

2009-10 PAC Swimming & Diving Release

Week 6 - December 7



Presidents' Athletic Conference
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2009-10 PAC MEN'S STANDINGS (through December 6)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	2	0	1.00	3	1	.750
Grove City	0	0	.000	5	1	.833
Washington & Jefferson	0	1	.000	2	4	.333
Bethany	0	1	.000	0	4	.000
Saint Vincent*				0	4	.000

2009-10 PAC WOMEN'S STANDINGS (through December 6)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Westminster	3	0	1.00	4	1	.800
Grove City	1	0	1.00	6	0	1.00
Washington & Jefferson	1	1	.500	4	3	.571
Bethany	0	1	.000	0	3	.000
Chatham	0	3	.000	4	3	.571
Saint Vincent*				1	3	.250

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST TWO WEEKS

Tuesday, November 24, 2009

Grove City 132, Chatham 97* (W)

Saturday, December 5, 2009

Penn State-Altoona 120, Bethany 55 (M)
Bethany 108, Penn State- Altoona 98 (W)

GCC Longnecker Invitational

Men - five teams

1. Grove City - 1,693.5
2. Wash. & Jeff - 868

Women - nine teams

1. Grove City - 1,132
2. Wash. & Jeff. - 619

Wooster Invitational

Men - 10 teams

5. Westminster - 964

Women - 10 teams

5. Westminster - 828

Sunday, December 6, 2009

Fredonia (N.Y.) Blue Devil Invitational

Men - 10 teams

6. Saint Vincent - 369

Women - 10 teams

3. Saint Vincent - 541

THIS WEEK

Saturday, December 12, 2009

- Grove City at Hiram - 1 p.m.
- Saint Vincent at Mount Union - 1 p.m.

Men's Swimmer/Diver of the Week

KIRK GAGLIARDO

Grove City

Sophomore
Wadsworth, Ill.
Warren Township H.S.



Gagliardo earned seven total wins this weekend in the Longnecker Invitational. He won the 50 (21.28), 100 (47.95) and 200 free (1:47.18). He also helped the 200 free relay (1:27.29), 400 free relay (3:12.72), 800 free relay (7:20.13) and 400 medley relay (3:35.05) to victories.

Also nominated was Bethany freshman **Vinnie Giangiulio**, Wash. & Jeff. senior **Luke Morgan** and Westminster freshman **Alan Nedley**.

Women's Swimmer/Diver of the Week

CAITLIN LEHBERGER

Westminster

Sophomore
New Wilmington, Pa.
Wilmington H.S.



At the Wooster Invitational, Lehberger broke a meet record and earned three event wins while also posting NCAA provisional "B" cut qualifying times in three events. She won the 200 IM (2:08.62) setting a meet record and a "B" cut time, earned a first-place time in the 200 breaststroke (2:26.01), which was also a "B" cut, and placed second in the 100 breaststroke with a "B" cut time of 1:06.91. Lehberger's also earned first-place 800 freestyle team (7:58.69).

Also nominated was Bethany freshman **Theresa Smith**, Grove City freshman **Kaitlin Riesmeyer** and Wash. & Jeff. sophomore **Bethany Haver**.

PAC Swimming & Diving 2009-10 - Week 6 Conference Notes

LONGNECKER DEDICATION: Grove City dedicated its competition pool in honor of retired swimming and diving coach **James E. Longnecker**, December 4, and followed by hosting and capturing the team titles at the 13th Annual Invitational also named in his honor ... The Westminster women compiled six first-place finishes, while the Titan men won one event at the Wooster Invitational (Dec. 3-5).

NEWS & NOTES: Westminster's **Caitlin Lehberger** set the Wooster Invitational meet record in the 200 IM, as well as set the NCAA "B" cut times in the 200 IM, 200 breaststroke and 100 breaststroke ... Fellow Titan **Courtney Herdt** set a NCAA "B" cut time in the 100 breaststroke ... W&J diver **Bethany Haver** was the only President to earn first-place honors at GCC Invite, winning the 1M (254.30) and 3M (243.00) diving events.

AROUND THE LEAGUE: Saint Vincent's **Mary Kate Kenna** tied a school record in the 200 IM (2:20.29), while teammate **Kate Custer** set a school record in the 100 free (54.83) ... Freshman **Alan Nedley** was Westminster's lone winner at the Wooster Invitational, capturing first in the 200 butterfly (1:55.55) ... With her victory in the 200 yard backstroke, Chatham's **Chelsea Mummert** set a school record, as well as a pool record with a time of 2:13.12.

Bethany Bison

(M: 0-4, 0-1 PAC; W: 1-3, 0-1 PAC)



Bethany's swim teams split in their final meet of the semester, with the women beating Penn State-Altoona 108-98 and the men falling by a 120-55 score ... Freshman **Liz Rubash** won the 50 Freestyle and helped two relays take first place to lead Bison women ... Rubash also anchored the 200 Medley team to a first place finish along with **Sarah Atkins, Desiree Finley** and **Lindsay Arnold** in a time of 2:06.10 ... Other first place finishes by the Bison were earned by Arnold in the 100 Fly (1:09.76), **Theresa Smith** in the 100 Free (1:02.34), Finley in three-meter diving (182.40) and **Sara Reass** in the 500 Free (6:14.05) ... Arnold also aided in Bethany's effort with a second place performance in the 200 Free (2:19.05) ... The outcome of the meet would come down to the final event, the 200 Free Relay ... The outcome of the meet would come down to the 200 Free Relay, which Rubash, **Cynthia Richardson**, Reass and **Jennifer Briskey** would win (1:56.23) ... On the men's side, **Vinnie Giangiulio** took first place in the one-meter (160.40) and three-meter (173.55) diving events ... Other strong Bethany swimmers came from senior **Richard Sawyer** taking second in the 100 Fly and freshman **Andrew Masterson** touching second in the 500 Free ... Both Bison teams have completed their first half schedule and will return to action Jan. 16 at Washington & Jefferson.

Chatham Cougars

(W: 4-3, 0-3 PAC)



Cougars hosted defending Presidents' Athletic Conference (PAC) champion Grove City College this week in a PAC dual meet ... For Chatham, two swimmers earned victories: **Carly Hicks** and **Chelsea Mummert** ... With this victory in the 200 yard backstroke, Mummert set a school record as well as a pool record with a time of 2:13.12 ... Previously, the school record was 2:13.74 and the pool record was 2:13.58.

Grove City Wolverines

(M: 5-1, 0-0 PAC; W: 7-0, 1-0 PAC)



The Grove City College men's and women's swimming and diving teams won the respective team titles at the 13th annual James E. Longnecker Invitational Saturday night ... The men's team amassed 1,693.5 team points in winning the title ... The women accrued 1,132 points ... Sophomore **Kirk Gagliardo** paced the men's team by sweeping the 50, 100 and 200 free races ... He also contributed to four relay victories ... Classmate **Ben Bowser** swept the IM while junior **Cam Coppelli** took both backstrokes ... For the women, **Kaitlin Riesmeyer** won the 200 and 500 free and the 200 butterfly ... **Jenny Ryan, Jenna Richert, Angela Palumbo** and **Sarah Page** won the 400 free relay in a meet-record time of 3:37.37 ... Richert also won the 1650 ... The College dedicated its competition pool in honor of retired swimming and diving coach James E. Longnecker Friday afternoon ... Grove City picked up a 132-97 win over Chatham November 24 in PAC action.

Saint Vincent Bearcats

(M: 0-4; W: 1-3)



Both SVC swim teams participated in the three-day Blue Devil Invite over the weekend, hosted by Fredonia State University ... The SVC men earned sixth place, while the Lady Bearcats took third ... **Katie Custer** set a school record for SVC in the 100 Free, finishing first with a time of 54.83 seconds ... **Mary Kate Kenna** tied a school mark in the 200 IM, with a second-place time of 2:20.29, while the 200 Medley Relay squad of Custer, **Jess Kennedy, Christine Dunleavy,** and **Maggie Dempsey** set a school mark with a first-place time of 1:56.51 ... Custer also finished first in the 50 Free and 100 Fly, while SVC received second-place performances from **Amanda Haile** (1650 Free) and the 400 Medley Relay squad of Denning, Kenna, **Meredith Brown,** and **Amanda Haile** ... For the Bearcat men, **Matt Snelick** led the way on the weekend, taking second in the 200 Breast and fourth in both the 400 IM and 100 Breast ... **Casey Whittaker** took fourth in the 100 Fly and fifth in the 100 Free ... In relay action, the 200 Medley squad of **Thomas Nielsen, Logan Dorminey, Snelick,** and Whittaker earned fourth, as did the 400 Medley squad of **Adam Thomas, Dan Kostovny, Zack Krejdovsky,** and **Troy Linebaugh.**

Washington & Jefferson Presidents

(M: 2-4, 0-1 PAC; W: 4-3, 1-1 PAC)



The Washington & Jefferson College men's and women's swimming & diving both competed at the annual Grove City College Longnecker Invitational last weekend ... The host Wolverines won both team championships, collecting 1,132 points in the women's standings and 1,693.5 points in the men's championship ... W&J finished second in the women's invitational with 619 points, while the Presidents' men garnered 868 points during their second-place showing ... Sophomore diver **Bethany Haver** was the only President to earn first-place honors at the two-day event, winning the 1-meter and 3-meter diving events after posting scores of 254.30 and 243.00, respectively ... Both squads will be off for the Holiday's and will return to action on January 19, hosting PAC provisional member Saint Vincent at 1 p.m. in the Henry Memorial Natatorium.

Westminster Titans

(M: 3-1, 2-0 PAC; W: 4-1, 3-0 PAC)



The Westminster swimming and diving teams both placed fifth at the Wooster Invitational Dec. 3-5 ... A total of 10 teams competed at the event won by the host Scots for both men's and women's ... The Westminster women compiled six first-place finishes, while the Titan men won one event ... In addition, Westminster's results included a combined 17 Top 5 finishes (10 men's, 7 women's) ... Sophomore **Caitlin Lehberger** accounted for three event wins while also posting NCAA provisional "B" cut qualifying times in three events ... Lehberger won the 200-yard individual medley (2:08.62) with a meet record and a "B" cut time, while her first-place time in the 200 breaststroke (2:26.01) was also a "B" cut ... Junior **Courtney Herdt** and Lehberger finished Nos. 1 and 2 in the 100 breaststroke with "B" cut times of 1:06.42 and 1:06.91, respectively ... Lehberger's other win came while anchoring the first-place 800 freestyle team (7:58.69) that also included senior **Emily Dressler** ... Dressler was also a three-event winner, as she touched first in the 200 (1:57.33) and 500 (5:11.91) freestyles ... On the men's side, the one winner was freshman **Alan Nedley** in the 200 butterfly (1:55.55) ... Nedley also placed fourth in the 500 freestyle (4:51.38) ... Freshman diver **Nathaniel Kronenwetter** took second in both the 3-meter (313.85) and 1-meter (297.85) diving competitions.

Bethany Bison
M: 0-4, 0-1 PAC
W: 1-3, 0-1 PAC

MEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L, 56-86
Nov. 7	HIRAM	L, 87-93
Nov. 14	WESTMINSTER*	L, 58-104
Dec. 5	at Penn State-Altoona	L, 55,120
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L, 79-97
Nov. 7	HIRAM	L, 111-125
Nov. 14	WESTMINSTER*	L, 78-104
Dec. 5	at PSU-Altoona	W, 108-98
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 23	at Chatham*	1 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Chatham Cougars
W: 4-3, 0-3 PAC

WOMEN

Oct. 30	at Westminster Relays	4th/6
Oct. 31	at Westminster*	L, 129.5-152.5
Nov. 7	JUNIATA	W, 224-44
Nov. 7	SWEET BRIAR	W, 176-112
Nov. 7	P.S.-ALTOONA	W, 228-52
Nov. 11	at Wash. & Jeff.*	L, 99-123
Nov. 13	at Hiram	W, 135-103
Nov. 24	GROVE CITY*	L, 97-132
Jan. 22	PENN ST.-BEHREND	7 p.m.
Jan. 23	BETHANY*	1 p.m.
Jan. 29-30	- at Cal (Pa.) Vulcan Challenge	
Feb. 6	SAINT VINCENT*	1 p.m.
Feb. 6	PENN ST.-ALTOONA	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Grove City Wolverines
M: 1-1, 0-0 PAC
W: 2-0, 0-0 PAC

MEN

Oct. 25	at Clarion Fall Classic	1st/4
Oct. 31	at Allegheny	W, 135-101
Nov. 14	CARNEGIE MELLON	L 124-176
Nov. 20	at Saint Vincent*	W 137.5-123.5
Nov. 21	at Kenyon Quad	1st/4
Dec. 4-5	LONGNECKER INVITE	1st/5
Dec. 12	at Hiram	1 p.m.
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

WOMEN

Oct. 25	at Clarion Fall Classic	2nd/4
Oct. 31	at Allegheny	W, 136-104
Nov. 14	CARNEGIE MELLON	W 158-138
Nov. 20	at Saint Vincent*	W, 143-107
Nov. 21	at Kenyon Quad	1st/4
Nov. 24	at Chatham*	W, 132-97
Dec. 4-5	LONGNECKER INVITE	1st/9
Dec. 12	at Hiram	1 p.m.
Jan. 16	WASH. & JEFF.*	1 p.m.
Jan. 23	at Denison	1 p.m.
Jan. 29	PITT-BRADFORD	6 p.m.
Jan. 29	PENN ST.-BEHREND	6 p.m.
Jan. 30	WOOSTER	1 p.m.
Feb. 6	at Westminster*	6 p.m.
Feb. 18-20	- PAC CHAMPIONSHIPS	

Saint Vincent Bearcats
M: 0-4
W: 1-3

MEN

Oct. 25	WHEELING JESUIT	L, 118-133
Nov. 7	at Penn St.-Behrend	L, 51-168
Nov. 7	vs. Baldwin-Wallace	L, 64-169
Nov. 13	GROVE CITY*	L, 123.5-137.5
Dec. 4-6	at Fredonia State Invite	6th/10
Dec. 12	at Mount Union	1 p.m.
Jan. 9	at Wash. & Jeff.*	1 p.m.
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Penn St.-Altoona	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 25	WHEELING JESUIT	L, 110-144
Nov. 7	at Penn St.-Behrend	L, 104-114
Nov. 7	vs. Baldwin-Wallace	W, 148-66
Nov. 13	GROVE CITY*	L, 107-143
Dec. 4-6	at Fredonia State Invite	3rd/10
Dec. 12	at Mount Union	1 p.m.
Jan. 9	at Wash. & Jeff.*	1 p.m.
Jan. 16	at Bethany*	1 p.m.
Jan. 23	W.VA. WESLEYAN	1 p.m.
Jan. 30	WESTMINSTER*	1 p.m.
Feb. 6	at Chatham*	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

Wash. & Jeff. Presidents
M: 2-4, 0-1 PAC
W: 4-3, 1-1 PAC

MEN

Nov. 4	at Frostburg State	W, 116-80
Nov. 14	at Baldwin-Wallace	W, 175-125
Nov. 18	at Westminster*	L, 118-176
Nov. 21	Case Western	L, 128-169
	Grove City	L, 76.5-221.5
	Kenyon	L, 104-180
Dec. 4-5	at GCC Longnecker Invit.	2nd/5
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

WOMEN

Nov. 4	at Frostburg State	W, 106-86
Nov. 11	CHATHAM*	W, 123-99
Nov. 14	at Baldwin-Wallace	W, 134-103
Nov. 18	at Westminster*	L, 127-170
Nov. 21	Kenyon	L, 143.5-146.5
	Grove City	L, 128-171
	Case Western	W, 153-144
Dec. 4-5	at GCC Longnecker Invit.	2nd/9
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN ST.-BEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.

Westminster Titans
M: 3-1, 2-0 PAC
W: 4-1, 3-0 PAC

MEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/5
Nov. 7	ALLEGHENY	W, 148-145
Nov. 14	at Bethany*	W, 104-58
Nov. 18	WASH. & JEFF.*	W, 176-118
Nov. 21	WOOSTER	L, 143-153
Dec. 3-5	at Wooster Invite	5th/10 (964)
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	

WOMEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/6
Oct. 31	CHATHAM*	W, 152.5-129.5
Nov. 7	ALLEGHENY	W, 160-133
Nov. 14	at Bethany*	W, 104-78
Nov. 18	WASH. & JEFF.*	W, 170-127
Nov. 21	WOOSTER	L, 128-169
Dec. 3-5	at Wooster Invite	5th/10 (828)
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-20	- PAC Championships (GCC)	