Elkins	W 111-0
Jan. 22	at Chatham*	L 135-139
	vs. Bethany*	W 174-65
	w/Penn St.-Altoona	W 173-77
Jan. 28	WHEELING JESUIT	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.

Wash. & Jeff. Presidents
M: 6-3-1, 2-2 PAC
W: 11-0, 5-0 PAC

MEN

Nov. 6	at York	W 63-59
	w/ Marymount	W 71-48
Nov. 13	BALDWIN-WALLACE	W 138-99
Nov. 17	WESTMINSTER*	L 131-163
Nov. 19-20	at CMU Invitational	3 p.m.
Nov. 20	at Albright	T 61-61
	Messiah	W 100-22
Dec. 3-4	at Grove City Invitational	3rd/6
Jan. 8	at Saint Vincent*	W 155-105
Jan. 12	at Bethany*	W 98-62
Jan. 15	GROVE CITY*	L 116.5-154.5
Jan. 22	at Penn St.-Behrend	L 128-157
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

WOMEN

Nov. 6	at York	W 93-28
	w/ Marymount	W 87-35
Nov. 10	at Chatham*	W 116-95
Nov. 13	BALDWIN-WALLACE	W 115-84
Nov. 17	WESTMINSTER*	W 157-142
Nov. 19-20	at CMU Invitational	NTS
Nov. 20	at Albright	W 85-37
	Messiah	W 108-14
Dec. 3-4	at Grove City Invitational	2nd/8
Jan. 8	at Saint Vincent*	W 146-110
Jan. 12	at Bethany*	W 119-73
Jan. 15	GROVE CITY*	W 159-141
Jan. 22	at Penn St.-Behrend	W 151.5-111.5
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

Westminster Titans
M: 6-3, 2-0 PAC
W: 6-4, 2-1 PAC

MEN

Oct. 29	WESTMINSTER RELAYS	3rd/5
Nov. 6	at Allegheny	L 106-185
Nov. 13	BETHANY*	W 106-72
Nov. 17	at Wash. & Jeff.*	W 163-131
Nov. 20	WOOSTER	W 173-109
Dec. 2-4	at Wooster Invitational	5th/10
Dec. 11	PENN ST.-BEHREND	W 163-125
Jan. 11	at Occidental (Calif.)	W 156-91
	w/Lewis & Clark	W 145-104
Jan. 22	at Carnegie Mellon	L 69.5-223.5
	w/SUNY Geneseo	L 61-236
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.

WOMEN

Oct. 29	WESTMINSTER RELAYS	3rd/6
Oct. 30	at Chatham	W 149-129
Nov. 6	at Allegheny	L 115.5-177.5
Nov. 13	BETHANY*	W 117-86
Nov. 17	at Wash. & Jeff.*	L 142-157
Nov. 20	WOOSTER	W 161-132
Dec. 2-4	at Wooster Invitational	7th/10
Dec. 11	PENN ST.-BEHREND	W 149-100
Jan. 11	at Occidental (Calif.)	W 177-77
	w/Lewis & Clark	W 152-108
Jan. 22	at Carnegie Mellon	L 72-211
	w/SUNY Geneseo	L 109-181
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.