



SWIMMING & DIVING 2005-06

Presidents' Athletic Conference

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PRESIDENTS' ATHLETIC CONFERENCE (PAC) 2006 MEN'S & WOMEN'S SWIMMING & DIVING CHAMPIONSHIPS GCC/PAC Invitational - Grove City College - Grove City, Pa. - Feb. 9-11, 2006

FINAL PAC Men's Team Standings

1. Westminster College (WES)	936
2. Grove City College (GRO)	906
3. Washington & Jefferson College (W&J)	624
4. Bethany College (BET)	179

FINAL PAC Women's Team Standings

1. Westminster College (WES)	817
2. Washington & Jefferson College (W&J)	727
3. Grove City College (GRO)	588
4. Bethany College (BET)	150

2006 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

EVENT	1st Place (All-PAC 1st Team)	2nd Place (All-PAC 2nd Team)	3rd Place (All-PAC Hon. Ment.)
200 Freestyle	Grove City (Tim Whitbeck, Mitch Young, Ben Haring, Caleb Courage) 1:22.39 - PCA	Westminster (Ryan Trunk, Tom Benoit, Shaun McNamara, Kevin Gesacion) 1:24.51	W&J (Andrew Whittam, Aaron DiNardo, Brent Johnson, Matt Socha) 1:28.81
500 Freestyle	Dan Mancuso , Fr., W&J, 4:42.32 - C	Seth Senior , So., WES 4:46.95	Zac Gebhardt , Fr., WES 4:47.95
200 Individual Medley	Adam Rady , Jr., WES 1:58.33	Ed Werner , Fr., W&J 1:58.44	Conor Simpson , Fr., WES 1:58.58
50 Freestyle	Caleb Courage , So., GRO 20.62 - A	Ryan Trunk , Jr., WES 20.94	Ben Haring , Sr., GRO 20.98
3-Meter Diving	Joe Riddell , So., GRO 342.20	Mike Shantz , Sr., GRO 262.80	Matt Ide , Jr., W&J 247.80
400 Medley Relay	Grove City (Joel Boerckel, Andrew Gilbert, Peter Larsen, Caleb Courage) 3:28.89 - PC	Westminster (Buck Thornton, Nick, Keagle, Conor Simpson, Ryan Trunk) 3:29.81	W&J (Ed Werner, Andrew Whittam, Brian Train, Zach Nigrelli) 3:34.81

2006 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 1

200 Freestyle	W&J (Kaitlyn Orstein, Alicia Sutton, Brandi Shoupe, Susanne Seward) 1:38.20	Grove City (Christie Hebda, Ellen Keefer, Whitney Baur, Ellen Magee) 1:38.62	Westminster (Steph Peters, Emily Staniszewski, Becky Giles, Megan McLaughlin) 1:40.01
500 Freestyle	Alicia Sutton , Fr., W&J, 5:16.75	Britt Thomas , Jr., WES 5:16.90	Ashley Linnelli , So., WES 5:20.98
200 Individual Medley	Kaitlyn Orstein , So., W&J 2:05.19 - A	Becky Giles , So., WES 2:09.86	Kristen Masterpietro , So., W&J 2:14.18
50 Freestyle	Susanne Seward , Fr., W&J 24.56	Christie Hebda , So., GRO 25.01	Steph Peters , So., WES 25.04
1-Meter Diving	Lindsey Biddle , Jr., W&J 289.00	-----	-----
400 Medley Relay	W&J (Janna Green, Kristen Masterpietro, Brandi Shoupe, Alicia Sutton) 4:02.35	Westminster (Megan Sweithelm,, Stephanie Kudrick, Becky Giles, Steph Peters) 4:03.67	Grove City (Alyse Brannon, Amanda Brozenic, Kiersten Bower, Ellen Magee) 4:06.79

A - NCAA Division III automatic qualifier

C - PAC conference record

P - Grove City pool record

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2006 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

INDIVIDUAL/RELAY RESULTS (continued)

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
200 Medley Relay	Grove City (Joel Boerckel, Andrew Gilbert, Peter Larsen, Ben Haring) 1:34.62 - PC	Westminster (Shaun McNamara, Nick Keagle, Nate Horrell, Kevin Gesacion) 1:35.75	W&J (Andrew Whittam, Kyle Delancey, Brian Train, Zach Nigrelli) 1:38.91
1000 Freestyle	Zac Gebhardt , Fr., WES 9:51.09 - C	Seth Senior , So., WES 9:59.10	Mark Barron , Fr., GRO 10:04.41
400 Individual Medley	Dan Mancuso , Fr., W&J 4:14.06	Pat Smith , Jr., WES 4:19.08	Adam Rady , Jr., WES 4:20.69
100 Butterfly	Conor Simpson , Fr., WES 51.93	Stephen Zinz , Jr., BET 52.42	Cody Robson , Fr., WES 53.30
200 Freestyle	Caleb Courage , So., GRO 1:40.33 - PCA	Ryan Trunk , Jr., WES 1:41.11	Tom Benoit , So., WES 1:45.74
100 Breaststroke	Chris Lehberger , Fr., WES 59.11	Andrew Gilbert , Jr., GRO 59.35	Nick Keagle , So., WES 59.47
100 Backstroke	Chip Hothem , Jr., WES 54.10	Joel Boerckel , Sr., GRO 54.33	Ed Werner , Fr., W&J 54.43
800 Freestyle Relay	Westminster (Tom Benoit, Conor Simpson, Adam Rady, Ryan Trunk) 6:59.31 - PC	Grove City (Caleb Courage, Ben Haring, Mark Barron, Drew Snyder) 6:59.36	W&J (Ed Werner, Dan Mancuso, Matt Socha, Zach Nigrelli) 7:05.58

2006 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 2

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
200 Medley Relay	W&J (Kaitlyn Orstein, Kristen Masterpietro, Ashley James, Susanne Seward) 1:49.33	Westminster (Megan Sweithelm, Emily Staniszewski, Amy Wirtz, Megan McLaughlin) 1:51.92	Grove City (Alyse Brannon, Amanda Brozenic, Kiersten Bower, Whitney Baur) 1:53.43
1000 Freestyle	Britt Thomas , Jr., WES 10:56.81	Kim Cieslik , Sr., W&J 11:24.87	Katie Groznik , Sr., W&J 11:25.24
400 Individual Medley	Kaitlyn Orstein , So., W&J 4:28.94 - A	Becky Giles , So., WES 4:37.69	Whitney Baur , Fr., GRO 4:55.86
100 Butterfly	Brandi Shoupe , Jr., W&J 1:00.01	Kiersten Bower , Fr., GRO 1:00.80	Amy Wirtz , Jr., WES 1:00.81
200 Freestyle	Steph Peters , So., WES 1:56.90	Megan McLaughlin , Jr., WES 1:58.78	Ellen Magee , Sr., GRO 2:00.07
100 Breaststroke	Kristen Masterpietro , So., W&J 1:05.72 - C	Amanda Brozenic , Sr., GRO 1:09.73	Emily Staniszewski , Jr., WES 1:09.92
100 Backstroke	Megan Mier , Fr., WES 1:00.88 - C	Megan Sweithelm , Sr., WES 1:01.68	Dana Culbert , Sr., BET 1:02.69
800 Freestyle Relay	W&J (Susanne Seward, Alicia Sutton, Brandi Shoupe, Kaitlyn Orstein) 7:55.40	Westminster (Megan McLaughlin, Ashley Linnelli, Becky Giles, Steph Peters) 8:00.20	Grove City (Jaclyn Bellissimo, Christie Hebda, Ellen Keefer, Ellen Magee) 8:22.57

A - NCAA Division III automatic qualifier

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P - Grove City pool record

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2006 MEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

INDIVIDUAL/RELAY RESULTS (continued)

<u>EVENT</u>	<u>1st Place (All-PAC 1st Team)</u>	<u>2nd Place (All-PAC 2nd Team)</u>	<u>3rd Place (All-PAC Hon. Ment.)</u>
1650 Freestyle	Zac Gebhardt , Fr., WES 16:35.12	Seth Senior , So., WES 16:51.64	Mark Barron , Fr., GRO 16:58.82
200 Backstroke	Pat Smith, Jr. , WES 1:56.14	Chip Hothem, Jr. , WES 1:57.12	Buck Thornton , Sr., WES 1:57.18
100 Freestyle	Caleb Courage , So., GRO 44.74 - PCA	Ryan Trunk, Jr. , WES 45.41	Ben Haring , Sr., GRO 46.38
200 Breaststroke	Chris Lehberger , Fr., WES 2:07.73	Andrew Gilbert , Jr., GRO 2:09.84	Nick Keagle , So., WES 2:11.17
200 Butterfly	Conor Simpson , Fr., WES 1:56.19	Dan Mancuso , Fr., W&J 1:57.31	Ian Yarger , So., WES 1:59.15
3-Meter Diving	Joe Riddell , So., GRO 375.95	Mike Shantz , Sr., GRO 292.45	Ryan Sayers , Fr., W&J 264.55
400 Freestyle Relay	Grove City (Tim Whitbeck, Drew Snyder, Ben Haring, Caleb Courage) 3:04.98 - PC	Westminster (Ryan Trunk, Tom Benoit, Conor Simpson, Kevin Gesacion) 3:11.69	W&J (Ed Werner, Dan Mancuso, Matt Socha, Zach Nigrelli) 3:13.50

2006 WOMEN'S INDIVIDUAL/RELAY FINAL RESULTS - DAY 3

1650 Freestyle	Britt Thomas , Jr., WES 18:15.43	Kim Cieslik , Sr., W&J 19:10.34	Amanda Lawton , Jr., WES 19:14.94
200 Backstroke	Kaitlyn Orstein , So., W&J 2:07.54 - PC	Megan Mier , Fr., WES 2:10.43	Becky Giles , So., WES 2:10.57
100 Freestyle	Steph Peters , So., WES 53.57	Susanne Seward , Fr., W&J 54.28	Megan McLaughlin , Jr., WES 54.54
200 Breaststroke	Kristen Masterpietro , So., W&J 2:25.78	Caitlin McManus , Fr., WES 2:31.03	Amanda Brozenic , Sr., GRO 2:33.72
200 Butterfly	Kiersten Bower , Fr., GRO 2:15.67	Ashley Linnelli , So., WES 2:16.75	Amy Wirtz , Jr., WES 2:17.05
400 Freestyle Relay	W&J (Susanne Seward, Alicia Sutton, Brandi Shoupe, Kaitlyn Orstein) 3:35.87	Westminster (Megan McLaughlin, Megan Mier, Becky Giles, Steph Peters) 3:39.52	Grove City (Whitney Baur, Ellen Keefer, Christie Hebda, Ellen Magee) 3:42.16

2006 PAC Men's Swimming Most Valuable Performer: Caleb Courage, So., (Grove City)

2006 PAC Men's Swimming Coach of the Year: Rob Klamut (Westminster)

2006 PAC Women's Swimming Most Valuable Performer: Kaitlyn Orstein, So., (Washington & Jefferson)

2006 PAC Women's Swimming Coach of the Year: Rob Klamut (Westminster)