

# 2009-10 PAC Swimming & Diving Release

## Week 5 - November 23



Presidents' Athletic Conference  
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### 2009-10 PAC MEN'S STANDINGS (through November 22)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	2	0	1.00	3	1	.750
Grove City	0	0	.000	5	1	.833
Washington & Jefferson	0	1	.000	2	4	.333
Bethany	0	1	.000	0	3	.000
Saint Vincent*				0	4	.000

### 2009-10 PAC WOMEN'S STANDINGS (through November 22)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	3	0	1.00	4	1	.800
Washington & Jefferson	1	1	.500	4	3	.571
Grove City	0	0	.000	5	0	1.00
Bethany	0	1	.000	0	3	.000
Chatham	0	2	.000	4	2	.667
Saint Vincent*				1	3	.250

\* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

#### LAST WEEK

Wednesday, November 18, 2009

WESTMINSTER 170, Wash. & Jeff 127\* (W)  
WESTMINSTER 176, Wash. & Jeff. 118\* (M)

Friday, November 20, 2009

Grove City 143, SAINT VINCENT 107\* (W)  
Grove City 137.5, SAINT VINCENT 123.5\* (M)

Saturday, November 21, 2009

Wooster 169, Westminster 128 (W)  
Wooster 153, Westminster 143 (M)  
Grove City 194, Case Western 101 (W)  
Grove City 192, Case Western 106 (M)  
Grove City 169, Kenyon 118 (W)  
Grove City 152, Kenyon 137 (M)  
Kenyon 146.5, Wash. & Jeff. 143.5 (W)  
Kenyon 180, Wash. & Jeff. 104 (M)  
Wash. & Jeff. 153, Case Western 144 (W)  
Case Western 169, Wash. & Jeff. 128 (M)  
Grove City 171, Wash. & Jeff. 128 (W)  
Grove City 221.5, Wash. & Jeff. 76.5 (M)

#### THIS WEEK/NEXT WEEK

Tuesday, November 24, 2009

Grove City at Chatham\* - 7 p.m

Thursday-Saturday, December 3-5, 2009

Westminster at Wooster Invitational

Friday-Saturday, December 4-5, 2009

Grove City, Washington & Jefferson at  
GCC Longnecker Invitational

Friday-Sunday, December 4-6, 2009

Saint Vincent at Fredonia (N.Y.) Blue Devil  
Invite

Saturday, December 5, 2009

Bethany at Penn State-Altoona - 1 p.m.

#### Men's Swimmer/Diver of the Week

**BRETT  
GERTHOFFER**  
Westminster  
Senior  
Pittsburgh, Pa.  
Shaler H.S.



Gerthoffer collected the most wins during the week as he won four events vs. Wooster and three vs. W&J. Gerthoffer won the 100- (49.28), 200- (1:47.50) and 500-yard freestyles (5:00.55) vs. W&J before taking the 100 (49.19) 200 (1:47.09) and 500 (5:00.70) freestyles vs. Wooster. He also helped out on relay wins in the 400 over Wooster.

Also nominated was Grove City sophomore **Ben Bowser** and Washington & Jefferson freshman **John Szott**.

#### Women's Swimmer/Diver of the Week

**CAITLIN  
LEHBERGER**  
Westminster  
Sophomore

New Wilmington, Pa.  
Wilmington H.S.



Lehberger accounted for four wins, the 50 freestyle (25.00), 200 breaststroke (2:28.06), 200 IM (2:11.11) and a leg of the winning 200 medley relay team (1:54.12), in a PAC win against W&J, before winning three events in a loss to Wooster, the 50 freestyle (25.03), 200 IM (2:11.86) and 200 breaststroke (2:27.82).

Also nominated was Grove City freshman **Angela Palumbo** and Washington & Jefferson sophomore **Bethany Haver**.

### PAC Swimming & Diving 2009-10 - Week 5 Conference Notes

**UNTOUCHED:** The Grove City women's swimming team remained undefeated overall through last week's matches ... Westminster's men's and women's teams swept W&J in PAC action last week (men: 176-118; women: 170-127), but received their first loss in a dual meet vs. Wooster on Saturday ... Both Bethany and Chatham did not compete last week, however the Cougars host Grove City before heading into the Thanksgiving break.

**NEWS & NOTES:** Saint Vincent's **Christine Dunleavy** finished first in the 100 Breast with a school-record time of 1:11.45, shattering a five-year old mark ... Grove City's **Angela Palumbo** holds the top individual time in the 50/100 freestyles, while Chatham's **Chelsea Mummert** holds the 50/100 back last week ... W&J's **Brandon Smith** and **John Szott** earned the lone victories for the men at Westminster, (200 IM and the 1-meter diving, respectively).

**AROUND THE LEAGUE:** Saint Vincent freshman **Tom Nielsen** enjoyed a big night for SVC, capturing first in the 100 Back, 200 Back, and 100 Free ... W&J's **Bethany Haver** and **Katie Steider** both recorded victories in the loss against the Titans ... Haver won the 1-meter and 3-meter diving events, while Steider swam a leg of the winning 400 freestyle relay and claimed the 100 backstroke.

### **Bethany Bison**

**(M: 0-3, 0-1 PAC; W: 0-3, 0-1 PAC)**

Bethany's swimming and diving teams are off for the Thanksgiving holiday and will be back in the pool Dec. 5 at Penn State-Altoona in their final meet before the Christmas break.



### **Chatham Cougars**

**(W: 4-2, 0-2 PAC)**

Chatham did not compete last week ... Chatham will be in action again this Tuesday, November 24, as they host Grove City in a Presidents' Athletic Conference (PAC) dual meet scheduled to begin at 7 p.m.



### **Grove City Wolverines**

**(M: 5-1, 0-0 PAC; W: 6-0, 0-0 PAC)**

The Grove City College swimming and diving teams both went 4-0 last week ... The women's team improved to 3-0 Friday night with a 143-107 win at conference foe Saint Vincent ... **Jenna Richert** won the 200 and 1650 free while **Olivia Forish** swept the backstroke ... **Jenny Ryan** won the 50 and 100 free and **Angela Palumbo** won the 200 breast and 200 IM ... Saturday, Grove City earned wins over Case Western, Kenyon and W&J at the Kenyon Quad ... Palumbo won the 50 and 100 free at Kenyon while Richert won the 1000 ... On the men's side, Grove City won the 200 free relay Friday night to clinch the win at Saint Vincent ... **Adam Walker** won both the 200 breaststroke and 1650 for the Wolverines ... Saturday at Kenyon, **Kyle Grubbs** won both diving events and **Ben Bowser** won the 100 butterfly and 200 IM ... Bowser, **Cam Coppelli**, **Clay Beckner** and **Kirk Gagliardo** won the 200 medley relay ... Grove City's women visit Chatham Tuesday night in PAC action.



### **Saint Vincent Bearcats**

**(M: 0-4; W: 1-3)**

The Bearcat swimmers' lone action of the week came on Friday, as the team hosted Grove City ... In men's action, the Bearcats were defeated 137.5-123.5 after falling by just three-tenths of a second in the final event, the 400 Free relay ... Freshman **Tom Nielsen** enjoyed a big night for SVC, capturing first in the 100 Back, 200 Back, and 100 Free ... **Casey Whittaker** also was a multiple winner on the night, finishing first in the 200 IM and 200 Fly ... Other first-place finishers for SVC included **Zack Krejdovsky** (500 Free) and **Troy Linebaugh** (50 Free), as well as the 400 Medley relay squad of Whittaker, **Adam Thomas**, **Logan Dorminey**, and **Matt Snelick** ... The SVC women were defeated 143-107 by the Wolverines ... The biggest performance from the Lady Bearcats came from **Christine Dunleavy**, who finished first in the 100 Breast with a school-record time of 1:11.45, shattering a five-year old mark ... **Meredith Brown** earned first in the 200 Fly, while **Katie Custer** picked up second-place finishes in the 100 Fly and 200 Free ... **Sarah Denning** also earned a pair of second-place finishes (100 Back and 200 Back), with other second-places including **Mary Kate Kenna** in the 200 Breast, **Amanda Haile** in the 1650 Free, and **Jayna Cline** in the 500 Free.



### **Washington & Jefferson Presidents**

**(M: 2-4, 0-1 PAC; W: 4-3, 1-1 PAC)**

The Washington & Jefferson men's and women's swimming & diving were both in action last week as the women held an overall record of 1-3, while the men dropped four decisions ... Both squads were upended by PAC-foe Westminster on Wednesday evening in New Wilmington, Pa. ... Sophomores **Bethany Haver** and **Katie Steider** both recorded a pair of victories in the loss against the Titans as Haver won the 1-meter and 3-meter diving events, while Steider swam a leg of the winning 400 freestyle relay and claimed the 100 backstroke ... Sophomore **Brandon Smith** and freshman **John Szott** earned the lone victories for the men against the Titans, winning the 200 IM and the 1-meter diving, respectively ... In Saturday's quad meet at Kenyon College, the women posted a 1-2 record and the men went 0-3 ... Haver and sophomore **Brittany Vogel** were the lone Presidents to earn individual victories as Vogel won the 200 IM, 200 backstroke and 200 medley relay, while Haver again took first place in both diving events ... Both teams are idle this week, but will return to the pool on the first weekend of December, competing in the annual Grove City College Longnecker Invitational



### **Westminster Titans**

**(M: 3-1, 2-0 PAC; W: 4-1, 3-0 PAC)**

After Westminster swept a home PAC meet against Washington & Jefferson on Wednesday with the men winning 176-118 and the women winning 170-127, the Titans absorbed their first dual meet losses for the season at home vs. Wooster on Saturday with the men losing 153-143 and the women falling 169-128 ... Westminster won a combined 24 events (13 men's, 11 women's) vs. W&J, while vs. Wooster the Titans won 12 events (6 each) ... Senior **Brett Gerthoffer** collected the most wins during the week as he won four events vs. Wooster and three vs. W&J ... Gerthoffer won the 100- (49.28), 200- (1:47.50) and 500-yard freestyles (5:00.55) vs. W&J before taking the 100 (49.19) 200 (1:47.09) and 500 (5:00.70) freestyles vs. Wooster ... He also helped out on relay wins in the 400 over Wooster ... On the women's side, sophomore **Caitlin Lehberger** accounted for four wins, the 50 freestyle (25.00), 200 breaststroke (2:28.06), 200 IM (2:11.11) and a leg of the winning 200 medley relay team (1:54.12), against W&J, before winning three over Wooster, the 50 freestyle (25.03), 200 IM (2:11.86) and 200 breaststroke (2:27.82).



**Bethany Bison**  
**M: 0-3, 0-1 PAC**  
**W: 0-3, 0-1 PAC**

MEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 56-86
Nov. 7	HIRAM	L 87-93
Nov. 14	WESTMINSTER*	L 58-104
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 79-97
Nov. 7	HIRAM	L 111-125
Nov. 14	WESTMINSTER*	L 78-104
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 23	at Chatham*	1 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

**Chatham Cougars**  
**W: 4-2, 0-2 PAC**

WOMEN

Oct. 30	at Westminster Relays	4th/6
Oct. 31	at Westminster*	L 129.5-152.5
Nov. 7	JUNIATA	W 224-44
Nov. 7	SWEET BRIAR	W 176-112
Nov. 7	P.S.-ALTOONA	W 228-52
Nov. 11	at Wash. & Jeff.*	L 99-123
Nov. 13	at Hiram	W 135-103
Nov. 24	GROVE CITY*	7 p.m.
Jan. 22	PENN ST.-BEHREND	7 p.m.
Jan. 23	BETHANY*	1 p.m.
Jan. 29-30	- at Cal (Pa.) Vulcan Challenge	
Feb. 6	SAINT VINCENT*	1 p.m.
Feb. 6	PENN ST.-ALTOONA	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

**Grove City Wolverines**  
**M: 5-1, 0-0 PAC**  
**W: 6-1, 0-0 PAC**

MEN

Oct. 25	at Clarion Fall Classic	1st/4
Oct. 31	at Allegheny	W 135-101
Nov. 14	CARNEGIE MELLON	L 124-176
Nov. 20	at Saint Vincent*	W 137.5-123.5
Nov. 21	at Kenyon Quad	1st/4
Dec. 4-5	LONGNECKER INVITATIONAL	
Dec. 12	at Hiram	1 p.m.
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

WOMEN

Oct. 25	at Clarion Fall Classic	2nd/4
Oct. 31	at Allegheny	W 136-104
Nov. 14	CARNEGIE MELLON	W 158-138
Nov. 20	at Saint Vincent*	W 143-107
Nov. 21	at Kenyon Quad	1st/4
Nov. 24	at Chatham*	7 p.m.
Dec. 4-5	LONGNECKER INVITATIONAL	
Dec. 12	at Hiram	1 p.m.
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

**Saint Vincent Bearcats**  
**M: 0-4**  
**W: 1-3**

MEN

Oct. 25	WHEELING JESUIT	L 118-133
Nov. 7	at Penn St.-Behrend	L 51-168
Nov. 7	vs. Baldwin-Wallace	L 64-169
Nov. 13	GROVE CITY*	L, 123.5-137.5
Dec. 4-6	at Fredonia State Invitational	
Dec. 12	at Mount Union	1 p.m.
Jan. 9	at Wash. & Jeff.*	1 p.m.
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Penn St.-Altoona	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 25	WHEELING JESUIT	L 110-144
Nov. 7	at Penn St.-Behrend	L 104-114
Nov. 7	vs. Baldwin-Wallace	W 148-66
Nov. 13	GROVE CITY*	L, 107-143
Dec. 4-6	at Fredonia State Invitational	
Dec. 12	at Mount Union	1 p.m.
Jan. 9	at Wash. & Jeff.*	1 p.m.
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Chatham*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

**Wash. & Jeff. Presidents**  
**M: 2-4, 0-1 PAC**  
**W: 4-3, 1-1 PAC**

MEN

Nov. 4	at Frostburg State	W 116-80
Nov. 14	at Baldwin-Wallace	W 175-125
Nov. 18	at Westminster*	L, 118-176
Nov. 21	Case Western	L, 128-169
	Grove City	L, 76.5-221.5
	Kenyon	104-180
Dec. 4-5	at GCC Longnecker Invit.	
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

WOMEN

Nov. 4	at Frostburg State	W 106-86
Nov. 11	CHATHAM*	W 123-99
Nov. 14	at Baldwin-Wallace	W 134-103
Nov. 18	at Westminster*	L, 127-170
Nov. 21	Kenyon	L, 143.5-146.5
	Grove City	L, 128-171
	Case Western	W, 153-144
Dec. 4-5	at GCC Longnecker Invit.	
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

**Westminster Titans**  
**M: 3-1, 2-0 PAC**  
**W: 4-1, 3-0 PAC**

MEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/5
Nov. 7	ALLEGHENY	W 148-145
Nov. 14	at Bethany*	W 104-58
Nov. 18	WASH. & JEFF.*	W, 176-118
Nov. 21	WOOSTER	L, 143-153
Dec. 3-5	at Wooster Invitational	
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/6
Oct. 31	CHATHAM*	W 152.5-129.5
Nov. 7	ALLEGHENY	W 160-133
Nov. 14	at Bethany*	W 104-78
Nov. 18	WASH. & JEFF.*	W, 170-127
Nov. 21	WOOSTER	L, 128-169
Dec. 3-5	at Wooster Invitational	
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	