

2010 PAC Track & Field Release

Week 3 - April 5



Presidents' Athletic Conference
8500 Brooktree Road, Suite 130
Wexford, PA 15090
Web: www.pacathletics.org

Contact: Joe Onderko
(724) 933-4630
onderko@pacathletics.org

LAST WEEK

Saturday, April 3, 2010

Washington & Jefferson Invitational - Washington, Pa.

Men (14 teams)

2. Washington & Jefferson - 115
6. Waynesburg - 63
7. Bethany - 57
8. Geneva - 43
9. Saint Vincent - 22
13. Grove City - 15

Women (14 teams)

11. Waynesburg - 112
5. Bethany - 72
7. Washington & Jefferson - 54
12. Geneva - 17
14. Grove City - 2

Thiel at **Jack Hazen Open** - Canton, Ohio - unscored

Westminster - idle

THIS WEEK

Friday-Saturday, April 9-10, 2010

Saint Vincent at **Bucknell Bison Open** - Lewisburg, Pa.

Saturday, April 10, 2010

Bethany at **Marietta Invitational** - Marietta, Ohio

Geneva at **Robert Morris Invitational** - Moon Township, Pa.

Grove City/Saint Vincent/Waynesburg at **Slippery Rock Invitational** - Slippery Rock, Pa.

Thiel at **Mount Union Open** - Alliance, Ohio

Washington & Jefferson/Westminster at **Carnegie Mellon Invitational** - Pittsburgh, Pa. - 10 a.m.

PAC MEN'S TRACK ATHLETE OF THE WEEK

TAYLOR MCNEIL

Bethany College

Senior - sprints
Old Saybrook, Conn./Old Saybrook H.S.



McNeil won two events and posted two other Top Four finishes at the W&J Invitational Saturday. He won the 200 (22.35) and anchored the winning Bison 4x100 relay (43.64), while placing third in the 4x400 (3:32.32) and fourth in the 100 (11.05).

Also nominated was senior **Alex Eaton** of Thiel, sophomore **Greg French** of Washington & Jefferson, and junior **Trale Merz** of Waynesburg.

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

MICHELLE WUENSTEL

Washington & Jefferson College

Junior - sprints/mid-distance
Pittsburgh, Pa./Keystone Oaks H.S.



Wuenstel set new W&J Invitational records while winning both the 200 (25.79) and 400 (57.60) meter dash events. She also ran a leg on the Presidents' winning 4x100 relay team (51.82).

Also nominated was senior **Jodi Bodo** of Bethany, freshman **LaToya Locke** of Thiel, and freshman **Rhea Huwe** of Waynesburg.

PAC MEN'S FIELD ATHLETE OF THE WEEK

DOOGIE SANNER

Waynesburg University

Freshman - throws
Uniontown, Pa./Uniontown H.S.



Sanner captured his first collegiate javelin title on Saturday at the Washington & Jefferson Invitational with a winning toss of 50.30 meters (165-0), which set a new Waynesburg modern school record.

Also nominated was junior **Daniel Farray** of Bethany, senior **Matt Six** of Grove City, junior **Scott Stano** of Thiel, and sophomore **Josh Buckley** of Washington & Jefferson.

PAC WOMEN'S FIELD ATHLETE OF THE WEEK

DESIREE FINLEY

Bethany College

Senior - pole vault
Nanticoke, Pa./Hanover Area H.S.



Finley captured first place in the pole vault at the Washington & Jefferson Invitational on Saturday by clearing 10-2, less than an inch away from her school record. In addition, she also placed fourth in the 100 hurdles (16.78) and ran on the Bison 4x400 relay team which finished second (4:12.41).

Also nominated was freshman **Paige Polesnak** of Grove City, freshman **Cassidy Kravec** of Thiel, sophomore **C.J. Corcoran** of Washington & Jefferson, and sophomore **Krystal Baker** of Waynesburg.

PAC T&F NOTES

Bethany Bison

The Bison enjoyed a banner day at the W&J Invitational Saturday with three individuals and one relay winning events and one school record going down ... Senior **Taylor McNeil** had the biggest day for the Bethany men, winning the 200 (22.35) and anchoring the 4x100 relay of **Daniel Farray**, **Marcus Johnson** and **Ed Holmes** to a first place finish with a time of 43.64 ... McNeil also placed fourth in the 100 (11.05) and ran the third leg on the 4x400 relay that took 3rd (3:32.32) ... For the women, **Erin Reske** won the 10,000 (42:48.64) and **Desiree Finley** took first in the pole vault (10-2) ... The broken school record came in the 200, where **Jodi Bodo** took second with a time of 25.89 to re-set her own mark ... Bodo also placed second in the 400 (58.52) and anchored the 4x400 relay of Finley, **Kaitlyn Black** and **Emily Andrews** to a second place showing (4:12.41) ... Other top placements came from **Maggie McCort** in the 5,000 (fourth), Finley in the 100 hurdles (fourth) and **Cassie Allen** in the high jump (fourth).



Geneva Golden Tornadoes

First-year coach **Brian Yowler** continues to preach constant improvement to his young team ... Saturday, the maturation process continued with some very impressive individual performances at W&J ... In women's action, **Aisha Moore** turned in three Top 10 finishes while teammate **Liz Michalak** had a pair of Top 10 efforts and three season-best performances along the way ... Geneva's top female finisher was **Shannon Rech** with a second place overall effort in the 5K race despite unseasonably warm temperatures ... The men's team had an equally exciting day with two more student-athletes qualifying for the NCCAA national meet ... **Monas Cunningham** finished third and fourth, respectively, in the 110 and 400 meter hurdles ... He qualified for nationals in both events ... Teammate **Corey Fraction** put his name on the national qualifying list with his 11.36 effort in the 100 meter dash ... The Golden Tornadoes will dip into the Division I pool at the end of the week when they visit Robert Morris.



Grove City Wolverines

A handful of Grove City athletes competed in the Washington & Jefferson Invitational Saturday at Cameron Stadium ... On the men's side, senior **Matt Six** won the discus with a toss of 146-9 ... He also placed fourth in the shot put with a mark of 45-6½ ... **Paige Polesnak** paced the women by clearing 4-7 in the high jump, good for seventh in the field ... Grove City will compete in the Slippery Rock University Invitational Saturday at the Bill Lennox Track inside N. Kerr Thompson Stadium.



Saint Vincent Bearcats

The Bearcats took part in the Washington & Jefferson Invitational over the weekend, and took ninth out of 14 teams, despite competing in only six of 20 events. In the deep field, a number of SVC runners placed strong finishes ... **Jared Ryan** took fourth in the 800, with a career-best time of 2:00.35, while **Jeff Hite** finished fourth (16:16) and **Ryan Barlow** eighth (16:45) in the 5K ... **Cam Stumme** ran a career-best 10:35.26 in the 3K steeplechase, a career best, while **Kevin Wanichko** ran a season-best 4:12.11 in the 1500, good for ninth place ... In relay action, the foursome of Sweeney, Stumme, Wanichko, and Ryan finished fourth in the 4x400, timed in 3:33.67.



Thiel Tomcats

The Thiel track & field teams earned nine top-three finishes at the Jack Hazen Open Saturday ... Senior **Latoya Locke** led the way for the women, finishing first in the 100-meter hurdles in 15.72, while also placing second in the 200-meter dash ... Freshman phenom **Brittany Brown** finished second to Locke in the hurdles with a time of 15.75, while placing third in the high jump with a leap of 1.62-meters ... First-year thrower **Cassidy Kravec** rounded out the women's top performers with a second place heave of 35.54-meters in the javelin... Perennial All-America senior **Alex Eaton** earned the men's only first place finish of the day, with a time of 50.48 in the 400-meter dash, while **Ethan Rowe** placed second in the event in 50.73 ... Rowe also earned third place in the 200-meter dash with a time of 23.08, while **Scott Stano** rounded out the men's top finishers, placing second in the javelin with a throw of 48.52 ... The Thiel track & field teams will compete again at the Mount Union Open, this Saturday, April 10.



Washington & Jefferson Presidents

The Washington & Jefferson College men's track & field team racked up 115 points to earn a second-place finish Saturday at the 2010 W&J Invitational, while the women's team finished seventh with 54 points ... Junior **Michelle Wuenstel** highlighted the day for the Presidents as she set two meet records in the 200-meter dash (25.79) and the 400-meter dash (57.60) ... Sophomore **Greg French** also had a big day on the men's side as he posted a first-place finish in the 110-meter hurdles (15.58), a second-place finish in the triple jump (12.86 meters) and a third-place finish in the 400-meter hurdles (56.57) ... He also ran the final leg for W&J's 4x100-meter relay team, which finished second in the event with a time of 43.99 ... Both the men's and women's teams will return to action on Saturday morning, traveling to Pittsburgh for the 2010 Carnegie Mellon Invitational.



Waynesburg Yellow Jackets

It was a good Saturday for the Waynesburg track & field program as both the men and women enjoyed fruitful days at Washington & Jefferson ... The Yellow Jacket women tied for the team championship with Allegheny after putting up 112 team points ... Middle distance runner **Maria Shepas** and sprinter **Rhea Huwe** earned individual titles in the 1,500-meter run and the 100-meter dash, respectively ... **Krystal Baker**, the team's jumping specialist, enjoyed another tremendous all-around performance in the field events ... She placed second in the high jump (1.5 meters, 4-11), second in the pole vault (3.1 meters, 10-2) and third in the triple jump (10.77 meters, 33-6) ... On the men's side, hurdler **Trale Merz** and thrower **Doogie Sanner** each picked up wins in their individual specialties ... Merz won the 400-meter hurdles, while Sanner earned his first collegiate win in the javelin ... The Jacket men placed sixth as a squad.



Westminster Titans

The Westminster College men's and women's track and field teams were idle last week ... The Titan men and women return to action Saturday along with W&J at Carnegie Mellon.



PAC T&F SCHEDULES/RESULTS

Bethany Bison

		<u>Men</u>	<u>Women</u>
March 20	at California (Pa.) Early Bird Invit.	Unscored	Unscored
March 27	at Wheeling Jesuit Invitational	12th/14 (10)	12th/17 (16)
April 3	at W&J Invitational	7th/14 (57)	5th/14 (72)
April 10	at Marietta Invitational		
April 17	at IUP Ed Fry Invitational		
April 21	PAC SOUTH QUAD MEET		
April 24	at Robert Morris Invitational		
May 1	at PAC Championships (Grove City)		
May 7	at Slippery Rock Last Chance Meet		
May 13-14	at ECAC Championships (Springfield)		
May 14	at Allegheny Invitational		

Geneva Golden Tornadoes

		<u>Men</u>	<u>Women</u>
March 23	at Grove City Mini Invitational	Unscored	Unscored
March 27	at Muskingum Invitational	L 62-113	W 66-64
April 3	at W&J Invitational	8th/14 (43)	12th/14 (17)
April 10	at Robert Morris Invitational		
April 17	at Westminster Invitational		
April 21	at PAC South Quad (Bethany)		
April 24	at B-W Sparky Adams Invitational		
May 1	at PAC Championships (Grove City)		
May 6-8	at NCCAA Championships (TBA)		

Grove City Wolverines

		<u>Men</u>	<u>Women</u>
March 20	at California (Pa.) Early Bird Invit.	Unscored	Unscored
March 23	GROVE CITY MINI INVITATIONAL	Unscored	Unscored
March 27	at Wheeling Jesuit Invitational	13th/14 (15)	14th/14 (2)
April 3	at W&J Invitational		
April 10	at Slippery Rock Invitational		
April 14	at PAC North Quad (Westminster)		
April 17	at IUP Ed Fry Invitational		
April 24	TBA		
May 1	PAC CHAMPIONSHIPS		

Saint Vincent Bearcats

		<u>Men</u>
March 20	at California (Pa.) Early Bird Invit.	Unscored
March 27	at Western Pa. Championships (Cal)	3rd/3 (77)
April 3	at W&J Invitational	9th/14 (22)
April 9-10	at Bucknell Bison Open	
April 10	at Slippery Rock Invitational	
April 14	at PAC North Quad (Westminster)	
April 17	at IUP Ed Fry Invitational	
April 24	at Saint Francis (Pa.) Invitational	
May 1	at PAC Championships (Grove City)	
May 13-14	at ECAC Championships (Springfield)	

Thiel Tomcats

		<u>Men</u>	<u>Women</u>
March 20	at California (Pa.) Early Bird Invit.	Unscored	Unscored
March 27	at Washington & Lee Invitational	Unscored	Unscored
April 3	at Jack Hazen Open	Unscored	Unscored
April 10	at Mount Union Open		
April 17	at IUP Ed Fry Invitational		
May 1	at PAC Championships (Grove City)		
May 14	at Allegheny Invitational		

Washington & Jefferson Presidents

		<u>Men</u>	<u>Women</u>
March 13	at York Spring Opener	Unscored	Unscored
March 20	at Lynchburg Invitational	Unscored	Unscored
March 27	at Washington & Lee Invitational	Unscored	Unscored
April 3	W&J INVITATIONAL	2nd/14 (115)	7th/14 (54)
April 10	at Carnegie Mellon Invitational		
April 17	at IUP Ed Fry Invitational		
April 21	at PAC South Quad (Bethany)		
May 1	at PAC Championships (Grove City)		
May 14	at Allegheny Invitational		

Waynesburg Yellow Jackets

		<u>Men</u>	<u>Women</u>
March 27	at Wheeling Jesuit Invitational	11th/14 (15)	7th/17 (61.5)
April 3	at W&J Invitational	6th/14 (63)	T-1st/14 (112)
April 10	at Slippery Rock Invitational		
April 16-17	at IUP Ed Fry Invitational		
April 21	at PAC South Quad Meet (Bethany)		
April 24	at B-W Sparky Adams Invitational		
May 1	at PAC Championships (Grove City)		
May 7	at Slippery Rock Last Chance Meet		
May 13-14	at ECAC Championships (Springfield)		
May 14	at Allegheny Invitational		

Westminster Titans

		<u>Men</u>	<u>Women</u>
March 20	at California (Pa.) Early Bird Invit.	Unscored	Unscored
March 23	at Grove City Mini Invitational	Unscored	Unscored
March 27	at W. Pa. Championships	2nd/3 (218)	1st/2 (285)
April 10	at Carnegie Mellon Invitational		
April 14	PAC NORTH QUAD MEET		
April 17	WESTMINSTER INVITATIONAL		
April 24	at B-W Sparky Adams Invitational		
May 1	at PAC Championships (Grove City)		
May 7	at Slippery Rock Last Chance Meet		
May 21	at Gregory Invitational (North Central)		