

2010-11 PAC Swimming & Diving Release Week 5 - November 22



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2010-11 PAC MEN'S STANDINGS (through November 21)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Westminster	2	0	1.00	3	1	0	.750
Grove City	1	0	1.00	4	1	0	.800
Washington & Jefferson	0	1	.000	4	1	1	.750
Saint Vincent	0	1	.000	1	2	0	.333
Bethany	0	1	.000	0	3	0	.000

2010-11 PAC WOMEN'S STANDINGS (through November 21)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Washington & Jefferson	2	0	1.00	7	0	0	1.00
Westminster	2	1	.667	3	2	0	.600
Grove City	1	0	1.00	4	1	0	.800
Saint Vincent	0	1	.000	2	1	0	.667
Bethany	0	1	.000	0	3	0	.000
Chatham	0	2	.000	3	3	0	.500

LAST WEEK

Wednesday, November 17, 2010

Men:

Westminster 163, WASH. & JEFF. 131

Women:

WASH. & JEFF. 157, Westminster 142

Friday, November 19, 2010

Wash. & Jeff. at CMU Diving Invitational - NTS

Saturday, November 20, 2010

Wash. & Jeff. at CMU Diving Invitational - NTS

Men:

WESTMINSTER 173, Wooster 109
GROVE CITY 178, Kenyon 99
GROVE CITY 192, Case Western 95
P.S. Behrend 143, SAINT VINCENT 128
Wash. & Jeff. 61, ALBRIGHT 61
Wash. & Jeff. 100, Messiah 22

Women:

WESTMINSTER 161, Wooster 132
GROVE CITY 164, Kenyon 128
GROVE CITY 196, Case Western 97
SAINT VINCENT 147, P.S.-Behrend 101
Wash. & Jeff. 85, ALBRIGHT 37
Wash. & Jeff. 108, Messiah 14

UPCOMING SCHEDULE

Thursday, December 2, 2010

Westminster at Wooster Invitational - 11 a.m.
Grove City at Kenyon Invitational

Friday, December 3, 2010

Westminster at Wooster Invitational - 10 a.m.
W&J at Grove City Invitational - 4 p.m.
Chatham/Saint Vincent at Fredonia State
Invitational - 5 p.m.
Grove City at Kenyon Invitational

Saturday, December 4, 2010

W&J at Grove City Invitational - 10 a.m.
Westminster at Wooster Invite - 10 a.m.
Penn State Altoona at Bethany - 1 p.m.
Chatham/Saint Vincent at Fredonia State
Invitational
Grove City at Kenyon Invitational

Men's Swimmer/Diver of the Week

BEN BOWSER

Grove City
Junior
Stow, Ohio
Stow-Munroe Falls



Bowser notched three victories in Grove City's sweep of Kenyon and Case Western. He won the 200 butterfly in 1:58.32 and then won the 100 butterfly in 52.87. Bowser capped the day by winning the 200 individual medley in 1:58.02.

Also nominated were Saint Vincent sophomore **Casey Whittaker**, Wash. & Jeff. junior **Andy Rish**, and Westminster sophomore **Alan Nedley**.

Women's Swimmer/Diver of the Week

BETHANY HAVER

Wash. & Jeff.
Junior
Akron, Ohio
Harvey S. Firestone H.S.



Haver qualified twice for the NCAA D-III Championships this weekend at Carnegie Mellon. She won four total events, two in the win over Westminster and twice at CMU. She posted 416.50 points in the 1-meter event Friday to set a CMU pool record and also recorded 416.25 points Saturday at 3-meters.

Also nominated was Grove City sophomore **Jenny Ryan**, Saint Vincent sophomore **Katie Custer**, and Westminster junior **Caitlin Lehberger**.

2010-11 PAC SWIMMERS/DIVERS OF THE WEEK

Men

October 25: **Josh Kim**, GRO
November 1: **Ben Bowser**, GRO
November 8: **Jonathan Weeks**, W&J
November 15: **Alan Nedley**, WES
November 22: **Ben Bowser**, GRO

Women

Kaitlin Riesmeyer, GRO
Erin Erdley, WES
Jenny Ryan, GRO
Brittany Vogel, W&J
Bethany Haver, W&J

December 6:
December 13:
January 10:
January 17:
January 24:
January 31:
February 7:

Bethany Bison

(M: 0-3, 0-1 PAC; W: 0-3, 0-1 PAC)

Bethany is off for the Thanksgiving break and will return to competition Saturday, Dec. 4 when they host Penn State-Altoona and the Ursuline women.



Chatham Cougars

(W: 3-3, 0-2 PAC)

The Cougars were idle this week and did not compete. The Cougars return to action on Friday and Saturday, December 3rd and 4th, as they compete in the Blue Devil Invitational. Friday's competition begins at 5 pm and Saturday's start time is still to be determined.



Grove City Wolverines

(M: 4-1, 1-0 PAC; W: 4-1, 1-0 PAC)

The Grove City College men's and women's swimming and diving squads swept a tri-meet with Case Western and Kenyon Saturday in James E. Longnecker Pool ... The wins moved each team's respective record to 4-1 ... **Rachel Weeber** helped pace the women's team by winning both diving events ... **Angela Palumbo** (50 free), **Kait Riesmeyer** (200 fly) and **Jenny Ryan** (200 free) all recorded individual wins ... Palumbo, Riesmeyer, Ryan and **Kate Wilt** opened the meet by winning the 200 medley relay in 1:51.48 ... **Ben Bowser** earned three wins on the men's side as he took both butterfly races, along with the 200 IM ... **Kirk Gagliardo** won the 50 and 100 free ... **Eric Fairchild** won the 200 free while **Cam Coppelli** (100) and **Alex Mathews** (200) completed a sweep of the backstrokes ... **Clay Beckner** won the 100 breaststroke ... The Wolverines return to action December 3-4 by hosting their annual Winter Invitational ... Several Grove City swimmers will compete at Kenyon's Total Performance Invitational that same weekend.



Saint Vincent Bearcats

(M: 1-2, 0-1 PAC; W: 0-1, 2-1 PAC)

The Bearcat swimmers opened the home portion of their schedule on Saturday afternoon, hosting Penn State-Behrend ... The men were edged 143-128, while the Lady Bearcats picked up a 147-101 victory ... In men's action, **Casey Whittaker** was a double winner of the day, capturing the 200 Fly (2:07.57) and 200 IM (2:08.37) ... **Sam Cline** took the 1,000 Free with a career-best mark of 10:50.46. **Katie Custer**, **Mary Kate Kenna**, and **Kelsey Linstrum** were all two-time winners for the Lady Bearcats ... Custer took first in the 50 Free (25.30) and 100 Free (56.43), Kenna the 100 Breaststroke (1:12.75) and 200 IM (2:24.45), and Linstrum the 200 Free (2:07.73) and 500 Free (5:43.34) ... The team of Custer, **Jess Kennedy**, **Carolyn Claybrooks**, and Linstrum were victorious in the 400 Free relay, with a time of 3:52.70.



Washington & Jefferson Presidents

(M: 4-1-1, 0-1 PAC; W: 7-0, 2-0 PAC)

Juniors **C.J. Corcoran** and **Bethany Haver** highlighted the W&J women's swimming and diving team's week ... Haver qualified provisionally for the NCAA Division III Championships on both diving boards at CMU, while Corcoran racked up seven victories to help the Presidents remain undefeated ... Haver posted 416.50 points in the 1-meter event on Friday night to set a CMU pool record and also recorded 416.25 points Saturday at three meters ... Both sets were comprised of 11 dives ... Corcoran helped seal the women's Wednesday victory over Westminster on the final 400 freestyle relay which set a pool record with a time of 3:43.13 ... She also won the 50 (24.62) and 100 (54.22) freestyles ... Corcoran was a part of four victories Saturday ... She swam on the winning 200 medley (1:55.33) and 400 freestyle (3:45.55) relays, while also claiming the 50 (25.16) and 100 (55.06) freestyles ... The Washington & Jefferson men were paced Saturday by juniors **Andy Rish** and **Jonathan Weeks**, who both were victorious three times ... The duo teamed for a win in the 200 medley relay (1:41.53) to open the meet. Rish also claimed the 100 (55.49) and 200 (2:02.86) backstroke events, while Weeks touched first in the 200 freestyle (1:51.56) and 200 butterfly (2:03.58).



Westminster Titans

(M: 3-1, 2-0 PAC; W: 3-2, 2-1 PAC)

Westminster's men and women went a combined 3-1 in dual meets this week including the men winning at Washington & Jefferson, 163-131, in a PAC meet Wednesday before defeating Wooster, 173-109, at home Saturday ... The Titan women lost 157-142 at W&J before handing Wooster its first loss of the season, 163-131 ... Westminster captured 18 out of 32 events vs. W&J including the men winning 10 of 16 events ... Westminster also won 23 of 32 events vs. Wooster, but the men swam as exhibition in three races ... Sophomore **Alan Nedley** led the Titan men during the week with six event wins (2 relays), including four different individual races ... Nedley won the 200 freestyle (1:52.04) and the 200 butterfly (2:06.56) vs. Wooster and the 1,000 freestyle (10:35.18) and the 200 IM (2:07.02) vs. W&J ... Junior **Caitlin Lehberger** led the Titan women with eight event wins (2 relays) ... Lehberger won the 200 (1:57.77, 1:56.40) and 500 (5:16.52, 5:17.97) freestyles and the 200 IM (2:11.09, 2:10.19) vs. Wooster and W&J.



Bethany Bison
M: 0-3, 0-1 PAC
W: 0-3, 0-1 PAC

MEN

Oct. 23	at Pitt-Bradford Relays	6th/6
Oct. 30	PENN STATE BEHREND	L 104-116
Nov. 6	at Hiram	L 112-148
Nov. 13	at Westminster*	L 72-106
Dec. 4	PENN STATE ALTOONA	1 p.m.
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg	6 p.m.
Jan. 22	vs. Saint Vincent*	1 p.m.
	w/P.S. Altoona (at CHA)	
Jan. 29	URBANA	2 p.m.
	w/Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

WOMEN

Oct. 23	at Pitt-Bradford Relays	6 th /6
Oct. 30	PENN STATE BEHREND	L 86-120
Nov. 6	at Hiram	L 104-147
Nov. 13	at Westminster*	L 86-117
Dec. 4	PENN STATE ALTOONA	1 p.m.
	w/Ursuline	
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg	6 p.m.
Jan. 22	at Chatham*	1 p.m.
	w/Saint Vincent* and P.S.Altoona	
Jan. 29	URBANA	2 p.m.
	W/ Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

Chatham Cougars
W: 3-3, 0-2 PAC

WOMEN

Oct. 29	at Westminster Relays	4th/6
Oct. 30	WESTMINSTER	L 129-149
Nov. 6	CHATHAM INVITE	
	vs. Juniata	W 210-53
	vs. Millersville	L 113-163
	vs. Salem International	W 239-7
Nov. 10	WASH. & JEFF.*	L 95-116
Nov. 13	at P.S. Behrend	W 80-30
	w/Allegheny	L 28-85
Dec. 3-4	at Fredonia Invitational	5 p.m.
Dec. 11	at Grove City*	1 p.m.
	w/Hiram	
Jan. 22	BETHANY*	1 p.m.
	w/St. Vincent* and P.S. Altoona	
Feb. 5	at Millersville	1 p.m.

Grove City Wolverines
M: 4-1, 1-0 PAC
W: 4-1, 1-0 PAC

MEN

Oct. 23	at Clarion Fall Classic	1st/2
Oct. 30	ALLEGHENY	W 180.5-103.5
Nov. 6	SAINT VINCENT*	W 163-93
Nov. 13	at Carnegie Mellon	L 158-214
Nov. 20	KENYON	W 178-99
	CASE	W 192-95
Dec. 2-4	at Kenyon Invitational	TBA
Dec. 3-4	GROVE CITY INVITE	4 p.m./10 a.m.
Dec. 11	HIRAM	1 p.m.
Jan. 15	at Wash. & Jeff.*	1 p.m.
Jan. 22	DENSION	1 p.m.
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY	1 p.m.

WOMEN

Oct. 23	at Clarion Classic	2nd/2
Oct. 30	ALLEGHENY	W 160-136
Nov. 6	SAINT VINCENT*	W 156-111
Nov. 13	at Carnegie Mellon	L 160-217
Nov. 20	KENYON w/ CASE	W 164-128
	CASE	W 196-97
Dec. 2-4	at Kenyon Invitational	TBA
Dec. 3-4	GROVE CITY INVITE	4 p.m./ 10 a.m.
Dec. 11	HIRAM	1 p.m.
Jan. 15	at Wash. & Jeff.*	1 p.m.
Jan. 22	DENSION	1 p.m.
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY*	1 p.m.

Saint Vincent Bearcats
M: 1-2, 0-1 PAC
W: 2-1, 0-1 PAC

MEN

Oct. 29	at Westminster Relays	4th/5
Nov. 6	at Grove City	L 93-163
Nov. 13	at Pitt-Bradford	W 115-90
Nov. 20	P.S. BEHREND	L 128-143
Dec. 3-4	at Fredonia State	TBA
Dec. 11	MOUNT UNION	1 p.m.
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at Wesleyan (WV)	1 p.m.
	w/Davis & Elkins	
Jan. 22	BETHANY*	1 p.m.
	w/Penn State-Altoona	
Jan. 28	WHEELING	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT	1 p.m.

WOMEN

Oct. 29	at Westminster Relays	5th/6
Nov. 6	at Grove City	L 111- 156
Nov. 13	at Pitt-Bradford	W 119-42
Nov. 20	P.S. BEHREND	W 147-101
Dec. 3-5	at Fredonia State	TBA
Dec. 11	MOUNT UNION	1 p.m.
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at Wesleyan (WV)	1 p.m.
	w/Davis & Elkins	
Jan. 22	BETHANY*	1 p.m.
	w/P.S. Altoona/Chatham*	
Jan. 28	WHEELING	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT	1 p.m.

Wash. & Jeff. Presidents
M: 4-1-1, 0-1 PAC
W: 7-0, 2-0 PAC

MEN

Nov. 6	at York	W 63-59
	w/ Marymount	W 71-48
Nov. 13	BALDWIN-WALLACE	W 138-99
Nov. 17	WESTMINSTER*	L 131-163
Nov. 19	at CMU Invitational	3 p.m.
Nov. 20	at CMU Invitational	9:30 a.m.
Nov. 20	at Albright	T 61-61
	Messiah	W 100-22
Dec. 3-4	at Grove City Invit.	All Day
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE CITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

WOMEN

Nov. 6	at York	W 93-28
	w/ Marymount	W 87-35
Nov. 10	at Chatham*	W 116-95
Nov. 13	BALDWIN-WALLACE	W 115-84
Nov. 17	WESTMINSTER*	W 157-142
Nov. 19	at CMU Invitational	NTS
Nov. 20	at CMU Invitational	NTS
Nov. 20	at Albright	W 85-37
	Messiah	W 108-14
Dec. 3-4	at Grove City Invit.	All Day
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE CITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

Westminster Titans
M: 3-1, 2-0 PAC
W: 3-2, 2-1 PAC

MEN

Oct. 29	WESTMINSTER RELAYS	3rd/5
Nov. 6	at Allegheny	L 106-185
Nov. 13	BETHANY*	W 106-72
Nov. 17	at Wash. & Jeff.*	W 163-131
Nov. 20	WOOSTER	W 173-109
Dec. 2	at Wooster Invitational	11 a.m.
Dec. 3	at Wooster Invitational	10 a.m.
Dec. 4	at Wooster Invitational	10 a.m.
Dec. 11	PENN STATE BEHREND	1 p.m.
Jan. 11	at Occidental (Calif.)	noon
	w/Lewis & Clark	
Jan. 22	at Carnegie Mellon	1 p.m.
	w/SUNY Geneseo	
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.

WOMEN

Oct. 29	WESTMINSTER RELAYS	3rd/6
Oct. 30	at Chatham	W 149-129
Nov. 6	at Allegheny	L 115.5-177.5
Nov. 13	BETHANY*	W 117-86
Nov. 17	at Wash. & Jeff.*	L 142-157
Nov. 20	WOOSTER	W 161-132
Dec. 2	at Wooster Invitational	11 a.m.
Dec. 3	at Wooster Invitational	10 a.m.
Dec. 4	at Wooster Invitational	10 a.m.
Dec. 11	PENN STATE BEHREND	1 p.m.
Jan. 11	at Occidental (Calif.)	noon
	w/Lewis & Clark	
Jan. 22	at Carnegie Mellon	1 p.m.
	w/SUNY Geneseo	
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.