



TRACK & FIELD 2004

Presidents' Athletic Conference

Joe Onderko, Information Director

Phone - (724) 946-6357

Fax - (724) 946-7187

E-Mail: onderkjm@westminster.edu

Web: www.westminster.edu/pac

RECENT RESULTS

Saturday, March 27

Wooster Invitational - Wooster, Ohio

Men (13 teams)

2. Thiel (110 points)

13. Washington & Jefferson

Women (13 teams)

T-8. Thiel (34 points)

Bethany, Grove City, Westminster at Clarion Early Bird Invitational - Clarion, Pa. (no team scores)

NEXT WEEK'S SCHEDULE

Saturday, April 3

Bethany at Wheeling Jesuit Invitational - Wheeling, W.Va.

Grove City, Thiel, Washington & Jefferson at Carnegie Mellon Western Pennsylvania Championships - Pittsburgh, Pa.

Westminster Titan Invitational - New Wilmington, Pa. - 11 a.m.

PAC MEN'S TRACK & FIELD ATHLETE OF THE WEEK

LOU SCUDERE

Thiel College

Freshman - Sprints

Brookfield, Ohio/Brookfield H.S.

Scudere captured the 100 meter dash (11.18) and anchored Thiel's winning 4x100 meter relay team (43.19) while also placing second in the 200 meter dash (22.71) at the 13-team College of Wooster Invitational on Saturday. Scudere helped lead the Tomcats to a second-place team finish.

Also nominated was freshman **Mark Munchie** of Grove City, and sophomore **Adam Hadbavny** of Westminster.

PAC WOMEN'S TRACK & FIELD ATHLETE OF THE WEEK

SALLY LEWIS

Grove City College

Senior - sprints/jumps

Rochester, Pa./Freedom H.S.

Lewis finished second in both the long jump (17-9 1/4) and the triple jump (36-1 1/2) at the 18-team Clarion Early Bird Invitational on Saturday, posting the top finish in each event among Division III competitors.

Also nominated was **Kristen Benjamin** of Thiel, and sophomore **Sonya Cole** of Westminster.

PAC TRACK & FIELD NOTES

Bethany Bison

The Bison competed at the Clarion University Early Bird Open on Saturday ... No team scores were kept ... The Bethany 4x100 meter relay squad of **Aaron Weathers**, **Lavel Williams**, **Chris Gardner** and **Jackson** finished fifth in a time of 45.31 seconds ... **Jesse Safran** finished 24th in the 100 meter dash with a time of 11.9 ... For the women, **Mallory Roadman** finished 17th in the 1,500 meter run with a time of 5:24.49 and **Brooke Polega** was 27th in the shot put with a distance of 27-11 ... **Carissa Moore** also placed 20th in the javelin with a throw of 89-06.50.

Wash. & Jeff. Presidents

The Washington & Jefferson men's track and field team placed 13th out of 13 teams at the Wooster Invitational on Saturday afternoon at The College of Wooster ... Junior **Chad Edwards** posted the Presidents' top performances after placing sixth in the shot put (42' 6") and 18th in the discus event (108' 5") ... Senior **Mark Rudolph** also placed 17th in the javelin following a long toss of 107' 0" ... Walsh won the team competition with 118.5 points and Thiel finished second with 110 team points.

Grove City Wolverines

Grove City opened the 2004 season Saturday at Clarion's 18-team Early Bird Invitational ... On the men's side, senior javelin ace **Rory Phillips** and freshman hurdler **Samuel Dippold** (400 hurdles) qualified for the ECAC Championships ... Phillips threw the javelin 171-1/2 while Dippold turned in a time of 57.30 in his collegiate debut ... Freshman **Mark Murchie** took seventh in the 400, ninth in the high jump ... Senior **Sally Lewis** helped lead the women's team Saturday by claiming second in both the long and triple jumps ... Versatile junior **Christine Rummel** took fourth in the 400 hurdles, seventh in both the long and triple jumps and eighth in the high hurdles.

Thiel Tomcats

The Thiel men finished second out of 13 teams with 110 points with four individual and relay champions, while the women's team finished tied for eighth place with 34.0 points at the Wooster Invitational ... Highlighting the performances on the men's side was freshman **Lou Scudere**, who won the men's 100 meters in 11.18, 0.28 seconds off the school record of 10.90, set by **Manuel Roderick** in 1985 ... Sophomore Adam Crawford won the javelin (162-0) ... Senior **Richard Purdy** claimed top honors in the high jump (6-2 3/4) ... The men's 4x100-meter and 4x400-meter relay teams each won titles ... On the women's side, junior **Libby Hauser** finished second in the javelin with a throw of 117-7

Westminster Titans

Westminster opened the 2004 outdoor season at the Clarion Early Bird Invitational on Saturday ... Leading the way for the Westminster men was sophomore **Adam Hadbavny**, who captured the discus (149-2) while also placing fifth in the javelin (156-2) and sixth in the shot put (44-8) ... Also victorious for Westminster was senior **Sean Gallagher**, who captured the 10,000 meter run in 34:35.9 ... For the Lady Titans top finishers included sophomore **Sonya Cole**, who placed third in the shot put (39-6); and junior **Felicie Reid**, who finished fifth in the 10,000 meter run in 41:40 ... Westminster will host the annual Titan Invitational at Burry Stadium this Saturday at 11 a.m.

Past PAC Men's Track Athletes of the Week

March 21: Derek Pugh, Thiel

March 28: Lou Scudere, Thiel

April 4: r

April 11:

April 18:

Past PAC Women's Track Athletes of the Week

March 21: Molly Darr, Thiel

March 28: Sally Lewis, Grove City

April 4:

April 11:

April 18: