2008 PAC Swimming & Diving Release

Week 6 - December 1



Presidents' Athletic Conference 8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

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2008 PAC MEN'S STANDINGS (through Nov. 30)

| | PAC Contests | | | All | All Contests | | |
|------------------------|--------------|---|------|----------|--------------|------|--|
| School | W | L | Pct. | <u>W</u> | L | Pct. | |
| Washington & Jefferson | 1 | 0 | 1.00 | 4 | 2 | .667 | |
| Westminster | 1 | 1 | .500 | 3 | 1 | .750 | |
| Grove City | 0 | 0 | .000 | 6 | 1 | .857 | |
| Bethany | 0 | 1 | .000 | 0 | 3 | .000 | |
| Saint Vincent* | | | | 3 | 2 | .600 | |

2008 PAC WOMEN'S STANDINGS (through Nov. 30)

| | PAC Contests | | | All (| All Contests | | |
|------------------------|--------------|---|------|-------|--------------|------|--|
| <u>School</u> | W | L | Pct. | W | <u>L</u> | Pct. | |
| Washington & Jefferson | 2 | 0 | 1.00 | 9 | 0 | 1.00 | |
| Grove City | 1 | 0 | 1.00 | 6 | 2 | .750 | |
| Westminster | 2 | 1 | .667 | 2 | 3 | .400 | |
| Bethany | 0 | 1 | .000 | 0 | 3 | .000 | |
| Chatham | 0 | 3 | .000 | 6 | 3 | .667 | |
| Saint Vincent* | | | | 3 | 3 | .500 | |

^{* -} NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LASTWEEK

Tuesday, November 25, 2008 GROVE CITY 152, Allegheny 127 (M) GROVE CITY 159, Allegheny 139 (W)

THIS WEEK

Thursday-Saturday, December 4-6, 2008 Saint Vincent, Westminster at Wooster Invitational - Wooster, Ohio

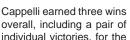
Friday-Saturday, December 5-6, 2008 Washington & Jefferson at Grove City James Longnecker Invitational

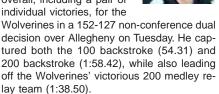
<u>Saturday, December 6, 2008</u> Penn State-Altoona at Bethany - 1 p.m.

Men's Swimmer/Diver of the Week

CAM COPPELLI Grove City

Sophomore Guys Mills, Pa. Saegertown H.S.





Women's Swimmer/Diver of the Week

AMANDA THOMPSON Grove City

Junior Erie, Pa. McDowell H.S.

Thompson recorded three wins, including a pair of in-

dividual victories, for the Wolverines in a 159-139 non-conference dual decision over Grove City on Tuesday. She captured both the 100 backstroke (1:02.36) and the 200 backstroke (2:14.43) while also swimming a leg for the victorious GCC 800 freestyle relay team (8:04.96). Thompson added a second place finish in the 200 individual medley (2:16.85).



PAC Swimming & Diving 2008-09 - Week 6 Conference Notes

ON DECK: After a very light Thanksgiving week, the conference swimming & diving schedule gets back in full swing this week with a pair of multi-day invitationals ... Washington & Jefferson will compete at the annual James E. Longnecker Invitational at Grove City College on Friday-Saturday, while Westminster and Saint Vincent each travel to Ohio to compete in the three-day Wooster Invitational starting on Thursday.

WHO'S HOT: Grove City swept Allegheny at home Tuesday, with the men winning 152-127 and the women previaling 159-139 ... GCC finished 1-2 in every men's race ... Caleb Courage captured a pair of individual wins for the Wolverines ... On the women's side ,three Wolverines were double winners against the Gators, including Jenna Richert (500 & 1000 freestyle) and freshman Bethany Johnson (1-meter and 3-meter diving).

AROUND THE LEAGUE: The Grove City College men's swimming & diving team is ranked ninth in NCAA Division III in the first CollegeSwimming.com poll for the 2008-09 season ... Saint Vincent and Westminster were each off last week ... Bethany is off until this Saturday, Dec. 6, when the Bison host Penn State-Altoona at 1 p.m. ... Chatham is off for winter break and will return to action on January 9 at the Agnes Scott Invitational.

Bethany Bison (M: 0-3, 0-1 PAC; W: 0-3, 0-1 PAC)

Bethany was off last week for the Thanksgiving holiday ... The Bison return to action this week with a home meet against Penn State-Altoona Saturday ay 1 p.m.



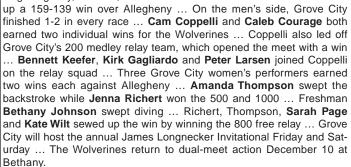
Chatham Cougars (W: 6-3, 0-3 PAC)

Chatham is off for winter break and will return to action on January 9 at Agnes Scott.



Grove City Wolverines (M: 6-1, 0-0 PAC; W: 6-2, 1-0 PAC)

Both Grove City teams entered Thanksgiving break with victories Tuesday night ... The men's team humbled visiting Allegheny, 152-127, while the women's team chalked



Saint Vincent Bearcats (M: 3-2; W: 3-3)

Both Bearcat swimming teams were off on the week, and return to action this weekend, taking part in the College of Wooster Invitational this Thursday through Sunday.



Washington & Jefferson Presidents (M: 4-2, 1-0 PAC; W: 9-0, 2-0 PAC)

The Washington & Jefferson men's and women's swimming programs will be competing in this weekends Longnecker Invitational on the campus of Grove City College ... The W&J men placed second out of eight teams in the event last season, while the women claimed the first place trophy, placing first out of nine teams.



Westminster Titans (M: 3-1, 1-1 PAC; W: 2-3, 2-1 PAC)

Westminster's men's and women's swim teams were off last week after the men won and the women lost a dual meet at Wooster on Nov. 22 ...



The Titans return to Wooster for the Wooster Invitational this week.

| Bethany B | ison |
|------------------|------------|
| M: 0-3, 0-1 | PAC |
| W: 0-3, 0-1 | PAC |

Chatham Cougars W: 6-3, 0-3 PAC

Grove City Wolverines M: 6-1, 0-0 PAC W: 6-2, 1-0 PAC

| MEN | | | |
|-----------|------------------------|-----|--------|
| Oct. 25 | at Pitt-Bradford Relay | S | 5th/5 |
| Nov. 1 | PENN ST-BEHREND | L | 24-153 |
| Nov. 8 | at Hiram | L | 52-115 |
| Nov. 15 | at Westminster* | L | 18-91 |
| Dec. 6 | PENN STALTOONA | | 1 p.m. |
| Dec. 10 | GROVE CITY* | | 6 p.m. |
| Jan. 14 | WASH. & JEFF.* | | 6 p.m. |
| Jan. 17 | at Saint Vincent* | | 1 p.m. |
| Jan. 28 | at Frostburg State | | 6 p.m. |
| Jan. 31 | URBANA | | 2 p.m. |
| Feb. 12-1 | 4 - PAC Championship | s (| GCC) |

| WOMEN Oct. 18 Oct. 18 Oct. 25 Oct. 31 Nov. 1 Nov. 8 Nov. 8 Nov. 8 | at Saint Vincent* vs. PS-Altoona JUNIATA at Westminster Rela WESTMINSTER* WASH. & JEFF.* L SLIPPERY ROCK FROSTBURG ST. | W 92-38 W 107-23 W 139-94 bys 4th/6 L 121-162 131.5-152.5 W 204-75 W 224-45 |
|--|--|--|
| Nov. 15 Nov. 15 Jan. 9 Jan. 17 Jan. 24 Jan. 31 Feb. 12-1 | at Grove City* vs. Hiram (at GCC) at Agnes Scott Invit. at Penn StBehrend at Bethany* NOTRE DAME (MD) 4 - PAC Championsh | 1 p.m. 6 p.m. |

| | at Clarion Fall Classic at Carnegie Mellon L HIRAM W SAINT VINCENT* W AT CWRU Quad ALLEGHENY W LONGNECKER INVIT. at Bethany* at Wash. & Jeff.* DENISON WESTMINSTER* at Pitt-Bradford w/PS-Behrend at Wooster 4 - PAC CHAMPIONSH | 125-174 152-114 160-108 3-0 152-127 6 p.m. 1 p.m. 6 p.m. 5 p.m. 1 p.m. |
|---|---|---|
| MEN Oct. 25 Nov. 1 Nov. 15 Nov. 21 Nov. 22 Nov. 25 Dec. 5-6 Dec. 10 Jan. 17 Jan. 24 Jan. 27 Jan. 30 | HIRAM SAINT VINCENT* at CWRU Quad ALLEGHENY W LONGNECKER INVIT. at Bethany* at Wash. & Jeff.* DENISON WESTMINSTER* at Pitt-Bradford w/PS-Behrend at Wooster | 121-178 W 194-95 W 191-99 W 153-75 2-1 / 159-139 6 p.m. 1 p.m. 6 p.m. 5 p.m. |
| Feb. 12-1 | 4 - PAC CHAMPIONSH | IIPS ' |

WOMEN

| WOMEN | | |
|-----------|-------------------------|---------|
| Oct. 25 | at Pitt-Bradford Relays | 5th/5 |
| Nov. 1 | PENN ST-BEHREND L | 89-123 |
| Nov. 8 | at Hiram L | 117-147 |
| Nov. 15 | at Westminster* L | 69-107 |
| Dec. 6 | PENN STALTOONA | 1 p.m. |
| Dec. 10 | GROVE CITY* | 6 p.m. |
| Jan. 14 | WASH. & JEFF.* | 6 p.m. |
| Jan. 17 | at Saint Vincent* | 1 p.m. |
| Jan. 24 | CHATHAM* | 1 p.m. |
| Jan. 28 | at Frostburg State | 6 p.m. |
| Jan. 31 | URBANA | 2 p.m. |
| Feb. 12-1 | 4 - PAC Championships | (GCC) |
| | | |

Saint Vincent Bearcats M: 3-1 W: 3-2

Wash. & Jeff. Presidents M: 4-2, 1-0 PAC W: 9-0, 2-0 PAC

Westminster Titans M: 3-1, 1-1 PAC W: 2-3, 2-1 PAC

MEN

MEN Oct. 18 P.S.-ALTOONA W 155-100 Oct. 25 at Wheeling Jesuit L 124-138 Nov. 8 P.S.-BEHREND W 144-115 Nov. 15 MOUNT UNION W 135-127 Nov. 21 at Grove City* L 108-160 Dec. 4-6 at Wooster Invitational Jan. 17 BETHANY* 1 p.m. Jan. 24 at West Va. Wesleyan 1 p.m. Jan. 28 WASH. & JEFF.* 6 p.m. Jan. 31 at Westminster* 1 p.m. Feb. 12-14 - PAC Championships (GCC)

| <u>MEN</u> | | |
|------------|----------------------|-----------|
| Nov. 5 | FROSTBURG ST. | W 136-85 |
| Nov. 15 | BALDWIN-WALLACE \ | N 160-131 |
| Nov. 19 | WESTMINSTER* V | V 154-140 |
| Nov. 22 | at CWRU Quad | 1-2 |
| Dec. 5-6 | at GCC Longnecker Ir | nvit. |
| Jan. 14 | at Bethany* | 6 p.m. |
| Jan. 17 | GROVE CITY* | 1 p.m. |
| Jan. 24 | at Penn StBehrend | 1 p.m. |
| Jan. 28 | at Saint Vincent* | 6 p.m. |
| Jan. 31 | at Hiram | 1 p.m. |
| Feb. 12-1 | 4 - PAC Championship | s (GCC) |
| | | |

| IVILIN | | | |
|-----------|-----------------------|------|----------|
| Oct. 25 | at Clarion Fall Class | sic | 3rd/4 |
| Oct. 31 | WC RELAY CARNI\ | /AL | 1st/5 |
| Nov. 8 | at Allegheny | W | / 131-74 |
| Nov. 15 | BETHANY* | ١ | W 91-18 |
| Nov. 19 | at Wash. & Jeff.* | L | 140-154 |
| Nov. 22 | at Wooster | W | 152-132 |
| Dec. 4-6 | at Wooster Invitation | nal | |
| Jan. 7 | at Rollins w/Gordon | | 3 p.m. |
| Jan. 17 | MOUNT UNION | | 1 p.m. |
| Jan. 24 | at Carnegie Mellon | | 1 p.m. |
| Jan. 27 | at Grove City* | | 6 p.m. |
| Jan. 31 | SAINT VINCENT* | | 1 p.m. |
| Feb. 12-1 | 4 - PAC Championsh | nips | (GCC) |
| | | | |

WOMEN

| <u>VVOIVIEIN</u> | | |
|------------------|-----------------------|------------|
| Oct. 18 | CHATHAM* | L 38-92 |
| Oct. 18 | P.SALTOONA | W 82-43 |
| Oct. 25 | at Wheeling Jesuit | W 131-96 |
| Nov. 8 | P.SBEHREND | W 139-103 |
| Nov. 15 | MOUNT UNION | L 99-150 |
| Nov. 21 | at Grove City* | L 75-153 |
| Dec. 4-6 | at Wooster Invitation | nal |
| Jan. 17 | BETHANY* | 1 p.m. |
| Jan. 24 | at West Va. Wesleya | an 1 p.m. |
| Jan. 28 | WASH. & JEFF.* | 6 p.m. |
| Jan. 31 | at Westminster* | 1 p.m. |
| Feb. 12-1 | 4 - PAC Championsh | nips (GCC) |
| | | |

| WOMEN | | | |
|--------------|----------------------|-----|----------|
| Nov. 5 | FROSTBURG ST. | W | 129-89 |
| Nov. 8 | at Chatham* W 1 | 52 | .5-131.5 |
| Nov. 8 | vs. Slippery Rock | W | 189-80 |
| Nov. 8 | vs. Frostburg State | W | 192-61 |
| Nov. 15 | BALDWIN-WALLACE \ | W | 148-113 |
| Nov. 19 | WESTMINSTER* V | ٧ | 154-140 |
| Nov. 22 | at CWRU Quad | | 3-0 |
| Dec. 5-6 | at GCC Longnecker In | nvi | t. |
| Jan. 14 | at Bethany* | | 6 p.m. |
| Jan. 17 | GROVE CITY* | | 1 p.m. |
| Jan. 24 | at Penn StBehrend | | 1 p.m. |
| Jan. 28 | at Saint Vincent* | | 6 p.m. |
| Jan. 31 | at Hiram | | 1 p.m. |

Feb. 12-14 - PAC Championships (GCC)

| | at Grove City* SAINT VINCENT* 4 - PAC Champions | | 6 p.m. 1 p.m. (GCC) |
|---|---|------------------------------|---|
| WOMEN Oct. 25 Oct. 31 Nov. 1 Nov. 8 Nov. 15 Nov. 19 Nov. 22 Dec. 4-6 Jan. 7 Jan. 17 Jan. 24 Jan. 27 Jan. 31 Feb. 12-1 | at Clarion Fall Class WC RELAY CARNI' at Chatham* at Allegheny BETHANY* at Wash. & Jeff.* at Wooster at Wooster Invitation at Rollins w/Gordon MOUNT UNION at Carnegie Mellon at Grove City* SAINT VINCENT* 4 - PAC Champions | VAL W L W L L | 163-121 80-125 / 107-69 140-154 123-139 3 p.m. 1 p.m. 1 p.m. 6 p.m. 1 p.m. |
| | | | |