

TRACK & FIELD 2007

Presidents' Athletic Conference

8500 Brooktree Road, Suite 130 Wexford, PA 15090 Phone - (724) 933-4630 Fax - (724) 933-4635

E-Mail: onderko@pacathletics.org
Web: www.pacathletics.org

RECENT RESULTS

Tuesday, April 10

Carnegie Mellon Invitational - Pittsburgh, Pa. - unscored Washington & Jefferson, Waynesburg

Wednesday, April 11

Grove City Invitational - Grove City, Pa. - unscored

Saint Vincent, Westminster

West Virginia Wesleyan Invitational - Buckhannon, W.Va.

Bethany (Men: 4th of 8 teams; Women -4th of 6 teams)

Friday-Saturday, April 13-14

Bucknell Invitational - Lewisburg, Pa. - unscored

Saint Vincent, Washington & Jefferson

PAC MEN'S TRACK ATHLETE OF THE WEEK

BRIAN LUCARELLI

Waynesburg College

Junior - mid-distance

Jefferson Hills, Pa./Thomas Jefferson H.S.

Lucarelli set a new Waynesburg schoolrecord in the 400 meter dash (50.85) while capturing the event at the Carnegie Mellon Invitational in Pittsburgh Tuesday.

Also nominated was **Matt Cruse** of Bethany, **Chris Andrew** of Grove City, **Dorran Coley** of Thiel, **Bobby Regan** of Washington & Jefferson, and **Brad Adams** of Westminster.

Saturday, April 14

Slippery Rock Invitational - Slippery Rock, Pa. - unscored Bethany, Thiel, Washington & Jefferson, Waynesburg, Westminster

NEXT WEEK'S SCHEDULE

Wednesday, April 18

Waynesburg at Westminster (dual meet)

Saturday, April 21

Westminster Invitational - New Wilmington, Pa. Bethany, Grove City, Waynesburg, Westminster

IUP Invitational - Indiana, Pa.

Saint Vincent, Thiel, Washington & Jefferson

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

MEGAN HARDING

Westminster College

Sophomore - sprints Pittsburgh, Pa./North Hills H.S.

Harding won the 100 meter dash at the Grove City Invitational with an ECAC-quali-

fying time of 12.84. She also ran on the Titan 4x100 relay team which won the GCC event (51.35) and placed sixth at Slippery Rock (school-record 50.31).

Also nominated was **Jodi Bodo** of Bethany, **Julia Seward** of Grove City, **Cara Riffe** of Thiel, **Kelli Gee** of Washington & Jefferson, and **Melissa Cox** of Waynesburg.



WILLY HERRINGTON

Waynesburg College

Sophomore - throws

Connellsville, Pa./Connellsville H.S.

Herrington captured the discus title and qualified for the ECAC Championships Tuesday at the Carnegie Mellon Invitational with

a school-record toss of 44.34 meters (145-5). He then finished 12th in the event out of 60 throwers at Slippery Rock.

Also nominated was **Danny Orwa** of Bethany, **Tony Clark** of Grove City, **Justin Nock** of Washington & Jefferson, and **Damon Neal** of Westminster.



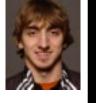
Waynesburg College

Sophomore - pole vault Upper St. Clair, Pa./Upper St. Clair H.S.

Dodd qualified for the NCAA Championships in the pole vault in two events last week. She won the event at the Carnegie

Mellon Invitational with a clearance of 3.50 meters (11-6), then posted 3.53 meters (11-7) to top a 28-athlete field at the Slippery Rock Invitational.

Also nominated was **Emily Bota** of Bethany, **Sarah Bray** of Grove City, **Lafaye Moore** of Thiel, **Summer Baumgard** of Washington & Jefferson, and **Lynn Riley** of Westminster.





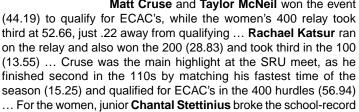
PACTRACK & FIELD NOTES



Bethany Bison

Bison runners continued to either qualify or nearly qualify for ECAC Championships at a pair of meets last week ... At WV Wesleyan, the 400 relay team of Alex Bota, Andy Kotson, Matt Cruse and Taylor McNeil won the event

third at 52.66, just .22 away from qualifying ... Rachael Katsur ran on the relay and also won the 200 (28.83) and took third in the 100 (13.55) ... Cruse was the main highlight at the SRU meet, as he finished second in the 110s by matching his fastest time of the season (15.25) and qualified for ECAC's in the 400 hurdles (56.94) ... For the women, junior Chantal Stettinius broke the school-record in the 3,000 Steeple for the third time, taking eighth in 13:09.47.



Thiel Tomcats



Thiel competed at the unscored Slippery Rock Invitational Saturday ... On the men's side, sophomore Dorran Coley earned the victory in the 110-meter high hurdles with a time of 15.22 ... Sophomore Billy Green was second in the 400-meter intermediate hurdles with a time of

56.20, while freshman Alex Eaton was second in the 400-meter dash with a time of 48.01 ... On the women's side, freshman Cara Riffe finished third in the 200-meter dash (27.14) and eighth in the 400-meter dash (59.17) ... Sophomore Ashley Williams was fifth in the 200-meter dash (27.31) while freshman Lafaye Moore finished eighth in the long jump with a mark of 16-3.

Waynesburg Yellow Jackets

Five track records were broken and sophomore Ashley Dodd qualified for the NCAA Championships at the Carnegie Mellon Invitational Tuesday ... Waynesburg then competed at Slipperv Rock Saturday, with the

men's 4 x 100-meter relay qualifying for the ECAC Championships (44.2) ... Dodd bested her NCAA-qualifying mark of 3.50 meters set on Tuesday with a clearance of 3.53 meters on Saturday at SRU ... At CMU, sophomore Willy Herrington earned a berth in ECACs while winning the discus (44.34 meters) ... Freshman Jake Raddish set a school record Tuesday in winning the high jump (1.93 meters) ... Also Tuesday, junior Brian Lucarelli won the 400 (50.85), setting a new school record, while sophomore Amanda Staudt set a new school mark in the javelin (34.86 meters), winning the event.

Saint Vincent Bearcats



The Bearcats competed in a pair of unscored events last week, as Saint Vincent participated in the Grove City Invitational Wednesday and the Bucknell Invitational over the weekend ... Wayne Hooper took first in both the 800 (2:03.27) and 1500 (4:14.56) at Grove City ...

Teammate Jim Vargo was second in the 800, while Shane Anderton finished fourth ... Adam Smith was SVC's lone representative in the Bucknell meet, finishing 44th in the field of 100 in the 5000 meters ... Smith was timed in 15:07.47.

Grove City Wolverines

Grove City hosted a quad meet Wednesday at Robert E. Thorn Field, the first competition held on the new track at the facility ... Eleven different GCC men posted individual wins ... Junior Bob Rummel swept the hurdles ...

Scott Fichter, Chris Allebach, Dave Maiewski and Tim Palma won the 4x100 relay ... Allebach, Mark Murchie, Yu Kuwabara and Jesse Sunguist won the 4x400 relay ... Senior Sarah Bray won the discus and javelin ... Junior Brittany Anderson won the shot, completing GCC's sweep of the throws ... Saturday, Grove City competed at the Slippery Rock Open ... Sophomore Julia Seward took second in the 10,000 ... On the men's side, juniors Matt Kulinski (pole vault) and Dave Hodge (triple jump) each placed second.

Washington & Jefferson Presidents

W&J competed in three different meets last week starting with the CMU Invitational ... Sophomore Summer Baumgard provisionally qualified for the NCAA D-III Championships by claiming first in the high jump (1.66 meters) ... Sophomore Justin Nock qualified for ECACs in the high jump after placing second (1.90 meters) ... W&J swept

the 4x100 and 4x400 relays ... Sophomore Erin Long qualified for ECACs and set a new school record Friday at the Bucknell Invitational, timing 11:55.30 in the 3,000 steeplechase to place 17th ... Gee won the long jump title at the Slippery Rock Invitational (5.42 meters) ... Sophomore Bobby Regan paced the W&J men as he grabbed third place in the 1,500 meters (4:09.68).

Westminster Titans

Westminster competed at Grove City Wednesday and at Slippery Rock Saturday ... Eight Titan women and one women's relay team won events at GCC, while Titan women medaled in the top eight in eight different events at SRU ... Most notable during the week was the 4x100 relay team of Jill Diamond, Alicia Crum, Megan Harding and Kristen Van Sickel breaking the school record at Slippery Rock with a sixth-place time of 50.31 after winning the event at Grove City with a time of 51.35 ... Two Titan women also qualified for the

ECAC Championships during the week: sophomore Katelyn **Kushner** in the 400 hurdles with a fifth-place time of 1:07.18, and Harding winning the 100 meter dash at Grove City (12.84).

2007 PAC Track & Field Athletes of the Week

Men Women Alex Eaton, THI (T) Chavonne Green, THI (T) March 18: Matt Kulinski, GRO (F) Amanda Bruce, THI (F) March 25: Virgil Marshall, W&J (T) Kristen Carter, GRO (T) Bob Perri, GRO (F) Lauren Spegal, BET (F) April 1: Matt Cruse, BET (T) Mary Majchrowicz,, GRO (T) Danny Orwa, BET (F) Lafaye Moore, THI (F) April 8: none none

none none Brian Lucarelli, WAY (T) Megan Harding, WES (T) April 15:

Willy Herrington, WAY (F) Ashley Dodd, WAY (F)

April 22: