# 2010-11 PAC Swimming & Diving Release Week 7 - December 13

Presidents' Athletic Conference 8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

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## 2010-11 PAC MEN'S STANDINGS (through December 12)

	PAC Contests			All Contests				
<u>School</u>	W	L	Pct.		W	L	I	Pct.
Westminster	2	0	1.00		4	1	0	.800
Grove City	1	0	1.00		5	1	0	.833
Washington & Jefferson	0	1	.000		4	1	1	.750
Bethany	0	1	.000		1	3	0	.250
Saint Vincent	0	1	.000		1	3	0	.250

## 2010-11 PAC WOMEN'S STANDINGS (through December 12)

	PAC Contests			All Contests			
School	W	L	Pct.	W	L	I	Pct.
Washington & Jefferson	2	0	1.00	7	0	0	1.00
Grove City	2	0	1.00	6	1	0	.857
Westminster	2	1	.667	4	2	0	.667
Saint Vincent	0	1	.000	2	2	0	.500
Bethany	0	1	.000	1	3	1	.300
Chatham	0	3	.000	4	4	0	.500

#### **LAST WEEK**

Saturday, December 11, 2010 GROVE CITY 151, Hiram 111 Mount Union 141, SAINT VINCENT 120 WESTMINSTER 163, P.S.-Behrend 125

Women GROVE CITY 163, Chatham 122\* GROVE CITY 183, Hiram 89 Chatham 207, Hiram 85 Mount Union 133, SAINT VINCENT 105 WESTMINSTER 149, P.S.-Behrend 100

#### **UPCOMING EVENTS**

Saturday, January 8, 2011 Wash. & Jeff. at Saint Vincent\* - 1 p.m.

### Men's Swimmer/Diver of the Week

### MIKE BARRINGER Westminster

Junior - freestyle/butterfly Boardman, Ohio Boardman H.S.

Barringer posted four wins for the Titans in a 163-125 non-league dual victory over Penn State-

Behrend Saturday. He touched first in the 50 (22.03) and 100 freestyle (48.21) events as well as the 100 butterfly (51.85), while also anchoring the winning 400 medley relay team (3:35.23).

Also nominated were Clay Beckner of Grove City, and Dan Kostovny of Saint Vincent.

### Women's Swimmer/Diver of the Week

#### SIERRA BEECHER Westminster

Junior - backstroke/IM Newville, Pa. Big Spring H.S.

Beecher touched first in four events for the Titans in a 149-100 non-conference victory over Penn State-Behrend Saturday,

including setting a new WC pool record as a member of the winning 400 medley relay (4:04.95) team. She also captured the 100 (1:03.26) and 200 (2:17.16) backstroke events, while posting the top time (2:16.50) while swimming exhibition in the 200 IM.

Also nominated was Jenna Richert of Grove City, and Mary Kate Kenna of Saint Vincent.







Men October 25: Josh Kim, GRO November 1: Ben Bowser, GRO November 8: Jonathan Weeks, W&J November 15: Alan Nedley, WES November 22: Ben Bowser, GRO December 6: Justin Weifenbach, W&J December 13: Mike Barringer, WES

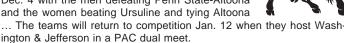
January 10: January 17: January 24: January 31: February 7:

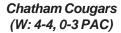
Women

Kaitlin Riesmeyer, GRO Erin Erdley, WES Jenny Ryan, GRO **Brittany Vogel**, W&J Bethany Haver, W&J Courtney Herdt, WES Sierra Beecher, WES

## Bethany Bison (M: 1-3, 0-1 PAC; W: 1-3-1, 0-1 PAC)

Bethany completed their first semester schedule on Dec. 4 with the men defeating Penn State-Altoona and the women beating Ursuline and tying Altoona





The Chatham University women's swimming and diving team traveled to Grove City College this weekend for a tri-meet against the defending Presidents' Athletic Conference (PAC) champion Wolverines and visiting Hiram College ... The Cougars split this weekend, defeating Hiram 207-85 but falling to Grove City 163-122 ... Chatham had two swimmers and a diver earn victories in the meet ... Senior Chelsea Mummert finished first in the 100 backstroke race, FY Christina Hambrahamshon added a first place finish in the 50 fly competition, and diver Kaitlyn Lucas broke her own school record in the three-meter diving competition with a score of 184.55 ... The Cougars also saw impressive swims from FY Lauren Borrows, who finished

second overall with a time of 11:48.52 in the 100 free race, senior **Sarah Sindler** in the 200 free with a time of 2:08.33, and a near personal best by junior **Selina Breiner** in the 200 IM race with a time of 2:21.79, right

## Grove City Wolverines (M: 5-1, 1-0 PAC; W: 6-1, 2-0 PAC)

The Grove City College swimming and diving teams wrapped up 2010 Saturday with home wins ... The men downed Hiram 151-111 and the women took a tri-meet

with Hiram (183-89) and Chatham (163-122) ... Clay Beckner won the 50 breaststroke and 100 free to help pace the men's squad, which produced eight individual winners ... Cam Coppelli, Bennett Keefer, Ben Bowser and Eric Fairchild won the 200 medley relay ... Grove City now leads the all-time series with Hiram 29-0 ... On the women's side, Jenna Richert and Kait Riesmeyer both recorded two wins ... Richert bookended the freestyle events by winning the 50 and 1000 ... Riesmeyer won the 100 free and 100 butterfly ... Natalie Keibler, Kate Wilt, Janele Baglia and Tiffani Douglas opened the meet by winning the 200 medley relay ... The Wolverine tankers return to action January 15 at conference foe W&J.

# Saint Vincent Bearcats (M: 1-3, 0-1 PAC; W: 2-2, 0-1 PAC)

behind Mummert's 2:19.9.

The Bearcat swimmers hosted Mount Union in nonconference action Saturday, with the SVC men falling 141-120 and the women losing 133-105 ... In the men's meet, the Bearcats trailed by just two points heading

into the next-to-last event of the day, but saw Mt. Union capture 27 points in the final two events for the win ... Casey Whittaker and Dan Kostovny led the way individually for SVC, each picking up a pair of victories ... Whittaker took first in both the 100 Fly (55.46) and 200 Fly (2:07.15), while Kostovny captured wins in the 100 Breast (1:05.31) and 200 Breast (2:22.08) ... Whittaker also added a second place in the 100 Free, while he and Kostovny teamed with Matt Linebaugh and Tom Nielsen to finish second in the 200 Medley Relay ... The SVC women were led by the sophomore duo of Mary Kate Kenna and Katie Custer ... Kenna earned an individual victory in the 200 Breast (2:38.02), while taking second in the 100 Breast and third in the 200 IM ... Custer won the 50 Free (25.34), and took second in the 100 Free and third in the 100 Fly ... Christine Dunleavy added SVC's third first-place finish of the day, capturing the 100 Breast with a time of 1:12.76 ... Carolyn Claybrooks turned in a pair of second place finishes, in the 500 Free and 1000 Free, while the 200 Free Relay foursome of Custer, Amanda Haile, Maggie Dempsey, and Jess Kennedy also earned second.

# Washington & Jefferson Presidents (M: 4-1-1, 0-1 PAC; W: 7-0, 2-0 PAC)

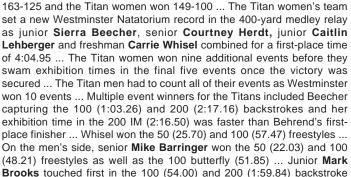
The Presidents have their annual training trip to Florida over the holiday break and return to action in western Pennsylvania on Jan. 8th at Saint Vincent.



events.

## Westminster Titans (M: 4-1, 2-0 PAC; W: 4-2, 2-1 PAC)

The Westminster men and women each posted nonconference dual meet wins over visiting Penn State Behrend Saturday ... The Titan men won



## **Bethany Bison** M: 1-3, 0-1 PAC W: 1-3-1, 0-1 PAC

## **Chatham Cougars** W: 4-4, 0-3 PAC

# **Grove City Wolverines** M: 5-1, 1-0 PAC W: 6-1, 2-0 PAC

MEN		
Oct. 23	at Pitt-Bradford Relays	6th/6
Oct. 30	PENN STBEHREND	L 104-116
Nov. 6	at Hiram	L 112-148
Nov. 13	at Westminster*	L 72-106
Dec. 4	PENN STALTOONA	W 111-101
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg State	6 p.m.
Jan. 22	vs. Saint Vincent*	1 p.m.
	w/P.S. Altoona (at CHA)	)
Jan. 29	URBANA	2 p.m.
	w/Davis & Elkins	
Feb. 5	at Grove City*	1 p.m.
<u>WOMEN</u>		
Oct. 23	at Pitt-Bradford Relays	6 <sup>th</sup> /6
Oct. 30	PENN STBEHREND	L 86-120
Nov. 6	at Hiram	L 104-147
Nov. 13	at Westminster*	L 86-117
Dec. 4	PENN STALTOONA	T 54-54
	w/Ursuline	W 70-19
Jan. 12	WASH. & JEFF.*	6 p.m.
Jan. 19	at Frostburg State	6 p.m.
Jan. 22	at Chatham*	1 p.m.
	w/Saint Vincent* and P.S	S.Altoona
Jan. 29	URBANA	2 p.m.

<u>WOMEN</u>		
Oct. 29	at Westminster Relays	4th/6
Oct. 30	WESTMINSTER	L 129-149
Nov. 6	CHATHAM INVITE	
	vs. Juniata	W 210-53
	vs. Millersville	L 113-163
	vs. Salem International	W 239-7
Nov. 10	WASH. & JEFF.*	L 95-116
Nov. 13	at P.S. Behrend	W 80-30
	w/Allegheny	L 28-85
Dec. 11	at Grove City*	L 122-163
	w/Hiram	W 207-85
Jan. 22	BETHANY*	1 p.m.
	w/St. Vincent* and P.S.	Altoona
Feb. 5	at Millersville	1 p.m.

MEN Oct. 23 Oct. 30 Nov. 6 Nov. 13 Nov. 20 Dec. 2-4 Dec. 3-4 Dec. 11 Jan. 15 Jan. 22 Jan. 29 Feb. 2 Feb. 5 Feb. 5	at Clarion Fall Classic ALLEGHENY W SAINT VINCENT* at Carnegie Mellon KENYON CASE at Kenyon Invitational GROVE CITY INVIT. HIRAM at Wash. & Jeff.* DENSION at Wooster WESTMINSTER* at Pitt Quad BETHANY	1st/2 180.5-103.5 W 163-93 L 158-214 W 178-99 W 192-95 6th/7 6th/8 W 151-111 1 p.m. 1 p.m. 1 p.m. 1 p.m.
WOMEN Oct. 23 Oct. 30 Nov. 6 Nov. 13 Nov. 20 Dec. 2-4 Dec. 3-4 Dec. 11 Jan. 15 Jan. 22 Jan. 29 Feb. 2 Feb. 5 Feb. 5	at Clarion Classic ALLEGHENY SAINT VINCENT* at Carnegie Mellon KENYON w/ CASE CASE at Kenyon Invitational GROVE CITY INVIT. CHATHAM* HIRAM at Wash. & Jeff.* DENISON at Wooster WESTMINSTER* at Pitt Quad BETHANY*	2nd/2 W 160-136 W 156-111 L 160-217 W 164-128 W 196-97 7th/7 1st/6 W 163-122 W 183-89 1 p.m. 1 p.m. 6 p.m. 1 p.m. 1 p.m.

# **Saint Vincent Bearcats** M: 1-3. 0-1 PAC W: 2-2, 0-1 PAC

1 p.m.

**MEN** 

Nov. 6

at York

W/ Davis & Elkins

Feb. 5 at Grove City\*

Wash. & Jeff. Presidents M: 4-1-1, 0-1 PAC W: 7-0, 2-0 PAC

# **Westminster Titans** M: 4-1, 2-0 PAC W: 4-2, 2-1 PAC

WESTMINSTER RELAYS

3rd/5

**MEN** 

Oct. 29

W 63-59

MEN		
Oct. 29	at Westminster Relays	4th/5
Nov. 6	at Grove City	L 93-163
Nov. 13	at Pitt-Bradford	W 115-90
Nov. 20	P.S. BEHREND	L 128-143
Dec. 3-5	at Fredonia State	3rd/9
Dec. 11	MOUNT UNION	L 120-141
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at West Va. Wesleyan	1 p.m.
I 00	w/Davis & Elkins	4
Jan. 22	BETHANY* w/Penn State-Altoona	1 p.m.
Jan. 28	WHEELING JESUIT	6 n m
Jan. 20 Jan. 29	at Westminster*	6 p.m. 1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.
1 eb. 5	TAIRWONT STATE	1 p.111.
WOMEN		
Oct. 29	at Westminster Relays	5th/6
Nov. 6	at Grove City	L 111- 156
Nov. 13	at Pitt-Bradford	W 119-42
Nov. 20	P.S. BEHREND	W 147-101
Dec. 3-5	at Fredonia State	5th/9
Dec. 11	MOUNT UNION	L 105-133
Jan. 8	WASH. & JEFF.*	1 p.m.
Jan. 15	at West Va. Wesleyan	1 p.m.
	w/Davis & Elkins	
Jan. 22	BETHANY*	1 p.m.
I 00	w/P.S. Altoona/Chatham	
Jan. 28	WHEELING JESUIT	6 p.m.
Jan. 29	at Westminster*	1 p.m.
Feb. 5	FAIRMONT STATE	1 p.m.

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Nov. 19-20	at CMU Invitational	3 p.m.
Nov. 20	at Albright	T 61-61
	Messiah	W 100-22
Dec. 3-4	at Grove City Invitationa	l 3rd/6
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE ČITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.
		·
WOMEN		
Nov. 6	at York	W 93-28
	w/ Marymount	W 87-35
Nov. 10	at Chatham*	W 116-95
Nov. 13	BALDWIN-WALLACE	W 115-84
Nov. 17	WESTMINSTER*	W 157-142
Nov. 19-20	at CMU Invitational	NTS
Nov. 20	at Albright	W 85-37
	Messiah	W 108-14
Dec. 3-4	at Grove City Invitational	2nd/8
Jan. 8	at Saint Vincent*	1 p.m.
Jan. 12	at Bethany*	6 p.m.
Jan. 15	GROVE CITY*	1 p.m.
Jan. 22	at Penn State-Behrend	1 p.m.
Jan. 29	at Hiram	1 p.m.
Feb. 5	WHEELING JESUIT	1 p.m.

	IOIK	W 03-33	OCI. 23	WESTWINSTER REEA	10 314/3
w/	Marymount	W 71-48	Nov. 6	at Allegheny	L 106-185
Nov. 13 BAI	_DWIN-WALLACE	W 138-99	Nov. 13	BETHANY*	W 106-72
Nov. 17 WE	STMINSTER*	L 131-163	Nov. 17	at Wash. & Jeff.*	W 163-131
Nov. 19-20 at (	CMU Invitational	3 p.m.	Nov. 20	WOOSTER	W 173-109
Nov. 20 at A	lbright	T 61-61	Dec. 2-4	at Wooster Invitational	5th/10
Me	ssiah	W 100-22	Dec. 11	PENN STBEHREND	W 163-125
Dec. 3-4 at 0	<b>Grove City Invitationa</b>	l 3rd/6	Jan. 11	at Occidental (Calif.)	noon
Jan. 8 at S	Saint Vincent*	1 p.m.		w/Lewis & Clark	
Jan. 12 at E	Bethany*	6 p.m.	Jan. 22	at Carnegie Mellon	1 p.m.
Jan. 15 GR	OVE CITY*	1 p.m.		w/SUNY Geneseo	
Jan. 22 at F	Penn State-Behrend	1 p.m.	Jan. 29	SAINT VINCENT*	1 p.m.
Jan. 29 at H	Hiram	1 p.m.	Feb. 2	at Grove City*	6 p.m.
Feb. 5 WH	EELING JESUIT	1 p.m.	Feb. 5	MOUNT UNION	1 p.m.
<u>WOMEN</u>			<u>WOMEN</u>		
Nov. 6 at \	⁄ork	W 93-28	Oct. 29	WESTMINSTER RELAY	
	Marymount	W 87-35	Oct. 30	at Chatham	W 149-129
	Chatham*	W 116-95	Nov. 6		115.5-177.5
	_DWIN-WALLACE	W 115-84	Nov. 13	BETHANY*	W 117-86
		W 157-142	Nov. 17	at Wash. & Jeff.*	L 142-157
	CMU Invitational	NTS	Nov. 20	WOOSTER	W 161-132
	lbright	W 85-37	Dec. 2-4	at Wooster Invitational	7th/10
	ssiah	W 108-14	Dec. 11	PENN STBEHREND	W 149-100
	Grove City Invitationa	I 2nd/8	Jan. 11	at Occidental (Calif.)	noon
	Saint Vincent*	1 p.m.		w/Lewis & Clark	
	Bethany*	6 p.m.	Jan. 22	at Carnegie Mellon	1 p.m.
	OVE CITY*	1 p.m.		w/SUNY Geneseo	
	Penn State-Behrend	1 p.m.	Jan. 29	SAINT VINCENT*	1 p.m.
	Hiram	1 p.m.	Feb. 2	at Grove City*	6 p.m.
Feb. 5 WH	IEELING JESUIT	1 p.m.	Feb. 5	MOUNT UNION	1 p.m.