2010-11 PAC Swimming & Diving Release Week 3 - November 8



Presidents' Athletic Conference

8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

> Contact: Joe Onderko (724) 933-4630 onderko@pacathletics.org

2010-11 PAC MEN'S STANDINGS (through November 7)

| | PAC Contests | | | All Contests | | |
|------------------------|--------------|---|------|--------------|----------|------|
| <u>School</u> | W | L | Pct. | W | <u>L</u> | Pct. |
| Grove City | 1 | 0 | 1.00 | 2 | 0 | 1.00 |
| Washington & Jefferson | 0 | 0 | .000 | 2 | 0 | 1.00 |
| Westminster | 0 | 0 | .000 | 0 | 1 | .000 |
| Bethany | 0 | 0 | .000 | 0 | 2 | .000 |
| Saint Vincent | 0 | 1 | .000 | 0 | 1 | .000 |

2010-11 PAC WOMEN'S STANDINGS (through November 7)

| | PAC Contests | | | All Co | All Contests | | |
|------------------------|--------------|---|------|--------|--------------|------|--|
| <u>School</u> | W | L | Pct. | W | L | Pct. | |
| Grove City | 1 | 0 | 1.00 | 2 | 0 | 1.00 | |
| Westminster | 1 | 0 | 1.00 | 1 | 1 | .500 | |
| Washington & Jefferson | 0 | 0 | .000 | 2 | 0 | 1.00 | |
| Bethany | 0 | 0 | .000 | 0 | 2 | .000 | |
| Chatham | 0 | 1 | .000 | 0 | 1 | .000 | |
| Saint Vincent | 0 | 1 | .000 | 0 | 1 | .000 | |

LAST WEEK

Saturday, November 6, 2010 Men: GROVE CITY 163, Saint Vincent 93* ALLEGHENY 185, Westminster 106 W&J 71, Marymount 48 W&J 63, YORK 59

HIRAM 148, Bethany 112

Women:

GROVE CITY 156, Saint Vincent 111* ALLEGHENY 177.5, Westminster 115.5 W&J 87, Marymount 35 W&J 93, YORK 28 HIRAM 147, Bethany 104

Chatham Invitational: Millersville 163, CHATHAM 113 CHATHAM 210, Juniata 53 CHATHAM 239, Salem 7

THIS WEEK

Wednesday, November 10, 2010 Wash. & Jeff. at Chatham - 7 p.m.

Saturday, November 13, 2010 Saint Vincent at Pitt-Bradford - 1p.m. Grove City at Carnegie Mellon - 1 p.m. Bethany at Westminster - 1 p.m. Chatham at P.S.-Behrend - 1 p.m. w/ Allegheny Baldwin-Wallace at Wash. & Jeff. - 1p.m.

Men's Swimmer/Diver of the Week

JONATHAN WEEKS Wash. & Jeff.

Junior Donora, Pa. Ringgold



Weeks swam the third leg of the 400 relay team that out-touched York by

three-tenths of a second to secure the victory with a time of 3:21.42. He also recorded two iindividual wins, claiming the 200 freestyle (1:52.36) and 200 butterfly (2:04.20) events to become a triple winner.

Also nominated were Bethany sophomore **Andrew Masterson**, Grove City junior **Josh Kim**, and Westminster junior **Mike Barringer**.

Women's Swimmer/

Diver of the Week

JENNY RYAN Grove City Sophomore State College, Pa. State College



Ryan recorded three

individual wins for Grove City against conference Saint Vincent. She won the 50 free in 25.34, won the 1650 (18:06.35) and 200 breast (2:35.62). She also helped Grove City's 200 free relay post a top time of 1:40.94.

Also nominated was Bethany sophomore Liz Rubash , Chatham senior Carly Hicks, W&J freshman Zoe Levenson, and Westminster senior Courtney Herdt.

2010-11 PAC SWIMMERS/DIVERS OF THE WEEK

MenOctober 25:Josh Kim, GRONovember 12:Ben Bowser, GRONovember 15:Jonathan Weeks, W&JNovember 22:December 6:December 6:December 13:January 10:January 17:January 24:January 24:January 31:February 7:

Women Kaitlin Riesmeyer, GRO Erin Erdley, WES Jenny Ryan, GRO

Bethany Bison (M: 0-2, 0-0 PAC; W: 0-2, 0-0 PAC)

The men's and women's teams recorded four first place finishes each in their meet at Hiram ... In the men's meet, Hiram won 148-112, the day was high-

lighted by two wins on the diving boards ... Zak Cofina won on the onemeter board with a score of 169.25, while Jon Gray won the 3-meter by totaling 161.90 ... Jared Patrick was first in the 100-meter Fly (1:06.90) and the other victory was by Andrew Masterson in the 400-meter Free (4:57.38) ... It was a solid day for the two Bison, as Patrick also claimed second in the 50-meter Fly (29.91) and Masterson was the runner-up in the 200-meter Free (2:16.14) and third in the 50-meter Free (29.15) ... Derrick Craddock recorded the second-fastest time in the 50-meter Back (37.36) and third in the 100-meter Back (1:26.33) ... For the women, Hiram won147-104, but Liz Rubash took first place in the 50meter Free (29.47) and won the 100-meter Free at 1:06.57 ... Another win was by Theresa Smith, who scored 145.65 in the one-meter diving event ... Melissa Davis , who was competing for the first time this year, was awarded first in the 100-meter Fly (1:19.21), took second in the 50meter Fly (34.76) and finished third in the 100 Free (1:10.19) ... Other Bison swimmers collected runner-up showings, led by senior Cynthia Richardson in the 50-meter Back (37.91), Jennifer Briskey in the 50meter Breast (44.62) and Sara Reass in the 400-meter Free (5:19.05).

Grove City Wolverines (M: 2-0, 1-0 PAC; W: 2-0, 1-0 PAC)

The Grove City College men's and women's swimming and diving squads opened conference action Saturday by downing Saint Vincent ... The men earned a 163-93

win and the women prevailed 156-111 ... Sophomore Jenny Ryan paced Grove City by winning the 50, 1650 and 200 breaststroke ... Kait Riesmeyer won the 100 backstroke and also touched first in the 500 free and 200 IM ... Stephanie McNeill won 1-meter diving and also recorded the top score in 3-meter action ... Like the women, the Grove City men featured a balanced effort in downing Saint Vincent ... Josh Kim won the 200 free and 200 fly ... Freshman Dave Bossert earned his first collegiate win by taking the 1650 ... Ben Bowser, Cam Coppelli, Kirk Gagliardo and Nate Nielsen opened the meet by winning the 200 medley relay ... Grove City's men have not lost a conference dual meet at home since January 25, 2005, when Westminster edged the Wolverines 119-118 ... Grove City's men and women visit Carnegie Mellon Saturday at 1 p.m.

Chatham Cougars (W: 0-1, 0-1 PAC)



Chatham hosted its fifth annual Chatham Invitational this weekend against opponents Millersville, Juniata, and

Salem International ... Millersville stole the overall victory and went 3-0 for the day ... Chatham finished in second place, going 2-1 for the day, and got wins from seniors **Carly Hicks** on the 500 meter freestyle and 100 meter backstroke, **Chelsea Mummert** in the 200 meter backstroke, and **Gwen Utz** on the one and three meter diving competitions ... The Cougars also finished first in the 400 meter freestyle relay, comprised of **Jasmine McCurdy, Annelies Layton, Christina Habrahamshon**, and **Lyndsay Minnich**.

Saint Vincent Bearcats (M: 0-1, 0-1 PAC; W: 0-1 0-1 PAC)

Both Bearcat swim teams opened up their PAC schedules on Saturday at Grove City ... The men were defeated 163-93, while the women fell 156-111 ... In the men's meet, **Zack Krejdovsky** finished second in the



1,650 Free, with a lifetime best time of 18:09.44 ... Logan Dorminey took second in the 50 Free, while he teamed with Matt Linebaugh, Troy Linebaugh and Adam Thomas to take second in the 200 Free Relay ... Katie Custer led the Lady Bearcats, earning second in the 50 Free and third in the 100 Free, while teaming with Jess Kennedy, Mary Kate Kenna and Maggie Dempsey to take third in the 200 Medley Relay ... Kennedy added a second place finish in the 200 Back and 200 Fly, while Kenna took second in the 200 Breast and third in the 200 IM ... Alexis Milinski finished second in the 100 Breast with a lifetime best mark of 1:12.71, while Sarah Denning picked up third place finishes in the 100 and 200 Back.

Washington & Jefferson Presidents (M: 2-0, 0-0 PAC; W: 2-0, 0-0 PAC)

The Washington & Jefferson men's and women's swimming teams opened their seasons by sweeping a double-dual meet from York (Pa.) and Marymount on Saturday ... The men's outcome came down to the final race and the Presidents' 400 freestyle relay team



(3:21.42) out-touched York by three-tenths of a second to secure the win ... The relay was comprised of senior **Christian Larson**, juniors **Keyton Kalakewich** and **Jonathan Weeks** and freshman **Brian Gebhart** ... The women's squad was paced by freshman **Zoe Levenson**, who set two pool records ... She won the 100 butterfly (1:00.98) and helped the 200 medley relay (1:53.46) earn a new poolbest mark ... Levenson was joined by junior **C.J. Corcoran** and freshmen **Rosemarie O'Connor** and **Jenna Supp** ... Weeks also recorded individual wins, claiming the 200 freestyle (1:52.36) and 200 butterfly (2:04.20) events ... Junior **Brittany Vogel** and sophomore **Katlin Dagg** were both double individual winners for the women's squad ... Vogel notched first place in the 200 freestyle (1:59.62) and 200 breaststroke (2:30.22), while Dagg was victorious in the 200 butterfly (2:15.16) and 500 freestyle (5:23.50).

Westminster Titans (M: 0-1, 0-0 PAC; W: 1-1, 1-0 PAC)

The Westminster men and women both lost in nonconference dual meets at Allegheny Saturday ... The Titan men lost 185-106 and the Titan



women lost 177.5-115.5 ... Westminster won seven events including five for the women and two for the men ... Senior **Courtney Herdt** led the Titans by winning the 100- (1:07.23) and 200-yard (2:29.27) breaststrokes ... Herdt, freshman **Erin Erdley**, junior **Caitlin Lehberger** and freshman **Amanda Marlow** swam on the winning 200 medley relay team (1:53.67) ... Erdley captured the 200 backstroke (2:13.50) and Lehberger won the 400 individual medley (4:41.67). On the men's side, junior **Mike Barringer** won the 50 freestyle (22.72) and sophomore diver **Daniel Giles** won the 1-meter diving event (178.35).

Bethany Bison M: 0-2, 0-0 PAC W: 0-2, 0-0 PAC

| MEN | | |
|--------------------------------|-------------------------------|--------------------|
| Oct. 23 | at Pitt-Bradford Relays | 6th/6 |
| Oct. 30 | PENN STATE BEHREND L | 104-116 |
| Nov. 6 | at Hiram L 1 | 12-148 |
| Nov. 13 | at Westminster* | 1 p.m. |
| Dec. 4 | PENN STATE ALTOONA | 1 p.m. |
| Jan. 12 | WASH. & JEFF.* | 6 p.m. |
| Jan. 19 | at Frostburg | 6 p.m. |
| Jan. 22 | vs. Saint Vincent* | 1 p.m. |
| | w/P.S. Altoona (at CHA) | |
| Jan. 29 | URBANA | 2 p.m. |
| F . b . f | w/Davis & Elkins | . |
| Feb. 5 | at Grove City* | 1 p.m. |
| WOMEN | | |
| Oct. 23 | at Pitt-Bradford Relays | 6 th /6 |
| Oct. 30 | PENN STATE BEHREND L | |
| Nov. 6 | | 04-147 |
| Nov. 13 | at Westminster* | 1 p.m. |
| Dec. 4 | PENN STATE ALTOONA | 1 p.m. |
| | w/Ursuline | • |
| Jan. 12 | WASH. & JEFF.* | 6 p.m. |
| Jan. 19 | at Frostburg | 6 p.m. |
| Jan. 22 | at Chatham* | 1 p.m. |
| | w/Saint Vincent* and P.S.Alte | oona |
| Jan. 29 | URBANA | 2 p.m. |
| | W/ Davis & Elkins | |
| Feb. 5 | at Grove City* | 1 p.m. |

Chatham Cougars W: 0-1, 0-1 PAC

<u>WOMEN</u>

| <u>WOMEN</u> | | | |
|--------------|--------------------------|-----------|--|
| Oct. 29 | at Westminster Relays | 4th/6 | |
| Oct. 30 | WESTMINSTER | L 129-149 | |
| Nov. 6 | CHATHAM INVITE | | |
| | vs. Juniata | W 210-53 | |
| | vs. Millersville | L 113-163 | |
| | vs. Salem International | W 239-7 | |
| Nov. 10 | WASH. & JEFF.* | 7 p.m. | |
| Nov. 13 | at P.S. Behrend | 1 p.m. | |
| | w/Allegheny | | |
| Dec. 3-5 | at Fredonia Invitational | 5 p.m. | |
| Dec. 11 | at Grove City* | 1 p.m. | |
| | w/Hiram | | |
| Jan. 22 | BETHANY* | 1 p.m. | |
| | w/St. Vincent* and P.S. | Altoona | |
| Feb. 5 | at Millersville | 1 p.m. | |
| | | | |

Grove City Wolverines M: 2-0, 1-0 PAC W: 2-0, 1-0 PAC

| MEN Oct. 23 Oct. 30 Nov. 6 Nov. 13 Nov. 20 Dec. 2-4 Dec. 3-4 | at Clarion Fall Classic ALLEGHENY W SAINT VINCENT* at Carnegie Mellon KENYON w/ CASE at Kenyon Invitational GROVE CITY INVITE | 1st/2 180.5-103.5 W 163-93 1 p.m. 1 p.m. TBA 4 p.m./ 10 a.m. |
|---|---|---|
| Dec. 11 | HIRAM | 1 p.m. |
| Jan. 15 | at Wash. & Jeff.* | 1 p.m. |
| Jan. 22 | DENSION | 1 p.m. |
| Jan. 29 | at Wooster | 1 p.m. |
| Feb. 2 | WESTMINSTER* | 6 p.m. |
| Feb. 5 | at Pitt Quad | 1 p.m. |
| Feb. 5 | BETHANY | 1 p.m. |
| WOMEN Oct. 23 Oct. 30 Nov. 6 Nov. 13 Nov. 20 Dec. 2-4 Dec. 3-4 | at Clarion Classic ALLEGHENY SAINT VINCENT* at Carnegie Mellon KENYON w/ CASE at Kenyon Invitational GROVE CITY INVITE | 2nd/2 W 160-136 W 156-111 1 p.m. 1 p.m. TBA 4 p.m./ 10 a.m. |
| Dec. 11 | HIRAM | 1 p.m. |
| Jan. 15 | at Wash. & Jeff.* | 1 p.m. |
| Jan. 22 | DENSION | 1 p.m. |
| Jan. 29 | at Wooster | 1 p.m. |
| Feb. 2 | WESTMINSTER* | 6 p.m. |
| Feb. 5 | at Pitt Quad | 1 p.m. |
| Feb. 5 | BETHANY* | 1 p.m. |

Westminster Titans

M: 0-1, 0- PAC

W: 1-1, 1-0 PAC

Saint Vincent Bearcats M: 0-1. 0-1 PAC W: 0-1, 0-1 PAC

Wash. & Jeff. Presidents M: 2-0, 0-0 PAC W: 2-0, 0-0 PAC

| Nov. 13 at Pitt-Bradford Nov. 20 PENN STATE BEHREND w/Juniata Dec. 3-5 at Fredonia State Dec. 11 MOUNT UNION Jan. 8 WASH. & JEFF.* Jan. 15 at Wesleyan (WV) w/Davis & Elkins Jan. 22 BETHANY* | 4th/5 93-163 1 p.m. 1 p.m. TBA 1 p.m. 1 p.m. 1 p.m. 1 p.m. | MEN Nov. 6 Nov. 13 Nov. 17 Nov. 20 Nov. 20 Nov. 20 Dec. 3-4 Jan. 8 Jan. 12 Jan. 15 | at York w/ Marymount BALDWIN-WALLACE WESTMINSTER* at CMU Invitational at CMU Invitational at Albright w/ Messiah at Grove City Invit. at Saint Vincent* at Bethany* GROVE CITY* | W 63-59 W 71-48 1 p.m. 6 p.m. 3 p.m. 9:30 a.m. 2 p.m. All Day 1 p.m. 6 p.m. 1 p.m. | MEN Oct. 29 Nov. 6 Nov. 13 Nov. 17 Nov. 20 Dec. 2 Dec. 3 Dec. 4 Dec. 11 Jan. 11 Jan. 22 | WESTMINSTER RELAYS3rd/5at AlleghenyL 106-185BETHANY*1 p.m.at Wash. & Jeff.*6 p.m.WOOSTER1 p.m.at Wooster Invitational11 a.m.at Wooster Invitational10 a.m.at Occidental (Calif.)noonw/Lewis & Clarkat Carnegie Mellon1 p.m.1 p.m. |
|---|--|--|--|--|--|---|
| w/Penn State-Altoona Jan. 28 WHEELING Jan. 29 at Westminster* Feb. 5 FAIRMONT | 6 p.m. 1 p.m. 1 p.m. | Jan. 15 Jan. 22 Jan. 29 Feb. 5 | at Penn State-Behrend at Hiram WHEELING JESUIT | 1 p.m. 1 p.m. 1 p.m. 1 p.m. | Jan. 22 Jan. 29 Feb. 2 Feb. 5 | at Carnegie Mellon 1 p.m. w/SUNY Geneseo SAINT VINCENT* SAINT VINCENT* 1 p.m. at Grove City* 6 p.m. MOUNT UNION 1 p.m. |
| <u>WOMEN</u> Oct. 29 at Westminster Relays | 5th/6 | WOMEN Nov. 6 | at York w/ Marymount | W 93-28 W 87-35 | WOMEN Oct. 29 | WESTMINSTER RELAYS 3rd/6 |
| Nov. 6 at Grove City L 1 Nov. 13 at Pitt-Bradford Nov. 20 PENN STATE BEHREND w/Juniata | 111- 156 1 p.m. 1 p.m. | Nov. 10 Nov. 13 Nov. 17 Nov. 19 | at Chatham* BALDWIN-WALLACE WESTMINSTER* at CMU Invitational | 7 p.m. 1 p.m. 6 p.m. 3 p.m. | Oct. 30 Nov. 6 Nov. 13 Nov. 17 | at Chatham W 149-129 at Allegheny L 115.5-177.5 BETHANY* 1 p.m. at Wash. & Jeff.* 6 p.m. |
| Dec. 3-5 at Fredonia State Dec. 11 MOUNT UNION Jan. 8 WASH. & JEFF.* Jan. 15 at Wesleyan (WV) | TBA 1 p.m. 1 p.m. 1 p.m. | Nov. 20 Nov. 20 Dec. 3-4 | at CMU Invitational at Albright w/ Messiah at Grove City Invit. | 9:30 a.m. 2 p.m. All Day | Nov. 20 Dec. 2 Dec. 3 Dec. 4 | WOOSTER1 p.m.at Wooster Invitational11 a.m.at Wooster Invitational10 a.m.at Wooster Invitational10 a.m. |
| w/Davis & Elkins´ Jan. 22 BETHANY* w/P.S. Altoona/Chatham* | 1 p.m. 1 p.m. | Jan. 8 Jan. 12 Jan. 15 Jan. 22 | at Saint Vincent* at Bethany* GROVE CITY* at Penn State-Behrend | 1 p.m. 6 p.m. 1 p.m. 1 p.m. | Dec. 11 Jan. 11 Jan. 22 | PENN STATE BEHREND 1 p.m. at Occidental (Calif.) noon w/Lewis & Clark at Carnegie Mellon 1 p.m. |
| Jan. 28 WHEELING Jan. 29 at Westminster* Feb. 5 FAIRMONT | 6 p.m. 1 p.m. 1 p.m. | Jan. 29 Feb. 5 | at Hiram WHEELING JESUIT | 1 p.m. 1 p.m. | Jan. 29 Feb. 2 Feb. 5 | w/SUNY GeneseoSAINT VINCENT*1 p.m.at Grove City*6 p.m.MOUNT UNION1 p.m. |