

2009-10 PAC Swimming & Diving Release

Week 11 - February 1



Presidents' Athletic Conference
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2009-10 PAC MEN'S STANDINGS (through January 30)

| School | PAC Contests | | | All Contests | | |
|------------------------|--------------|---|------|--------------|---|------|
| | W | L | Pct. | W | L | Pct. |
| Westminster | 2 | 0 | 1.00 | 5 | 2 | .714 |
| Grove City | 1 | 0 | 1.00 | 10 | 2 | .833 |
| Washington & Jefferson | 1 | 2 | .333 | 6 | 5 | .545 |
| Bethany | 0 | 2 | .000 | 1 | 7 | .142 |
| Saint Vincent* | | | | 1 | 8 | .111 |

2009-10 PAC WOMEN'S STANDINGS (through January 31)

| School | PAC Contests | | | All Contests | | |
|------------------------|--------------|---|------|--------------|---|------|
| | W | L | Pct. | W | L | Pct. |
| Westminster | 3 | 0 | 1.00 | 6 | 2 | .750 |
| Grove City | 2 | 0 | 1.00 | 11 | 1 | .917 |
| Washington & Jefferson | 2 | 2 | .500 | 8 | 4 | .667 |
| Chatham | 1 | 3 | .250 | 7 | 5 | .667 |
| Bethany | 0 | 3 | .000 | 3 | 6 | .333 |
| Saint Vincent* | | | | 3 | 6 | .333 |

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Friday, January 29, 2010

Grove City 82, PSU-Behrend 58 (M)
Grove City 74, PSU-Behrend 59 (W)
Grove City 121, Pitt-Bradford 16 (M)
Grove City 86, Pitt-Bradford 30 (W)

Saturday, January 30, 2010

Westminster 140, Saint Vincent 101* (M)
Westminster 128, Saint Vincent 113* (W)
Wash. & Jeff. 131, Hiram 103 (M)
Wash. & Jeff. 158, Hiram 113 (W)
Grove City 172, Wooster 122 (M)
Grove City 159, Wooster 136 (W)
Bethany 66, Urbana 58 (M)
Bethany 93, Urbana 65 (W)

California (Pa.) Vulcan Challenge

Women (four teams)

3. Chatham - 548
Lock Haven 91, Chatham 38 (W)
California (Pa.) 73, Chatham 56 (W)
Chatham 113, Mansfield 28 (W)

THIS WEEK

Thursday, February 4, 2010

Grove City at Westminster* - 6 p.m.

Saturday, February 6, 2010

Bethany at Grove City* - 1 p.m.
Penn State-Altoona, Saint Vincent at Chatham - 1 p.m.
Westminster at Mount Union - 1 p.m.

Men's Swimmer/Diver of the Week

KYLE GRUBBS

Grove City

Senior
Stow, Ohio
Stow-Monroe Falls
H.S.



Grubbs went undefeated on both boards last week in helping the Wolverines to a 3-0 week. Friday night, he broke a 29-year old Grove City school record in 1-meter diving by accumulating 303.90 points in six dives. He also provisionally qualified for the NCAA Championships in that event with his performance. Grubbs also won 3-meter diving Friday. Saturday, he won both diving events in a victory over Wooster.

Also nominated was Bethany senior **Rich Sawyer**, Wash. & Jeff. senior **Andrew Forish** and Westminster sophomore **Mike Barringer**.

Women's Swimmer/Diver of the Week

COURTNEY

HERDT

Westminster

Junior
Beaver Falls, Pa.
Beaver Falls H.S.



Herd was the only Titan to set two individual pool records at Saint Vincent in the Titans' 128-113 win as she touched first in the 100- (1:08.70) and 200-yard (2:29.41) breaststrokes.

Also nominated was Bethany freshman **Theresa Smith**, Grove City freshman **Jenny Ryan** and Wash. & Jeff. sophomore **C. J. Corcoran**.

PAC Swimming & Diving 2009-10 - Week 11 Conference Notes

FINAL LAP: Bethany's men's swim team celebrated Senior Day in a big way with a dual win over Urbana ... Not only was it the squad's first win of the season, but it was also the first dual meet victory by Bison men since 2006 ... The conference had a great week of competition, as PAC schools won 12 of 14 times in competition last week ... Week 12 of the season pits the top PAC seeds head-to-head, as Westminster hosts Grove City.

NEWS & NOTES: Westminster broke a total of 8 pool records at SVC's Resnick Pool on Saturday, as well as won a combined 17 events (9 men's, 8 women's) ... Westminster's **Courtney Herdt** was the only Titan to set two individual pool records as she won the 100 and 200 breaststrokes ... Contributors to the Bethany win included the 400M team of **Nick Salvagni**, **Patrick McCarthy**, **Richard Sawyer** and **Vinnie Giangliulo** who took first in the event.

AROUND THE LEAGUE: Chatham's **Selina Breiner** scored in 10 of her 11 swimming events at the Vulcan Challenge hosted by California (Pa.) University ... SVC's **Casey Whittaker** led the way for the Bearcat men this weekend, with a pair of individual victories in butterfly events, taking first in both the 100 and 200 yard races ... Saturday, four Grove City women's swimmers all picked up two wins each as Grove City handed Wooster its first loss of the season.

Bethany Bison
(M: 1-7, 0-2 PAC; W: 3-6, 0-3 PAC)



The Bethany College swimming and diving teams celebrated Senior Day in style, with the Bison men picking up their first win of the season against Urbana 66-58, while the BC women also beat the Blue Knights by the score of 93-65 ... Bethany's men started off on the right foot, as the 400 Medley Relay Team of **Nick Salvagni, Patrick McCarthy, Richard Sawyer** and **Vinnie Giangiulio** won the event ... Pulling out a victory was Sawyer in 200 Fly (2:31.01), while points were also earned by the other senior captain in McCarthy, who finished third in the 50 Free (16.33) and second in the 100 Free (59.65) ... For the women, the Bison started out strong by winning the first two events ... The 400 Medley Relay team of **Cynthia Richardson, Desiree Finley, Theresa Smith** and **Liz Rubash** took first, which was followed by sophomore **Sara Reass** winning the 1000 Free (12:47.61) ... Reass also finished second in the 500 Free to help push the Bison to victory ... In the 50 Free, Smith led the Bison when they took three of the top four positions with a time of 28.02 ... Smith also took top honors in the 200 Fly (3:02.86) ... The 100 Free looked similar to the 50, with BC claiming three of the top four positions, paced by Rubash with a time of 57.58 ... The Bison will be in action again next Saturday when they complete their dual meet schedule by swimming at Grove City.

Grove City Wolverines
(M: 10-2, 1-0 PAC; W: 12-1, 2-0 PAC)



The Grove City College men's and women's swimming and diving teams both went 3-0 in non-conference action last week ... Friday, the Grove City women swept Penn State-Behrend and Pitt-Bradford in a double dual in the Longnecker Competition Pool ... **Kate Wilt** won the 50 and 500 free races for Grove City ... Saturday, **Bethany Johnson, Angela Palumbo, Kaitlin Riesmeyer** and **Jenny Ryan** all picked up two wins each as Grove City handed Wooster its first loss of the season ... At 12-1, the women's squad has tied the program's single-season win record, set last year ... The men's team is 10-2 after sweeping Behrend and Pitt-Bradford Friday ... Diver **Kyle Grubbs** broke the school record in 1-meter diving with 303.90 points ... He also won 3-meter diving ... **Josh Kim** and **Eric Fairchild** both picked up two wins each in swimming competition ... Saturday, Grove City topped Wooster ... Grubbs won both diving events while sophomore **Ben Bowser** swept the butterfly ... **Lincoln Larsen** swept the breaststroke and **Kirk Gagliardo** took the 100 and 200 free ... Grove City now has 59 straight winning seasons ... The Wolverines visit Westminster Thursday.

Washington & Jefferson Presidents
(M: 6-5, 1-2 PAC; W: 8-4, 2-2 PAC)



Washington & Jefferson College concluded its dual-meet schedule with a sweep of Hiram on Senior Day Saturday at the Henry Memorial Natatorium ... Senior Andrew Forish paced the men's squad with three victories ... He helped the 200 medley (1:41.35) and 200 freestyle (1:29.90) relays to a victory and also captured the 200 freestyle (1:52.40) ... Sophomore Jonathan Weeks, last week's PAC Swimmer of the Week, won three individual events, while junior Brandon Smith captured two triumphs ... Sophomore C.J. Corcoran garnered four victories for the women's squad, including individual triumphs in the 200 freestyle (2:04.41) and 100 butterfly (1:02.89) ... She also swam on winning 200 medley (1:57.32) and 200 freestyle (1:46.06) relays ... Classmate Brittany Vogel also turned in a three-victory performance, claiming the 100 backstroke (1:02.76) and 400 IM (4:53.02), while joining Corcoran on the 200 medley relay.

Chatham Cougars
(W: 7-5, 1-3 PAC)



Chatham traveled to California University of Pennsylvania (Cal U) this weekend to compete in the Vulcan Challenge, a unique combination of dual and invitational scoring ... Other competitors included Lock Haven University, Mansfield University, and hosts Cal U, all Division II competitors ... The Bald Eagles of Lock Haven won the four-team invitational with 735 points, followed by the Vulcans of Cal U with 609 points, the Cougars with 548 points, and finally the Mountaineers of Mansfield with 234 points ... In dual meet action, Chatham lost to Lock Haven by a score of 91-38 and Cal U by a score of 73-56, while defeating Mansfield 113-28 ... Highlights of the meet included a victory by **Chelsea Mummert** in the 50 backstroke with a final time of 28.70, as well as a 2-3 finish by Mummert and junior **Carly Hicks** in the 100 and 200 back and 200 free races ... **Emily Price** placed second in the 100 IM, third in the 200 IM and fourth in the 400 IM while teammate **Selina Breiner** scored in 10 of her 11 swimming events ... Her highest finishes were her third place finishes in the 100 and 200 breaststrokes ... Other contributions came from **Sarah Sindler** in the 200 butterfly, **Lyndsay Minnich** in the 100 fly as well as the 1000 freestyle, and **Asthen Omstead** in the 200 breaststroke.

Saint Vincent Bearcats
(M: 0-7; W: 2-6)



Both Bearcat squads were in action against Westminster on Saturday, with the men falling 140-101 and the women losing 128-113 ... **Casey Whittaker** led the way for the Bearcat men, with a pair of individual victories in butterfly events, taking first in both the 100 and 200 yard races ... Whittaker was also part of a pair of third-place relay squads, including the 200 Medley (with **Adam Thomas, Troy Linebaugh, and Matt Snelick**) and the 400 Free (with Thomas, Linebaugh, and **Logan Dorminey**) ... Snelick earned a second-place finish in the 100 Breaststroke, while Thomas touched second in the 200 Back and Linebaugh in the 50 Free ... In women's action, Saint Vincent was able to capture a pair of first-place finishes, beginning with the 400 Medley Relay, won by foursome of **Katie Custer, Jess Kennedy, Christine Dunleavy, and Maggie Dempsey** ... Kennedy also earned SVC's second victory of the day, taking first in the 50 Freestyle, while she was part of SVC's second-place 400 Freestyle Relay squad, along with Custer, Dempsey, and **Amanda Haile** ... **Jayna Cline** turned in second-place times in the 1000 and 500 Freestyle, while the Lady Bearcats' **Sarah Denning** took third place in both the 100 and 200 Back ... Dunleavy took third in the 100 and 200 Breaststroke, while Custer finished third in the 100 and 200 Butterfly.

Westminster Titans
(M: 5-2, 2-0 PAC; W: 6-2, 3-0 PAC)



Westminster broke a total of eight pool records at Saint Vincent's Resnick Pool on Saturday as the Titan men won the dual meet 140-101 and the Titan women won 128-113 ... Additionally, Westminster won a combined 17 events (9 men's, 8 women's) ... **Courtney Herdt** was the only Titan to set two individual pool records as she touched first in the 100- (1:08.70) and 200-yard (2:29.41) breaststrokes ... **Caitlin Lehberger** also won two events by taking the 100 backstroke (1:04.00), while her first-place time in the 100 freestyle (55.02) was a pool record ... Lehberger's exhibition time in the 500 freestyle (5:24.24) was faster than Saint Vincent's first-place finisher ... **Lyndsey Vogler** captured two events, the 1,000 freestyle (11:22.44) and a pool-record time in the 200 backstroke (2:17.26) ... The two other pool records for the Titan women were exhibition times from **Sierra Beecher** in the 400 IM (4:50.26) and the 400 freestyle relay (3:46.24) ... **Mark Brooks** was a part of both of the men's team pool records, by winning in the 200 backstroke (2:01.40) and helping out on the meet-best exhibition time in the 400 freestyle relay (3:18.20) ... **Mike Barringer** figured in on three event wins, the 400 freestyle relay, the 100 freestyle (49.38), and as the anchor of the 200 medley relay (1:40.71).

Bethany Bison
M: 1-7, 0-2 PAC
W: 3-6, 0-3 PAC

MEN

| | | |
|------------|---------------------------|-----------|
| Oct. 24 | at Pitt-Bradford Relays | 5th/5 |
| Oct. 31 | at Penn State-Behrend | L, 56-86 |
| Nov. 7 | HIRAM | L, 87-93 |
| Nov. 14 | WESTMINSTER* | L, 58-104 |
| Dec. 5 | at Penn State-Altoona | L, 55,120 |
| Jan. 13 | at Wash. & Jeff.* | L, 72-122 |
| Jan. 16 | SAINT VINCENT* | L, 90-110 |
| Jan. 20 | FROSTBURG STATE | L, 43-118 |
| Jan. 30 | at Urbana | W, 66-58 |
| Feb. 6 | at Grove City* | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

WOMEN

| | | |
|------------|---------------------------|--------------|
| Oct. 24 | at Pitt-Bradford Relays | 5th/5 |
| Oct. 31 | at Penn State-Behrend | L, 79-97 |
| Nov. 7 | HIRAM | L, 111-125 |
| Nov. 14 | WESTMINSTER* | L, 78-104 |
| Dec. 5 | at PSU-Altoona | W, 108-98 |
| Jan. 13 | at Wash. & Jeff.* | L, 99-143 |
| Jan. 16 | SAINT VINCENT* | L, 114-115 |
| Jan. 20 | FROSTBURG ST. | W, 93.5-72.5 |
| Jan. 23 | at Chatham* | L, 73-146 |
| Jan. 30 | at Urbana | W, 93-65 |
| Feb. 6 | at Grove City* | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

Chatham Cougars
W: 7-5, 0-3 PAC

WOMEN

| | | |
|------------|---------------------------|----------------|
| Oct. 30 | at Westminster Relays | 4th/6 |
| Oct. 31 | at Westminster* | L, 129.5-152.5 |
| Nov. 7 | JUNIATA | W, 224-44 |
| Nov. 7 | SWEET BRIAR | W, 176-112 |
| Nov. 7 | P.S.-ALTOONA | W, 228-52 |
| Nov. 11 | at Wash. & Jeff.* | L, 99-123 |
| Nov. 13 | at Hiram | W, 135-103 |
| Nov. 24 | GROVE CITY* | L, 97-132 |
| Jan. 22 | PSU-BEHREND | W, 115-103 |
| Jan. 23 | BETHANY* | W, 146-73 |
| Jan. 30 | Vulcan Challenge | 3rd/4 |
| | vs. Lock Haven | L, 38-91 |
| | vs. California (Pa.) | L, 56-73 |
| | vs. Mansfield | W, 113-28 |
| Feb. 6 | SAINT VINCENT* | 1 p.m. |
| Feb. 6 | PENN ST.-ALTOONA | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

Grove City Wolverines
M: 10-2, 1-0 PAC
W: 12-10, 2-0 PAC

MEN

| | | |
|------------|-------------------------|---------------|
| Oct. 25 | at Clarion Fall Classic | 1st/4 |
| Oct. 31 | at Allegheny | W, 135-101 |
| Nov. 14 | CARNEGIE MELLON | L 124-176 |
| Nov. 20 | at Saint Vincent* | W 137.5-123.5 |
| Nov. 21 | at Kenyon Quad | 1st/4 |
| Dec. 4-5 | LONGNECKER INVITE | 1st/5 |
| Dec. 12 | at Hiram | W, 144-119 |
| Jan. 16 | WASH. & JEFF.* | W, 154-125 |
| Jan. 23 | at Denison | L, 124-158 |
| Jan. 29 | PITT-BRADFORD | W, 121-16 |
| Jan. 29 | PENN ST.-BEHREND | W, 82-58 |
| Jan. 30 | WOOSTER | W, 172-122 |
| Feb. 6 | at Westminster* | 6 p.m. |
| Feb. 18-20 | - PAC CHAMPIONSHIPS | |

WOMEN

| | | |
|------------|-------------------------|------------|
| Oct. 25 | at Clarion Fall Classic | 2nd/4 |
| Oct. 31 | at Allegheny | W, 136-104 |
| Nov. 14 | CARNEGIE MELLON | W 158-138 |
| Nov. 20 | at Saint Vincent* | W, 143-107 |
| Nov. 21 | at Kenyon Quad | 1st/4 |
| Nov. 24 | at Chatham* | W, 132-97 |
| Dec. 4-5 | LONGNECKER INVITE | 1st/9 |
| Dec. 12 | at Hiram | W, 143-136 |
| Jan. 16 | WASH. & JEFF.* | W, 148-141 |
| Jan. 23 | at Denison | L, 119-167 |
| Jan. 29 | PITT-BRADFORD | W, 86-30 |
| Jan. 29 | PENN ST.-BEHREND | W, 74-59 |
| Jan. 30 | WOOSTER | W, 159-136 |
| Feb. 6 | at Westminster* | 6 p.m. |
| Feb. 18-20 | - PAC CHAMPIONSHIPS | |

Saint Vincent Bearcats
M: 0-7
W: 2-6

MEN

| | | |
|------------|---------------------------|----------------|
| Oct. 25 | WHEELING JESUIT | L, 118-133 |
| Nov. 7 | at Penn St.-Behrend | L, 51-168 |
| Nov. 7 | vs. Baldwin-Wallace | L, 64-169 |
| Nov. 13 | GROVE CITY* | L, 123.5-137.5 |
| Dec. 4-6 | at Fredonia State Invite | 6th/10 |
| Dec. 12 | at Mount Union | L, 97-160 |
| Jan. 9 | at Wash. & Jeff.* | L, 96-125 |
| Jan. 16 | at Bethany* | W, 110-90 |
| Jan. 23 | W.VA. WESLEYAN | L, 109-139 |
| Jan. 30 | WESTMINSTER* | 1 p.m. |
| Feb. 6 | at Penn St.-Altoona | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

WOMEN

| | | |
|------------|---------------------------|------------|
| Oct. 25 | WHEELING JESUIT | L, 110-144 |
| Nov. 7 | at Penn St.-Behrend | L, 104-114 |
| Nov. 7 | vs. Baldwin-Wallace | W, 148-66 |
| Nov. 13 | GROVE CITY* | L, 107-143 |
| Dec. 4-6 | at Fredonia State Invite | 3rd/10 |
| Dec. 12 | at Mount Union | L, 109-153 |
| Jan. 9 | at Wash. & Jeff.* | L, 100-129 |
| Jan. 16 | at Bethany* | W, 115-114 |
| Jan. 23 | W.VA. WESLEYAN | W, 135-101 |
| Jan. 30 | WESTMINSTER* | 1 p.m. |
| Feb. 6 | at Chatham* | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

Wash. & Jeff. Presidents
M: 6-5, 1-2 PAC
W: 8-4, 2-2 PAC

MEN

| | | |
|----------|--------------------------|---------------|
| Nov. 4 | at Frostburg State | W, 116-80 |
| Nov. 14 | at Baldwin-Wallace | W, 175-125 |
| Nov. 18 | at Westminster* | L, 118-176 |
| Nov. 21 | Case Western | L, 128-169 |
| | Grove City | L, 76.5-221.5 |
| | Kenyon | L, 104-180 |
| Dec. 4-5 | at GCC Longnecker Invit. | 2nd/5 |
| Jan. 9 | SAINT VINCENT* | W, 125-96 |
| Jan. 13 | BETHANY* | W 122-72 |
| Jan. 16 | at Grove City* | L, 125-154 |
| Jan. 23 | PSU-BEHREND | W, 182-112 |
| Jan. 30 | HIRAM | W, 131-103 |

WOMEN

| | | |
|----------|--------------------------|----------------|
| Nov. 4 | at Frostburg State | W, 106-86 |
| Nov. 11 | CHATHAM* | W, 123-99 |
| Nov. 14 | at Baldwin-Wallace | W, 134-103 |
| Nov. 18 | at Westminster* | L, 127-170 |
| Nov. 21 | Kenyon | L, 143.5-146.5 |
| | Grove City | L, 128-171 |
| | Case Western | W, 153-144 |
| Dec. 4-5 | at GCC Longnecker Invit. | 2nd/9 |
| Jan. 9 | SAINT VINCENT* | W, 129-100 |
| Jan. 13 | BETHANY* | W, 143-99 |
| Jan. 16 | at Grove City* | L, 141-148 |
| Jan. 23 | PSU-BEHREND | W, 159-119 |
| Jan. 30 | HIRAM | W, 158-113 |

Westminster Titans
M: 5-2, 2-0 PAC
W: 6-2, 3-0 PAC

MEN

| | | |
|------------|---------------------------|--------------|
| Oct. 24 | at Clarion Fall Classic | 3rd/4 |
| Oct. 30 | WC RELAY CARNIVAL | 3rd/5 |
| Nov. 7 | ALLEGHENY | W, 148-145 |
| Nov. 14 | at Bethany* | W, 104-58 |
| Nov. 18 | WASH. & JEFF.* | W, 176-118 |
| Nov. 21 | WOOSTER | L, 143-153 |
| Dec. 3-5 | at Wooster Invite | 5th/10 (964) |
| Jan. 9 | at Rollins | W, 109-77 |
| Jan. 23 | CARNEGIE MELLON | L, 110-181 |
| Jan. 30 | at Saint Vincent* | 1 p.m. |
| Feb. 4 | GROVE CITY* | 6 p.m. |
| Feb. 6 | at Mount Union | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |

WOMEN

| | | |
|------------|---------------------------|----------------|
| Oct. 24 | at Clarion Fall Classic | 3rd/4 |
| Oct. 30 | WC RELAY CARNIVAL | 3rd/6 |
| Oct. 31 | CHATHAM* | W, 152.5-129.5 |
| Nov. 7 | ALLEGHENY | W, 160-133 |
| Nov. 14 | at Bethany* | W, 104-78 |
| Nov. 18 | WASH. & JEFF.* | W, 170-127 |
| Nov. 21 | WOOSTER | L, 128-169 |
| Dec. 3-5 | at Wooster Invite | 5th/10 (828) |
| Jan. 9 | at Rollins | W, 125-61 |
| Jan. 23 | CARNEGIE MELLON | L, 133-183 |
| Jan. 30 | at Saint Vincent* | 1 p.m. |
| Feb. 4 | GROVE CITY* | 6 p.m. |
| Feb. 6 | at Mount Union | 1 p.m. |
| Feb. 18-20 | - PAC Championships (GCC) | |