



TRACK & FIELD 2006

Presidents' Athletic Conference

Joe Onderko, Information Director

Phone - (724) 946-6357

Fax - (724) 946-7187

E-Mail: onderkjm@westminster.edu

Web: www.pacathletics.org

RECENT RESULTS

Saturday, April 1

Titan Invitational - New Wilmington, Pa.

Bethany, Thiel, Westminster - unscored

Carnegie Mellon West Penn Championships - Pittsburgh, Pa.

Men (16 teams)

6. Thiel (55)

9. Washington & Jefferson (18)

15. Grove City (9)

Women (16 teams)

9. Thiel (22)

11. Washington & Jefferson (21.5)

14. Grove City (10)

NEXT WEEK'S SCHEDULE

Friday, April 7

Geneva Invitational - Beaver Falls, Pa.

Grove City

Marv Frye Invitational - Delaware, Ohio

Thiel

Saturday, April 8

Wash. & Jeff. Invitational - Washington, Pa.

Bethany, Washington & Jefferson, Waynesburg

Mount Union Invitational - Alliance, Ohio

Westminster

PAC MEN'S TRACK & FIELD ATHLETE OF THE WEEK

IVAN HAWKINS

Waynesburg College

Senior - sprints

Parkersburg, W.Va./Parkersburg South H.S.

Hawkins posted a pair of individual titles for the Yellow Jackets Saturday at the Westminster Invitational, as he touched the tape in both the 100 meter (11.17) and 200 meter (22.73) dash events.

Also nominated was junior **Herman Nuckols** of Bethany, freshman **Dorran Coley** of Thiel, sophomore **Virgil Marshall** of Washington & Jefferson, and senior **Adam Hadbavny** of Westminster.

PAC WOMEN'S TRACK & FIELD ATHLETE OF THE WEEK

VERONICA GERETZ

Westminster College

Freshman - hurdles

Norwalk, Ohio/St. Paul H.S.

Geretz captured the invitational title in the 400 hurdles (1:10.11) and set a new school record while finishing second in the 100 hurdles (16.88) for the Lady Titans Saturday at the Westminster Invitational.

Also nominated was senior **Mallory Roadman** of Bethany, freshman **Kristen Carter** of Grove City, sophomore **Kelli Gee** of Washington & Jefferson, and sophomore **Haley Hinds** of Waynesburg.

PAC TRACK & FIELD NOTES



Bethany Bison

In their first action of the outdoor season, the Bison notched several strong performances at the unscored Westminster Invitational ... One school record fell, as senior **Mallory Roadman** shattered the mark in the 5,000 ... In winning the event by more than two minutes, Roadman finished in 19:25.29, besting the previous standard, which had stood since 1998, by 19.5 seconds ... Freshman **Mandi Swiger** in the 400 (1:06.32), freshman **Jennifer Smith** in the high jump (5-0) and sophomore **Nicole Jones** in the javelin (104-3) all posted wins ... The men's 4x100 relay team took first and qualified for the ECAC Championships (43.80) ... **Herman Nuckols** would also win the long jump (20-6) to join **Marcus Adams**, who won the high jump (6-0).



Thiel Tomcats

The Tomcats competed at the West Penn Championships Saturday at Carnegie Mellon ... Freshman **Dorran Coley** ran to a second-place finish in the 110-meter hurdles (15.08) ... Thiel ran to second-place finishes in both the 400-meter and 1600-meter relay events ... the 4x100 team, made up of Coley, sophomore **Will Mills** and freshmen **Elliot Wreh-Wilson** and **Steve Witherspoon**, finished in 42.70 ... The 4x400 team ran a time of 3:19.82 to break the existing school record of 3:20.06, set in 2005 ... The team consisted of Mills, Coley, senior **Shaun Jackson** and freshman **Gary Peays** ... Senior **Kandiace Gibson** led the Tomcat women Saturday, finishing fourth in the 200-meter dash (25.85) and fifth in the 100-meters (12.94) ... The women's 4x100-meter relay team finished third in a school-record 49.86.



Waynesburg Yellow Jackets

Waynesburg collected 10 victories Saturday at the Westminster Invitational ... Senior sprinter **Ivan Hawkins** recorded a pair of individual titles, claiming the 100-meter dash (11.17) and the 200-meter dash (22.73) ... Sophomores **Brian Lucarelli** and **Shane Gottschalk** took first in the 800 and 1500-meter runs, respectively ... Senior **Jerry Powell** captured the discus, while sophomore **Dan Ross** recorded a first-place finish in the javelin ... Junior **Ryan Devlin** rounded out seven first-place finishers for the men with his time of 36:25:10 in the 10,000-meter run ... On the women's side, freshman **Megan Grover** took first in the 1500-meter run, while sophomore **Haley Hinds** captured the 3,000-meter steeplechase ... Junior **Denise Kennedy** registered a first-place finish in the discus (31.42 meters).



Grove City Wolverines

Both Grove City teams competed in Carnegie Mellon's West Penn Championships Saturday in Pittsburgh ... On the women's side, freshman **Kristen Carter** broke her own College record in the 1500 with a sixth-place time of 4:54.09 ... Classmate **Julia Seward** took eighth in the 5000 (18:54.41) while sophomore Mary Majchrowicz finished ninth in the 400 (1:02.49) ... The men's team featured a fifth-place finish by the 400-meter relay team of **Mark Murchie**, **Dave Majewski**, **Yu Kuwabara** and **Seth Fox** (44.47) ... Sophomore **Dave Hodge** took seventh in the triple jump, while freshman Dan Spaulding claimed seventh in the 10,000 ... Freshman thrower **Chris Huber** placed eighth in the discus while junior thrower **Bob Perri** took 10th in the shot put.



Washington & Jefferson Presidents

Sophomore **Kelli Gee** was the only President to win an individual title this weekend at the West Penn Championships after capturing the long jump (17'3 1/2") ... Gee, who qualified for the ECAC Championships in the long jump and triple jump, also placed ninth in the triple jump (35' 1 2"), 17th in the 100 meters (13.96) and 23rd in the 200 meters (28.57) ... Sophomore **Stephanie Yeager** turned in a fifth-place finish in the discus (116'8"), while freshman Kaleigh Bangor notched sixth in the javelin (120'3") ... Both Yeager and Bangor qualified for the ECAC Championships ... Sophomore **Brian Skokowski** posted the best men's finish after taking third in the shot put (46'7 1/4") ... Sophomore **Virgil Marshall** placed in the top 12 in four different events, including a fifth-place showing in the triple jump (44' 1/2") in which he qualified for the ECAC Championships.



Westminster Titans

Westminster hosted the annual Titan Invitational Saturday ... The Lady Titans had five individuals capture events, led by seniors **Sonya Cole** in the shot put (11.92 meters) and **Maggie Muir** in the 10,000 meter run (51:09.16), as well as freshmen **Kristen VanSickel** in the 200 meter dash (27.68), **Rebecca Shiner** in the 800 meter run (2:26.72) and **Veronica Geretz** in the 400 meter hurdles (1:10.11) ... Geretz set a new school record while finishing second in the 100 hurdles (16.88), as did classmate **LeighAnn Jordan** with a second-place finish in the 3,000 steeplechase (13:39.44) ... A pair of Titan men posted wins, as senior **Alex White** posted the top mark in the shot put (12.53 meters) and freshman **David Mills** placed first in the pole vault (2.90 meters) ... Senior **Adam Hadbavny** won the shot put (48-10 1/4) at the West Penn Championships.

2006 PAC Track & Field Athletes of the Week

Men

3/19 **Dorran Coley**, Fr., Thiel
3/26 **Adam Hadbavny**, Sr., Westminster
4/2 **Ivan Hawkins**, Sr., Waynesburg
4/9
4/16
4/23
4/30

Women

Kandiace Gibson, Sr., Thiel
Kristen Carter, Fr., Grove City
Veronica Geretz, Fr., Westminster