



TRACK & FIELD 2007

Presidents' Athletic Conference

8500 Brooktree Road, Suite 130

Wexford, PA 15090

Phone - (724) 933-4630

Fax - (724) 933-4635

E-Mail: onderko@pacathletics.org

Web: www.pacathletics.org

RECENT RESULTS

Saturday, March 31

Western Pennsylvania Championships - Indiana, Pa.

Wash. & Jeff. (M-4th of 12 teams (76); W-10th of 13 teams (25.5))

Saint Vincent (W - 11th of 13 teams (16))

Waynesburg (M-11th of 12 teams (24); W-12th of 13 teams (12.5))

Wheeling Jesuit Bill Van Horne Invitational - Wheeling, W.Va.

Grove City (M-2nd of 13 teams (179); W-4th of 12 teams (54))

Bethany (M-4th of 13 teams (65); W-5th of 12 teams (47))

Westminster (M-8th of 13 teams (9); W-3rd of 12 teams (112.5))

College of Wooster Invitational - Wooster, Ohio

Thiel (M-3rd of 11 teams (90); W-3rd of 12 teams (95.5))

NEXT WEEK'S SCHEDULE

Saturday, April 7

Washington & Jefferson Invitational - Washington, Pa.

Bethany, Saint Vincent, Washington & Jefferson, Waynesburg

Mount Union Invitational - Alliance, Ohio

Thiel, Westminster

Grove City - off

PAC MEN'S TRACK ATHLETE OF THE WEEK

MATT CRUSE

Bethany College

Freshman - hurdles/mid-distance
Naples, Fla./Barron Collier H.S.



Cruse captured the 110 meter high hurdles for the Bison at the Wheeling Jesuit Bill Van Horne Invitational, posting a time of 15.25 in the prelims before capturing the finals in 15.61. He also placed fifth in the 400 hurdles after winning his heat in 57.73.

*Also nominated was **Josiah Leuenberger** of Grove City, **Billy Green** of Thiel, **Bobby Regan** of Washington & Jefferson, **Brian Lucarelli** of Waynesburg, and **Scott Seserko** of Westminster.*

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

MARY MAJCHROWICZ

Grove City College

Junior - sprints
Sunnyvale, Calif./The King's Academy



Majchrowicz captured the 400 meter dash on Saturday at the Wheeling Jesuit Bill Van Horne Invitational, posting a school-record time of 57.79 which qualifies her for the ECAC Championships in the event.

*Also nominated was **Chantal Stettinius** of Bethany, **Chavonne Green** of Thiel, **Erin Long** of Washington & Jefferson, **Melissa Cox** of Waynesburg, and **Abbey Basta** of Westminster.*

PAC MEN'S FIELD ATHLETE OF THE WEEK

DANNY ORWA

Bethany College

Senior - long jump/mid-distance
Iowa City, Iowa/Iowa City West H.S.



Orwa captured the long jump title at the Wheeling Jesuit Bill Van Horne Invitational with an ECAC-qualifying mark of 21-3.5, more than seven inches beyond the second place finisher. He was also second in the 1,500 (4:18.95) and seventh in the 800 (2:06.99) at the event.

*Also nominated was **Matt Kulinski** of Grove City, **Brendan Taylor** of Thiel, **Jeff Smith** of Washington & Jefferson, and **Jonathan Morrow** of Westminster.*

PAC WOMEN'S FIELD ATHLETE OF THE WEEK

LAFAYE MOORE

Thiel College

Freshman - long jump/sprints
Warren, Ohio/Warren G. Harding H.S.



Moore placed second in the long jump (15-5.75) at the College of Wooster Invitational on Saturday. She was also a member of Thiel's winning 4x100 meter relay team (50.74), helping lead the Tomcats to a third-place team finish.

*Also nominated was **Lauren Spegal** of Bethany, **Sarah Bray** of Grove City, **Lauren Weinheimer** of Washington & Jefferson, and **Amber Dillaman** of Westminster.*

PAC TRACK & FIELD NOTES



Bethany Bison

Bethany's men placed fourth and women were fifth at the Wheeling Jesuit Invitational Saturday ... The men were led by senior **Danny Orwa** and freshman **Matt Cruse** ... Orwa won the long jump while qualifying for ECAC Championships (21-3.5) ... He also took second in the 1,500 (4:18.95) and seventh in the 800 (2:06.99) ... Cruse easily won the 110 high hurdles with a finals time of 15.61 (15.25 in the prelims) and also grabbed fifth in the 400 hurdles (57.44) ... Freshman **Andy Kotson** took third in the 100 (11.45) and fourth in the 200 (23.09) ... For the women, **Rachel Katsur** took fourth in the 100 (13.67) and eighth in the 200 (28.79) ... Junior **Chantal Stettinius** broke her own school record by placing third in the 3,000 steeplechase (13:15.83).



Grove City Wolverines

GCC competed in Wheeling Jesuit's Bill Van Horne Invitational Saturday ... The men placed second, buoyed by four individual champions ... Junior **Josiah Leuenberger** won the 5000 (15:20.55) while junior **Chris Andrew** took the steeplechase (9:57.27) ... Junior **Matt Kulinski** won his third pole vault title (14-0) in as many weeks, while junior **Dave Hodge** won the triple jump (42-10) ... Leuenberger, freshman discus thrower **Tony Clark** and sophomore hurdler **Chris Allebach** all qualified for ECACs ... The women placed fourth ... Junior **Mary Majchrowicz** earned Grove City's lone win of the day, capturing the 400 in a GCC-record time of 57.79 seconds ... Senior **Sarah Bray** added a third-place effort in the discus (108-11).



Thiel Tomcats

Both Thiel squads finished third at Saturday's Wooster Invitational ... Sophomore **Dorran Coley**, freshman **Brendan Taylor** and sophomore **Billy Green** went 1-3-6 in the 110 hurdles, but due to a malfunction final times were not recorded ... Green also posted second in the 400 hurdles (59.15) ... Taylor finished second in the long jump (20-9) while sophomore **Alex Bue** placed second in the high jump (6-2) ... Sophomore **Sean Jenkins** earned second in the triple jump (39-6) ... On the women's side, sophomore **Chavonne Green** placed second in the triple jump (34-0), third in the 100- (13.16) and fifth in the 200 (27.07) ... Freshman **LaToya Locke** was second in the 100 hurdles (16.40) and third in the triple jump (33-9.50).



Washington & Jefferson Presidents

Sophomore **Erin Long** posted the Presidents' lone first-place finish Saturday in the steeplechase at the Western PA Championships at IUP ... The President women placed first among the Division III teams competing ... Long posted a time of 12:11.50 to earn first place in the steeplechase ... Junior **Lauren Weinheimer** racked up W&J's most team points after improving upon her ECAC-qualifying time and notching fourth in the 200 meters with a personal best time of 26.34 seconds ... Junior **Elyse Maloy** claimed second in the 400-meter hurdles (1:08.04) ... Junior **Kelli Gee** placed second in the long jump (5.37 m) ... The W&J men were led by junior **Virgil Marshall** who took second in the long jump (6.64 meters).



Waynesburg Yellow Jackets

Waynesburg competed in the 13-team Western Pennsylvania Championships, hosted by IUP Saturday ... The women placed 11th out of the 12 teams ... Freshman **Melissa Cox** placed fifth in a field of 26 runners in the 800 meters (2:28.32), the best time among non-scholarship athletes ... Classmate **Janet Carson** finished the 5000-meter run with a time of 20:24.04 to place fifth ... In the 3000 steeplechase, junior **Haley Hinds** placed third (12:57.60) ... Sophomore **Randi Patton** place fourth in the pole vault (2.75 meters) ... The men finished 12th out of 13 teams ... Junior **Brian Lucarelli** finished the 400 meters in 52.23, second-best among non-scholarship athletes.



Westminster Titans

Two Westminster women's records were broken over the weekend as the Titans competed at the Bill Van Horne Invitational, hosted by Wheeling Jesuit Saturday ... Freshman **Abbey Basta** broke her own school record in the 100-meter hurdles with a third-place time of 16.06 ... Basta also placed second in the 400 hurdles (1:11.37) and ran on the third-place 4x100 and 4x400 relay teams, which qualified for the ECAC Championships ... Freshman **Jenn Armour** established a new school record in the 3,000-meter steeplechase with her second-place time of 13:00.61 ... The top finishers for the Titan men included senior **Scott Seserko** placing fifth in the 3,000-meter steeplechase (10:31.65) and sophomore **David Mills** with a fifth-place mark in the pole vault (3.20).



Saint Vincent Bearcats

The Bearcats competed Saturday at the Western Pennsylvania Championships, hosted by Indiana University of Pennsylvania in Indiana, Pa. ... **Adam Smith** finished second in the 5000 meters, timed in 15:13.08, good enough to qualify him for the ECAC Championships ... **Nate Sylvester** finished fourth and **Thad Pajak** was sixth in the 3000 steeplechase.

2007 PAC Track & Field Athletes of the Week

	<u>Men</u>	<u>Women</u>
March 18:	Alex Eaton , THI (T) Matt Kulinski , GRO (F)	Chavonne Green , THI (T) Amanda Bruce , THI (F)
March 25:	Virgil Marshall , W&J (T) Bob Perri , GRO (F)	Kristen Carter , GRO (T) Lauren Spegal , BET (F)
April 1:	Matt Cruse , BET (T) Danny Orwa , BET (F)	Mary Majchrowicz , GRO (T) Lafaye Moore , THI (F)
April 8:		
April 15:		
April 22:		