



TRACK & FIELD 2007

Presidents' Athletic Conference

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RECENT RESULTS

Wednesday, April 18

Waynesburg at Westminster - unscored

Saturday, April 21

Westminster Invitational - New Wilmington, Pa. - unscored

Bethany, Grove City, Waynesburg, Westminster

IUP Invitational - Indiana, Pa. - unscored

Saint Vincent, Thiel, Washington & Jefferson

NEXT WEEK'S SCHEDULE

Saturday, April 28

2007 PAC Track & Field Championships

Grove City College - Grove City, Pa. - 11 a.m.

PAC MEN'S TRACK ATHLETE OF THE WEEK

ALEX EATON

Thiel College

Freshman - sprints

Erie, Pa./McDowell H.S.



Eaton captured the 400 meter dash (49.24) at the IUP Invitational Saturday. He also ran legs for Thiel's winning 4x400 relay team (3:20.85) and the Tomcat 4x100 relay team (43.07) which placed third.

Also nominated was **Matt Cruse** of Bethany, **Josiah Leuenberger** of Grove City, **Jeff Smith** of Washington & Jefferson, **Brian Lucarelli** of Waynesburg, and **Scott Seserko** of Westminster.

PAC WOMEN'S TRACK ATHLETE OF THE WEEK

MARY MAJCHROWICZ

Grove City College

Junior - sprints

Sunnyvale, Calif./The King's Academy



Majchrowicz won the 400 at the Westminster Invitational with an NCAA-qualifying time of 57.31 and took second in the 200 in an ECAC-qualifying time of 26.03, both new Grove City school records. She then anchored the GCC 4x400 relay team, which qualified for ECACs with a second-place finish of 4:09.86.

Also nominated was **Jodi Bodo** of Bethany, **Ashley Williams** of Thiel, **Lauren Weinheimer** of Washington & Jefferson, **Megan Grover** of Waynesburg, and **Katelyn Kushner** of Westminster.

PAC MEN'S FIELD ATHLETE OF THE WEEK

BOB PERRI

Grove City College

Senior - throws

Washington, Pa./Trinity H.S.



Perri captured the shot put title at the Westminster Invitational on Saturday, posting a mark of 49-1. He also placed fifth in the discus with a throw of 135-3.

Also nominated was **Danny Orwa** of Bethany, **Rock Davis** of Thiel, **Justin Nock** of Washington & Jefferson, and **Damon Neal** of Westminster.

PAC WOMEN'S FIELD ATHLETE OF THE WEEK

KELLI GEE

Washington & Jefferson College

Sophomore - jumps

Washington, Pa./Washington H.S.



Gee captured the long jump at the IUP Invitational with an NCAA-provisional qualifying mark of 5.58 meters (18-3 3/4). She also placed sixth in the triple jump with an ECAC-qualifying mark of 10.70 meters (35-1 1/4). On the track, she led W&J to a 4x100 relay win (49.85) and placed fifth in the 200 (26.81).

Also nominated was **Emily Bota** of Bethany, **Ashley Metcalfe** of Grove City, **Ashley Dodd** of Waynesburg, and **Lynn Riley** of Westminster.

PAC TRACK & FIELD NOTES



Bethany Bison

Bethany had its final tune-up for PAC Championships and continued to put up quality times and marks ... For the women, **Emily Bota** won the long jump with an ECAC qualifying mark of 16-3.25 ... She also ran on the 400 relay team with **Jen Scarborough**, **Jodi Bodo** and **Rachael Katsur** that qualified for the ECAC meet (52.31) ... In other field events, **Lauren Spegal** finished first in the discus (110-10) and second in the shot put (36-7.5) ... The men saw two winners: **Matt Cruse** in the 110 hurdles (15.12) and **Danny Orwa** in the long jump (21-10.75) ... Both relays did well, as the 400 team of **Alex Bota**, Cruse, **Andy Kotson** and **Ariel Ramirez** finished sixth (44.45) and the 1600 relay of Cruse, Kotson, Orwa and **Joe Lanza** placed third (3:28.56).

Grove City Wolverines



Grove City posted outstanding performances Saturday at the Westminster Invitational in the final tuneup for this weekend's PAC Championships ... On the women's side, junior **Mary Majchrowicz** won the 400 in an NCAA-qualifying time of 57.31 seconds ... She also took second in the 200 (26.03) and qualified for ECACs ... Majchrowicz and fellow juniors **Kate Bender**, **Sam Gathers** and **Brittany Moore** took second in the 1600 relay (4:09.86) ... Four members of the men's team earned wins Saturday ... Senior **Andrew Kloes** won the 5000 while junior **Josiah Leuenberger** won the 1500 by 13 seconds ... In the field, junior **Matt Kulinski** cleared 14-6 to win the pole vault and senior Bob Perri won the shot put with a mark of 49-1.



Thiel Tomcats

Thiel competed at Saturday's IUP Elete Open ... Highlighting the men was sophomore **Dorran Coley**, who won the 110-meter high hurdles (14.77) ... His time provisionally qualified him for the 2007 NCAA Championships and is the seventh-fastest time among Division III competitors this year ... He also placed third in the 400-meter hurdles (57.44) ... Freshman **Alex Eaton** earned a first in the 400-meter dash (49.24) ... The 4x400-meter relay was victorious (3:20.85) ... Members of the squad were Eaton, junior **Will Mills** and sophomores **Klavin Boyd** and **David Durran** ... The women's 4x400-meter relay squad of sophomores **Diana Schell** and **Ashley Williams**, and freshmen **Cara Riffe** and **Haley McFeaters** earned a first (4:00.55).



Washington & Jefferson Presidents

Juniors **Kelli Gee** and **Lauren Weinheimer** and sophomore **Jeff Smith** all won events for W&J Saturday at the ELETE IUP Open Invitational ... Gee provisionally qualified for the NCAA Championships during her winning long jump of 5.58 meters ... She led the 4x100 meter relay team to a win in a time of 49.85 and then placed fifth in the 200 meters (26.81) and sixth in the triple jump (10.70 m) ... Weinheimer joined Gee on the winning relay, while also posting a time of 25.87 during her victory in the 200 meters ... Weinheimer placed third in the high jump (1.57 m) and pole vault (3.15 m) ... Smith highlighted the W&J men with a first-place showing in the 400 hurdles (56.47), qualified for the ECAC Championships.



Waynesburg Yellow Jackets

Sophomore pole vaulter **Ashley Dodd** improved upon her NCAA Championship mark at the Westminster dual meet and junior mid-distance runner **Brian Lucarelli** set a school record in the 400-meter dash and qualified for the ECAC Championships last week ... In Waynesburg's dual match at Westminster, Dodd cleared a personnel-best 3.58 meters, which ranks 11th best in Division III this season ... Saturday, Lucarelli won the 400 meters, which featured 12 runners, with a time of 50.58 seconds to qualify for the ECAC Championships ... Sophomore **Megan Grover** won the 5000 meter run (19:24.59), while Dodd again won the pole vault (3.35 meters) ... **Amanda Staudt** claimed a first-place finish in the javelin (34.68 meters), while freshman **Jake Raddish** won the high jump (1.88 meters).



Westminster Titans

Westminster hosted the 2007 Westminster Invitational Saturday and a dual against Waynesburg Wednesday ... Both meets were scored as individuals only, with 13 schools represented Saturday ... Saturday, the Titan women won five events, broke five school records and posted ECAC Championship qualifying marks in five events ... Sophomore **Katelyn Kushner** was a part of three school records: she won the 100 hurdles (15.67) and ran on the winning 4x400 relay team (4:02.65) on Saturday, after posting the WC record in the 400 hurdles (1:06.08) Wednesday ... Other WC school records included freshman **Lynn Riley** placing second in the long jump (4.95 meters) and tying for eighth in the pole vault (2.75) and freshman **Amber Dillaman** placing second in the javelin (34.12).



Saint Vincent Bearcats

Adam Smith finished in fifth place in the 1500 meters at the IUP Invitational, timed in 4:06.29, then took third in the 5000, timed in 15:53.26 ... Teammate **Thad Pajak** was fifth in the 5000 ... Pajak was also fifth in the 3000 steeplechase.

2007 PAC Track & Field Athletes of the Week

	Men	Women
March 18:	Alex Eaton , THI (T) Matt Kulinski , GRO (F)	Chavonne Green , THI (T) Amanda Bruce , THI (F)
March 25:	Virgil Marshall , W&J (T) Bob Perri , GRO (F)	Kristen Carter , GRO (T) Lauren Spegal , BET (F)
April 1:	Matt Cruse , BET (T) Danny Orwa , BET (F)	Mary Majchrowicz , GRO (T) Lafaye Moore , THI (F)
April 8:	none none	none none
April 15:	Brian Lucarelli , WAY (T) Willy Herrington , WAY (F)	Megan Harding , WES (T) Ashley Dodd , WAY (F)
April 22:	Alex Eaton , THI (T) Bob Perri , GRO (F)	Mary Majchrowicz , GRO (T) Kelli Gee , W&J (F)