

2011-12 PAC Swimming & Diving Release Week 10 - January 30



Presidents' Athletic Conference
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2011-12 PAC MEN'S STANDINGS (through January 29)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Westminster	3	0	1.00	6	3	0	.667
Grove City	2	0	1.00	5	5	0	.500
Washington & Jefferson	2	2	.500	4	5	0	.444
Saint Vincent	1	3	.250	2	6	0	.250
Bethany	0	3	.000	0	8	0	.000

2011-12 PAC WOMEN'S STANDINGS (through January 29)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Grove City	3	0	1.00	8	3	0	.727
Washington & Jefferson	4	1	.800	10	1	0	.909
Westminster	3	1	.750	6	4	0	.600
Saint Vincent	2	3	.400	5	4	0	.556
Chatham	1	4	.200	3	8	0	.273
Bethany	0	4	.000	2	10	0	.167

LAST WEEK

Wednesday, January 25, 2012

MEN

SAINT VINCENT 92, PSU-Altoona 52

WOMEN

SAINT VINCENT 112, PSU-Altoona 35

Friday-Saturday, January 27-28, 2012

California (Pa.) Invitational

WOMEN (four teams)

4. Chatham - 176

Saturday, January 28, 2012

MEN

Westminster 157, SAINT VINCENT 103*

GROVE CITY 162, Wooster 107

Urbana 101, BETHANY 25

WASH. & JEFF. 86, Hiram 57

WOMEN

Westminster 154, SAINT VINCENT 108*

GROVE CITY 166, Wooster 114

Urbana 107, BETHANY 101

WASH. & JEFF. 123, Hiram 94



THIS WEEK

Thursday, February 2, 2012

Grove City at Westminster* - 6 p.m.

Saturday, February 4, 2012

Grove City at Bethany* - 1 p.m.

Grove City at Pitt Quad - 1 p.m.

Chatham at Franciscan - 1 p.m.

Saint Vincent at Fairmont State - 1 p.m.

Wash. & Jeff at Wheeling Jesuit - 1 p.m.

Westminster at Mount Union - 1 p.m.

Men's Swimmer/Diver of the Week

NICK HAMILTON

Grove City

Senior - Free

Crescent, Pa.

Moon H.S.



In Grove City's win over Wooster on Saturday, Hamilton won the 100 free in 48.46 seconds and took the 200 free in a time of 1:47.36. He won the 500 in 4:57.50 and also contributed to the top time in the 200 free relay (1:27.45).

Also nominated was **Austin Williams** of Bethany, **Zach Ligus** of Saint Vincent, **Keyton Kalakewich** of Wash. & Jeff. and **Mike Barringer** of Westminster.

Women's Swimmer/Diver of the Week

CAITLIN LEHBERGER

Westminster

Senior - Breaststroke

Wilmington, PA

Wilmington H.S.



Lehberger led Westminster on Saturday with three pool records as the Titans defeated Saint Vincent 154-108. She won the 100 (1:06.32) and 200 (2:25.19) yard breaststrokes. She also led the winning 400 yard freestyle relay with the first leg of the race (100 yard freestyle/54.77).

Also nominated was **Marina Baker** of Bethany, **Kate Wilt** of Grove City, **Katie Custer** of Saint Vincent, and **Brittany Vogel** of Washington & Jefferson.

2011-12 PAC SWIMMERS/DIVERS OF THE WEEK

Men

October 31: **Ben Bowser**, GRO
November 7: **Clay Beckner**, GRO
November 14: **Jake Meyers**, W&J
November 21: **Mike Barringer**, WES
December 5: **Joe Woodman**, SVC
December 12: **Ben Bowser**, GRO
January 9: **Jonathan Weeks**, W&J
January 17: **Nick Hamilton**, GRO
January 23: **Michael Boutwell**, W&J
January 30: **Nick Hamilton**, GRO
February 6:

Women

Marina Baker, BET
Caitlin Lehberger, WES
Kait Riesmeyer, GRO
Jessica Sweitzer, W&J
Alyssa Taylor, SVC
Erin Erdley, WES
Brittany Vogel, W&J
Bethany Haver, W&J
Brittany Vogel, W&J
Caitlin Lehberger, WES

Bethany Bison

(M: 0-8, 0-3 PAC; W: 2-10, 0-4 PAC)



Despite three first place finishes by freshman **Marina Bake**, the Bethany women's swimming and diving team lost a close 107-101 decision Saturday to visiting Urbana ... The BC men also came up on the short end against the Blue Knights by a 101-25 score ... Freshman **Austin Williams** had the lone first place showing in the 100 Fly (1:04.82) and took second in the 200 Free (1:14.61), while sophomore **Dalton Lacy** earned third place in the 50 and 100 Freestyles ... On the women's side, Baker scored first in a trio of individual events and capped her day off with a relay win ... She was the first to the wall in the 100 Breast in 1:19.14, the 100 Free in a time of 59.88 and the 200 Breast in 2:49.20 ... In the final event of the day, she led off for the 200 Free Relay team that also consisted of senior **Sara Reass**, freshman **Becky Martin** and junior **Melissa Davis**, as the foursome posted a time of 1:52.58 to take first ... The other members of the relay team also picked up individual firsts through the meet ... Reass was the winner in the 1000 Free in 11:55.23, Martin touched first in the 200 Fly and Davis won a pair of events, including the 50 Free (27.07) and the 100 Fly (1:08.12) ... Bethany will close out its regular season schedule Saturday by hosting Grove City.

Chatham Cougars

(W: 3-8, 1-4 PAC)



Chatham participated in California (PA) University's Dual Meet Challenge Invitational on Friday and Saturday ... The Cougars placed fourth with 176 points ... **Paige Carrigan** placed sixth in the 1000 Freestyle (13:40.26) ... **Annelies Layton** also placed sixth in the 50 Backstroke (32:36) and 100 Backstroke (1:09.17) ... Several Cougars placed seventh including **Lyndsay Minnich** in the 200 IM (2:27.99) and the 50 Freestyle (27.00), **Angela Klaczak** in the 100 Breaststroke (1:16.61) and the 200 Backstroke (2:34.31), **Liz Sawyer** in the 50 Breaststroke (35.64), and Layton in the 200 Freestyle (2:11.03) and the 100 Freestyle (59.77) ... For the relays, the team of Klaczak, **Natty Burford**, Minnich, and Layton finished seventh in the 200 Medley (2:04.69).

Grove City Wolverines

(M: 5-5, 2-0 PAC; W: 8-3, 3-0 PAC)



The Grove City College swimming and diving teams earned non-conference wins over regional foe Wooster Saturday in the James E. Longnecker Pool on Senior Day ... The men won 162-107 and the women prevailed 166-114 ... Senior **Nick Hamilton** paced the men's team by winning the 100, 200 and 500 free ... He also contributed to the meet's top time in the 200 free relay ... **Kirk Gagliardo** won the 50 free, **Ben Bowser** took the 200 butterfly, sophomore **Dave Bossert** won the 1650, junior **Adam Walker** prevailed in the 200 breaststroke and senior **Clay Beckner** won the 200 IM ... Freshman **Richie Klimek** won 1-meter diving with 219.65 points ... On the women's side, senior **Kate Wilt** swept the breaststroke and junior **Angela Palumbo** won the 50 and 100 free ... Wilt joined **Lauren Cassano**, **Kait Riesmeyer** and **Jenny Ryan** on Grove City's winning 400 medley relay ... Palumbo joined **Janele Baglia**, **Amy Melnik** and **Jenna Richert** on Grove City's winning 200 free relay ... Grove City will visit Westminster Thursday night before closing the conference schedule at Bethany Saturday ... Several Grove City swimmers will also compete in the Pitt Quad Saturday.

Saint Vincent Bearcats

(M: 2-6, 1-3 PAC; W: 5-4, 2-3 PAC)



Freshman **Zach Ligus** had a career day on Saturday against Westminster, establishing two new pool records and a school record in the men's loss to Westminster ... In the 200 butterfly, Ligus set the school- and pool- marks with a time of 2:00.97 ... In the 100 freestyle event, he broke the Resnik Pool record with a time of 48.84, a mark he would later re-break leading off the 400 freestyle relay ... Both teams captured wins against PSU-Altoona on Wednesday ... Junior **Katie Custer** went 7-for-7 this week, winning four relays and three individual events.

Washington & Jefferson Presidents

(M: 4-5, 2-2 PAC; W: 10-1, 4-1 PAC)



Head Coach **Mike Orstein** earned his 400th career victory at W&J as the Presidents swept Hiram on Saturday ... Orstein owns a 400-160-1 record in 24 seasons at W&J ... Overall, he boasts a 460-185-2 record as a collegiate head coach (28 years) ... The Presidents' men swam to an 86-57 victory, while the women were victorious by a 123-94 margin ... Senior **Brittany Vogel** was a triple winner, racing to wins in the 200 breaststroke (2:35.49), the 1650 freestyle (18:29.34) and the 200 freestyle relay in 1:44.01 ... Senior **Abbey Woodward** posted winning totals in both diving events with 206.95 points at 1-meter and 230.80 at three meters ... The Presidents swept the diving competition after senior **Justin Weifenbach** was victorious on the 1-meter (232.40) and 3-meter (246.85) boards ... Senior **Keyton Kalakewich** racked up two wins, touching first in the 50 (22.68) and 100 (50.54) freestyle events ... Freshman **Jake Meyers** added first-place touches in the 500 (5:05.80) and 1650 (17:49.43) freestyles.

Westminster Titans

(M: 6-3, 3-0 PAC; W: 6-4, 3-1 PAC)



Seven pool records paced the Westminster College men's and women's swimming teams on Saturday as they defeated Saint Vincent 157-103 and 154-108, respectively ... The Titans garnered 19 first-place finishes (8 for the men and 11 for women, including two exhibition wins).

Bethany Bison
M: 0-8, 0-3 PAC
W: 2-10, 0-4 PAC

MEN

Oct. 22	at Pitt-Bradford Relays	5th/7
Oct. 29	at PSU-Behrend	L 56-103
Nov. 5	HIRAM	L 58-124
Nov. 12	WESTMINSTER*	L 54-162
Dec. 4	at PSU-Altoona	L 26-175
Jan. 11	at Wash. & Jeff.*	L 23-41
Jan. 14	SAINT VINCENT*	L 22-106
Jan. 18	FROSTBURG STATE	L 35-97
Jan. 28	URBANA	L 25-101
Feb. 4	GROVE CITY*	1 p.m.
Feb. 15-18	PAC Championships	

WOMEN

Oct. 22	at Pitt-Bradford Relays	5th/7
Oct. 29	at PSU-Behrend	L 41-60
	w/Franciscan	L 42-61
Nov. 5	HIRAM	L 90-156
Nov. 12	WESTMINSTER*	L 68-165
Dec. 4	at PSU-Altoona	L 61-66
	w/Ursuline	W 77-25
Jan. 11	at Wash. & Jeff.*	L 23-64
	vs. Franciscan	L 43-59
Jan. 14	SAINT VINCENT*	L 74-123
Jan. 18	FROSTBURG	W 107-92
Jan. 21	CHATHAM*	L 89-90
Jan. 28	URBANA	L 101-107
Feb. 4	GROVE CITY*	1 p.m.
Feb. 15-18	PAC Championships	

Chatham Cougars
W: 3-8, 1-4 PAC

WOMEN

Oct. 28	at Westminster Relays	6th/6
Nov. 5	FRANCISCAN	W 57-37
	JUNIATA	L 27-68
Nov. 9	at Wash. & Jeff.*	L 66-118
Nov. 18	at Dickinson	L 57-132
	vs. Juniata	L 62-134
	vs. Bryn Mawr	L 68-126
Dec. 2-4	at Fredonia State	7th/9
Dec. 10	GROVE CITY*	L 113-161
Dec. 10	at Hiram	W 147-141
Jan. 14	at Westminster*	L 95-121
Jan. 18	at Saint Vincent*	L 58-101
Jan. 21	at Bethany*	W 90-89
Jan. 27-28	at California (PA)	4th/4
Feb. 4	at Franciscan	1 p.m.
Feb. 15-18	PAC Championships	

Grove City Wolverines
M: 5-5 2-0 PAC
W: 8-3, 3-0 PAC

MEN

Oct. 22	at Clarion Fall Classic	1st/2
Oct. 29	at Allegheny	L 118-162
Nov. 5	SAINT VINCENT*	W 151-71
Nov. 12	CARNEGIE MELLON	L 109-180
Nov. 19	at Case Western Reserve	L 98-203
	vs. Kenyon	L 131-158
	vs. Gannon	W 177-111
Dec. 1-3	at Kenyon Invitational	5th/5
Dec. 2-3	GROVE CITY INVIT.	2nd/6
Dec. 10	at Hiram	W 123-90
Jan. 14	WASH. & JEFF.*	W 154-129
Jan. 21	at Denison	L 90-182
Jan. 28	WOOSTER	W 162-107
Feb. 2	at Westminster*	6 p.m.
Feb. 4	Pitt Quad	1 p.m.
	w/Clarion & Carnegie Mellon	
Feb. 4	at Bethany*	1 p.m.
Feb. 15-18	PAC Championships	

WOMEN

Oct. 22	at Clarion Fall Classic	2nd/2
Oct. 29	at Allegheny	W 159-111
Nov. 5	SAINT VINCENT*	W 150-104
Nov. 12	CARNEGIE MELLON	W 162-136
Nov. 19	at Case Western	W 206-101
	vs. Kenyon	L 155-142
	vs. Ganon	L 133-177
Dec. 1-3	at Kenyon Invitational	5th/7
Dec. 2-3	GROVE CITY INVIT.	4th/7
Dec. 10	at Chatham*	W 161-113
Dec. 10	at Hiram	W 166-121
Jan. 14	WASH. & JEFF.*	W 151-137
Jan. 21	at Denison	L 107-178
Jan. 28	WOOSTER	W 166-114
Feb. 2	at Westminster*	6 p.m.
Feb. 4	Pitt Quad	1 p.m.
	w/Clarion/CMU/California Pa.	
Feb. 4	at Bethany*	1 p.m.
Feb. 15-18	PAC Championships	

Saint Vincent Bearcats
M: 2-6, 1-3 PAC
W: 5-4, 2-3 PAC

MEN

Oct. 28	at Westminster Relays	4th/5
Nov. 5	at Grove City*	L 71-151
Nov. 12	PITT-BRADFORD	L 100-101
Nov. 19	at Penn St.-Behrend	L 93-180
Dec. 2-4	at Fredonia State Invitational	5th/8
Dec. 9	at Mount Union	L 90-163
Jan. 7	at Wash. & Jeff.*	L 116-156
Jan. 14	BETHANY*	W 106-22
Jan. 21	PENN ST.-ALTOONA	ppd. to 1/25
Jan. 25	PENN ST.-ALTOONA	W 92-52
Jan. 28	WESTMINSTER*	L 103-157
Feb. 4	at Fairmont State	1 p.m.
Feb. 15-18	PAC Championships	

WOMEN

Oct. 28	at Westminster Relays	4th/6
Nov. 5	at Grove City*	L 104-150
Nov. 12	PITT-BRADFORD	W 121-56
Nov. 19	at Penn St.-Behrend	W 156-110
Dec. 2-4	at Fredonia State Invitational	2nd/9
Dec. 9	at Mount Union	L 120-142
Jan. 7	at Wash. & Jeff.*	L 114-159
Jan. 14	BETHANY*	W 123-74
Jan. 18	CHATHAM*	W 101-58
Jan. 21	PENN ST.-ALTOONA	ppd. to 1/25
Jan. 25	PENN ST.-ALTOONA	W 112-35
Jan. 28	WESTMINSTER*	L 108-154
Feb. 4	at Fairmont State	1 p.m.
Feb. 16-18	PAC Championships	

Wash. & Jeff. Presidents
M: 4-5, 2-2 PAC
W: 10-1, 4-1 PAC

MEN

Nov. 5	WEST VA. WESLEYAN	L 84-161
Nov. 12	at Baldwin-Wallace	W 138-100
Nov. 16	at Westminster*	L 121-160
Nov. 18-19	at CMU Diving Invit.	unscored
Nov. 19	at York (PA) Invitational	L 130-132
Dec. 2-3	at Grove City Invitational	3rd/6
Jan. 7	SAINT VINCENT*	W 156-116
Jan. 11	BETHANY*	W 41-23
Jan. 14	at Grove City*	L 129-154
Jan. 21	PENN ST.-BEHREND	L 137-160
Jan. 28	HIRAM	W 86-57
Feb. 4	at Wheeling Jesuit	1 p.m.
Feb. 15-18	PAC Championships	

WOMEN

Nov. 5	WEST VA. WESLEYAN	W 134-92
Nov. 9	CHATHAM*	W 118-66
Nov. 12	at Baldwin-Wallace	W 133-95
Nov. 16	at Westminster*	W 152-147
Nov. 18-19	at CMU Diving Invit.	unscored
Nov. 19	at York (PA) Invitational	W 157-97
Dec. 2-3	at Grove City Invitational	1st/7
Jan. 7	SAINT VINCENT*	W 159-114
Jan. 11	BETHANY*	W 64-23
	w/FRANCISCAN	W 64-33
Jan. 14	at Grove City*	L 137-151
Jan. 21	PENN ST.-BEHREND	W 149-100
Jan. 28	HIRAM	W 123-94
Feb. 4	at Wheeling Jesuit	1 p.m.
Feb. 16-18	PAC Championships	

Westminster Titans
M: 6-3, 3-0 PAC
W: 6-4, 3-1 PAC

MEN

Oct. 28	WESTMINSTER RELAYS	3rd/5
Nov. 5	ALLEGHENY	L 127-161
Nov. 12	at Bethany*	W 162-74
Nov. 16	WASH. & JEFF.*	W 160-121
Nov. 19	at Wooster	W 177-103
Dec. 1-3	at Wooster Invitational	5th/10
Dec. 10	at Penn St.-Behrend	W 171-101
Jan. 10	at Rollins (Fla.)	W 109-96
Jan. 21	CARNEGIE MELLON	L 95-198
	w/GENESE STATE	L 122-165
Jan. 28	at Saint Vincent*	W 157-103
Feb. 2	GROVE CITY*	6 p.m.
Feb. 4	at Mount Union	1 p.m.
Feb. 15-18	PAC Championships	

WOMEN

Oct. 28	WESTMINSTER RELAYS	3rd/6
Nov. 5	ALLEGHENY	W 169-110
Nov. 12	at Bethany*	W 165-68
Nov. 16	WASH. & JEFF.*	L 147-152
Nov. 19	at Wooster	L 126-161
Dec. 1-3	at Wooster Invitational	5th/10
Dec. 10	at Penn St.-Behrend	W 173-123
Jan. 10	at Rollins (Fla.)	W 113-84
Jan. 14	CHATHAM*	W 121-95
Jan. 21	CARNEGIE MELLON	L 124-163
	w/GENESE STATE	L 132-158
Jan. 28	at Saint Vincent*	W 154-108
Feb. 2	GROVE CITY*	6 p.m.
Feb. 4	at Mount Union	1 p.m.
Feb. 15-18	PAC Championships	