



SWIMMING & DIVING 2006-07

Presidents' Athletic Conference
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FINAL 2006-07 REGULAR SEASON MEN'S STANDINGS

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Grove City College	3	0	1.00	15	1	.938
Westminster College	2	1	.667	8	4	.667
Washington & Jefferson College	1	2	.333	8	5	.615
Bethany College	0	3	.000	0	9	.000
Saint Vincent College*	0	0	.000	3	7	.300

FINAL 2006-07 REGULAR SEASON WOMEN'S STANDINGS

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	3	0	1.00	12	1	.923
Westminster College	2	1	.667	5	7	.417
Grove City College	1	2	.333	8	10	.444
Bethany College	0	3	.000	0	10	.000
Saint Vincent College*	0	0	.000	2	8	.200

* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

RECENT RESULTS

Wednesday, January 24

WASHINGTON & JEFFERSON 135, Saint Vincent 68 (M)*
WASHINGTON & JEFFERSON 81, Saint Vincent 65 (W)*
Chatham 120, BETHANY 93 (W)

Friday, January 26

GROVE CITY 134, Penn State-Behrend 128 (M)
GROVE CITY 151.5, Penn State-Behrend 122.5 (W)
GROVE CITY 139, Pitt-Bradford 70 (M)
GROVE CITY 11, Pitt-Bradford 0 (W)
FAIRMONT STATE 121, Saint Vincent 101 (M)
FAIRMONT STATE 113, Saint Vincent 97 (W)

Saturday, January 27

Grove City 116, FAIRMONT STATE 92 (M)
Grove City 76, FAIRMONT STATE 35 (W)
California (Pa.) 66, Grove City 43 (at Fairmont) (W)
Mount Union 117, BETHANY 59 (M)
Mount Union 119, BETHANY 74 (W)
Washington & Jefferson 117, HIRAM 99 (M)
Washington & Jefferson 134, HIRAM 100 (W)
CARNEGIE MELLON 157, Westminster 105 (M)
CARNEGIE MELLON 139, Westminster 123 (W)

UPCOMING SCHEDULE

Thursday-Saturday, February 8-10

2007 PAC Swimming & Diving Championships
Grove City College - Grove City, Pa.

PAC Men's Swimmer/Diver of the Week

DAN MANCUSO

Washington & Jefferson College
Sophomore - butterfly/freestyle
Pittsburgh, Pa.
Bethel Park H.S.



Mancuso posted five victories during the week to help W&J improve to 8-5 with wins over PAC rival Saint Vincent (135-68) and Hiram (117-99). He captured both the 500 (4:59.52) and 100 (10:29.11) freestyle events against SVC, then was a triple-winner at Hiram in the 100 butterfly (1:04.70), 400 freestyle (4:28.40) and 800 freestyle (9:25.26).

Also nominated was senior **Stephen Zinz** of Bethany, junior **Joe Riddell** of Grove City, and sophomore **Chris Lehberger** of Westminster.

PAC Women's Swimmer/Diver of the Week

JESSICA WIGHTMAN

Washington & Jefferson College
Junior - freestyle/backstroke
Parma, Ohio
Padua Franciscan H.S.



Wightman racked up four wins during the week for the Presidents, including three in an 81-68 PAC win over Saint Vincent. Against SVC, she swam the first leg of the winning 200 medley (1:56.16) and 200 freestyle (1:50.23) relays, while also capturing the 100 freestyle (57.25). Wightman then helped the 200 free relay (1:57.30) to victory at Hiram in a 134-100 W&J win.

Also nominated was sophomore **Brenda Maxwell** of Bethany, freshman **Jane Wilson** of Grove City, and senior **Brittany Thomas** of Westminster.

PAC SWIMMING & DIVING NOTES

Bethany Bison



The Bison completed their dual meet schedule last week, with the women competing against Chatham and both teams swimming against Mount Union ... In the Chatham meet, sophomore **Brenda Maxwell** took first in a pair of events, which included touching first in the 100 breaststroke (1:19.19) and the 200 breaststroke (2:53.59) ... Junior **Erin Staniech** finished second in three events, including the 50 freestyle, 200 freestyle and 200 backstroke and sophomore **Mallory Lee** placed second in the 100 backstroke and 100 freestyle ... In the Mount Union meet, the Bison had a pair of first places, as Staniech won the 50 freestyle (26.82) and Maxwell was victorious in the 100 freestyle (1:01.65) ... For the men, senior **Gary Migliaccio** earned first place in both diving events and senior **Stephen Zinz** finished second in a close race in the 200 butterfly.

Westminster Titans



The Westminster College men's and women's swimming teams absorbed non-conference losses at Carnegie Mellon Saturday ... The Titan men (8-4) lost 157-105 and the Titan women (5-7) fell 139-123 ... Westminster won a combined 11 races (5 men, 6 women), as four Titan swimmers won multiple events ... For the women, senior freestyler **Brittany Thomas** won the 1,000 (11:02.72) and 500 (5:26.95) freestyle races, while sophomore **Megan Mier** captured the 100 (1:01.82) and 200 (2:11.70) backstroke events ... Sophomore **Caitlin McManus** won the 100 breaststroke (1:11.35) and junior **Becky Giles** took the 400 individual medley (4:44.06) ... On the men's side, sophomore **Chris Lehberger** won the 100 (1:00.44) and 200 (2:10.29) breaststroke races, while senior All-American **Ryan Trunk** touched first in the 50 (21.88) and the 100 (47.07) freestyle events ... Senior **Pat Smith** also won the 200 backstroke (1:57.33).

Grove City Wolverines



Both Grove City teams closed the 2006-07 dual-meet season last weekend, with each team earning three victories ... Friday night, the GCC women downed Penn State-Behrend and received a forfeit win from Pitt-Bradford ... **Jane Wilson** won the 50 and 100 free for Grove City while **Ellen Keefer** took the 200 ... Also earning wins were: **Rebecca Smiddy** (1000), **Alyse Brannon** (100 back), **Rachel Johnson** (200 back) and **Whitney Baur** (200 IM) ... Wilson, Keefer, **Kiersten Bower** and **Virginia Larsen** won the 200 medley relay ... Wilson won the 100 Saturday in a double dual at D-II foe California, Pa. ... Grove City's men set a new program record for single-season wins with 15 ... Grove City's 14-meet win streak is its longest since 1996 ... Friday night, junior diver **Joe Riddell** set a new GCC pool record in 1-meter diving with 284.00 points on six dives, provisionally qualifying for the NCAA Division III Championships ... Freshman **Rich Albertson** swept the backstroke Friday while **Luke Wiedeman** (1000), **Mark Barron** (200 free), **Mitch Young** (50), **Nick Barker** (200 fly) and **Andrew Gilbert** (100 breast) all notched wins.

Saint Vincent Bearcats



The Saint Vincent men's & women's swimming teams closed the 2006-07 regular season by suffering sweeps against PAC opponent W&J (135-68 men, 81-65 women) and at D-II Fairmont State (121-101 men, 113-97 women) ... **Katie Bittner** set a school record in the 1000 freestyle (12:06.79) and also won the 500 freestyle against Fairmont State ... **Erin Perry's** time of 2:28.57 in the 200 backstroke at Fairmont State was also a school record ... **Jon Okonak** won the 50 and 100 freestyle events against W&J, while **Eric Clouse** won the 100 butterfly ... Clouse won the 50 freestyle and 200 IM against Fairmont State, while Okonak captured the 100.

Wash. & Jeff. Presidents



The W&J men's and women's swimming and diving teams wrapped up their regular-season schedules with a sweep of Hiram Saturday ... The 12 victories are the second-most in school history for the W&J women, trailing only the 2004-05 Presidents' 13-0 mark ... The men suffered four of their five losses to teams ranked in the top 25 ... All times were recorded in a meter pool ... Junior **Kaitlyn Orstein** and sophomore **Daniel Mancuso** paced their respective squads ... Orstein set pool records and qualified for the NCAA "B" cut in the 200 freestyle (2:07.49) and 100 butterfly (1:05.26) ... She also led the 200 medley relay team to a win (2:08.19) ... Mancuso claimed first in three events after touching first in the 100 butterfly (1:04.70), 400 freestyle (4:28.40) and 800 freestyle (9:25.26) ... Sophomore **Alicia Sutton** earned first in the 400 (4:52.77) and 800 (10:01.97) freestyle events ... She then led the 200 freestyle relay to a victory in 1:57.30 ... Sophomores **Zach Nigrelli** and **Eddie Werner** also grabbed two wins ... Nigrelli was first in the 100 (1:04.73) and 200 (2:04.52) freestyles, while Werner was first in the 100 back (56.34) and 200 IM (2:23.17).

2006-07 PAC Swimmers/ Divers of the Week

Men

10/29 - **Caleb Courage**, GRO
11/5 - **Andrew Gilbert**, GRO
11/12 - **Zach Nigrelli**, W&J
11/19 - **Chip Cressman**, GRO
12/3 - **Ryan Trunk**, WES
12/10 - **Drew Snyder**, GRO
1/14 - **Tim Whitbeck**, GRO
1/21 - **Caleb Courage**, GRO
1/28 - **Dan Mancuso**, W&J

Women

10/29 - **Megan Mier**, WES
11/5 - **Kaitlyn Orstein**, W&J
11/12 - **Brittany Bertoli**, W&J
11/19 - **Kaitlyn Orstein**, W&J
12/3 - **Kaitlyn Orstein**, W&J
12/10 - **Jane Wilson**, GRO
1/14 - **Alicia Sutton**, W&J
1/21 - **Kaitlyn Orstein**, W&J
1/28 - **Jessica Wightman**, W&J