



# VOLLEYBALL 2006

**Presidents' Athletic Conference**  
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## CURRENT 2006 REGULAR SEASON STANDINGS (through October 1)

School	PAC Matches			All Matches		
	W	L	Pct.	W	L	Pct.
Thomas More College	3	0	1.00	9	9	.500
Grove City College	3	1	.750	11	6	.647
Westminster College	2	1	.667	13	5	.722
Waynesburg College	2	1	.667	3	16	.158
Washington & Jefferson College	2	2	.500	9	9	.500
Bethany College	1	4	.200	6	10	.375
Thiel College	0	4	.000	6	9	.400
Saint Vincent College*	0	0	.000	17	4	.810

\* - NCAA Division III provisional member - ineligible for PAC title and Player of the Week honors

### LAST WEEK'S RESULTS

#### Monday, September 25

Saint Vincent 3, THIEL 0 (30-19, 30-22, 30-28)  
Bethany 3, FRANCISCAN-STEUBENVILLE 1

#### Tuesday, September 26

Grove City 3, WASH. & JEFF. 2\* (30-28, 18-30, 35-33, 19-30, 16-14)  
Waynesburg 3, BETHANY 0\*

#### Wednesday, September 27

Saint Vincent 3, WAYNESBURG 0 (30-23, 30-21, 30-27)

#### Thursday, September 28

WESTMINSTER 3, Grove City 1\* (30-22, 28-30, 30-28, 30-17)  
WASHINGTON & JEFFERSON 3, Thiel 0\* (31-29, 30-26, 30-21)  
Bethany 3, CHATHAM 0

#### Friday, September 29

GEORGETOWN 3, Thomas More 0

#### Saturday, September 30

SAINT VINCENT 3, Westminster 0 (30-23, 30-23, 30-23)  
Westminster 3, Pitt-Johnstown 0 (at Saint Vincent)  
SAINT VINCENT 3, Pitt-Johnstown 0

#### Sunday, October 1

Washington & Jefferson 3, PITT-GREENSBURG 2  
Penn State-Behrend 3, Washington & Jefferson 0 (at Greensburg)

### THIS WEEK'S SCHEDULE

#### Monday, October 2

Penn State-Behrend at Grove City - 6:30 p.m.  
Saint Vincent at Bethany - 7 p.m.

#### Tuesday, October 3

Thiel at Westminster\* - 7 p.m.  
Washington & Jefferson at Waynesburg\* - 7 p.m.

#### Thursday, October 5

Washington & Jefferson at Bethany\* - 7 p.m.

### Friday, October 6

Thomas More at Waynesburg\* - 5:30 p.m.  
Thiel at Grove City\* - 6:30 p.m.

### Saturday, October 7

Thomas More at Bethany\* - 11 a.m.  
Westminster at Waynesburg\* - 11 a.m.  
Pitt-Greensburg at Grove City - 11 a.m.  
Westminster vs. Chatham (at Waynesburg) - 1 p.m.  
Chatham at Waynesburg - 3 p.m.  
Lake Erie at Grove City - 3 p.m.  
Thomas More at Washington & Jefferson\* - 4 p.m.

## PAC Volleyball Player of the Week

### LAUREN SPEGAL

#### Bethany College

5-9 junior outside hitter

Bethel Park, Pa.  
Bethel Park H.S.



Spegal averaged 4.3 kills, 2.4 digs and 0.7 service aces per game as Bethany went 2-1 on the week with wins over Franciscan (3-1) and Chatham (3-0). She totaled 21 kills, the second-highest total in her collegiate career, and four aces in the Franciscan victory. Spegal also became just the seventh player in Bethany history to surpass 750 career kills (now has 752).

Also nominated was sophomore MH **Natalie Liberati** of Grove City, freshman OH **Latoya Locke** of Thiel, senior S **Jamie Gullen** of Washington & Jefferson, sophomore MH **Amanda Jo Morgan** of Waynesburg, and senior OH **Rachael Cooper** of Westminster.

## PAC VOLLEYBALL CAPSULES



### Bethany Bison

The Bison went 2-1 last week, sandwiching a pair of non-conference wins around a loss to Waynesburg ... After dropping the first game at Franciscan Monday, Bethany dominated from there, as **Lauren Spegal** delivered 21 kills to lead attack ... Senior **Amanda Bashioum** set a new career-high with 17 kills as well, while sophomore **Kim McKay** had 49 assists ... BC then fell in three to visiting Waynesburg Tuesday, despite eight kills from Spegal and 19 digs from senior **Angelina Allen** ... In the last match of the week, Spegal again led the way with 15 kills, while McKay had 34 assists and nine digs in a 3-0 win at Chatham ... Spegal finished the week with 43 kills and surpassed 750 for her career, which ranks her seventh all-time at BC.



### Grove City Wolverines

Grove City is now 3-1 in PAC play after splitting a pair of conference matches last week ... The Wolverines earned their first win at W&J since 2003 Sept. 26, 3-2 ... Grove City trailed 13-12 in the fifth game but rallied for a 16-14 victory ... Sophomore **Natalie Liberati** led the Wolverines with 18 kills while junior **Heather Fraiz** added 15 ... Senior **Carlie Roberts** played four games against W&J, posting 10 kills ... She had missed the previous 10 matches due to injury ... Setter **Kim Walsh** had 56 assists ... Fraiz had 15 kills and 19 digs against Westminster Thursday night in a 3-1 defeat ... Liberati (11) and Roberts (10) also reached double-digits in kills ... Senior **Emily Rossol** had 28 digs while Walsh posted 47 assists ... The Wolverines will host four matches this week, including a PAC clash with Thiel Friday night.



### Thiel Tomcats

Thiel has lost eight straight matches, starting with a 3-1 loss to Penn State-Behrend on Sept. 6 ... The Tomcats were paced in 3-0 losses to Saint Vincent and W&J last week by **Kristen Martin**, **LaToya Locke** and **Erin Plaso** ... Martin handed out 64 assists and came up with six digs in the two matches ... Locke registered 31 kills and six digs, while Plaso came up with 24 digs.



### Thomas More Saints

Freshman **Leslie Hoelscher** moved closer to the school's solo block record this past week with two against the Tigers, leading her nine solo blocks away from Brenda Simon's 1986 record of 44 ... She needs just eight more to top **Amanda Matraccia's** NCAA-era record of 43 ... Sophomore **Jessica Tyner** and freshman **Kristine Rust** recorded seven kills each in the Saints' lone match of the week, while junior **Valeri Kuhn** distributed 20 assists ... Thomas More will have three PAC contests this weekend, including a return match with Washington & Jefferson, which the Saints defeated in three sets on Sept. 24.



### Washington & Jefferson Presidents

The Presidents split four matches this week, defeating Thiel and Pitt-Greensburg, but falling to Grove City and Penn State-Behrend ... Senior S **Jamie Gullen** recorded 61 assists, including the 4,000<sup>th</sup> of her career in the loss to the Wolverines on Tuesday ... Senior OH **Stacie Ley** also had 12 kills and 19 digs ... Ley led a 3-0 victory over Thiel on Thursday with 12 kills and 16 digs ... Senior MH **Taryn Terchanik** paced the Presidents with 18 kills and nine blocks in the victory at Pitt-Greensburg, while freshman DS **Erin Ponter** picked up a career-high 30 digs ... Junior MH **Beth Mihalik** recorded a team-high eight kills in the loss to Penn State-Behrend.



### Waynesburg Yellow Jackets

Waynesburg opened the week with a three-game win over Bethany on Tuesday before falling to Saint Vincent on Wednesday ... Against the Bison, four players registered double-figure kills, including a team-high 13 from sophomores **Laurie Lindner** and **Amanda Jo Morgan** ... Lindner posted her 12th kill/dig double-double of the season, as she added 16 digs against the Bison ... Freshman **Caitie Morgan** led the Yellow Jackets with 32 digs and S **Amanda Staudt** contributed 41 assists in the win ... Senior **Kaci Hlad** led Waynesburg with nine kills in the loss to the Bearcats, while four players reached double figures in the dig category, paced by 22 from Morgan.



### Westminster Titans

Westminster went 2-1 during the week including a four-game win over Grove City at home on Thursday to improve to 2-1 in the PAC ... Senior MH **Katie McDermott** had 16 kills while **Rachael Cooper** had 13 and **Rachel Terzak** and **Diana Conzett** had 12 each ... McDermott also led the Titans with 9 and 11 kills, respectively, in Westminster's 3-1 loss at Saint Vincent and 3-0 win over Pitt-Johnstown in a triangular match held at Saint Vincent on Saturday ... During the Saint Vincent match, Cooper broke the school record for career service aces, breaking the mark of 215 previously held by **Jessica Faflik** (1995-98) ... Cooper now has 218 for her career.



### Saint Vincent Bearcats

The Lady Bearcats have won eight consecutive matches by 3-0 scores, for a total of 24 consecutive game victories ... With the victory over her alma mater, Waynesburg, head coach **Sue Hozak** recorded her 400<sup>th</sup> career coaching win ... She is the only coach in the 22-year history of the SVC program.