



# SWIMMING & DIVING 2007-08

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## CURRENT 2007-08 REGULAR SEASON MEN'S STANDINGS (through December 2, 2007)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	1	0	1.00	2	1	.667
Grove City College	0	0	.000	5	1	.833
Bethany College	0	0	.000	0	3	.000
Washington & Jefferson College	0	1	.000	4	4	.500
Saint Vincent College*				1	3	.250

\* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

## CURRENT 2007-08 REGULAR SEASON WOMEN'S STANDINGS (through December 2, 2007)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	1	0	1.00	7	1	.875
Grove City College	1	0	1.00	3	4	.429
Bethany College	0	0	.000	1	2	.333
Chatham University	0	1	.000	6	1	.857
Westminster College	0	1	.000	0	3	.000
Saint Vincent College				0	5	.000

\* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

### RECENT RESULTS

#### Thursday-Saturday, November 29-December 1, 2007

Wooster Invitational - Wooster, Ohio

*Men (nine teams)*

1. Westminster (1,671)
8. Saint Vincent (462)

*Women (11 teams)*

6. Westminster (914)
9. Saint Vincent (184)

#### Friday-Saturday, November 30-December 1, 2007

James E. Longnecker Invitational - Grove City, Pa.

*Men (8 teams)*

1. Grove City (1,388)
2. Washington & Jefferson (739)

*Women (9 teams)*

1. Washington & Jefferson (1,033)

2. Grove City (718)

#### Saturday, December 1, 2007

PENN STATE-ALTOONA 125, Bethany 38 (M)  
Bethany 125, PENN STATE-ALTOONA 86 (W)

### UPCOMING SCHEDULE

#### Tuesday, December 4, 2007

Chatham at Washington & Jefferson\* - 6:30 p.m.

#### Wednesday, December 5, 2007

Bethany\*/Salem International at Grove City - 6 p.m.

#### Friday, December 7, 2007

Chatham at Westminster\* - 6 p.m.

#### Saturday, December 8, 2007

Westminster at Bethany\* - noon

Grove City at Hiram - 1 p.m.

## PAC Men's Swimmer/Diver of the Week

### TIM WHITBECK

Grove City College

Junior - freestyle

Saegertown, Pa./Saegertown H.S.



Whitbeck led Grove City to the team title at the eight-team GCC Longnecker Invitational by capturing both the 50 freestyle (NCAA "A-cut" and meet record 20.46) and the 100 freestyle, while finishing second in the 100 breaststroke (1:01.61). He also swam on four winning Grove City relays: the 200 & 400 free and 200 & 400 medley.

Also nominated was freshman **Kenny Drombosky** of Bethany, freshman **Brandon Smith** of Washington & Jefferson, and junior **Conor Simpson** of Westminster.

## PAC Women's Swimmer/Diver of the Week

### KAITLYN ORSTEIN

Washington & Jefferson College

Senior - freestyle/breaststroke/IM

Mt. Lebanon, Pa./Mt. Lebanon H.S.



Orstein led W&J to the team title at the nine-team Grove City Longnecker Invitational by posting six total wins (three individual, three relay). She set a new W&J school record in the 1650 freestyle (18:11.40), a new Invitational record in the 100 freestyle (52.33) and an NCAA A-cut in the 200 IM. She also swam on the winning 200 free and 200 & 400 medley relays for the Presidents.

Also nominated was senior **Erin Staniech** of Bethany, senior **Ellen Keefer** of Grove City, and junior **Megan Mier** of Westminster.

## PAC SWIMMING & DIVING NOTES

### Bethany Bison



The Bison women recorded their first win of the year in a dual meet with an impressive showing at Penn State-Altoona ... Three swimmers won two individual events each and also raced on the victorious 200 freestyle relay team ... **Erin Staniech** won the 50 freestyle (26.81) and 100 backstroke (1:08.53), **Brenda Maxwell** touched first in the 1,000 (11:59.46) and 500 freestyle (5:49.92) events and **Caitlin Gregory** earned first in the 200 individual medley (2:31.72) and 100 breaststroke (1:20.21) ... Those three teamed with **Suzanne Stettinius** for the win in the 200 free relay with a time of 1:51.47 ... Other first places were claimed by Stettinius in the 200 freestyle (2:14.15) and **Desiree Finley** in 3-meter diving (164.50) ... On the men's side, the team of **Kenny Drombosky**, **Nik Yacobi**, **Richard Sawyer** and **Ryan Darrow** won the 200 freestyle relay with a time of 1:42.99 ... Drombosky also picked up second places in the 200 free and 100 butterfly, while **Ty Walters** was runner-up in the 200 IM and 100 breaststroke.

### Chatham Cougars



Chatham did not compete this week ... The Cougars return to action on Tuesday, December 4, when they travel to Washington & Jefferson College.

### Grove City Wolverines



Grove City's men's and women's teams hosted the 11<sup>th</sup> annual Longnecker Invitational Friday and Saturday ... The men's team won the team title with a meet record 1,388 points while the women grabbed second with 718 points ... The Grove City men recorded eight individual victories and swept the five relay races ... **Tim Whitbeck** won both the 50 and 100 free and also helped four relay teams to victory ... **Peter Larsen** contributed to four relay wins and also won the 100 butterfly ... Freshman **Sarah Bargery** swept the breaststroke events Saturday for Grove City while **Ellen Keefer** won the 200 free ... Keefer also anchored Grove City's victorious 400 and 800 free relay teams ... **Sarah Page** won the 50 free Friday night while Keefer took second in that race ... Grove City will host Bethany and Salem International Wednesday night at 6 p.m. before visiting Hiram Saturday.

### Saint Vincent Bearcats



Both SVC swim teams participated in the College of Wooster Invitational over the weekend, with the men taking eighth place and the women ninth ... **Joe Bruzda** led the men's squad, finishing fifth in the 400 IM (4:25.75) and 200 backstroke (2:01.55) and ninth in the 500 freestyle (5:05:90) ... **Eric Clouse** had top-10 finishes in the 100 butterfly (:55.14, 10<sup>th</sup>) and 200 butterfly (2:10.40, 7<sup>th</sup>) ... For the women, **Olivia Cinberg** took ninth of 24 swimmers in the 100 butterfly with a time of 1:03.45 ... **Katie Bittner** was 10<sup>th</sup> in the 1650 freestyle (19:55.35), while **Amanda Haile** finished 12<sup>th</sup> in the 200 butterfly (1:34.00) ... Saint Vincent swimming is now off until January 19, when the Bearcats travel to face PAC rival Bethany.

### Wash. & Jeff. Presidents



The Washington & Jefferson women won their second consecutive Longnecker Invitational title this past weekend, while the Presidents' men improved upon their previous showing by claiming second place ... Senior **Kaitlyn Orstein** enjoyed six wins during the week and set her 12<sup>th</sup> W&J individual school record in the 1650 freestyle (18:11.40) ... Orstein also earned a NCAA "A" Cut in the 200 IM and posted an invitational record during the 100 freestyle (52.33) ... She also broke her own school record in the 50 freestyle (23.75) after leading off the 200 free relay ... Sophomore **Megan Raddatz** also notched a win in the 400 IM (5:02.07) ... Senior **Jessica Wightman**, junior **Susanne Seward** and freshman **Chrissy Brant** joined Orstein on victories in the 200 freestyle and 400 medley relays ... Brant, Seward, Orstein and junior **Brittany Bertoli** also earned the 200 medley title ... Freshman **Brandon Smith** garnered the lone swimming win for the W&J men, claiming the 500 freestyle (4:57.36) ... Sophomore **Luke Morgan** tied for the 3-meter diving crown with 221.80 points.

### Westminster Titans



Westminster combined to place second with 2,585 points at the Wooster Invitational, held Nov. 29-Dec. 1 ... The host Fighting Scots won the 11-team meet with 3,244 combined points ... Westminster finished first in the nine-team men's standings with 1,671 points, while the Titan women placed sixth out of 11 teams with 914 points ... The Titans men won five races while the women captured three ... Overall, the Westminster men occupied 43 top-eight medalist positions in 18 events, while the Titan women medaled 16 times in 13 races ... Junior **Megan Mier** won the 200 backstroke with an NCAA "B" provisional qualifying time of 2:09.43 ... The other first-place finishes for the Titan women were senior **Becky Giles** in the 400 IM (4:41.07) and sophomore **Emily Dressler** in the 200 freestyle (1:59.07) ... The first-place finishers for the WC men were junior **Stephen Burns** in the 50 freestyle (21.53), junior **Conor Simpson** in the 500 freestyle (4:48.15), junior **Chris Lehberger** in the 200 breaststroke (2:09.16) - leading a list of four Titans in the top five - and the 400 (3:11.36) and 800 freestyle (7:09.24) relay teams.