



# TRACK & FIELD 2007

## Presidents' Athletic Conference

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### RECENT RESULTS

Tuesday, April 10

**Carnegie Mellon Invitational - Pittsburgh, Pa. - unscored**  
Washington & Jefferson, Waynesburg

Wednesday, April 11

**Grove City Invitational - Grove City, Pa. - unscored**  
Saint Vincent, Westminster

**West Virginia Wesleyan Invitational - Buckhannon, W.Va.**  
Bethany (Men: 4th of 8 teams; Women -4th of 6 teams)

Friday-Saturday, April 13-14

**Bucknell Invitational - Lewisburg, Pa. - unscored**  
Saint Vincent, Washington & Jefferson

Saturday, April 14

**Slippery Rock Invitational - Slippery Rock, Pa. - unscored**  
Bethany, Thiel, Washington & Jefferson, Waynesburg, Westminster

### NEXT WEEK'S SCHEDULE

Wednesday, April 18

**Waynesburg at Westminster (dual meet)**

Saturday, April 21

**Westminster Invitational - New Wilmington, Pa.**  
Bethany, Grove City, Waynesburg, Westminster

**IUP Invitational - Indiana, Pa.**

Saint Vincent, Thiel, Washington & Jefferson

### PAC MEN'S TRACK ATHLETE OF THE WEEK

#### BRIAN LUCARELLI

Waynesburg College

Junior - mid-distance

Jefferson Hills, Pa./Thomas Jefferson H.S.



Lucarelli set a new Waynesburg school-record in the 400 meter dash (50.85) while capturing the event at the Carnegie Mellon Invitational in Pittsburgh Tuesday.

Also nominated was **Matt Cruse** of Bethany, **Chris Andrew** of Grove City, **Dorran Coley** of Thiel, **Bobby Regan** of Washington & Jefferson, and **Brad Adams** of Westminster.

### PAC WOMEN'S TRACK ATHLETE OF THE WEEK

#### MEGAN HARDING

Westminster College

Sophomore - sprints

Pittsburgh, Pa./North Hills H.S.



Harding won the 100 meter dash at the Grove City Invitational with an ECAC-qualifying time of 12.84. She also ran on the Titan 4x100 relay team which won the GCC event (51.35) and placed sixth at Slippery Rock (school-record 50.31).

Also nominated was **Jodi Bodo** of Bethany, **Julia Seward** of Grove City, **Cara Riffe** of Thiel, **Kelli Gee** of Washington & Jefferson, and **Melissa Cox** of Waynesburg.

### PAC MEN'S FIELD ATHLETE OF THE WEEK

#### WILLY HERRINGTON

Waynesburg College

Sophomore - throws

Connellsville, Pa./Connellsville H.S.



Herrington captured the discus title and qualified for the ECAC Championships Tuesday at the Carnegie Mellon Invitational with a school-record toss of 44.34 meters (145-5). He then finished 12th in the event out of 60 throwers at Slippery Rock.

Also nominated was **Danny Orwa** of Bethany, **Tony Clark** of Grove City, **Justin Nock** of Washington & Jefferson, and **Damon Neal** of Westminster.

### PAC WOMEN'S FIELD ATHLETE OF THE WEEK

#### ASHLEY DODD

Waynesburg College

Sophomore - pole vault

Upper St. Clair, Pa./Upper St. Clair H.S.



Dodd qualified for the NCAA Championships in the pole vault in two events last week. She won the event at the Carnegie Mellon Invitational with a clearance of 3.50 meters (11-6), then posted 3.53 meters (11-7) to top a 28-athlete field at the Slippery Rock Invitational.

Also nominated was **Emily Bota** of Bethany, **Sarah Bray** of Grove City, **Lafaye Moore** of Thiel, **Summer Baumgard** of Washington & Jefferson, and **Lynn Riley** of Westminster.

# PAC TRACK & FIELD NOTES



## Bethany Bison

Bison runners continued to either qualify or nearly qualify for ECAC Championships at a pair of meets last week ... At WV Wesleyan, the 400 relay team of **Alex Bota**, **Andy Kotson**, **Matt Cruse** and **Taylor McNeil** won the event (44.19) to qualify for ECAC's, while the women's 400 relay took third at 52.66, just .22 away from qualifying ... **Rachael Katsur** ran on the relay and also won the 200 (28.83) and took third in the 100 (13.55) ... Cruse was the main highlight at the SRU meet, as he finished second in the 110s by matching his fastest time of the season (15.25) and qualified for ECAC's in the 400 hurdles (56.94) ... For the women, junior **Chantal Stettinius** broke the school-record in the 3,000 Steeple for the third time, taking eighth in 13:09.47.



## Thiel Tomcats

Thiel competed at the unscored Slippery Rock Invitational Saturday ... On the men's side, sophomore **Dorran Coley** earned the victory in the 110-meter high hurdles with a time of 15.22 ... Sophomore **Billy Green** was second in the 400-meter intermediate hurdles with a time of 56.20, while freshman **Alex Eaton** was second in the 400-meter dash with a time of 48.01 ... On the women's side, freshman **Cara Riffe** finished third in the 200-meter dash (27.14) and eighth in the 400-meter dash (59.17) ... Sophomore **Ashley Williams** was fifth in the 200-meter dash (27.31) while freshman **Lafaye Moore** finished eighth in the long jump with a mark of 16-3.



## Waynesburg Yellow Jackets

Five track records were broken and sophomore **Ashley Dodd** qualified for the NCAA Championships at the Carnegie Mellon Invitational Tuesday ... Waynesburg then competed at Slippery Rock Saturday, with the men's 4 x 100-meter relay qualifying for the ECAC Championships (44.2) ... Dodd bested her NCAA-qualifying mark of 3.50 meters set on Tuesday with a clearance of 3.53 meters on Saturday at SRU ... At CMU, sophomore **Willy Herrington** earned a berth in ECACs while winning the discus (44.34 meters) ... Freshman **Jake Raddish** set a school record Tuesday in winning the high jump (1.93 meters) ... Also Tuesday, junior **Brian Lucarelli** won the 400 (50.85), setting a new school record, while sophomore **Amanda Staudt** set a new school mark in the javelin (34.86 meters), winning the event.



## Saint Vincent Bearcats

The Bearcats competed in a pair of unscored events last week, as Saint Vincent participated in the Grove City Invitational Wednesday and the Bucknell Invitational over the weekend ... **Wayne Hooper** took first in both the 800 (2:03.27) and 1500 (4:14.56) at Grove City ... Teammate **Jim Vargo** was second in the 800, while **Shane Anderton** finished fourth ... **Adam Smith** was SVC's lone representative in the Bucknell meet, finishing 44<sup>th</sup> in the field of 100 in the 5000 meters ... Smith was timed in 15:07.47.



## Grove City Wolverines

Grove City hosted a quad meet Wednesday at Robert E. Thorn Field, the first competition held on the new track at the facility ... Eleven different GCC men posted individual wins ... Junior **Bob Rummel** swept the hurdles ... **Scott Fichter**, **Chris Allebach**, **Dave Majewski** and **Tim Palma** won the 4x100 relay ... Allebach, **Mark Murchie**, **Yu Kuwabara** and **Jesse Sunquist** won the 4x400 relay ... Senior **Sarah Bray** won the discus and javelin ... Junior **Brittany Anderson** won the shot, completing GCC's sweep of the throws ... Saturday, Grove City competed at the Slippery Rock Open ... Sophomore **Julia Seward** took second in the 10,000 ... On the men's side, juniors **Matt Kulinski** (pole vault) and **Dave Hodge** (triple jump) each placed second.



## Washington & Jefferson Presidents

W&J competed in three different meets last week starting with the CMU Invitational ... Sophomore **Summer Baumgard** provisionally qualified for the NCAA D-III Championships by claiming first in the high jump (1.66 meters) ... Sophomore **Justin Nock** qualified for ECACs in the high jump after placing second (1.90 meters) ... W&J swept the 4x100 and 4x400 relays ... Sophomore **Erin Long** qualified for ECACs and set a new school record Friday at the Bucknell Invitational, timing 11:55.30 in the 3,000 steeplechase to place 17th ... Gee won the long jump title at the Slippery Rock Invitational (5.42 meters) ... Sophomore **Bobby Regan** paced the W&J men as he grabbed third place in the 1,500 meters (4:09.68).



## Westminster Titans

Westminster competed at Grove City Wednesday and at Slippery Rock Saturday ... Eight Titan women and one women's relay team won events at GCC, while Titan women medaled in the top eight in eight different events at SRU ... Most notable during the week was the 4x100 relay team of **Jill Diamond**, **Alicia Crum**, **Megan Harding** and **Kristen Van Sickle** breaking the school record at Slippery Rock with a sixth-place time of 50.31 after winning the event at Grove City with a time of 51.35 ... Two Titan women also qualified for the ECAC Championships during the week: sophomore **Katelyn Kushner** in the 400 hurdles with a fifth-place time of 1:07.18, and Harding winning the 100 meter dash at Grove City (12.84).

## 2007 PAC Track & Field Athletes of the Week

	Men	Women
March 18:	<b>Alex Eaton</b> , THI (T) <b>Matt Kulinski</b> , GRO (F)	<b>Chavonne Green</b> , THI (T) <b>Amanda Bruce</b> , THI (F)
March 25:	<b>Virgil Marshall</b> , W&J (T) <b>Bob Perri</b> , GRO (F)	<b>Kristen Carter</b> , GRO (T) <b>Lauren Spegal</b> , BET (F)
April 1:	<b>Matt Cruse</b> , BET (T) <b>Danny Orwa</b> , BET (F)	<b>Mary Majchrowicz</b> , GRO (T) <b>Lafaye Moore</b> , THI (F)
April 8:	none none	none none
April 15:	<b>Brian Lucarelli</b> , WAY (T) <b>Willy Herrington</b> , WAY (F)	<b>Megan Harding</b> , WES (T) <b>Ashley Dodd</b> , WAY (F)
April 22:		