

2010-11 PAC Swimming & Diving Release Week 6 - December 6



Presidents' Athletic Conference
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2010-11 PAC MEN'S STANDINGS (through December 5)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Westminster	2	0	1.00	3	1	0	.750
Grove City	1	0	1.00	4	1	0	.800
Washington & Jefferson	0	1	.000	4	1	1	.750
Saint Vincent	0	1	.000	1	2	0	.333
Bethany	0	1	.000	1	3	0	.250

2010-11 PAC WOMEN'S STANDINGS (through December 5)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Washington & Jefferson	2	0	1.00	7	0	0	1.00
Grove City	1	0	1.00	4	1	0	.800
Westminster	2	1	.667	3	2	0	.600
Saint Vincent	0	1	.000	2	1	0	.667
Bethany	0	1	.000	1	3	1	.300
Chatham	0	2	.000	3	3	0	.500

LAST WEEK

Thursday-Saturday, December 2-4, 2010

Wooster Invitational

Men (10 teams)

5. Westminster - 837

Women (10 teams)

7. Westminster - 773.5

Kenyon Invitational

Men (seven teams)

6. Grove City - 335

Women (seven teams)

7. Grove City - 306

Friday-Sunday, December 3-5, 2010

Grove City Invitational

Men (six teams)

1. Grove City - 1,164

3. Wash. & Jeff. - 640

Women (eight teams)

2. Wash. & Jeff. - 716

6. Grove City - 376.5

Saturday, December 4, 2010

Men

Bethany 111, Penn State Altoona 101

Women

Bethany 70, Ursuline 19

Bethany 54, Penn State Altoona 54

Friday-Sunday, December 3-5, 2010

Fredonia State Invitational

Men (nine teams)

5. Saint Vincent - 341

Women (nine teams)

3. Saint Vincent - 498

THIS WEEK

Saturday, December 11, 2010

Chatham*/Hiram at Grove City - 1 p.m.

Mount Union at Saint Vincent - 1 p.m.

Penn St.-Behrend at Westminster - 1 p.m.

Men's Swimmer/Diver of the Week

JUSTIN WEIFENBACH

Washington & Jefferson

Junior - diving

Coraopolis, Pa.

Montour H.S.



Weifenbach captured the 3-meter men's diving title at the Grove City Invitational with a career-best six-dive total of 291.70, which qualified him for the NCAA D-III Championships. He also placed second in the 1-meter dive with 228.5 points.

Also nominated were **Patrick McCarthy** of Bethany, **E.J. Leuschner** of Grove City, **Casey Whittaker** of Saint Vincent, and **Mike Barringer** of Westminster.

Women's Swimmer/Diver of the Week

COURTNEY HERDT

Westminster

Senior - breaststroke

Beaver Falls, Pa.

Beaver Falls H.S.



Herdt captured both the 100 (1:05.21) and 200 breaststroke (2:19.24) at the 10-team Wooster Invitational in Wooster, Ohio over the weekend. Her winning time in the 200 breast was an "A-cut" time which automatically qualified her for the NCAA D-III Championships, while both times set new invitational records. She also placed sixth in the 200 IM (2:15.05) and helped the Lady Titan 400 medley relay team place second.

Also nominated was **Liz Rubash** of Bethany, **Angela Palumbo** of Grove City, **Jess Kennedy** of Saint Vincent, and **Bethany Haver** of Washington & Jefferson.

2010-11 PAC SWIMMERS/DIVERS OF THE WEEK

Men

October 25: **Josh Kim**, GRO
November 1: **Ben Bowser**, GRO
November 8: **Jonathan Weeks**, W&J
November 15: **Alan Nedley**, WES
November 22: **Ben Bowser**, GRO
December 6: **Justin Weifenbach**, W&J
December 13:
January 10:
January 17:
January 24:
January 31:
February 7:

Women

Kaitlin Riesmeyer, GRO
Erin Erdley, WES
Jenny Ryan, GRO
Brittany Vogel, W&J
Bethany Haver, W&J
Courtney Herdt, WES

Bethany Bison

(M: 1-3, 0-1 PAC; W: 1-3-1, 0-1 PAC)

The final meet before the semester break was a good one for Bethany, as the Bison men beat Penn State-Altoona and the women defeated Ursuline and tied with Altoona in a double dual meet ... The highlight came on the women's side, where the 200 freestyle relay of **Liz Rubash, Melissa Davis, Theresa Smith** and **Cynthia Richardson** finished in 1:47.54 to take first place and clip .39 off the previous school record ... It capped a bug day for Rubash, who also won the 200 freestyle (2:11.65) and 100 freestyle (58.34) ... Other first places for the Bison were recorded by Richardson in the 100 backstroke (1:10.26), Davis in the 100 butterfly (1:07.20) and **Sara Reass** in the 1000 freestyle (6:01.87) ... The men's team had a good start to their win over Altoona with the 200 medley relay team of **Derrick Craddock, Patrick McCarthy, Jared Patrick** and **Jake Shivetts** taking first place in a time of 1:53.71 ... McCarthy also won the 100 breaststroke, while Shivetts took first in the 1000 freestyle and 500 freestyle ... Bethany's other first places came from **Rich Sawyer** in the 100 freestyle and **Vinnie Giangiulio** on the one-meter diving board ... BC's depth also played a role in the win, as picking up key second place points was Patrick in the 200 IM and 100 butterfly and **Andrew Masterson** in the 200 freestyle and 100 backstroke.



Chatham Cougars

(W: 3-3, 0-2 PAC)

Due to the weather, Chatham did not travel to Fredonia State University of New York this weekend to compete in the three-day Blue Devil Invitational ... Chatham returns to action this week before taking a break until after the New Year ... The Cougars travel to Grove City College on Saturday, December 11th for a tri-meet against the Wolverines and Hiram College ... The meet is scheduled to begin at 1 p.m. ... The result against Grove City will count towards Presidents' Athletic Conference (PAC) standings while Hiram's results are non-conference.



Grove City Wolverines

(M: 4-1, 1-0 PAC; W: 4-1, 1-0 PAC)

The Grove City College men's and women's swimming and diving squads returned to action Friday and Saturday ... Several members of each team competed in Kenyon's Total Performance Invitational while the programs also hosted the 14th annual Winter Invitational at James E. Longnecker Pool ... Grove City's men won the Winter Invitational while the women took sixth ... At Kenyon, the men placed sixth and the women took seventh overall ... Three freshmen earned wins Saturday at the Winter Invitational: **Louis Gabrielle** (400 IM), **E.J. Leuschner** (200 free) and **Dave Bossert** (1650) ... Leuschner also won the 500 free Friday ... **Clay Beckner** provisionally qualified for the NCAA Championships in the 100 breaststroke at Kenyon with a time of 57.77 ... On the women's side, **Angela Palumbo** qualified for the NCAA Championships in the 50, 100 and 200 free races at Kenyon ... She set a new school record in the 50 (24.02) Friday ... Palumbo helped the 200, 400 and 800 free relays provisionally qualify also ... **Kait Riesmeyer** qualified for NCAAAs in both butterfly events ... **Jenna Richert, Sarah Page** and **Jenny Ryan** joined Palumbo on the 200 and 400 free relay efforts ... Riesmeyer, Ryan, Richert and Palumbo comprised the 800 squad ... Grove City hosts Hiram Saturday.



Saint Vincent Bearcats

(M: 1-2, 0-1 PAC; W: 0-1, 2-1 PAC)

Both Bearcat swim teams took part in the three-day Fredonia State Blue Devil Invitational over the weekend, with the women taking third place out of nine teams, and the men fifth ... In women's action, the team saw three school records broken, as **Jess Kennedy** set a new mark with a time of 2:23.07 in the 200 backstroke, **Christine Dunleavy** in the 100 breaststroke in 1:11.17, and the 800 freestyle relay foursome of **Carolyn Claybrooks, Amanda Haile, Kelsey Linstrum**, and **Mary Kate Kenna** setting a new mark with a time of 8:32.77 ... **Katie Custer** led SVC in the 100 freestyle (third), the 50 freestyle (fourth), and 100 butterfly (sixth), while Kenna took seventh in the 400 IM and eighth in the 200 breaststroke ... In men's action, the Bearcats established a new mark in the 800 freestyle relay, as **Logan Dorminey, Matt Linebaugh, Sam Cline**, and **Casey Whittaker** teamed up for a time of 7:29.24, good for fourth place ... Whittaker also added a fourth place finish in the 100 butterfly, sixth in the 100 freestyle, and eighth in the 200 IM ... The 1650 freestyle race saw three Bearcats finish in the top 10, with **Zack Krejdovsky** taking third, Cline fourth, and **Kreighton Long** seventh ... Krejdovsky also added a seventh place finish in the 500 freestyle, while **Tom Nielsen** paced SVC in the 100 backstroke (seventh) and 200 backstroke (eighth).



Washington & Jefferson Presidents

(M: 4-1-1, 0-1 PAC; W: 7-0, 2-0 PAC)

The Presidents men and women competed at the Grove City Winter Invitational on Saturday ... Junior **Bethany Haver** notched two diving titles on the weekend, capturing the 1-meter and 3-meter events with scores of 259.55 and 254.00 points respectively ... Her 1-meter mark was her second NCAA Division III Championship qualifying mark this season ... On the men's side, sophomore **John Szott** was victorious on the 1-meter board with 242.90 points, while junior **Justin Weifenbach** grabbed the 3-meter men's championship with 291.70 points which qualified him for the NCAA Division III Championships for the first time in his career ... Sophomore **Katlin Dagg** placed second in the 200 butterfly (2:13.78), while junior **C.J. Corcoran** was third in the 50 freestyle (24.69) and 100 freestyle (54.05) and fifth in the 100 butterfly (1:01.04) ... Junior **Andy Rish** claimed the 200 backstroke in 2:02.30 and also placed third in the 100 backstroke (55.78) ... Junior **Jonathan Weeks** claimed second place in the 200 freestyle (1:50.91) and third in the 200 butterfly (2:04.17) and 500 freestyle (5:05.10) ... Senior **Christian Larson** touched third in the 100 butterfly (56.01) and sixth in the 100 freestyle (50.13), while junior **Michael Boutwell** finished second in the 500 freestyle with a time of 5:05.08.



Westminster Titans

(M: 3-1, 2-0 PAC; W: 3-2, 2-1 PAC)

Two Westminster swimmers automatically qualified for nationals Saturday as the Westminster competed at the Wooster Invitational Dec. 2-4 ... The Titan men's team placed fifth out of 10 teams with 837 points, while the Titan women's team took seventh out of 10 teams with 773.5 points ... Senior **Courtney Herdt** and junior **Caitlin Lehberger** punched their tickets to nationals as they placed first and second, respectively, in the 200-yard breaststroke with times of 2:19.24 and 2:19.31 ... Lehberger also set two new school records during the meet as she placed second in the 400 IM (4:29.59) and she led off the 200 freestyle relay with a record time in the 50 free (24.48) ... Lehberger now owns nine school records (five individual, four relays) ... Westminster posted 16 top-five finishes in individual races ... Herdt also won the 100 breaststroke (1:05.21) and Lehberger took second in the 200 IM (2:07.34) ... Junior **Sierra Beecher** collected three top-five finishes, including third-place times in the 200 (2:09.91) and 400 (4:37.36) IMs ... Juniors **Mike Barringer** and **Mark Brooks** and freshman **Jake Scherer** each posted two top-five finishes ... Barringer took third in the 100 butterfly (51.27) and the 100 freestyle (47.66) ... Brooks placed third in the 100 backstroke (53.19) and fourth in the 200 backstroke (1:58.57) ... Scherer touched third in the 1650 (16:39.82) and fourth in the 500 freestyle (4:48.85).



Bethany Bison
M: 1-3, 0-1 PAC
W: 1-3-1, 0-1 PAC

MEN

Oct. 23	at Pitt-Bradford Relays	6th/6
Oct. 30	PENN ST.-BEHREND	L 104-116
Nov. 6	at Hiram	L 112-148
Nov. 13	at Westminster*	L 72-106
Dec. 4	PENN ST.-ALTOONA	W 111-101
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg State	6 p.m.
Jan. 22	vs. Saint Vincent*	1 p.m.
	w/P.S. Altoona (at CHA)	
Jan. 29	URBANA	2 p.m.
	w/Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

WOMEN

Oct. 23	at Pitt-Bradford Relays	6 th /6
Oct. 30	PENN ST.-BEHREND	L 86-120
Nov. 6	at Hiram	L 104-147
Nov. 13	at Westminster*	L 86-117
Dec. 4	PENN ST.-ALTOONA	T 54-54
	w/Ursuline	W 70-19
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg State	6 p.m.
Jan. 22	at Chatham*	1 p.m.
	w/Saint Vincent* and P.S.Altoona	
Jan. 29	URBANA	2 p.m.
	W/ Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.

Chatham Cougars
W: 3-3, 0-2 PAC

WOMEN

Oct. 29	at Westminster Relays	4th/6
Oct. 30	WESTMINSTER	L 129-149
Nov. 6	CHATHAM INVITE	
	vs. Juniata	W 210-53
	vs. Millersville	L 113-163
	vs. Salem International	W 239-7
Nov. 10	WASH. & JEFF.*	L 95-116
Nov. 13	at P.S. Behrend	W 80-30
	w/Allegheny	L 28-85
Dec. 11	at Grove City*	1 p.m.
	w/Hiram	
Jan. 22	BETHANY*	1 p.m.
	w/St. Vincent* and P.S. Altoona	
Feb. 5	at Millersville	1 p.m.

Grove City Wolverines
M: 4-1, 1-0 PAC
W: 4-1, 1-0 PAC

MEN

Oct. 23	at Clarion Fall Classic	1st/2
Oct. 30	ALLEGHENY	W 180.5-103.5
Nov. 6	SAINT VINCENT*	W 163-93
Nov. 13	at Carnegie Mellon	L 158-214
Nov. 20	KENYON	W 178-99
	CASE	W 192-95
Dec. 2-4	at Kenyon Invitational	6th/7
Dec. 3-4	GROVE CITY INVIT.	6th/8
Dec. 11	HIRAM	1 p.m.
Jan. 15	at Wash. & Jeff.*	1 p.m.
Jan. 22	DENSION	1 p.m.
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY	1 p.m.

WOMEN

Oct. 23	at Clarion Classic	2nd/2
Oct. 30	ALLEGHENY	W 160-136
Nov. 6	SAINT VINCENT*	W 156-111
Nov. 13	at Carnegie Mellon	L 160-217
Nov. 20	KENYON w/ CASE	W 164-128
	CASE	W 196-97
Dec. 2-4	at Kenyon Invitational	7th/7
Dec. 3-4	GROVE CITY INVIT.	1st/6
Dec. 11	HIRAM	1 p.m.
Jan. 15	at Wash. & Jeff.*	1 p.m.
Jan. 22	DENSION	1 p.m.
Jan. 29	at Wooster	1 p.m.
Feb. 2	WESTMINSTER*	6 p.m.
Feb. 5	at Pitt Quad	1 p.m.
Feb. 5	BETHANY*	1 p.m.

Saint Vincent Bearcats
M: 1-2, 0-1 PAC
W: 2-1, 0-1 PAC

MEN

Oct. 29	at Westminster Relays	4th/5
Nov. 6	at Grove City	L 93-163
Nov. 13	at Pitt-Bradford	W 115-90
Nov. 20	P.S. BEHREND	L 128-143
Dec. 3-5	at Fredonia State	3rd/9
Dec. 11	MOUNT UNION	1 p.m.
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at West Va. Wesleyan	1 p.m.
	w/Davis & Elkins	
Jan. 22	BETHANY*	1 p.m.
	w/Penn State-Altoona	
Jan. 28	WHEELING JESUIT	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.

WOMEN

Oct. 29	at Westminster Relays	5th/6
Nov. 6	at Grove City	L 111- 156
Nov. 13	at Pitt-Bradford	W 119-42
Nov. 20	P.S. BEHREND	W 147-101
Dec. 3-5	at Fredonia State	5th/9
Dec. 11	MOUNT UNION	1 p.m.
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at West Va. Wesleyan	1 p.m.
	w/Davis & Elkins	
Jan. 22	BETHANY*	1 p.m.
	w/P.S. Altoona/Chatham*	
Jan. 28	WHEELING JESUIT	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.

Wash. & Jeff. Presidents
M: 4-1-1, 0-1 PAC
W: 7-0, 2-0 PAC

MEN

Nov. 6	at York	W 63-59
	w/ Marymount	W 71-48
Nov. 13	BALDWIN-WALLACE	W 138-99
Nov. 17	WESTMINSTER*	L 131-163
Nov. 19-20	at CMU Invitational	3 p.m.
Nov. 20	at Albright	T 61-61
	Messiah	W 100-22
Dec. 3-4	at Grove City Invitational	3rd/6
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE CITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

WOMEN

Nov. 6	at York	W 93-28
	w/ Marymount	W 87-35
Nov. 10	at Chatham*	W 116-95
Nov. 13	BALDWIN-WALLACE	W 115-84
Nov. 17	WESTMINSTER*	W 157-142
Nov. 19-20	at CMU Invitational	NTS
Nov. 20	at Albright	W 85-37
	Messiah	W 108-14
Dec. 3-4	at Grove City Invitational	2nd/8
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE CITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

Westminster Titans
M: 3-1, 2-0 PAC
W: 3-2, 2-1 PAC

MEN

Oct. 29	WESTMINSTER RELAYS	3rd/5
Nov. 6	at Allegheny	L 106-185
Nov. 13	BETHANY*	W 106-72
Nov. 17	at Wash. & Jeff.*	W 163-131
Nov. 20	WOOSTER	W 173-109
Dec. 2-4	at Wooster Invitational	5th/10
Dec. 11	PENN STATE BEHREND	1 p.m.
Jan. 11	at Occidental (Calif.)	noon
	w/Lewis & Clark	
Jan. 22	at Carnegie Mellon	1 p.m.
	w/SUNY Geneseo	
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.

WOMEN

Oct. 29	WESTMINSTER RELAYS	3rd/6
Oct. 30	at Chatham	W 149-129
Nov. 6	at Allegheny	L 115.5-177.5
Nov. 13	BETHANY*	W 117-86
Nov. 17	at Wash. & Jeff.*	L 142-157
Nov. 20	WOOSTER	W 161-132
Dec. 2-4	at Wooster Invitational	7th/10
Dec. 11	PENN STATE BEHREND	1 p.m.
Jan. 11	at Occidental (Calif.)	noon
	w/Lewis & Clark	
Jan. 22	at Carnegie Mellon	1 p.m.
	w/SUNY Geneseo	
Jan. 29	SAINT VINCENT*	1 p.m.
Feb. 2	at Grove City*	6 p.m.
Feb. 5	MOUNT UNION	1 p.m.