



# SWIMMING & DIVING 2006-07

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## CURRENT 2006-07 REGULAR SEASON MEN'S STANDINGS (through October 29, 2006)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Bethany College	0	0	.000	0	0	.000
Grove City College	0	0	.000	0	0	.000
Washington & Jefferson College	0	0	.000	0	0	.000
Westminster College	0	0	.000	0	0	.000
Saint Vincent College	0	0	.000	0	1	.000

## CURRENT 2006-07 REGULAR SEASON WOMEN'S STANDINGS (through October 29, 2006)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Bethany College	0	0	.000	0	0	.000
Grove City College	0	0	.000	0	0	.000
Washington & Jefferson College	0	0	.000	0	0	.000
Westminster College	0	0	.000	0	0	.000
Saint Vincent College	0	0	.000	0	1	.000

### RECENT RESULTS

#### Friday-Saturday, October 20-21

Clarion Invitational - Clarion, Pa.

Grove City (M) - 1st of 2 teams

Grove City (W) - 4th of 4 teams

#### Friday, October 27

Westminster Relay Invitational - New Wilmington, Pa.

Westminster (M) - 2nd of 5 teams (100)

Westminster (W) - 3rd of 6 teams (92)

#### Saturday, October 28

West Virginia Wesleyan 102, SAINT VINCENT 69 (M)

West Virginia Wesleyan 82, SAINT VINCENT 58 (W)

Pitt-Bradford Relays - Bradford, Pa.

Bethany (M/W combined) - 4th of 5 teams

### UPCOMING SCHEDULE

#### Friday, November 3

Grove City (M) vs. Butler (at Youngstown St.) - 6 p.m.

#### Saturday, November 4

Chatham at Grove City (W) - 1 p.m.

Frostburg State at Washington & Jefferson - 1 p.m.

Penn State-Altoona at Saint Vincent - 1 p.m.

Penn State-Behrend at Bethany - 1 p.m.

## PAC Men's Swimmer/Diver of the Week

### CALEB COURAGE

Grove City College

Junior - sprint freestyle

Shippensburg, Pa.

Shippensburg H.S.



Courage captured four wins for the Wolverines at the Clarion University Invitational on Oct. 20-21. He swept all three sprint freestyle events, touching first in the 50 free (21.56), 100 free (47.52) and 200 free (1:47.64) while also winning the 200 individual medley (2:01.06). His performance helped the GCC men come away with the team title at the event.

Also nominated was senior **Stephen Zinz** of Bethany and freshman **Steve Seidelson** of Westminster.

## PAC Women's Swimmer/Diver of the Week

### MEGAN MIER

Westminster College

Sophomore - backstroke/IM/freestyle

Copley, Ohio

Revere H.S.



Mier posted a first place finish and two second places for the Titans at the Westminster Relay Carnival, leading the team to a second-place finish at the five-team event. She swam on the winning 300 backstroke team (3:10.14) as well as the second-place 4x100 IM relay (4:21.71) and 500 freestyle (4:58.46) relay teams.

Also nominated was sophomore **Brenda Maxwell** of Bethany and sophomore **Whitney Fairchild** of Grove City.

# PAC SWIMMING & DIVING NOTES

## Bethany Bison



The Bethany swimming and diving programs opened the 2006-07 season Saturday at the Pitt-Bradford Relays ... It's the earliest start in school history for the program ... The Bison finished in fourth place out of five teams with combined men's and women's scores ... The top showing came from the mixed 200 medley relay team of **Erin Staniech, Travis Edwards, Stephen Zinz** and **Brenda Maxwell** earning second place with a time of 1:57.67 ... The Bison men's 300 backstroke relay of **Patrick Piekarski, Michael Giovanetti**, Edwards and Zinz touched third with a time of 3:25.39 ... Both Bethany teams begin dual meet competition Saturday with a home meet against Penn State-Behrend, which took first place at the Bradford Relays.

## Grove City Wolverines



Grove City opened the 2006-07 season Oct. 20-21 at the two-day Clarion Invitational ... The men earned 1,068 team points to top host Clarion (838), while the women finished fourth against three NCAA D-II foes: Clarion, Slippery Rock and Lock Haven ... On the men's side, junior **Caleb Courage** earned four wins, sweeping the sprints (50, 100 and 200 free events) and the 200 individual medley ... Freshman **Chip Cressman** secured three wins: the 500, the 400 IM and the 1650 ... Sophomore **Tim Whitbeck** (50 free), senior **Andrew Gilbert** (100 breaststroke) and junior **Nick Barker** (200 fly) all posted runner-up efforts ... Three GCC women posted top-five performances ... Freshman **Rachel Johnson** placed third in the 200 backstroke while sophomore **Whitney Fairchild** finished fourth in both the 1650 and 400 IM ... Freshman **Ruth Wiedeman** took fifth in the 1650 ... Both Grove City teams will open their dual-meet seasons this weekend ... The men's team will face NCAA Division I Butler at Youngstown State Friday night, while the women's team hosts future PAC foe Chatham Saturday.

## Wash. & Jeff. Presidents



Washington & Jefferson College opens its 2006-2007 schedule on Saturday when hosting Frostburg State at the Henry Memorial Center on Saturday at 1:00 pm ... The W&J men defeated the Bobcats, 117-82, a year ago, while the Presidents' women collected a 126-78 win.

## Westminster Titans



The Westminster College men's and women's swimming teams opened the 2006-07 season Friday with a combined second-place finish as hosts of the Westminster Relay Carnival at the Westminster Natatorium ... The Titan men placed second with 100 points, finishing second behind Carnegie Mellon (122) in the five-team field ... The Titan women took third with 92 points, placing just behind second-place Edinboro (94) ... Carnegie Mellon won the women's points standings among the six teams with 122 ... Carnegie Mellon (230) won the combined standings, finishing ahead of Westminster (192) ... The relay carnival featured a total of 20 men's and women's events ... The Westminster women's team won the 300 backstroke relay with a time of 3:10.14, while the Westminster men's team won the 500 freestyle crescendo relay with a time of 4:20.79 ... The Titan men also placed second in seven other events and the Titan women second in four additional races.

## Saint Vincent Bearcats



The Bearcats opened the 2006 season with a pair of losses to West Virginia Wesleyan by scores of 102-69 (men) and 82-58 (women) ... Saturday's meet against West Virginia Wesleyan was the first-ever meet held on campus at the Frank and Elizabeth Resnik Swimming Pool ... Last year, home meets were held at Greater Latrobe High School ... **Jon Okonak** set a school record in the 50-yard freestyle, winning the event in 22:49 ... The Bearcats remain at home this Saturday when the yhost Penn State-Altoona at 1 p.m.

## 2006-07 PAC Swimmers/ Divers of the Week

### Men

10/29 - **Caleb Courage**, GRO  
11/5  
11/12  
11/19  
11/26  
12/3  
12/10  
1/7  
1/14  
1/21  
1/28  
2/4

### Women

10/29 - **Megan Mier**, WES  
11/5  
11/12  
11/19  
11/26  
12/3  
12/10  
1/7  
1/14  
1/21  
1/28  
2/4