



SWIMMING & DIVING 2007-08

Presidents' Athletic Conference
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CURRENT 2007-08 REGULAR SEASON MEN'S STANDINGS (through November 25, 2007)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	1	0	1.00	2	1	.667
Grove City College	0	0	.000	5	1	.833
Bethany College	0	0	.000	0	2	.000
Washington & Jefferson College	0	1	.000	4	4	.500
Saint Vincent College*				1	3	.250

* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

CURRENT 2007-08 REGULAR SEASON WOMEN'S STANDINGS (through November 25, 2007)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	1	0	1.00	7	1	.875
Grove City College	1	0	1.00	3	4	.429
Bethany College	0	0	.000	0	2	.000
Chatham University	0	1	.000	6	1	.857
Westminster College	0	1	.000	0	3	.000
Saint Vincent College				0	5	.000

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RECENT RESULTS

Tuesday, November 20, 2007

Grove City 159, ALLEGHENY 113 (M)
 ALLEGHENY 152, Grove City 130 (W)

UPCOMING SCHEDULE

Thursday-Saturday, November 29-December 1, 2007

Saint Vincent, Westminster at Wooster Invitational

Friday-Saturday, November 30-December 1, 2007

W&J at Grove City James E. Longnecker Invitational

Saturday, December 1, 2007

Bethany at Penn State-Altoona - 1 p.m.

PAC Men's Swimmer/Diver of the Week

LINCOLN LARSEN

Grove City College

Sophomore - breaststroke

Federal Way, Wash./Tacoma Baptist H.S.



Larsen swept the breaststroke events for the Wolverines in a 159-113 non-conference dual win at Allegheny on Tuesday. He won the 100 breaststroke in 1:03.76, then captured the 2090 breast in 2:19.07, winning by over eight seconds. He also helped the GCC 200 medley relay team open the meet with a win in 1:42.06.

PAC Women's Swimmer/Diver of the Week

SARAH PAGE

Grove City College

Freshman - freestyle

Colorado Springs, Colo./Pine Creek H.S.

Page captured the 100 freestyle and also helped Grove City capture the 800 freestyle relay as the Wolverines dropped a 152-130 non-conference dual meet at Allegheny on Tuesday.

PAC SWIMMING & DIVING NOTES

Bethany Bison



Bethany was off last week for the Thanksgiving holiday ... The Bison will return to the pool this Saturday at Penn State-Altoona ... It will be their final non-conference meet before starting PAC competition next week at Grove City (Dec. 5) and vs. Westminster (Dec. 8).

Chatham Cougars



Chatham did not compete during the Thanksgiving holiday week ... The Cougars return to action on Tuesday, December 4, when they travel to Washington and Jefferson College.

Grove City Wolverines



The Grove City College men's swimming and diving team extended its win streak to five Tuesday by rolling to a 159-113 win at Allegheny in non-conference action ... Grove City blitzed the Gators by winning 11 total individual races ... Freshman **Nate Nielsen**, sophomore **Lincoln Larsen** and junior **Peter Larsen** all posted two wins each ... The women's team fell in Meadville Tuesday night, 152-130 ... Freshman **Sarah Page** won the 100 free while classmate **Sarah Bargery** won the 200 IM ... Junior **Rebecca Smiddy** won the 500 ... Page, Ellen Keefer, **Amanda Thompson** and **Lauren Baur** closed the meet by winning the 800 free relay ... Junior **Tim Whitbeck** earned CollegeSwimming.com National Swimmer of the Week honors last Friday ... He also earned PAC Swimmer of the Week last week ... Grove City will host the annual Longnecker Invitational Friday and Saturday.

Saint Vincent Bearcats



Both Saint Vincent swimming teams were off last week and return to action this weekend at the College of Wooster Invitational in Wooster, Ohio.

Wash. & Jeff. Presidents



Washington & Jefferson College returns to action this weekend at the James E. Longnecker Invitational hosted by Grove City College ... The W&J women won the title at last year's nine-team meet, while the Presidents' men took third place in an eight-team field.

Westminster Titans



The Westminster College men's and women's swimming teams were off last week ... They will compete at the Wooster Invitational Nov. 29-Dec. 1.