



TRACK & FIELD 2006

Presidents' Athletic Conference

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RECENT RESULTS

Friday, April 7

Geneva Merriman/Butler Invit. - Beaver Falls, Pa.

Men (six teams)

2. Grove City

Women (six teams)

2. Grove City

Marv Frye Invitational - Delaware, Ohio

Men (11 teams)

4. Thiel (83)

Women (12 teams)

5. Thiel (58)

Saturday, April 8

Wash. & Jeff. Invitational - Washington, Pa.

Men (10 teams)

4. Waynesburg (68)

6. Washington & Jefferson (44.5)

7. Bethany (32)

Women (nine teams)

2. Washington & Jefferson (143)

5. Bethany (52)

7. Waynesburg (25.5)

Mount Union Invitational - Alliance, Ohio

Westminster - unscored

NEXT WEEK'S SCHEDULE

Tuesday, April 11

Waynesburg at Carnegie Mellon - 1 p.m.

Friday, April 14

Bucknell Outdoor Classic - Lewisburg, Pa.

Washington & Jefferson

Saturday, April 15

Slippery Rock Invitational - Slippery Rock, Pa.

Bethany, Grove City, Thiel, Washington & Jefferson,

Waynesburg, Westminster

PAC MEN'S TRACK & FIELD ATHLETE OF THE WEEK

DORRAN COLEY

Thiel College

Freshman - hurdles/sprints

Kingston, Jamaica/Kingston College H.S.

Coley captured both the 110 meter hurdles (14.75) and the 400 meter hurdles (56.01) while running the anchor leg on the winning 4x100 relay team (42.27) for Thiel at the Marv Frye Invitational in Delaware, Ohio.

Also nominated was sophomore **Marcus Adams** of Bethany, sophomore **Chris Andrew** of Grove City, sophomore **Brian Skokowski** of Washington & Jefferson, senior **Ivan Hawkins** of Waynesburg, and senior **Adam Hadbavny** of Westminster.

PAC WOMEN'S TRACK & FIELD ATHLETE OF THE WEEK

LAUREN WEINHEIMER

Washington & Jefferson College

Sophomore - sprints/pole vault

Derby, N.Y./Lakeshore Central H.S.

Weinheimer posted three wins while adding a second and a fourth for the Presidents at the W&J Invitational Saturday. She won both the 200 (26.69) and 400 (1:00.34) while leading the winning 4x400 relay team (4:13.12). Her 4x200 relay team placed second (ECAC-qualifying 51.42) while adding a fourth in the pole vault (9-5 1/4).

Also nominated was sophomore **Nicole Jones** of Bethany, freshman **Kristen Carter** of Grove City, senior **Kandiace Gibson** of Thiel, freshman **Megan Grover** of Waynesburg, and sophomore **Jessica Cooper** of Westminster.

PAC TRACK & FIELD NOTES



Bethany Bison

Two first place finishes highlighted Bethany's solid day at the W&J Invitational Saturday ... Sophomore **Marcus Adams** finished first in the high jump, clearing 5-10 3/4 ... He also took third in the 100 (11.66) ... The other first place was earned by sophomore **Nicole Jones**, who won the javelin with a throw of 109 feet ... Junior **Herman Nuckols** posted a second-place finish in the long jump (20-8) and third place in the 200 (22.88) while sophomore **Lauren Spegal** finished third in the shot put (34-8.25) and discus (100-7) ... Freshman **Jennifer Smith** placed second in the high jump (5-1), while senior **Mallory Roadman** crossed third in the 5K (19:36) and freshman **Mandi Swiger** was fourth in the 400 (1:05.26).



Thiel Tomcats

The Tomcats competed at the Marv Frye Invitational, hosted by Ohio Wesleyan University, on Friday ... Freshman **Dorran Coley** won both the 110-meter hurdles (14.75) and 400-meter hurdles (56.01) to lead the Tomcat men to a fourth-place finish ... Coley teamed with sophomore **Will Mills** and freshmen **Steve Witherspoon** and **Elliot Wreh-Wilson** to win the 4x100 relay (school record 42.27) ... Sophomore **Anthony McCorvey** won the men's triple jump (43-0) ... Senior **Kandiace Gibson** recorded a pair of victories in the 100 (12.74) and 200 meter (25.12) dashes to help the Thiel women to a fifth-place finish ... She provisionally qualified for the NCAA Championships in the 200 ... Senior **Libby Purdy** won the javelin throw (127-6), just one inch off of provisionally qualifying for nationals.



Waynesburg Yellow Jackets

The Waynesburg men finished fourth in a ten-team field Saturday at the W&J Invitational. Waynesburg's women placed seventh in a nine-team field ... Senior **Ivan Hawkins** headlined the meet by claiming two individual titles and anchoring the 4 x 100-meter relay ... For the second straight week, Hawkins won both the 100 and 200-meter dashes and has qualified for the ECAC Championships in both events ... Senior **Jerry Powell** took second in the discus (41.03 meters), while sophomore **Troy Beattie** registered a third-place finish in the javelin (159-10) ... Leading the women was freshman **Megan Grover**, who took a pair of top-five finishes ... In the 1500 meters, the freshman placed fifth with a time of 5:11.37, then she added a second-place in the 5000 meters (19:01.64), qualifying her for the ECAC Championships.



Grove City Wolverines

Both Grove City teams placed second in Geneva College's 6-team Merriman/Butler Invitational Friday in Beaver Falls ... The men's team of **Sam Dippold**, **Yu Kuwabara**, **Mark Murchie** and **Chris Allebach** closed the meet by winning the 4x400 relay (3:29.25) ... **Chris Andrew** won the steeplechase in 10:11 to secure Grove City's lone individual win ... Dippold also took second in the 400 hurdles (59.12) while sophomore **Bob Rummel** took second in the high hurdles ... Freshman **Kristen Carter** led the women's effort by winning the 5K (18:50.04) ... Carter, **Brittany Croft**, **Kate Bender** and **Amanda Hewitt** combined to win the 3200-meter relay while Bender, **Brittany Moore**, **Mary Majchrowicz** and **Samantha Gathers** won the 1600 relay.



Washington & Jefferson Presidents

W&J hosted its 2nd annual invitational at Cameron Stadium Saturday ... The President women finished second in the invitational and were led by sophomore **Lauren Weinheimer**, who grabbed two individual wins and led the 4x400 relay squad to a victory (4:13.12) ... Weinheimer placed first in the 200 (26.69) and 400 (1:00.34) ... Her 400 time qualifies her for the ECAC Championships ... Weinheimer also helped the 4x200 relay team to a second-place showing with an ECAC-qualifying time of 51.42 and also placed fourth in the pole vault (9'5 1/4") ... Sophomore **Kelli Gee** was a member of both relays and also earned three top five finishes ... Sophomore **Brian Skokowski** was the only W&J male to win an event as he took the shot put with an ECAC-qualifying mark of 47'6 1/2".



Westminster Titans

Westminster posted three new school records and six first place finishes Saturday at the unscored Mount Union Invitational ... Senior **Adam Hadbavny** captured the discus with a mark of 168-3 1/2, breaking his own school record by nearly 10 feet ... The Lady Titans were paced by sophomore **Jessica Cooper**, who posted three first place finishes: the high jump (5-2), triple jump (school-record 35-11 1/2) and as a member of the 4x100 relay team (52.01) ... Other Lady Titan winners included senior **Sonya Cole** in the shot put (11.64 meters) and freshman **Kristen VanSickel** in the 400 meter dash (1:00.91) ... In addition, freshman **Veronica Geretz** set a new school record with her fourth-place finish in the 400 meter hurdles (1:07.85). Joining Cooper on the 4x100 relay win were VanSickel, senior **Reese Robinson** and sophomore **Seun Olarewaju**.

2006 PAC Track & Field Athletes of the Week

Men

3/19 **Dorran Coley**, Fr., Thiel
3/26 **Adam Hadbavny**, Sr., Westminster
4/2 **Ivan Hawkins**, Sr., Waynesburg
4/9 **Dorran Coley**, Fr., Thiel
4/16
4/23
4/30

Women

Kandiace Gibson, Sr., Thiel
Kristen Carter, Fr., Grove City
Veronica Geretz, Fr., Westminster
Lauren Weinheimer, So., Wash. & Jeff.