



SWIMMING & DIVING 2006-07

Presidents' Athletic Conference
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CURRENT 2006-07 REGULAR SEASON MEN'S STANDINGS (through December 3, 2006)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Westminster College	1	0	1.00	4	1	.800
Grove City College	0	0	.000	7	1	.875
Bethany College	0	0	.000	0	3	.000
Washington & Jefferson College	0	1	.000	4	4	.500
Saint Vincent College*	0	0	.000	2	4	.333

CURRENT 2006-07 REGULAR SEASON WOMEN'S STANDINGS (through December 3, 2006)

School	PAC Meets			All Meets		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	1	0	1.00	7	1	.875
Grove City College	0	0	.000	4	5	.444
Bethany College	0	0	.000	0	3	.000
Westminster College	0	1	.000	0	5	.000
Saint Vincent College*	0	0	.000	1	5	.167

* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

RECENT RESULTS

Monday, November 21

GROVE CITY 161, Gannon 127 (M)
 Gannon 139, GROVE CITY 132 (W)
 GROVE CITY 147, Slippery Rock 111 (W)

Thursday-Saturday, Nov. 30-Dec. 2

Wooster Invitational - Wooster, Ohio

Westminster (M) - 1st of 8 teams
 Saint Vincent (M) - 5th of 8 teams
 Westminster (W) - 2nd of 10 teams
 Saint Vincent (W) - 10th of 10 teams

Friday-Saturday, December 1-2

GCC Longnecker Invitational - Grove City, Pa.

Grove City (M) - 2nd of 8 teams
 Washington & Jefferson (M) - 3rd of 8 teams
 Washington & Jefferson (W) - 1st of 9 teams
 Grove City (W) - 5th of 9 teams

Saturday, December 2

PENN ST.-ALTOONA 96, Bethany 85 (M)
 PENN ST.-ALTOONA 95, Bethany 84 (W)

UPCOMING SCHEDULE

Wednesday, December 6

Grove City at Bethany* - 6 p.m.

Friday, December 8

Ashland at Westminster - 6 p.m.

Saturday, December 9

Bethany at Westminster* - 1 p.m.
 Hiram at Grove City - 1 p.m.

PAC Men's Swimmer/Diver of the Week

RYANTRUNK

Westminster College

Junior - sprint freestyle
 Brookline, Mass.
 Brookline H.S.



Trunk posted six wins over the week-end to lead Westminster to the overall and men's team titles at the Wooster Invitational. He posted an NCAA-qualifying time of 45.41 en route to winning the 100 freestyle, while adding wins in the 50 free (20.82) and 200 free (1:43.54) as well as relay wins in the 400 medley (3:30.63), 400 freestyle (3:09.85) and 800 freestyle (7:07.14).

Also nominated was senior **Stephen Zinz** of Bethany, freshman **Chip Cressman** of Grove City, and freshman **Luke Morgan** of Washington & Jefferson.

PAC Women's Swimmer/Diver of the Week

KAITLYN ORSTEIN

Washington & Jefferson College

Junior - IM/freestyle/breaststroke
 Pittsburgh, Pa.
 Mount Lebanon H.S.



Orstein earned her third PAC Swimmer of the Week honor this season after leading the Presidents to the team title at the Grove City Longnecker Invitational. She posted five wins, capturing the 200 IM (2:07.13 - A-cut) and 200 breaststroke (2:23.08 - invitational record) along with three relay wins (200 free, 400 medley, 400 free).

Also nominated was sophomore **Brenda Maxwell** of Bethany, freshman **Jane Wilson** of Grove City, and junior **Becky Giles** of Westminster.

PAC SWIMMING & DIVING NOTES

Bethany Bison



Bethany dropped close meets on both sides against Penn State-Altoona Saturday, their first action since before the Thanksgiving break ... Pacing Bethany's men's tankers was **Stephen Zinz**, who touched first in a trio of events, including the 200 individual medley (2:12.44), 100 butterfly (57.53) and 500 freestyle (5:28.33) ... Other first place finishes were turned in by **Travis Edwards** in the 200 freestyle (2:14.00), **Gary Migliaccio** in both diving events and the 200 freestyle relay team of **Michael Giovanetti**, Migliaccio, **Patrick Piekarski** and Edwards (1:47.29) ... For the women, **Brenda Maxwell** took first in two individual events and anchored the 200 freestyle relay to victory ... She won the 1000 freestyle (12:14.10) and 500 freestyle (6:02.28), while swimming the final leg for the relay that finished in 1:54.73 ... The rest of the relay included **Erin Staniech**, who also won the 100 backstroke (1:09.74), as well as **Tricia Mark** and **Mallory Lee** ... In diving, **Desiree Finley** scored 149.40 to win the one-meter event.

Grove City Wolverines



Grove City hosted the 10th annual James E. Longnecker Invitational last weekend ... The men placed second with 999 points while the women finished fifth ... The men's team's 999 team points are the second-most in Invitational history, trailing only '06 champion Carnegie Mellon (1,081.5) ... Freshman **Chip Cressman** broke a 25-year-old College record in the 500 freestyle (4:44.12) ... In addition to winning the 500, he also won the 400 IM and the 1650 free ... Junior **Caleb Courage** swept the sprint events ... The Wolverines also won the 200 free relay, 400 free relay and 200 medley relay ... On the women's side, freshman **Jane Wilson** won both the 50 and 100, surpassing the NCAA "B" cut in the 50 with a College-record time of 24.32 ... Wilson, **Liza McRuer**, **Whitney Baur** and **Ellen Keefer** combined for a second-place finish in the 200 free relay ... Grove City earned its first-ever win over Slippery Rock in women's swimming Nov. 20, 147-111 ... The teams had never met in a dual meet before ... Grove City will open PAC action Wednesday night at Bethany ... The men's team has 499 all-time victories.

Wash. & Jeff. Presidents



Washington & Jefferson claimed its first women's title at Grove City's James E. Longnecker Invitational last weekend ... The W&J women held a 190.5 point advantage over CMU to win the championship ... Junior **Kaitlyn Orstein** opened the meet by leading the 200 freestyle team of senior **Brandi Shoupe**, junior **Jessica Wightman** and sophomore **Susanne Seward** to a win in 1:40.76 ... Orstein then claimed the 200 IM in an NCAA "A" cut time of 2:07.13 ... Orstein, Shoupe and Seward ended the day by teaming with sophomore **Brittany Bertoli** for a win in the 400 medley relay (4:07.06) ... On Saturday, Orstein set a new Invitational record during her win in the 200 breaststroke (2:23.08) and led the 400 freestyle relay to victory (3:42.65) ... Freshman **Alexis England** posted the Presidents' next best finish after taking second in the 500 freestyle (5:29.92) ... Freshman Luke Morgan racked up the men's best showing after taking fourth in the 3-meter diving event (174.10 points) ... Freshman **Megan Raddatz** placed second to Orstein in the 200 breaststroke (2:36.25), while Shoupe claimed third place in the 200 backstroke (2:19.42).

Westminster Titans



Westminster won the 10-team Wooster Invitational ... The Titans finished first in the combined teams standings with 3,547 points, including placing first in men's standings with 2,232 points and second in the women's standings with 1,315 points ... Senior All-American freestyler **Ryan Trunk** posted an NCAA Division III national championship qualifying time of 45.41 in the 100 freestyle ... Trunk achieved the time in a preliminary heat before placing first in the finals in 45.84 ... The low time was also a new pool record ... Trunk also won the 50 free (20.82) and 200 free (1:43.54), while anchoring Westminster's first-place relay teams in the 400 medley relay (3:30.63), the 800 free (7:07.14) and the 400 free relay (3:09.85) ... Overall, the Titans took home 20 first-place finishes including 14 for the men and six for the women ... Junior **Becky Giles** won four events for the Titan women, including 2:09.21 in the 200 individual medley, which broke her own school record set last year ... Giles also won the 400 IM (4:40.07), the 200 butterfly (pool-record 2:13.82), and swam on the winning 800 freestyle relay (pool-record 8:04.24).

Saint Vincent Bearcats



Olivia Cinberg set a school-record by turning in a time of 1:02.31 in the butterfly, taking sixth place at the Wooster Invitational last week ... Cinberg was also part of the school-record breaking 200m freestyle relay, along with **Erin Perry**, **Kristy Hartbauer**, and **Catherine Bittner**, which finished in 14th with a time of 1:49.77 ... The 400 medley relay (Perry, Hartbauer, Cinberg, Bittner) team also entered the SVC record books with a time of 4:23.77, finishing in 12th place ... In that event, Perry led off with a school-record time of 1:07.89 in the 100 backstroke ... Both Bearcat swim teams are now off until January.

2006-07 PAC Swimmers/ Divers of the Week

Men

10/29 - **Caleb Courage**, GRO
 11/5 - **Andrew Gilbert**, GRO
 11/12 - **Zach Nigrelli**, W&J
 11/19 - **Chip Cressman**, GRO
 12/3 - **Ryan Trunk**, WES
 12/10
 1/7
 1/14
 1/21
 1/28
 2/4

Women

10/29 - **Megan Mier**, WES
 11/5 - **Kaitlyn Orstein**, W&J
 11/12 - **Brittany Bertoli**, W&J
 11/19 - **Kaitlyn Orstein**, W&J
 12/3 - **Kaitlyn Orstein**, W&J
 12/10
 1/7
 1/14
 1/21
 1/28
 2/4