

2008 PAC Swimming & Diving Release

Week 2 - November 3



Presidents' Athletic Conference
8500 Brooktree Road, Suite 130
Wexford, PA 15090
Web: www.pacathletics.org

Contact: Joe Onderko
(724) 933-4630
onderko@pacathletics.org

2008 PAC MEN'S STANDINGS (through Nov. 2)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson	0	0	.000	0	0	.000
Westminster	0	0	.000	0	0	.000
Bethany	0	0	.000	0	1	.000
Grove City	0	0	.000	0	1	.000
Saint Vincent*	0	0	.000	1	1	.500

2008 PAC WOMEN'S STANDINGS (through Nov. 2)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	1	0	1.00	1	0	1.00
Washington & Jefferson	0	0	.000	0	0	.000
Bethany	0	0	.000	0	1	.000
Grove City	0	0	.000	0	1	.000
Chatham	0	1	.000	3	1	.750
Saint Vincent*	0	0	.000	2	1	.667

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Friday, October 31, 2008

Titan Relay Carnival
Men (five teams)

1. Westminster - 124

Women (six teams)

3. Westminster - 80

4. Chatham - 74

Saturday, November 1, 2008

Westminster 162, CHATHAM 121* (W)
CARN. MELLON 174, Grove City 125 (M)
CARN. MELLON 178, Grove City 121 (W)
Penn St.-Behrend 153, BETHANY 24 (M)
Penn St.-Behrend 123, BETHANY 89 (W)

THIS WEEK

Wednesday, November 5, 2008

Frostburg State at Wash. & Jeff. - 6 p.m.

Saturday, November 8, 2008

Bethany at Hiram - 1 p.m.

Penn St.-Behrend at Saint Vincent - 1 p.m.

Westminster at Allegheny - 1 p.m.

Chatham Invitational - 2 p.m.

Men's Swimmer/Diver of the Week

CODY ROBSON
Westminster

Senior
Bloomsburg, Pa.
Poland Seminary (OH)
H.S.



Robson helped lead Westminster to the men's team title and combined team championship at the six-team Titan Relay Carnival on Friday. He swam on three winning relay teams - the 300 butterfly (2:42.13), the 400 medley (3:44.37) and the 400 individual medley (3:51.09) - at the meet.

Also nominated was senior **Nic Yacobi** of Bethany and senior **Caleb Courage** of Grove City.

Women's Swimmer/Diver of the Week

MEGAN MIER
Westminster

Senior
Copley, Ohio
Revere H.S.



Mier broke two pool records in Westminster's 163-121 PAC win at Chatham as she won the 200 backstroke (2:14.20) and swam a leg for the winning 400 medley relay (4:10.72). She also led the WC women to a 3rd-place finish at the Titan Relay Carnival Friday by swimming on the winning 400 IM relay (4:20.53).

Also nominated was senior **Brenda Maxwell** of Bethany, sophomore **Amy Kuuskoski** of Chatham, and freshman **Kate Wilt** of Grove City.

PAC Swimming & Diving 2008-09 - Week 2 Conference Notes

TITANS WIN RELAY CARNIVAL: Week two of the PAC swimming campaign saw the Westminster Titans capture the overall and men's team titles at their own Relay Carnival in New Wilmington ... The WC men finished with 124 points to top the five-team field, while Westminster also finished first in combined team standings with 204 points .. In women's action, Westminster placed third (80) and Chatham was fourth (74).

WHO'S HOT: Amy Kuuskoski was a triple-winner for Chatham in the Cougars' dual loss to Westminster, capturing the 500 & 100 freestyle events while also swimming a leg for the victorious 400 freestyle relay team ... **Caleb Courage** was a triple winner for Grove City (50, 100 & 200 freestyle) in a 174-125 loss at Carnegie Mellon Saturday ... For the Wolverine women, freshman **Kate Wilt** won the 100 breaststroke (1:10.25) in a 178-121 loss at CMU.

AROUND THE LEAGUE: Bethany senior **Brenda Maxwell** captured the 1000 freestyle (12:28.04) and took second in the 500 free (5:48.81) against Penn State-Behrend ... Saint Vincent swimming was off last week and returns to action this Saturday, hosting Penn State-Behrend in a non-conference meet ... Washington & Jefferson will open the 2008-09 season on Wednesday, as the Presidents host Frostburg State at 6 p.m.

Bethany Bison
(M: 0-1, 0-0 PAC; W: 0-1, 0-0 PAC)



Bethany's first dual meet of the year was Saturday when they hosted Penn State Behrend ... The Bison women lost 123-89 despite senior **Brenda Maxwell** taking first in the 1000 freestyle (12:28.04) and second in the 500 freestyle (5:48.81) ... BC collected three other second place finishes on the day, including sophomore **Jillian Zewe** in the 200 freestyle (2:25.48), freshman **Sara Reass** in the 100 freestyle (1:05.12) and freshman **Sara Atkins** in the 100 backstroke (1:12.92) ... The top showing from the men came from senior **Nik Yacobi** in the 50 freestyle, as he placed second with a time of 25.17 ... Both Bison teams return to the pool this Saturday with a meet at Hiram.

Chatham Cougars
(W: 3-1, 0-1 PAC)



Chatham University participated in the Westminster Relays and finished fourth among the women's teams ... Chatham hosted Westminster in a PAC dual meet and lost by a score of 162-121 ... The Cougars got first place finishes from **Chelsea Mummert** (100 backstroke), **Sarah Sindler** (200 butterfly), **Amy Kuuskoski** (50 and 100 freestyle), **Katie Lucas** (1M and 3M diving) and the 400 freestyle relay team of Mummert, Kuuskoski, **Kelly Huston** and **Emily Price** ... Chatham returns to action on Saturday, November 8, when they host Slippery Rock, Frostburg State and Washington & Jefferson College in the Chatham Invitational.

Grove City Wolverines
(M: 0-1, 0-0 PAC; W: 0-1, 0-0 PAC)



Grove City's swimming and diving teams both fell at Carnegie Mellon Saturday afternoon in the dual-meet opener for this season ... On the men's side, **Caleb Courage** earned the hat trick by sweeping the 50, 100 and 200 free ... He also anchored Grove City's victorious 200 free relay, which set a new CMU pool record (1:24.02) ... **Peter Larsen** won the 100 fly and contributed a leg to Grove City's winning 200 medley relay ... Tim Whitbeck swam on the medley and free relays ... His opening split of 20.86 in the free relay is a new 50-yard freestyle time for the CMU pool ... On the women's side, **Bethany Johnson** won 1-meter diving ... **Jenna Richert** (1000), **Kate Wilt** (100 breaststroke), **Sarah Page** (100 free) and **Sarah Bargery** (200 breaststroke) all posted swimming wins ... Grove City is off this week before hosting Hiram November 15 ... The women will also host Chatham on the 15th in the conference opener.

Saint Vincent Bearcats
(M: 1-1; W: 2-1)



The Bearcats and Lady Bearcats were off this week, and will return to action on Saturday, hosting Penn State-Behrend at 1 p.m.

Washington & Jefferson Presidents
(M: 0-0, 0-0 PAC; W: 0-0, 0-0 PAC)



Washington & Jefferson College opens its 2008-09 swimming and diving season Wednesday when hosting Frostburg State at the Henry Memorial Natatorium ... Last season, the Presidents swept the Bobcats in Maryland, earning a 114-69 victory on the men's side and a 106-64 women's swimming and diving victory.

Westminster Titans
(M: 0-0, 0-0 PAC; W: 1-0, 1-0 PAC)



The Westminster College men's and women's swimming teams won the Westminster Relay Carnival on Friday at the Westminster Natatorium ... The Titans finished first out of six schools with a combined score of 204 points with the men earning 124 points and the women earning 80 points ... Seven different Titan men swam on multiple winning relay teams including senior **Cody Robson** and senior **Chris Lehberger** on three each ... Robson swam on the 300 butterfly, 400 medley, and 400 IM, while Lehberger swam on the 300 breaststroke, 400 medley, and 400 IM ... The women's team picked up its first dual meet win of the season on Saturday at Chatham, 163-121 ... Senior **Megan Mier** was part of two pool records as she won the 200-yard backstroke with a time of 2:14.20 ... Mier was also part of the pool-record breaking 400 medley relay team that swam a time of 4:10.72 ... Also on the medley team were junior **Emily Dressler**, freshman **Caitlin Lehberger**, and **Katie Slavinski** ... **Caitlin Lehberger** also won three other events (200 IM, 100 and 200 breaststrokes) and Dressler took two (200 and 500 free).

Bethany Bison
M: 0-1, 0-0 PAC
W: 0-1, 0-0 PAC

MEN

Oct. 25	at Pitt-Bradford Relays	5th/5
Nov. 1	PENN ST-BEHREND L	24-153
Nov. 8	at Hiram	1 p.m.
Nov. 15	at Westminster*	1 p.m.
Dec. 6	PENN ST.-ALTOONA	1 p.m.
Dec. 10	GROVE CITY*	6 p.m.
Jan. 14	WASH. & JEFF.*	6 p.m.
Jan. 17	at Saint Vincent*	1 p.m.
Jan. 28	at Frostburg State	6 p.m.
Jan. 31	URBANA	2 p.m.
Feb. 12-14	- PAC Championships (GCC)	

WOMEN

Oct. 25	at Pitt-Bradford Relays	5th/5
Nov. 1	PENN ST-BEHREND L	89-123
Nov. 8	at Hiram	1 p.m.
Nov. 15	at Westminster*	1 p.m.
Dec. 6	PENN ST.-ALTOONA	1 p.m.
Dec. 10	GROVE CITY*	6 p.m.
Jan. 14	WASH. & JEFF.*	6 p.m.
Jan. 17	at Saint Vincent*	1 p.m.
Jan. 24	CHATHAM*	1 p.m.
Jan. 28	at Frostburg State	6 p.m.
Jan. 31	URBANA	2 p.m.
Feb. 12-14	- PAC Championships (GCC)	

Chatham Cougars
W: 3-1, 0-1 PAC

WOMEN

Oct. 18	at Saint Vincent*	W 92-38
Oct. 18	vs. PS-Altoona	W 107-23
Oct. 25	JUNIATA	W 139-94
Oct. 31	at Westminster Relays	4th/6
Nov. 1	WESTMINSTER*	L 121-162
Nov. 8	CHATHAM QUAD/(W&J)*	2 p.m.
Nov. 15	at Grove City*	1 p.m.
Jan. 9	at Agnes Scott Invit.	9 a.m.
Jan. 17	at Penn St.-Behrend	1 p.m.
Jan. 24	at Bethany*	1 p.m.
Jan. 31	NOTRE DAME (MD)	6 p.m.
Feb. 12-14	- PAC Championships (GCC)	

Grove City Wolverines
M: 0-1, 0-0 PAC
W: 0-1, 0-0 PAC

MEN

Oct. 25	at Clarion Fall Classic	1st/4
Nov. 1	at Carnegie Mellon L	125-174
Nov. 15	HIRAM	1 p.m.
Nov. 21	SAINT VINCENT*	6 p.m.
Nov. 22	at CWRU Quad	1 p.m.
Nov. 25	ALLEGHENY	5 p.m.
Dec. 5-6	LONGNECKER INVIT.	
Dec. 10	at Bethany*	6 p.m.
Jan. 17	at Wash. & Jeff.*	1 p.m.
Jan. 24	DENISON	1 p.m.
Jan. 27	WESTMINSTER*	6 p.m.
Jan. 30	at Pitt-Bradford	5 p.m.
	w/PS-Behrend	
Jan. 31	at Wooster	1 p.m.
Feb. 12-14	- PAC CHAMPIONSHIPS	

MEN

Oct. 25	at Clarion Fall Classic	1st/6
Nov. 1	at Carnegie Mellon L	121-178
Nov. 15	CHATHAM*/HIRAM	1 p.m.
Nov. 21	SAINT VINCENT*	6 p.m.
Nov. 22	at CWRU Quad	1 p.m.
Nov. 25	ALLEGHENY	5 p.m.
Dec. 5-6	LONGNECKER INVIT.	
Dec. 10	at Bethany*	6 p.m.
Jan. 17	at Wash. & Jeff.*	1 p.m.
Jan. 24	DENISON	1 p.m.
Jan. 27	WESTMINSTER*	6 p.m.
Jan. 30	at Pitt-Bradford	5 p.m.
	w/PS-Behrend	
Jan. 31	at Wooster	1 p.m.
Feb. 12-14	- PAC CHAMPIONSHIPS	

Saint Vincent Bearcats
M: 1-1
W: 2-1

MEN

Oct. 18	P.S.-ALTOONA	W 155-100
Oct. 25	at Wheeling Jesuit L	124-138
Nov. 8	P.S.-BEHREND	1 p.m.
Nov. 15	MOUNT UNION	2 p.m.
Nov. 21	at Grove City*	5 p.m.
Dec. 4-6	at Wooster Invitational	
Jan. 17	BETHANY*	1 p.m.
Jan. 24	at West Va. Wesleyan	1 p.m.
Jan. 28	WASH. & JEFF.*	6 p.m.
Jan. 31	at Westminster*	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	

WOMEN

Oct. 18	CHATHAM*	L 38-92
Oct. 18	P.S.-ALTOONA	W 82-43
Oct. 25	at Wheeling Jesuit W	131-96
Nov. 8	P.S.-BEHREND	1 p.m.
Nov. 15	MOUNT UNION	2 p.m.
Nov. 21	at Grove City*	5 p.m.
Dec. 4-6	at Wooster Invitational	
Jan. 17	BETHANY*	1 p.m.
Jan. 24	at West Va. Wesleyan	1 p.m.
Jan. 28	WASH. & JEFF.*	6 p.m.
Jan. 31	at Westminster*	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	

Wash. & Jeff. Presidents
M: 0-0, 0-0 PAC
W: 0-0, 0-0 PAC

MEN

Nov. 5	FROSTBURG ST.	6 p.m.
Nov. 15	BALDWIN-WALLACE	1 p.m.
Nov. 19	WESTMINSTER*	6 p.m.
Nov. 22	at CWRU Quad	1 p.m.
Dec. 5-6	at GCC Longnecker Invit.	
Jan. 14	at Bethany*	6 p.m.
Jan. 17	GROVE CITY*	1 p.m.
Jan. 24	at Penn St.-Behrend	1 p.m.
Jan. 28	at Saint Vincent*	6 p.m.
Jan. 31	at Hiram	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	

WOMEN

Nov. 5	FROSTBURG ST.	6 p.m.
Nov. 8	at Chatham Quad*	2 p.m.
Nov. 15	BALDWIN-WALLACE	1 p.m.
Nov. 19	WESTMINSTER*	6 p.m.
Nov. 22	at CWRU Quad	1 p.m.
Dec. 5-6	at GCC Longnecker Invit.	
Jan. 14	at Bethany*	6 p.m.
Jan. 17	GROVE CITY*	1 p.m.
Jan. 24	at Penn St.-Behrend	1 p.m.
Jan. 28	at Saint Vincent*	6 p.m.
Jan. 31	at Hiram	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	

Westminster Titans
M: 0-0, 0-0 PAC
W: 1-0, 1-0 PAC

MEN

Oct. 25	at Clarion Fall Classic	3rd/4
Oct. 31	WC RELAY CARNIVAL	1st/5
Nov. 8	at Allegheny	1 p.m.
Nov. 15	BETHANY*	1 p.m.
Nov. 19	at Wash. & Jeff.*	6 p.m.
Nov. 22	at Wooster	1 p.m.
Dec. 4-6	at Wooster Invitational	
Jan. 7	at Rollins w/Gordon	3 p.m.
Jan. 17	MOUNT UNION	1 p.m.
Jan. 24	at Carnegie Mellon	1 p.m.
Jan. 27	at Grove City*	6 p.m.
Jan. 31	SAINT VINCENT*	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	

WOMEN

Oct. 25	at Clarion Fall Classic	3rd/6
Oct. 31	WC RELAY CARNIVAL	3rd/6
Nov. 1	at Chatham*	W 163-121
Nov. 8	at Allegheny	1 p.m.
Nov. 15	BETHANY*	1 p.m.
Nov. 19	at Wash. & Jeff.*	6 p.m.
Nov. 22	at Wooster	1 p.m.
Dec. 4-6	at Wooster Invitational	
Jan. 7	at Rollins w/Gordon	3 p.m.
Jan. 17	MOUNT UNION	1 p.m.
Jan. 24	at Carnegie Mellon	1 p.m.
Jan. 27	at Grove City*	6 p.m.
Jan. 31	SAINT VINCENT*	1 p.m.
Feb. 12-14	- PAC Championships (GCC)	