2009-10 PAC Swimming & Diving Release Week 4 - November 16



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2009-10 PAC MEN'S STANDINGS (through November 15)

	PAC	Contests	3	All Contests		5
School	<u>W</u>	<u>L</u>	Pct.	<u>W</u>	<u>L</u>	Pct.
Washington & Jefferson	0	0	.000	2	0	1.00
Grove City	0	0	.000	1	1	.500
Bethany	0	1	.000	0	3	.000
Westminster	0	0	.000	1	0	1.00
Saint Vincent*				0	3	.000

2009-10 PAC WOMEN'S STANDINGS (through November 8)

	PAC	Contests			10O IIA	ntests	
<u>School</u>	W	L	Pct.	7	Ν	L	Pct.
Washington & Jefferson	1	0	1.00	3	3	0	1.00
Grove City	0	0	.000	2	2	0	1.00
Bethany	0	1	.000	()	3	.000
Chatham	0	2	.000	4	4	2	.667
Westminster	1	0	1.00	2	2	0	1.00
Saint Vincent*				1	1	2	.333

^{* -} NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Wednesday, November 11, 2009 WASH. & JEFF. 123, Chatham 99* (W)

Friday, November 13, 2009 Chatham 135, HIRAM 103 (W)

Saturday, November 14, 2009
Westminster at Bethany* - 1 p.m.
Carnegie Mellon 176, GROVE CITY 124 (M)
GROVE CITY 158, Carnegie Mellon 138 (W)
W&J 175, BALDWIN-WALLACE 125 (M)
W&J 134, BALDWIN-WALLACE 103 (W)

THIS WEEK

Wednesday, November 18, 2009 Wash. & Jeff. at Westminster* - 6 p.m.

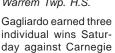
Friday, November 20, 2009 Grove City at Saint Vincent* - 6 p.m.

Saturday, November 21, 2009 Grove City, Washington & Jefferson at Kenyon Quad - noon

Men's Swimmer/Diver of the Week

KIRK GAGLIARDO Grove City

Sophomore Wadsworth, III. Warrem Twp. H.S.





Mellon. He won the 50 free (22.12), 100 free (48.05) and 200 free (1:46.46). He also anchored Grove City's winning 200 medley relay squad (1:37.29).

Also nominated was freshman Vincenzo Giangiulio of Bethany, freshman Patrick O'Tooleh of Wash. & Jeff., and sophomore Mike Barringer of Westminster.

Women's Swimmer/Diver of the Week

BRITTANY VOGEL Wash. & Jeff. Sophomore

Sopnomore Butler, Pa. Butler H.S.

Vogel was a six-time winner as W&J swept PAC foe Chatham (123-99) and Baldwin-



Wallace (134-103) lastweek. She touched first in the 200 free (2:03.21) and 200 back (2:14.07) while swimming a leg for the winning 400 medley relay (4:13.01) against the Cougars. At B-W, she won the 200 free (2:01.12) and 400 IM (4:45.95) along with the 400 medley (4:16.50).

Also nominated was freshman **Theresa Smith** of Bethany, freshman **Angela Palumbo** of Grove City, and senior **Maile Kirkpatrick** of Westminster.

PAC Swimming & Diving 2009-10 - Week 4 Conference Notes

TITANS SWEEP BETHANY: The Westminster Titans posted a PAC sweep at Bethany on Saturday, with the men winning 104-58, while the women were victorious 104-78 ... Earlier in the week, Washington & Jefferson defeated Chatham 123-99 in PAC action ... In non-league matches, W&J swept Baldwin-Wallace on Saturday, while Grove City split with Carnegie Mellon, falling in men's action while posting a win in women'scompetition.

NEWS & NOTES: Freshman Angela Palumbo was a triple-winner for Grove City against CMU, sweeping the 50 (24.91) and 100 free (54.07) while swimming a leg for the victorious 200 free relay team (1:40.93) ... Freshman Patrick O'Toole won the 500 (5:10.82) and 100 freestyle (10:44.24) for W&J at B-W ... Eight Chatham swimmers posted victories in a 135-103 win at Hiram, with Carly Hicks and Emily Price both posting double wins.

AROUND THE LEAGUE: A top performer for the Bethany Bison at Westminster was Patrick McCarthy in the 100 Breast (1:18.85) and the 100 Free (1:00.72) ... Senior bEmily Dressler captured the 200 freestyle (1:59.72) and the 100 freestyle (55.93) for Westminster against Bethany ... Saint Vincent was off last week andreturns to the pool Friday, hosting PAC rival Grove City at 6 p.m.

Bethany Bison (M: 0-3, 0-1 PAC; W: 0-3, 0-1 PAC)

The Bethany swimming and diving teams hosted Westminster in a PAC meet and Westminster left with a 104-78 win for the women and a 104-58

victory for the men ... Leading the Bison was freshman **Theresa Smith** taking first in 100 free with a time of 1:01.9 and propelling the 200 free Relay (1:59.82) along with sophomore **Sara Reass**, senior **Jessica Sarro** and junior **Cynthia Richardson** ... Reass also took top honors in the 500 free (6:14.94) ... Earning top marks once again for the men in the 3-meter diving was freshman **Vincenzo Giangiulio** with a score of 142.55 ... He also came in second in the 1-meter diving with a score of 160.60, only 5.9 points out of first ... Another top performer for the Bison was **Patrick McCarthy** in the 100 breast (1:18.85) and the 100 free (1:00.72), while freshman **Andrew Masterson** was credited with first in the 500 free with a time of 5:41.05 ... The Bison are now off until after Thanksgiving, as Bethany's next meet will be on the road against Penn State-Altoona on Saturday December 5th.

Chatham Cougars (W: 3-1, 0-1 PAC)

Chatham traveled to Presidents' Athletic Conference (PAC) rival W&J this week for a conference dual meet.

The Presidents finished on top with a final score of 123-99 ... After the PAC loss, the Cougars traveled to Hiram College for a non-conference dual meet ... Eight women earned first place honors in the 135-103 victory, including **Carly Hicks** and **Emily Price** ... Both Cougars touched first in two events, including the 800 meter freestyle and 100 meter backstroke and the 200 meter IM and 400 meter freestyle, respectively.

Grove City Wolverines (M: 1-1, 0-0 PAC; W: 2-0, 0-0 PAC)

The Grove City College men's and women's swimming and diving teams opened the home portion of the 2009-10 schedule Saturday against longtime rival Carnegie

Mellon ... The men fell to 1-1 on the season with a 176-124 setback while the women captured a 158-138 victory ... On the women's side, **Bethany Johnson**, **Angela Palumbo** and **Kaitlin Riesmeyer** all recorded two wins each ... Johnson swept the diving events while Palumbo won the 50 and 100 free ... Riesmeyer took the 200 fly and 500 ... Palumbo and Riesmeyer also contributed to two relay wins ... On the men's side, sophomore **Kirk Gagliardo** won the 50, 100 and 200 free for the Wolverines ... He also anchored Grove City's victorious 200 medley relay team ... **Cam Coppelli** won the 100 backstroke and **Clay Beckner** took the 100 breaststroke ... Grove City visits Saint Vincent Friday night before competing in the Kenyon Quad Saturday.

Saint Vincent Bearcats (M: 0-3; W: 1-2)

Both Bearcat swimming teams were off on the week, and will return to action on Friday, Nov. 20th, hosting perennial PAC powerhouse Grove City College beginning at 6 p.m.



Washington & Jefferson Presidents (M: 2-0, 0-0 PAC; W: 3-0, 1-0 PAC)

Both Washington & Jefferson squads remained undefeated last week ... The women notched a Wednesday victory over Chatham before both teams swept Baldwin-Wallace Saturday ... Sophomores C.J. Corcoran, Katie Steider and Brittany Vogel all recorded three victo-



ries in both meets ... Freshman **Katlin Dagg** collected three individual wins during the week and was a part of two relay triumphs versus Chatham ... Junior **Brandon Smith** paced the men's win over Baldwin-Wallace with first-place touches in the 200 freestyle (1:52.89), 200 backstroke (2:05.84) and 400 IM (4:30.45) ... Freshman **Patrick O'Toole** notched first-place showings in the 500 (5:10.82) and 1000 (10:44.24) freestyles.

Westminster Titans (M: 2-0, 1-0 PAC; W: 3-0, 2-0 PAC)

The Westminster men and women won their PAC dual meets Saturday at Bethany with the women winning 104-78 and the men winning 104-58.



The Titans posted the top results in all of the meet's events, but chose to exhibition 11 events once the victory was clinched ... Three Westminster women's swimmers who made up the winning 200-yard medley relay team (1:44.56) also won an individual event before posting the meet's fastest time as an exhibition entry in another individual event ... They included senior **Maile Kirkpatrick** in the 50 freestyle (26.60) and the 100 backstroke (1:05.09), sophomore **Caitlin Lehberger** in the 100 butterfly (1:01.54) and the 100 breaststroke (1:08.31), and senior **Emily Dressler** in the 200 freestyle (1:59.72) and the 100 freestyle (55.93) ... On the men's side, sophomore **Mike Barringer** also followed suit after he helped the men win the 200 medley relay (1:42.07) before capturing the 200 IM (2:05.24) and posting an exhibition time in the 100 freestyle (49.55) that was faster than Bethany's winner.

Bethany Bison M: 0-2, 0-0 PAC W: 0-2, 0-0 PAC

Chatham Cougars W: 4-2, 0-2 PAC

Grove City Wolverines M: 1-1, 0-0 PAC W: 2-0, 0-0 PAC

MEN

<u>MEN</u>		
Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 56-86
Nov. 7	HIRAM	L 87-93
Nov. 14	WESTMINSTER*	L 58-104
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-2	20 - PAC Championships	(GCC)

WOMEN Oct. 30	at Westminster Re	elavs 4th/6
Oct. 31	at Westminster*	•
Nov. 7	JUNIATA	W 224-44
Nov. 7	SWEET BRIAR	W 176-112
Nov. 7	P.SALTOONA	W 228-52
Nov. 11	at Wash. & Jeff.*	L 99-123
Nov. 13	at Hiram	W 135-103
Nov. 24	GROVE CITY*	7 p.m.
Jan. 22	PENN STBEHRE	ND 7 p.m.
Jan. 23	BETHANY*	1 p.m.
Jan. 29-3	0 - at Cal (Pa.) Vul	can Challenge
Feb. 6	SAINT VINCENT*	1 p.m.
Feb. 6	PENN STALTOO	NA 1 p.m.
Feb. 18-2	20 - PAC Champion	ships (GCC)

Oct. 25	at Clarion Fall Classic	1st/4
Oct. 31		135-101
Nov. 14	CARNEGIÉ MELLON L	124-176
Nov. 20	at Saint Vincent*	6 p.m.
Nov. 21	at Kenyon Quad	noon
Dec. 4-5	LONGNECKER INVITAT	TIONAL
Dec. 12	at Hiram	1 p.m.
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN STBEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-2	20 - PAC CHAMPIONSHII	PS
WOMEN		
Oct. 25	at Clarion Fall Classic	2nd/4
Oct. 25 Oct. 31		
	at Allegheny W CARNEGIE MELLON W	136-104
Oct. 31	at Allegheny W CARNEGIE MELLON W	136-104
Oct. 31 Nov. 14	at Allegheny W CARNEGIE MELLON W	136-104 158-138
Oct. 31 Nov. 14 Nov. 20	at Allegheny W CARNEGIE MELLON W	136-104 158-138 6 p.m. noon
Oct. 31 Nov. 14 Nov. 20 Nov. 21	at Allegheny W	136-104 158-138 6 p.m. noon 7 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham*	136-104 158-138 6 p.m. noon 7 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT	136-104 158-138 6 p.m. noon 7 p.m. FIONAL
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison	136-104 158-138 6 p.m. noon 7 p.m. FIONAL 1 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD	136-104 158-138 6 p.m. noon 7 p.m. FIONAL 1 p.m. 1 p.m. 1 p.m. 6 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 29	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREND	136-104 158-138 6 p.m. noon 7 p.m. FIONAL 1 p.m. 1 p.m. 6 p.m. 6 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 30	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREND WOOSTER	136-104 158-138 6 p.m. noon 7 p.m. FIONAL 1 p.m. 1 p.m. 6 p.m. 6 p.m. 1 p.m.
Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 30 Feb. 6	at Allegheny W CARNEGIE MELLON W at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREND	136-104 158-138 6 p.m. noon 7 p.m. FIONAL 1 p.m. 1 p.m. 6 p.m. 6 p.m. 1 p.m.

WOMEN

VVOIVIEIN		
Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 79-97
Nov. 7	HIRAM L	111-125
Nov. 14	WESTMINSTER* L	78-104
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 23	at Chatham*	1 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-2	20 - PAC Championships	(GCC)

Saint Vincent Bearcats M: 0-3 W: 1-2

Wash. & Jeff. Presidents M: 2-0, 0-0 PAC W: 3-0, 1-0 PAC

Westminster Titans M: 2-0, 1-0 PAC W: 3-0, 2-0 PAC

Oct. 25 WHEELING JESUIT L 118-133 Nov. 7 at Penn St.-Behrend L 51-168 Nov. 7 vs. Baldwin-Wallace L 64-169 Nov. 13 GROVE CITY* 6 p.m. Dec. 4-6 at Fredonia State Invitational Dec. 12 at Mount Union 1 p.m. Jan. 9 at Wash. & Jeff.* Jan. 16 at Bethany* Jan. 23 W.VA. WESLEYAN 1 p.m. 1 p.m. 1 p.m. Jan. 30 WESTMINSTER* 1 p.m. Feb. 6 at Penn St.-Altoona 1 p.m. Feb. 18-20 - PAC Championships (GCC)

<u>MEN</u>		
Nov. 4	at Frostburg State	W 116-80
Nov. 14	at Baldwin-Wallace	W 175-125
Nov. 18	at Westminster*	6 p.m.
Nov. 21	at Kenyon Quad	1 p.m.
Dec. 4-5	at GCC Longnecker I	nvit.
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN STBEHRENI	D 1 p.m.
Jan. 30	HIRAM	1 p.m.
Feb. 18-2	20 - PAC Championsh	ips (GCC)

W	0	M	<u>E</u>	Ν

<u>WOMEN</u>		
Oct. 25	WHEELING JESUIT	L 110-144
Nov. 7	at Penn StBehrend	L 104-114
Nov. 7	vs. Baldwin-Wallace	W 148-66
Nov. 13	GROVE CITY*	6 p.m.
Dec. 4-6	at Fredonia State Invi	tational
Dec. 12	at Mount Union	1 p.m.
Jan. 9	at Wash. & Jeff.*	1 p.m.
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Chatham*	1 p.m.
Feb. 18-2	20 - PAC Championshi	ps (GCC)

Nov. 4	at Frostburg State	W 106-86
Nov. 11	CHATHAM*	W 123-99
Nov. 14	at Baldwin-Wallace	W 134-103
Nov. 18	at Westminster*	6 p.m.
Nov. 21	at Kenyon Quad	1 p.m.
Dec. 4-5	at GCC Longnecker I	nvit.
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN STBEHRENI	O 1 p.m.
Jan. 30	HIRAM	1 p.m.
Feb. 18-2	20 - PAC Championsh	ips (GCC)

<u>MEN</u>		
Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	. 3rd/5
Nov. 7	ALLEGHENY W	/ 148-145
Nov. 14	at Bethany*	W 104-58
Nov. 18	WASH. & JEFF.*	6 p.m.
Nov. 21	WOOSTER	1 p.m.
Dec. 3-5	at Wooster Invitational	_
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-2	20 - PAC Championship	s (GCC)

WOMEN		
Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVA	L 3rd/6
Oct. 31	CHATHAM* W 1	52.5-129.5
Nov. 7	ALLEGHENY \	N 160-133
Nov. 14	at Bethany*	W 104-78
Nov. 18	WASH. & JEFF.*	6 p.m.
Nov. 21	WOOSTER	1 p.m.
Dec. 3-5	at Wooster Invitationa	al
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	l 1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
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