RECENT RESULTS
Wednesday, April 9, 2008
PAC South Quadrangular - Beaver Falls, Pa.
Men
Women

PAC North Quadrangular - Grove City, Pa.
Grove City, Saint Vincent, Thiel, Westminster - unscored

Friday-Saturday, April 11-12, 2008
Bucknell University Bison Open - Lewisburg, Pa.
Saint Vincent, Washington & Jefferson - unscored

Saturday, April 12, 2008
Slippery Rock Invitational - Slippery Rock, Pa.
Bethany, Grove City, Thiel, W&J, Waynesburg, Westminster - unscored

THIS WEEK’S SCHEDULE
Saturday, April 19, 2008
Westminster Invitational - New Wilmington, Pa.
Bethany, Grove City, Westminster

IUP Invitational - Indiana, Pa. - 10 a.m.

B-W Sparky Adams Invitational - Berea, Ohio - 10 a.m.
Thiel

PAC MEN’S TRACK ATHLETE OF THE WEEK

MATT CRUSE
Bethany College
Sophomore - hurdles/sprints
Naples, Fla./Barron Collier

Cruse captured the 110-meter high hurdles at the Slippery Rock Invitational with an NCAA-provisional qualifying time of 14.83. He also placed third in the 400 hurdles (54.67) and seventh in the 200 (22.88).

Also nominated was Derek Kruse of Grove City, Brendan Taylor of Thiel, Bobby Regan of Washington & Jefferson, Adam Swingle of Waynesburg, and Dan O’Keefe of Westminster.

PAC WOMEN’S TRACK ATHLETE OF THE WEEK

JULIA SEWARD
Grove City College
Junior - distance
Elizabethton, Tenn./Science Hill H.S.

Seward posted a pair of wins for the Wolverines last week, capturing the 5000 meter run (19:30.34) at the PAC Quad North meet on Wednesday before winning the 10000 (37:22.78) at the Slippery Rock Invitational on Saturday.

Also nominated was Chantal Stettinius of Bethany, Chavonne Green of Thiel, Michelle Wuenstel of Washington & Jefferson, Megan Grover of Waynesburg and Megan Harding of Westminster.

PAC MEN’S FIELD ATHLETE OF THE WEEK

JOSH JONES
Thiel College
Freshman - jumps
New Castle, Pa./New Castle H.S.

Jones placed first in the high jump (6-6) and was fourth in the 110 meter hurdles (15.36) at the Slippery Rock Invitational on Saturday.

Also nominated was Clint Wilson of Bethany, Bob Perri of Grove City, Justin Lasky of Washington & Jefferson, Willy Herrington of Waynesburg, and Doug Orloski of Westminster.

PAC WOMEN’S FIELD ATHLETE OF THE WEEK

ELISHA JONES
Waynesburg University
Freshman - throws
Russell, Pa./Eisenhower H.S.

Jones captured the javelin title at both the PAC South Quad (NCAA provisional qualifying 41.67 meters) and the Slippery Rock Invitational (41.00 meters) last week. She also placed fourth in the discus (29.77 meters) at the PAC South Quad.

Also nominated was Desiree Finley of Bethany, LaToya Locke of Thiel, Elisha Jones of Waynesburg, and Jess Cooper of Westminster.
Bethany Bison

Despite windy, cold conditions, the Bison were impressive at the Slippery Rock meet. Matt Cruse led the way for the men, winning the 110 hurdles with an NCAA provisional qualifying time of 14.83 seconds. In addition, he nearly qualified in the 400 hurdles with a third place time of 54.67 (17 away) and placed seventh in the 200 (22.88). Clint Wilson had the other high placement, taking fourth in the high jump (6-0). For the women, one school record fell and another was tied. Chantal Stettinius broke the Bethany mark in the 3,000 steeplechase for the fifth time in the last two years, as she placed third in 12:16.66. In the field, Desiree Finley equaled her own record in the pole vault, as she tied for fifth (10-0). Jodi Bodo was 7th in the 800, and Lauren Spegal was 8th in the shot put.

Grove City Wolverines

Grove City hosted a PAC North Quad Meet Wednesday at Thorn Field. The women’s team produced four winners. On the track, Kristen Carter won the 1500 and Julia Seward took the 5000. In the field, junior Megan Fellows won the discus and sophomore Katherine Fritz won the pole vault. Saturday at Slippery Rock, Seward won the 10,000. On the men’s side, senior Bob Rummel and sophomore Derek Kruse both picked up two wins Wednesday. Rummel won the 400 hurdles and triple jump while Kruse took the 1500 and high jump. GCC also swept the throws Wednesday as Bob Perri (shot), Matt Kulinski (disc) and Sean Domer (javelin) earned wins. Senior Matt Kulinski won the pole vault.

Thiel Tomcats

The Tomcats competed at the un-scored PAC North Quad on Wednesday and traveled to the un-scored SRU Invitational Saturday. At SRU, sophomore LaToya Locke earned a second-place finish in the triple jump (37-0.5), meeting the NCAA D-III provisional qualification mark (36-11). Junior Chavonne Green finished fourth in the 100 (12.59) and sixth in the triple jump (34-10.9), while freshman Kim Stitt was fifth in the triple jump (35-2) and freshman Patrice Page was fifth in the 400-m dash (1:00.27). On the men’s side, freshman Josh Jones won the high jump (6-6) and placed fourth in the 110 hurdles (15.36). Sophomore Brendan Taylor finished second in the long jump (21-3.1) and third in the 110 hurdles (15.36). Senior Antonio Quartermen was third in the long jump (20-11.2).

Waynesburg Yellow Jackets

The Waynesburg University track & field teams competed at the Geneva Quadrangular and the Slippery Rock Invitational last week. The men’s team finished second at Geneva, while the women’s team finished third behind a first-place finish and school record in the javelin by Elisha Jones. Jones also captured the javelin title at SRU beating several scholarship runners. Freshmen Adam Swingle (800 meters) and Michaeline Macosko (400 hurdles), sophomore April Loving (100 meters) and junior Ashley Dodd (pole vault) all broke their previous school records last week.

Geneva Golden Tornadoes

Geneva hosted its first and only meet of the season Wednesday. Its women’s team came out on top of the PAC Quad South event, topping Bethany, W&J and Waynesburg. Susan Fletcher won the 1,500 meter run, while handling one leg of the victorious 4x400 relay team. Saturday, Geneva competed at Robert Morris. Fletcher, along with teammates Rebecca VanRegenmorter, Laura Seyler and Sarah Davis finished in the top eight in the 1500 meter event, with Fletcher taking the gold. Tiffany Bear had a strong showing in the javelin with a third-place finish, while sisters Carolyn and Kathleen Bolton turned in top ten performances in the 100 and 400. In men’s action, Corey Fraction had a pair of top ten finishes in the 100 and 200 meter events.

Saint Vincent Bearcats

Saint Vincent had a pair of meets last week. Tuesday in the PAC North Quad at Grove City, the Bearcats swept the 1,500 meter run, led by first place finisher Matt Hagg (16:27.04). Teammate Jim Walsh was just a half second behind. The Bearcats also took the top four spots in the 800, led by Alex Krupey’s first place finish (2:03.49). Scott Steel took second in the 110 meter hurdles (15.61), just one-tenth of a second off the lead. SVC participated in the prestigious Bucknell Bison Outdoor Classic over the weekend, against competitors from all three NCAA divisions. Adam Smith took first place, among 79 runners from all divisions, in the 5000, becoming the first-ever Bearcat runner to break the 15:00 mark.

Washington & Jefferson Presidents

Freshman Michelle Wuenstel led all W&J competitors this weekend by placing third in the 200 meters with an ECAC-qualifying time of 26.17 seconds. Senior Kelli Gee set season-best times in the 100 (13.06, 15th place) and 200 meters (27.74, 21st place), while senior Liz Mulholland notched a season-best throw during her 10th place showing in the javelin (32.93 meters). Junior Erin Long competed in the steeplechase at Bucknell and placed 18th with a time of 12:03.90. Junior Bobby Regan collected the men’s best showing at Bucknell after placing 38th of 59 runners in the 1,500 meters (4:07.31, personal record). Freshmen Richard Koch (4:30.72) and Austin Baumgard (4:40.89) also ran season-best times in the 1,500 meters at Slippery Rock.

Westminster Titans

Westminster competed in two un-scored meets last week including the PAC North Quad Meet at Grove City Wednesday and the Slippery Rock Invitational Saturday. At SRU, the Titan women won one event, broke three school records and posted two NCAA D-III Championship provisional qualifying times. At GCC, the WC women produced 10 event wins and two school records, while the Titan men also captured an event. At Slippery Rock, junior Megan Harding won the 100 meters by breaking her own school record with an NCAA provisional time of 12.26. Harding also ran on the 4x100 relay team that placed third and set a new school record and NCAA provisional time of 48.63, beating out the previous school record of 48.92 set Wednesday at Grove City. Sophomore Abbey Basta broke the school record in the 100 hurdles with a second-place time of 15.33.