



TRACK & FIELD 2008

Presidents' Athletic Conference

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RECENT RESULTS

Wednesday, April 9, 2008

PAC South Quadrangular - Beaver Falls, Pa.

Men

- | | |
|---------------------|--------------------------------|
| 1. Bethany - 159 | 3. Geneva - 64 |
| 2. Waynesburg - 122 | 4. Washington & Jefferson - 62 |

Women

- | | |
|------------------|--------------------------------|
| 1. Geneva - 173 | 3. Waynesburg - 128 |
| 2. Bethany - 147 | 4. Washington & Jefferson - 76 |

PAC North Quadrangular - Grove City, Pa.

Grove City, Saint Vincent, Thiel, Westminster - unscored

Friday-Saturday, April 11-12, 2008

Bucknell University Bison Open - Lewisburg, Pa.

Saint Vincent, Washington & Jefferson - unscored

Saturday, April 12, 2008

Slippery Rock Invitational - Slippery Rock, Pa.

Bethany, Grove City, Thiel, W&J, Waynesburg, Westminster - unscored

Robert Morris University Invitational - Moon Township, Pa.

Geneva - unscored

THIS WEEK'S SCHEDULE

Saturday, April 19, 2008

Westminster Invitational - New Wilmington, Pa.

Bethany, Grove City, Westminster

IUP Invitational - Indiana, Pa. - 10 a.m.

Geneva, Saint Vincent, Washington & Jefferson, Waynesburg

B-W Sparky Adams Invitational - Berea, Ohio - 10 a.m.

Thiel

PAC MEN'S TRACK ATHLETE OF THE WEEK

MATT CRUSE

Bethany College

Sophomore - hurdles/sprints
Naples, Fla./Barron Collier



Cruse captured the 110-meter high hurdles at the Slippery Rock Invitational with an NCAA-provisional qualifying time of 14.83. He also placed third in the 400 hurdles (54.67) and seventh in the 200 (22.88).

Also nominated was **Derek Kruse** of Grove City, **Brendan Taylor** of Thiel, **Bobby Regan** of Washington & Jefferson, **Adam Swingle** of Waynesburg, and **Dan O'Keefe** of Westminster.

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

JULIA SEWARD

Grove City College

Junior - distance
Elizabethton, Tenn./Science Hill H.S.



Seward posted a pair of wins for the Wolverines last week, capturing the 5000 meter run (19:30.34) at the PAC Quad North meet on Wednesday before winning the 10000 (37:22.78) at the Slippery Rock Invitational on Saturday

Also nominated was **Chantal Stettinius** of Bethany, **Chavonne Green** of Thiel, **Michelle Wuenstel** of Washington & Jefferson, **Megan Grover** of Waynesburg and **Megan Harding** of Westminster.

PAC MEN'S FIELD ATHLETE OF THE WEEK

JOSH JONES

Thiel College

Freshman - jumps
New Castle, Pa./New Castle H.S.



Jones placed first in the high jump (6-6) and was fourth in the 110 meter hurdles (15.36) at the Slippery Rock Invitational on Saturday.

Also nominated was **Clint Wilson** of Bethany, **Bob Perri** of Grove City, **Justin Lasky** of Washington & Jefferson, **Willy Herrington** of Waynesburg, and **Doug Orloski** of Westminster.

PAC WOMEN'S FIELD ATHLETE OF THE WEEK

ELISHA JONES

Waynesburg University

Freshman - throws
Russell, Pa./Eisenhower H.S.



Jones captured the javelin title at both the PAC South Quad (NCAA provisional qualifying 41.67 meters) and the Slippery Rock Invitational (41.00 meters) last week. She also placed fourth in the discus (29.77 meters) at the PAC South Quad.

Also nominated was **Desiree Finley** of Bethany, **LaToya Locke** of Thiel, **Elisha Jones** of Waynesburg, and **Jess Cooper** of Westminster.

PAC TRACK & FIELD NOTES



Bethany Bison

Despite windy, cold conditions, the Bison were impressive at the Slippery Rock meet ... **Matt Cruse** led the way for the men, winning the 110 hurdles with an NCAA provisional qualifying time of 14.83 seconds ... In addition, he nearly qualified in the 400 hurdles with a third place time of 54.67 (.17 away) and placed seventh in the 200 (22.88) ... **Clint Wilson** had the other high placement, taking fourth in the high jump (6-0) ... For the women, one school record fell and another was tied ... **Chantal Stettinius** broke the Bethany mark in the 3,000 steeplechase for the fifth time in the last two years, as she placed third in 12:16.66 ... In the field, **Desiree Finley** equaled her own record in the pole vault, as she tied for fifth (10-0) ... **Jodi Bodo** was 7th in the 800, and **Lauren Spegal** was 8th in the shot put.



Grove City Wolverines

Grove City hosted a PAC North Quad Meet Wednesday at Thorn Field ... The women's team produced four winners ... On the track, **Kristen Carter** won the 1500 and **Julia Seward** took the 5000 ... In the field, junior **Megan Fellows** won the discus and sophomore **Katherine Fritz** won the pole vault ... Saturday at Slippery Rock, Seward won the 10,000 ... On the men's side, senior **Bob Rummel** and sophomore **Derek Kruse** both picked up two wins Wednesday ... Rummel won the 400 hurdles and triple jump while Kruse took the 1500 and high jump ... GCC also swept the throws Wednesday as **Chris Huber** (shot), **Bob Perri** (disc) and **Sean Domer** (javelin) earned wins ... Senior **Matt Kulinski** won the pole vault.



Thiel Tomcats

The Tomcats competed at the unscored PAC North Quad on Wednesday and traveled to the unscored SRU Invitational Saturday ... At SRU, sophomore **LaToya Locke** earned a second-place finish in the triple jump (37-0.5), meeting the NCAA D-III provisional qualification mark (36-11) ... Junior **Chavonne Green** finished fourth in the 100 (12.59) and sixth in the triple jump (34-10.9), while freshman **Kim Stitt** was fifth in the triple jump (35-2) and freshman **Patrice Page** was fifth in the 400-m dash (1:00.27) ... On the men's side, freshman Josh Jones won the high jump (6-6) and placed fourth in the 110 hurdles (15.36) ... Sophomore **Brendan Taylor** finished second in the long jump (21-3.1) and third in the 110 hurdles (15.36) ... Senior **Antonio Quarterman** was third in the long jump (20-11.2).



Waynesburg Yellow Jackets

The Waynesburg University track & field teams competed at the Geneva Quadrangular and the Slippery Rock Invitational last week ... The men's team finished second at Geneva, while the women's team finished third behind a first-place finish and school record in the javelin by **Elisha Jones** ... Jones also captured the javelin title at SRU beating several scholarship runners ... Freshmen **Adam Swingle** (800 meters) and **Michaeline Macosko** (400 hurdles), sophomore **April Loving** (100 meters) and junior **Ashley Dodd** (pole vault) all broke their previous school records last week.



Geneva Golden Tornadoes

Geneva hosted its first and only meet of the season Wednesday and its women's team came out on top of the PAC Quad South event, topping Bethany, W&J and Waynesburg ... **Susan Fletcher** won the 1,500 meter run, while handling one leg of the victorious 4x400 relay team ... Saturday, Geneva competed at Robert Morris ... Fletcher, along with teammates **Rebecca VanRegenmorter**, **Laura Seyler** and **Sarah Davis** finished in the top eight in the 1500 meter event, with Fletcher taking the gold ... **Tiffany Bear** had a strong showing in the javelin with a third-place finish, while sisters **Carolyn** and **Kathleen Bolton** turned in top ten performances in the 100 and 400 ... In men's action, **Corey Fraction** had a pair of top 10 finishes in the 100 and 200 meter events.



Saint Vincent Bearcats

Saint Vincent had a pair of meets last week ... Tuesday in the PAC North Quad at Grove City, the Bearcats swept the 1,500 meter run, led by first place finisher **Matt Hagg** (16:27.04) ... Teammate **Jim Walsh** was just a half second behind ... The Bearcats also took the top four spots in the 800, led by **Alex Krupcy's** first place finish (2:03.49) ... **Scott Steel** took second in the 110 meter hurdles (15.61), just one-tenth of a second off the lead ... SVC participated in the prestigious Bucknell Bison Outdoor Classic over the weekend, against competitors from all three NCAA divisions ... **Adam Smith** took first place, among 79 runners from all divisions, in the 5000, becoming the first-ever Bearcat runner to break the 15:00 mark (14:55.18).



Washington & Jefferson Presidents

Freshman **Michelle Wuenstel** led all W&J competitors this weekend by placing third in the 200 meters with an ECAC-qualifying time of 26.17 seconds ... Senior **Kelli Gee** set season-best times in the 100 (13.06, 15th place) and 200 meters (27.74, 21st place), while senior **Liz Mulholland** notched a season-best throw during her 10th place showing in the javelin (32.93 meters) ... Junior **Erin Long** competed in the steeplechase at Bucknell and placed 18th with a time of 12:03.90 ... Junior **Bobby Regan** collected the men's best showing at Bucknell after placing 38th of 59 runners in the 1,500 meters (4:07.31, personal record) ... Freshmen **Richard Koch** (4:30.72) and **Austin Baumgard** (4:40.89) also ran season-best times in the 1,500 meters at Slippery Rock.



Westminster Titans

Westminster competed in two unscored meets last week including the PAC North Quad Meet at Grove City Wednesday and the Slippery Rock Invitational Saturday ... At SRU, the Titan women won one event, broke three school records and posted two NCAA D-III Championship provisional qualifying times ... At GCC, the WC women produced 10 event wins and two school records, while the Titan men also captured an event ... At Slippery Rock, junior **Megan Harding** won the 100 meters by breaking her own school record with an NCAA provisional time of 12.26 ... Harding also ran on the 4x100 relay team that placed third and set a new school record and NCAA provisional time of 48.63, beating out the previous school record of 48.92 set Wednesday at Grove City ... Sophomore **Abbey Basta** broke the school record in the 100 hurdles with a second-place time of 15.33.