



TRACK & FIELD 2008

Presidents' Athletic Conference

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RECENT RESULTS

Tuesday, March 25, 2008

Clarion at Grove City (W) - unscored

Friday-Saturday, March 28-29, 2008

Mary Washington Battleground Relays - Fredericksburg, Va.

Thiel - unscored

Saturday, March 29, 2008

Western Pa. Championships - Carnegie Mellon University

Men (15 teams)

- | | |
|-----------------------|---------------------------------|
| 9. Saint Vincent (34) | 11. Washington & Jefferson (26) |
| 14. Waynesburg (8) | 15. Westminster (7) |

Women (15 teams)

- | | |
|-----------------------|---------------------------------|
| 3. Westminster (74.5) | 10. Washington & Jefferson (40) |
| 12. Waynesburg (34) | 14. Geneva (18) |

Wheeling Jesuit Bill Van Horne Invitational - Wheeling, W.Va.

Men (13 teams)

- | | |
|---------------|------------|
| 2. Grove City | 5. Bethany |
|---------------|------------|

Women (13 teams)

- | | |
|---------------|------------|
| 4. Grove City | 6. Bethany |
|---------------|------------|

THIS WEEK'S SCHEDULE

Saturday, April 5, 2008

Carnegie Mellon Invitational - Pittsburgh, Pa. - 10 a.m.
Grove City

Ohio Wesleyan Marv Frye Invitational - Delaware, Ohio - 10:30 a.m.
Thiel

Washington & Jefferson Invitational - Washington, Pa. - 11 a.m.
Bethany, Saint Vincent, Washington & Jefferson, Waynesburg

Mount Union Invitational - Alliance, Ohio - 11 a.m.
Geneva, Westminster

PAC MEN'S TRACK ATHLETE OF THE WEEK

MATT CRUSE

Bethany College

Sophomore - hurdles/4x100 relay
Naples, Fla./Barron Collier H.S.



Cruse won the 110 meter high hurdles at the Bill Van Horne Invitational at Wheeling Jesuit (W.Va.) in an ECAC-qualifying time of 15.21, while also running a leg of the second-place 4x100 Bison relay team (ECAC-qualifying 43.63).

Also nominated was **Dan Spaulding** of Grove City, **Brendan Taylor** of Thiel, **Jeff Smith** of W&J, **Trale Merz** of Waynesburg, and **Casey Karger** of Westminster.

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

MEGAN HARDING

Westminster College

Junior - sprints
Pittsburgh, Pa./North Hills H.S.



Harding won three events and set two school records at the Western Pa. Championships at Carnegie Mellon. She won the 100 (school-record 12.56) and 200 (26.07) meter dash events, while anchoring the winning 4x100 relay team (school-record 49.62).

Also nominated was **Jodi Bodo** of Bethany, **Julia Seward** of Grove City, **Chavonne Green** of Thiel, **Michelle Wuenstel** of W&J, and **Megan Grover** of Waynesburg.

PAC MEN'S FIELD ATHLETE OF THE WEEK

SEAN DOMER

Grove City College

Sophomore - javelin
Indiana, Pa./United H.S.



Domer captured the javelin at the Bill Van Horne Invitational at Wheeling Jesuit (W.Va.) with an NCAA provisional qualifying-mark of 198-8.

Also nominated was **Daniel Farray** of Bethany, **Kyfer Rumburd** of Thiel, **Doug Melton** of W&J, **Willy Herrington** of Waynesburg, and **Damon Neal** of Westminster.

PAC WOMEN'S FIELD ATHLETE OF THE WEEK

ASHLEY DODD

Waynesburg University

Junior - pole vault
Upper St. Clair, Pa./Upper St. Clair H.S.



Dodd captured the pole vault at the Western PA Championships at Carnegie Mellon with a clearance of 11.48 feet (3.50 meters), qualifying for the ECAC Championships.

Also nominated was **Emily Bota** of Bethany, **Kate Balmer** of Grove City, **Kim Stitt** of Thiel, **Kelli Gee** of W&J, and **Jess Cooper** of Westminster.

PAC TRACK & FIELD NOTES



Bethany Bison

The Bison posted several top performances at the Wheeling Jesuit Invitational Saturday ... **Chantal Stettinius** won the 3,000 steeplechase (12:20.91) by more than 30 seconds, while **Matt Cruse** took top honors in the 110 hurdles (15.21) ... Cruse, fresh off his All-American fourth place indoor showing, qualified for the ECAC Outdoor Championships with his time ... Also qualifying for ECACs were both 400 relay teams ... The women's foursome of **Jessica Sarro**, **Emily Bota**, **Jodi Bodo** and **Rachael Katsur** took fourth place with a time of 52.11 and the men's team of **Jermaine Washington**, **Eric Terrell**, Cruse and **Taylor McNeil** was second in 43.63 ... Bodo was also second in the 800 (2:23.87).



Grove City Wolverines

Grove City opened the 2008 season last week with strong performances ... The men placed second at Wheeling Jesuit's 13-team Bill Van Horne Invitational, while the women took fourth in the 13-team field ... On the men's side, sophomore javelin thrower **Sean Domer** provisionally qualified for the NCAA Championships with a toss of 198-8 ... Senior All-American **Bob Perri** placed second in the shot with a heave of 51-6½, which provisionally qualifies him ... On the track, sophomore **Royce Hyland** won the 1500 and junior **Dan Spaulding** won the 5000 ... Senior **Scott Mang** took second in the pole vault (14-5) ... Junior **Julia Seward** (1500) and freshman **Kate Balmer** (triple jump) each earned individual wins for the women's team.



Thiel Tomcats

The Tomcat men's and women's teams competed at the unscored Mary Washington Battleground Relays Friday and Saturday in Fredericksburg, Va. ... Junior **Chavonne Green** won both the 100-meter dash (12.85) and triple jump (36-8.25) and ran legs on the winning 4x200-meter relay (1:45.89, school record) and second-place 4x100-meter relay (51.55) ... Freshman **Kim Stitt** posted a first-place finish in the shot put (35-8) ... Sophomore **Brendan Taylor** won the 110-meter high hurdles (16.05), was second in the long jump (20-8.5) and ran legs on the winning 4x100-meter (43.33) and 4x200-meter (1:31.67) relays ... Sophomore **Kyfer Rumburd** earned a first-place finish in the shot put (41-7) and a fourth-place finish (126-8) in the discus.



Waynesburg Yellow Jackets

The Yellow Jackets opened their outdoor track season at the Western Pennsylvania Championships on Saturday ... At the event, Waynesburg set four school records, qualified five athletes for the ECAC Championships and provisionally qualified two athletes for the NCAA Championships ... Junior **Ashley Dodd** qualified for both the NCAA and ECAC after winning the pole vault with a clearance of 11.48 feet ... Freshman **Elisha Jones** set the school record and qualified for both the NCAA and ECAC in winning the javelin with a throw of 133.56 feet ... On the men's side, junior **Willy Herrington** qualified for the ECAC in the discus with a heave of 141.24 feet.



Geneva Golden Tornadoes

Geneva opened the 2008 outdoor season at the Western Pennsylvania championships at Carnegie Mellon on Saturday ... Geneva's women stole the show with several top performances ... Most notably, **Susan Fletcher** brought home the silver with a second place finish in the 3,000 meter steeplechase ... Teammate **Marsha Miller** finished seventh in the same event ... **Rebecca VanRegenmorter** finished sixth in the 5,000 meter race, while **Tiffany Bear** brought home a pair of 12th place finishes in the shot put and discus ... The men's day was highlighted by **Luke Duriancik's** 10th place finish in the 400 meter hurdles and **Dan Dillman's** top 15 performances in the shot put and discus.



Saint Vincent Bearcats

The Saint Vincent men opened up the 2008 season at the Western PA Championships at Carnegie Mellon, with three SVC records being set and two Bearcat runners qualifying for the ECAC Championships ... In the 110 Hurdles, **Scott Steel** finished fourth with a school-record time of 15.74 seconds, qualifying for ECACs ... **Wayne Hooper** took second place in the 1,500 meter run (4:04.14), breaking a school mark ... The Bearcat 4x400 meter relay squad of Hooper, **Craig Anderton**, **Shea Anderton**, and **Alex Krupey** set a school record with a time of 3:31.43, good for third place ... **Adam Smith** qualified for ECAC's in the 5K, finishing in second place with a time of 15:07.30.



Washington & Jefferson Presidents

W&J competed at the Western Pennsylvania Championships hosted by Carnegie Mellon Invitational ... Freshman **Michelle Wuenstel** won the 400 meters in an ECAC-qualifying time of 58.70 seconds ... She also took second place in the 200 (26.56) and helped the 4x100 meter relay earn third place (50.40) ... Seniors **Kelli Gee** and **Lauren Weinheimer** and sophomore **Kathryn Myer** joined Wuenstel on the relay which qualified for the ECAC Championships ... Junior **Erin Long** also claimed third place in the steeplechase (12:03.16) ... The men's team earned its best showing in the shot put as it claimed three of the eight place winners ... Senior **Doug Melton** notched fourth place with a personal-best throw of 45'1" ... Sophomore **Bryan Consider** placed seventh (43'4 1/2").



Westminster Titans

Three school records were either tied or established as the Titans competed at the Western Pennsylvania Championships on Saturday at Carnegie Mellon ... The Titan women placed third out of 15 schools with 74.5 points, finishing behind Division I schools Saint Francis (157) and Robert Morris (101) ... After tying the school record in the 100 meters on March 22 at Coastal Carolina, junior sprinter **Megan Harding** became the outright record-holder in the event after she ran a time of 12.56 in the preliminary and 12.67 for first place in the finals ... Harding also ran a first-place time of 26.07 in the 200 meters ... The 4x100 relay posted a school-record time of 49.62 ... Senior **Jess Cooper** tied her own school record in the high jump with a first place and NCAA provisional qualifying distance of 1.65 meters.