

2010-11 PAC Swimming & Diving Release

Week 2 - November 1



Presidents' Athletic Conference
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2010-11 PAC MEN'S STANDINGS (through October 31)

| School | PAC Contests | | | All Contests | | |
|------------------------|--------------|---|------|--------------|---|-------|
| | W | L | Pct. | W | L | Pct. |
| Grove City | 0 | 0 | .000 | 1 | 0 | 1.000 |
| Saint Vincent | 0 | 0 | .000 | 0 | 0 | .000 |
| Washington & Jefferson | 0 | 0 | .000 | 0 | 0 | .000 |
| Westminster | 0 | 0 | .000 | 0 | 0 | .000 |
| Bethany | 0 | 0 | .000 | 0 | 1 | .000 |

2010-11 PAC WOMEN'S STANDINGS (through October 31)

| School | PAC Contests | | | All Contests | | |
|------------------------|--------------|---|-------|--------------|---|-------|
| | W | L | Pct. | W | L | Pct. |
| Westminster | 1 | 0 | 1.000 | 1 | 0 | 1.000 |
| Grove City | 0 | 0 | .000 | 1 | 0 | 1.000 |
| Saint Vincent | 0 | 0 | .000 | 0 | 0 | .000 |
| Washington & Jefferson | 0 | 0 | .000 | 0 | 0 | .000 |
| Bethany | 0 | 0 | .000 | 0 | 1 | .000 |
| Chatham | 0 | 1 | .000 | 0 | 1 | .000 |

Men's Swimmer/Diver of the Week

BEN BOWSER

Grove City

Junior

Stow, Ohio

Stow-Munroe Falls



Bowser earned three wins Saturday in Grove City's victory over Allegheny. He won the 100 fly in 52.47, the 200 fly in 1:58.92 and the 200 IM in 1:59.09. He also helped the 400 medley relay earn a win (3:35.81).

Also nominated were Bethany junior **Jared Patrick** and Westminster sophomore **Alan Nedley**.

Women's Swimmer/Diver of the Week

ERIN ERDLEY

Westminster

Freshman

Meadville, Pa.

Cochran H.S.



Erdley swam on two winning relay teams while leading the Titans to a third-place finish at the Westminster Relays Friday and she was also the leading scorer in a 149-129 PAC win at Chatham Saturday. Erdley swam on the winning 400 medley relay and 400 IM relays Friday. Saturday, she swam on the winning 200 medley relay while also winning the 100 back (1:03.10) and the 200 back (2:14.90).

Also nominated was Bethany sophomore **Liz Rubash** and Grove City sophomore **Kaitlin Riesmeyer**.

LAST WEEK

Friday, October 29, 2010

Westminster Relays

Men (five teams)

- Westminster - 92
- Saint Vincent - 64

Women (six teams)

- Westminster - 102
- Chatham - 72
- Saint Vincent - 46

Saturday, October 30, 2010

Men

GROVE CITY 180.5, Allegheny 103.5
Penn St.-Behrend 116, BETHANY 104

Women

Westminster 149, CHATHAM 129*
GROVE CITY 160, Allegheny 136
Penn St.-Behrend 120, BETHANY 86

THIS WEEK

Saturday, November 6, 2010

Saint Vincent at Grove City* - 1 p.m.

Bethany at Hiram - 1 p.m.

Westminster at Allegheny - 1 p.m.

Chatham Invitational - 2 p.m.

W&J at York (w/ Marymount) - 2 p.m.

2010-11 PAC SWIMMERS/DIVERS OF THE WEEK

Men

October 25: **Josh Kim**, GRO
November 1: **Ben Bowser**, GRO
November 8:
November 15:
November 22:
December 6:
December 13:
January 10:
January 17:
January 24:
January 31:
February 7:

Women

Kaitlin Riesmeyer, GRO
Erin Erdley, WES

Bethany Bison

(M: 0-1, 0-0 PAC; W: 0-1, 0-0 PAC)

Bethany was defeated by visiting Penn State Behrend Saturday in their first dual meet of the season, as the women lost 120-86 and the men dropped a 116-104 decision ... The top scorer on the women's side was sophomore **Liz Rubash**, who took first place in the 100 Free by touching in a time of 57.60 seconds and was also second in the 200 Free with a time of 2:12.74 ... Other first places were recorded by junior **Jennifer Briskey** in the 200 IM (2:36.22) and sophomore diver **Theresa Smith**, who scored 144.60 to win the one-meter diving competition ... Another top finisher for the Bison was senior **Cynthia Richardson**, who was second in the 50 Free (27.79) and 100 Back (1:11.22) ... For the Bethany men, freshman **Derrick Craddock** enjoyed a strong first meet, as he was second in the 50 Free (24.57) and 100 Free (57.75) ... Also collecting a pair of second places was junior **Jared Patrick** in the 200 IM (2:24.02) and 100 Fly (59.53) ... More second place points came in the diving events, where freshman **Zak Cofini** was the runner-up on the one-meter board and freshman **Jon Gray** placed second in the three-meter competition.



Chatham Cougars

(W: 0-1, 0-1 PAC)

Chatham opened up their winter season this weekend as they traveled to Westminster for the Westminster Relay Meet on Friday ... Of the six teams competing in the relay, Chatham finished fourth overall with a total of 72 points behind Gannon University, Edinboro University, and host Westminster ... The Cougars then hosted Westminster on Saturday in a Presidents' Athletic Conference (PAC) dual meet ... Perennial powerhouse Westminster defeated Chatham in the dual meet 149-129 ... The Cougars had a first and second place finish in the three meter diving from **Gwen Utz** and **Kaitlyn Lucas**, while first year **Lauren Burrow** earned a victory for her team in the 1000 yard freestyle race.



Grove City Wolverines

(M: 1-0, 0-0 PAC; W: 1-0, 0-0 PAC)

The Grove City College men's and women's swimming and diving teams commenced dual-meet action Saturday in the James E. Longnecker Pool against visiting Allegheny ... Junior **Ben Bowser** helped pace the men by sweeping the butterfly and also winning the 200 IM ... **Clay Becker** swept the breaststroke and **Alex Mathews** won both the 500 and 1650 ... On the women's side, **Kait Riesmeyer** won the 200 and 500 free, along with the 200 butterfly ... **Kate Wilt** swept the breaststroke ... **Lauren Baur** (100 fly) and **Angela Palumbo** (200 IM) also posted wins ... Riesmeyer and Wilt joined **Jenny Ryan** and **Jenna Richert** on Grove City's victorious 400 medley relay team ... Grove City opens conference play Saturday against Saint Vincent at 1 p.m.



Saint Vincent Bearcats

(M: 0-0, 0-0 PAC; W: 0-0, 0-0 PAC)

Both SVC swimming teams opened up the 2010 schedule by participating at the Westminster College Relays on Friday evening ... In men's action, the Bearcat 3x100 relay squad of **Kyle Anderson**, **Dan Kostovny**, and **Adam Hodnichak** finished third, with a time of 3:28.67, while the 4x400 Medley squad of Kostovny, **Adam Thomas**, **Casey Whittaker**, and **Logan Dorminey** also turned in a third-place finish, with a time of 3:56.38 ... The Lady Bearcat 4x200 Freestyle relay foursome of **Carolyn Claybrooks**, **Jess Kennedy**, **Maggie Dempsey**, and **Katie Custer** took third, timed in 1:44.28, while the women's 3x500 Free relay team of **Amanda Haile**, **Jayna Cline**, and **Kelsey Linstrum** turned in a third-place time of 17:31.10.



Washington & Jefferson Presidents

(M: 0-0, 0-0 PAC; W: 0-0, 0-0 PAC)

Washington & Jefferson begins its 23rd year under Head Coach **Mike Orstein** Saturday in southeastern Pennsylvania. ... The Presidents will compete against the host Spartans and Marymount (Va.) in a double-dual meet.



Westminster Titans

(M: 0-0, 0-0 PAC; W: 1-0, 1-0 PAC)

Both the Westminster men and women placed third as hosts of the Westminster Relays Friday with four event wins ... The Titan women won three of the events, including the 3x100 breaststroke with a meet-record time of 3:27.87 ... The Titan women then traveled to Chatham Saturday where they picked up a 149-129 PAC win ... The Titans finished first in 14 events, but four were exhibition results ... Freshman **Erin Erdley** was the leading scorer for the Titans with two first-place finishes in the 100 (1:03.10) and 200 (2:14.90) backstrokes ... She also swam on the winning 200 medley relay (1:55.05), which included juniors **Caitlin Lehberger** and **Sierra Beecher** ... Lehberger also won the 200 breaststroke (2:29.35) and posted the top exhibition time in the 200 IM (2:13.54) ... Beecher won the 200 freestyle (2:00.67) and the best exhibition time in the 500 freestyle (5:32.55).



Bethany Bison
M: 0-1, 0-0 PAC
W: 0-1, 0-0 PAC

MEN

| | | |
|---------|-------------------------|---------|
| Oct. 23 | at Pitt-Bradford Relays | 6th/6 |
| Oct. 30 | PENN STATE BEHREND L | 104-116 |
| Nov. 6 | at Hiram | 1 p.m. |
| Nov. 13 | at Westminster* | 1 p.m. |
| Dec. 4 | PENN STATE ALTOONA | 1 p.m. |
| Jan. 12 | WASH. & JEFF.* | 6 p.m. |
| Jan. 19 | at Frostburg | 6 p.m. |
| Jan. 22 | vs. Saint Vincent* | 1 p.m. |
| | w/P.S. Altoona (at CHA) | |
| Jan. 29 | URBANA | 2 p.m. |
| | w/Davis & Elkins | |
| Feb. 5 | at Grove City* | 1 p.m. |

WOMEN

| | | |
|---------|----------------------------------|--------------------|
| Oct. 23 | at Pitt-Bradford Relays | 6 th /6 |
| Oct. 30 | PENN STATE BEHREND L | 86-120 |
| Nov. 6 | at Hiram | 1 p.m. |
| Nov. 13 | at Westminster* | 1 p.m. |
| Dec. 4 | PENN STATE ALTOONA | 1 p.m. |
| | w/Ursuline | |
| Jan. 12 | WASH. & JEFF.* | 6 p.m. |
| Jan. 19 | at Frostburg | 6 p.m. |
| Jan. 22 | at Chatham* | 1 p.m. |
| | w/Saint Vincent* and P.S.Altoona | |
| Jan. 29 | URBANA | 2 p.m. |
| | W/ Davis & Elkins | |
| Feb. 5 | at Grove City* | 1 p.m. |

Chatham Cougars
W: 0-1, 0-1 PAC

WOMEN

| | | |
|----------|---------------------------------|-----------|
| Oct. 29 | at Westminster Relays | 4th/6 |
| Oct. 30 | WESTMINSTER | L 129-149 |
| Nov. 6 | CHATHAM INVITE | 2 p.m. |
| | vs. Juniata | |
| | vs. Millersville | |
| | vs. Salem International | |
| Nov. 10 | WASH. & JEFF.* | 7 p.m. |
| Nov. 13 | at P.S. Behrend | 1 p.m. |
| | w/Allegheny | |
| Dec. 3-5 | at Fredonia Invitational | 5 p.m. |
| Dec. 11 | at Grove City* | 1 p.m. |
| | w/Hiram | |
| Jan. 22 | BETHANY* | 1 p.m. |
| | w/St. Vincent* and P.S. Altoona | |
| Feb. 5 | at Millersville | 1 p.m. |

Grove City Wolverines
M: 1-0, 0-0 PAC
W: 1-0, 0-0 PAC

MEN

| | | |
|----------|-------------------------|---------------|
| Oct. 23 | at Clarion Fall Classic | 1st/2 |
| Oct. 30 | ALLEGHENY | W 180.5-103.5 |
| Nov. 6 | SAINT VINCENT* | 1 p.m. |
| Nov. 13 | at Carnegie Mellon | 1 p.m. |
| Nov. 20 | KENYON w/ CASE | 1 p.m. |
| Dec. 2-4 | at Kenyon Invitational | TBA |
| Dec. 3-4 | GROVE CITY INVITE | 4 p.m./ |
| | | 10 a.m. |
| Dec. 11 | HIRAM | 1 p.m. |
| Jan. 15 | at Wash. & Jeff.* | 1 p.m. |
| Jan. 22 | DENSION | 1 p.m. |
| Jan. 29 | at Wooster | 1 p.m. |
| Feb. 2 | WESTMINSTER* | 6 p.m. |
| Feb. 5 | at Pitt Quad | 1 p.m. |
| Feb. 5 | BETHANY | 1 p.m. |

WOMEN

| | | |
|----------|------------------------|-----------|
| Oct. 23 | at Clarion Classic | 2nd/2 |
| Oct. 30 | ALLEGHENY | W 160-136 |
| Nov. 6 | SAINT VINCENT* | 1 p.m. |
| Nov. 13 | at Carnegie Mellon | 1 p.m. |
| Nov. 20 | KENYON w/ CASE | 1 p.m. |
| Dec. 2-4 | at Kenyon Invitational | TBA |
| Dec. 3-4 | GROVE CITY INVITE | 4 p.m./ |
| | | 10 a.m. |
| Dec. 11 | HIRAM | 1 p.m. |
| Jan. 15 | at Wash. & Jeff.* | 1 p.m. |
| Jan. 22 | DENSION | 1 p.m. |
| Jan. 29 | at Wooster | 1 p.m. |
| Feb. 2 | WESTMINSTER* | 6 p.m. |
| Feb. 5 | at Pitt Quad | 1 p.m. |
| Feb. 5 | BETHANY* | 1 p.m. |

Saint Vincent Bearcats
M: 0-0, 0-0 PAC
W: 0-0, 0-0 PAC

MEN

| | | |
|----------|-----------------------|--------|
| Oct. 29 | at Westminster Relays | 4th/5 |
| Nov. 6 | at Grove City | 1 p.m. |
| Nov. 13 | at Pitt-Bradford | 1 p.m. |
| Nov. 20 | PENN STATE BEHREND | 1 p.m. |
| | w/Juniata | |
| Dec. 3-5 | at Fredonia State | TBA |
| Dec. 11 | MOUNT UNION | 1 p.m. |
| Jan. 8 | WASH. & JEFF.* | 1 p.m. |
| Jan. 15 | at Wesleyan (WV) | 1 p.m. |
| | w/Davis & Elkins | |
| Jan. 22 | BETHANY* | 1 p.m. |
| | w/Penn State-Altoona | |
| Jan. 28 | WHEELING | 6 p.m. |
| Jan. 29 | at Westminster* | 1 p.m. |
| Feb. 5 | FAIRMONT | 1 p.m. |

WOMEN

| | | |
|----------|-------------------------|--------|
| Oct. 29 | at Westminster Relays | 5th/6 |
| Nov. 6 | at Grove City | 1 p.m. |
| Nov. 13 | at Pitt-Bradford | 1 p.m. |
| Nov. 20 | PENN STATE BEHREND | 1 p.m. |
| | w/Juniata | |
| Dec. 3-5 | at Fredonia State | TBA |
| Dec. 11 | MOUNT UNION | 1 p.m. |
| Jan. 8 | WASH. & JEFF.* | 1 p.m. |
| Jan. 15 | at Wesleyan (WV) | 1 p.m. |
| | w/Davis & Elkins | |
| Jan. 22 | BETHANY* | 1 p.m. |
| | w/P.S. Altoona/Chatham* | |
| Jan. 28 | WHEELING | 6 p.m. |
| Jan. 29 | at Westminster* | 1 p.m. |
| Feb. 5 | FAIRMONT | 1 p.m. |

Wash. & Jeff. Presidents
M: 0-0, 0-0 PAC
W: 0-0, 0-0 PAC

MEN

| | | |
|----------|-----------------------|-----------|
| Nov. 6 | at York | 2 p.m. |
| | w/ Marymount | |
| Nov. 13 | BALDWIN-WALLACE | 1 p.m. |
| Nov. 17 | WESTMINSTER* | 6 p.m. |
| Nov. 19 | at CMU Invitational | 3 p.m. |
| Nov. 20 | at CMU Invitational | 9:30 a.m. |
| Nov. 20 | at Albright | 2 p.m. |
| | w/ Messiah | |
| Dec. 3-4 | at Grove City Invit. | All Day |
| Jan. 8 | at Saint Vincent* | 1 p.m. |
| Jan. 12 | at Bethany* | 6 p.m. |
| Jan. 15 | GROVE CITY* | 1 p.m. |
| Jan. 22 | at Penn State-Behrend | 1 p.m. |
| Jan. 29 | at Hiram | 1 p.m. |
| Feb. 5 | WHEELING JESUIT | 1 p.m. |

WOMEN

| | | |
|----------|-----------------------|-----------|
| Nov. 6 | at York | 2 p.m. |
| | w/ Marymount | |
| Nov. 10 | at Chatham* | 7 p.m. |
| Nov. 13 | BALDWIN-WALLACE | 1 p.m. |
| Nov. 17 | WESTMINSTER* | 6 p.m. |
| Nov. 19 | at CMU Invitational | 3 p.m. |
| Nov. 20 | at CMU Invitational | 9:30 a.m. |
| Nov. 20 | at Albright | 2 p.m. |
| | w/ Messiah | |
| Dec. 3-4 | at Grove City Invit. | All Day |
| Jan. 8 | at Saint Vincent* | 1 p.m. |
| Jan. 12 | at Bethany* | 6 p.m. |
| Jan. 15 | GROVE CITY* | 1 p.m. |
| Jan. 22 | at Penn State-Behrend | 1 p.m. |
| Jan. 29 | at Hiram | 1 p.m. |
| Feb. 5 | WHEELING JESUIT | 1 p.m. |

Westminster Titans
M: 0-0, 0-0 PAC
W: 1-0, 1-0 PAC

MEN

| | | |
|---------|-------------------------|---------|
| Oct. 29 | WESTMINSTER RELAYS | 3rd/5 |
| Nov. 6 | at Allegheny | 1 p.m. |
| Nov. 13 | BETHANY* | 1 p.m. |
| Nov. 17 | at Wash. & Jeff.* | 6 p.m. |
| Nov. 20 | WOOSTER | 1 p.m. |
| Dec. 2 | at Wooster Invitational | 11 a.m. |
| Dec. 3 | at Wooster Invitational | 10 a.m. |
| Dec. 4 | at Wooster Invitational | 10 a.m. |
| Dec. 11 | PENN STATE BEHREND | 1 p.m. |
| Jan. 11 | at Occidental (Calif.) | noon |
| | w/Lewis & Clark | |
| Jan. 22 | at Carnegie Mellon | 1 p.m. |
| | w/SUNY Geneseo | |
| Jan. 29 | SAINT VINCENT* | 1 p.m. |
| Feb. 2 | at Grove City* | 6 p.m. |
| Feb. 5 | MOUNT UNION | 1 p.m. |

WOMEN

| | | |
|---------|-------------------------|-----------|
| Oct. 29 | WESTMINSTER RELAYS | 3rd/6 |
| Oct. 30 | at Chatham | W 149-129 |
| Nov. 6 | at Allegheny | 1 p.m. |
| Nov. 13 | BETHANY* | 1 p.m. |
| Nov. 17 | at Wash. & Jeff.* | 6 p.m. |
| Nov. 20 | WOOSTER | 1 p.m. |
| Dec. 2 | at Wooster Invitational | 11 a.m. |
| Dec. 3 | at Wooster Invitational | 10 a.m. |
| Dec. 4 | at Wooster Invitational | 10 a.m. |
| Dec. 11 | PENN STATE BEHREND | 1 p.m. |
| Jan. 11 | at Occidental (Calif.) | noon |
| | w/Lewis & Clark | |
| Jan. 22 | at Carnegie Mellon | 1 p.m. |
| | w/SUNY Geneseo | |
| Jan. 29 | SAINT VINCENT* | 1 p.m. |
| Feb. 2 | at Grove City* | 6 p.m. |
| Feb. 5 | MOUNT UNION | 1 p.m. |