



TRACK & FIELD 2005

Presidents' Athletic Conference

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RECENT RESULTS

Saturday, March 19

Roanoke Invitational - Roanoke, Va.

Men (10 teams)

1. Thiel - 147 points

Women (11 teams)

7. Thiel - 51 points

Waynesburg at Grove City Invitational - cancelled

NEXT WEEK'S SCHEDULE

Saturday, March 26

Bethany, Westminster at Clarion Early Bird Invitational

Thiel, Washington & Jefferson at Muskingum Invitational

Grove City, Waynesburg - off

PAC MEN'S TRACK & FIELD ATHLETE OF THE WEEK

ZJAQUE DOUGLAS

Thiel College

Sophomore - Sprints

Weirton, W. Va./Weir H.S.

Thiel used three first-place finishes by Douglas to claim the team title at Saturday's Roanoke College Invitational. Douglas won a pair of individual events in the 100 meter dash (11.26) and 200 meter dash (23.47) and ran a leg on the winning 4x100 meter relay squad.

PAC WOMEN'S TRACK & FIELD ATHLETE OF THE WEEK

KANDIACE GIBSON

Thiel College

Junior - sprints

Cleveland, Ohio/Bedford H.S.

Gibson finished first in the 200 meters and ran to a second place finish in the 100 meters at Saturday's Roanoke (Va.) College Invitational. Gibson's winning time in the 200 was 27.00 while her time second place time in the 100 (13.06) was just three one-hundredths of a second behind the winner (Cassandra Williams, Roanoke, 13.03). She was also a member of the 4x100 meter relay team that ran to a fourth place finish with a time of 52.95.

PAC TRACK & FIELD NOTES

Bethany Bison

Bethany opens the 2005 outdoor season at the Clarion Early Bird Invitational on March 26.

Wash. & Jeff. Presidents

The Washington & Jefferson College track and field team opens the outdoor season at the Muskingum Invitational on March 26.

Grove City Wolverines

Grove City's scheduled invitational scheduled for Saturday at Robert E. Thorn Field was cancelled ... Grove City's women's team is seeking its seventh straight PAC title this year while the men's program has won five of the last six conference titles ... It was Grove City's only scheduled home meet this season ... The Wolverines now open the season at the Carnegie Mellon Invitational on April 2.

Waynesburg Yellow Jackets

Waynesburg was scheduled to open the outdoor season at the Grove City Invitational on Saturday, which was cancelled due to the weather conditions ... The Jackets will now open the 2005 season at the Westminster Invitational on April 2.

Thiel Tomcats

Thiel competed Saturday at the Roanoke (Va.) College Invitational ... The Tomcat men won the event (147 pts.) while the women finished seventh (51 pts.) ... Sophomore **Zjaque Douglas** won a pair of individual events in the 100 meters (11.26) and 200 meters (23.47) and ran a leg on the winning 4x100 meter relay squad ... Junior **Shaun Jackson** won an individual title in the 400 meters (50.61) and ran a leg winning 4x100 meter relay team ... They were joined on the winning relay by senior **Josh Lyles** and freshman **Will Mills**...Thiel also had a 1-2-3 finish in the long jump, led by freshman **Jason Manningham**'s winning jump of 20-5.5 ... Junior **Kandiace Gibson** finished first in the 200 meters and ran to a second place finish in the 100 meters.

Westminster Titans

Westminster opens the 2005 outdoor season at the Clarion Early Bird Invitational on March 26.

Past PAC Men's Track Athletes of the Week

March 20: Zjaque Douglas, Thiel

March 27:

April 3:

April 10:

April 17:

April 24:

Past PAC Women's Track Athletes of the Week

March 20: Kandiace Gibson, Thiel

March 27:

April 3:

April 10:

April 17:

April 24: