



WOMEN'S BASKETBALL 2004-05

Presidents' Athletic Conference

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CURRENT 2004-05 REGULAR SEASON STANDINGS (through Jan. 9, 2005)

School	PAC Games			All Games		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson College	0	0	.000	10	3	.769
Westminster College	0	0	.000	8	4	.667
Grove City College	0	0	.000	7	4	.636
Waynesburg College	0	0	.000	7	4	.636
Bethany College	0	0	.000	4	9	.308
Thiel College	0	0	.000	4	11	.267

LAST WEEK'S RESULTS

Monday, January 3

Westminster 67, CARNEGIE MELLON 64

Tuesday, January 4

PITT-GREENSBURG 86, Thiel 71

ALLEGHENY 79, Bethany 46

GROVE CITY 62, Denison 51

Wednesday, January 5

Waynesburg 65, JUNIATA 61

Thursday, January 6

Thiel 66, URSULINE 57

Waynesburg 74, CHATHAM 26

Friday, January 7

GROVE CITY 72, Juniata 51

Messiah 67, Washington & Jefferson 45@

Saturday, January 8

Washington & Jefferson 64, ELIZABETHTOWN 49@

Bethany 81, St. Elizabeth 39#

Juniata 71, THIEL 55

Sunday, January 9

Bethany 68, VILLA JULIE 65 (OT)#

@ - at Elizabethtown Blue Jay Classic - Elizabethtown, Pa.

- at Legg Mason/Villa Julie Tournament - Stevenson, Md.

UPCOMING SCHEDULE

Monday, January 10

Grove City at Case Western Reserve - 7 p.m.

Tuesday, January 11

La Roche at Westminster - 5:30 p.m.

Thomas More at Washington & Jefferson - 6 p.m.

Waynesburg at Carnegie Mellon - 7:30 p.m.

Wednesday, January 12

Bethany at Frostburg State - 6 p.m.

Penn State-Behrend at Grove City - 7 p.m.

Saturday, January 15

Westminster at Grove City* - 1 p.m.

Thiel at Bethany* - 2 p.m.

Waynesburg at Washington & Jefferson* - 5:30 p.m.

PAC WOMEN'S BASKETBALL PLAYER OF THE WEEK

RACHEL MCCOY

Grove City College

6-0 Freshman Forward

East Liverpool, Ohio/Beaver Local H.S.

McCoy led Grove City to a 2-0 record with a pair of double-doubles last week. She posted 21 points and 10 rebounds in a 62-51 win over Denison, then added 17 points and 11 caroms in a 72-51 victory over Juniata. She averaged 19.0 points, 10.5 rebounds and 2.0 blocks while shooting 67 percent (18-of-27) from the floor in the two wins.

Also nominated was junior F **Jenny Place** of Bethany, senior F **Kristen Benjamin** of Thiel, junior G **Leigh Sulkowski** of Washington & Jefferson, sophomore F **Jessica Hemphill** of Waynesburg, and senior F **Erica Tallo** of Westminster.

PAC WOMEN'S BASKETBALL NOTES

Bethany Bison

After snapping a five-game losing streak, Bethany earned two wins last week to capture the Legg Mason Villa Julie Tournament Sunday ... In the first game of the tournament, Bethany handily defeated the College of St. Elizabeth 81-39 behind Nikki Babik's milestone day ... Babik scored her 1,000th point – and several more – as she poured in 23 points on 5-of-10 three-point shooting ... She also notched four assists and three steals in the win while **Courtney Irwin** pulled down a game-best 10 rebounds ... In the championship contest, the Bison defeated host Villa Julie 68-65 in overtime ... Four starters scored in double figures, led by **Jenny Place's** 16 points and team-best eight rebounds.

Wash. & Jeff. Presidents

The Presidents recorded a 1-1 showing at the Elizabethtown Blue Jay Classic this past weekend ... Ninth-ranked Messiah overcame a 12-point deficit in the first half and held W&J to just 15 second-half points in recording a 67-45 win on Friday ... Junior G **Leigh Sulkowski** led the way with 18 points and five rebounds, while classmate **Lauren Slampak** added 10 markers ... Sulkowski, who is averaging 21.5 points per game, poured in 28 points on Saturday versus Elizabethtown ... Slampak notched a double-double with 11 points and 11 rebounds for the Presidents, who shot 51 percent and held a 41-36 rebound advantage ... W&J has bounced back to win its first game after all three of its losses in 2004-05.

Grove City Lady Wolverines

Grove City improved to 7-4 with two non-league wins at home last week ... Four GCC players scored in double-figures Tuesday as the Wolverines won their first-ever meeting with Denison ... Freshman **Rachel McCoy** turned in a 21-point, 10-rebound effort while **Tammy Hess** scored 13 points on 6-of-7 shooting ... **Sandy O'Keefe** (11) and **Brittany Anderson** (10) rounded out that quartet ... The Wolverines stormed out to a 13-0 lead Friday night against Juniata and led 43-19 at the break ... McCoy had her second straight double-double with 17 points and 11 rebounds while O'Keefe added 10 points and four blocks ... **Jocelyn Kempema** threw in a season-high 11 points ... Grove City blocked nine shots Friday.

Waynesburg Yellow Jackets

After not playing a scheduled game since Dec. 9, Waynesburg extended its winning streak to five games with wins over Juniata and Chatham this week ... The Yellow Jackets defeated the Eagles 65-61 with four Waynesburg free throws being the difference in the last 1:13 of the game ... Reserves **Katie Lewandowski** and **Jesica Hemphill** combined to score 28 points in the win as each scored 11 points in the second half ... The Jackets defeated the host Cougars, 74-26, on Thursday and the 48-point margin of victory followed last season's 51-point victory over Chatham ... **Candice Eyerman** led all scorers with 17 points, while **Ashley Urban** scored a season-high 11 points and Hemphill added 12 points and grabbed a team-high eight rebounds.

Thiel Tomcats

The Tomcats went 1-2 last week ... Despite shooting 48 percent from the floor and finishing +8 on the boards, Thiel lost at Pitt-Greensburg 86-71 Tuesday ... Senior F **Kristen Benjamin** paced the Tomcat offense, finishing with game-highs in both points (20) and rebounds (eight) ... The Tomcats shot 54 percent from the field and got a career-high 27 points and nine rebounds from Benjamin in their 66-57 non-conference road win at Ursuline Thursday ... Sophomore G **Nicole Valentino** chipped in with 12 points while adding a career best seven assists and five rebounds ... Benjamin had a game-high 22 points for the Tomcats in their 55-71 home loss to Juniata ... Benjamin has four-straight 20+ point games.

Westminster Lady Titans

Westminster won its only game of the week, 67-64, at Carnegie Mellon on Monday ... Senior F **Erica Tallo** posted team-high totals of 17 points and 12 rebounds for her sixth double-double of the season ... Lady Titan sophomore G **Desiree Sterling** drained a three-pointer with 1:13 left, turning a 64-62 CMU lead into a 65-64 Lady Titan advantage ... The Tartans then missed a foul shot with 10 seconds left and Westminster senior G **Alyson Gasper** sealed the win with a pair of free throws with eight seconds remaining ... In addition to Tallo (who added team-high totals of four blocked shots and four steals in the win), Sterling was the only other player to reach double figures with 12 points ... Freshman G **Maria Joseph** added a career-best eight points.

Past PAC Women's Basketball Players of the Week

November 21: Alyson Gasper, G, Westminster

November 28: Leigh Sulkowski, G, Wash. & Jeff.

December 5: Leigh Sulkowski, G, Wash. & Jeff.

December 12: Kristen Benjamin, F, Thiel

January 2: Leigh Sulkowski, G, Wash. & Jeff.

January 9: Rachel McCoy, F, Grove City

January 16:

January 23:

January 30:

February 6:

February 13:

February 20:

PAC WOMEN'S BASKETBALL PREVIEWS

BETHANY BISON **(4-9 Overall, 0-0 PAC)** at Frostburg State (1/12 - 6 p.m.) vs. Thiel* (1/15 - 2 p.m.)

Radio/TV: WVBC-FM (88.1)

Upcoming Game Notes: The Bison travel to Frostburg State Wednesday for their final tune-up before opening PAC competition at home against Thiel Saturday ... Bethany point guard **Nikki Babik** reached her 1,000th point by half-time in the College of St. Elizabeth contest last week.

GROVE CITY WOLVERINES **(7-4 Overall, 0-0 PAC)** at Case Western Reserve (1/10 - 7 p.m.) vs. Penn State-Behrend (1/12 - 7 p.m.) vs. Westminster* (1/15 - 1 p.m.)

Radio/TV: WSAJ-FM (91.1), www.msasportsnetwork.com (Monday only)

Upcoming Game Notes: Grove City makes final preparation for PAC play with games Monday and Wednesday ... Monday night, Grove City will make its first-ever trip to Case Western Reserve ... Grove City is 0-2 in the Cleveland metro area this year, having lost at John Carroll and Baldwin-Wallace ... The Wolverines will host Penn State Behrend Wednesday ... Grove City won the last meeting with Behrend, 64-56, in Erie on 2/17/03 ... Grove City won the last meeting at the GCC Arena, 72-49, on 2/11/02.

THIEL TOMCATS **(4-11 Overall, 0-0 PAC)** at Bethany* (1/15 - 2 p.m.)

Radio/TV: none

Upcoming Game Notes: Thiel will open its 2005 PAC schedule on Saturday against Bethany ... The Bison claimed both regular season meetings last season, winning at home 82-48 and in Greenville 76-55 ... Thiel is 3-8 against Bethany dating back to the 1999-2000 season ... Thiel's last victory over Bethany was a 69-66 home win during the 2002-03 season.

WASH. & JEFF. PRESIDENTS **(10-3 Overall, 0-0 PAC)** vs. Thomas More (1/11 - 6 p.m.) vs. Waynesburg* (1/15 - 5:30 p.m.)

Radio/TV: WNJR-FM (91.7), www.washjeff.edu

Upcoming Game Notes: Washington & Jefferson and Thomas More will meet for the second time in as many years on Tuesday ... The Presidents pulled out a 68-65 victory over the Saints in double overtime at the Bethany Classic last season ... Junior G **Leigh Sulkowski** led W&J with 20 points and six boards ... The Presidents hold a 24-7 all-time lead in the series with Waynesburg ... W&J has won 14 consecutive games versus the Yellow Jackets ... Last season, W&J won in Washington, 68-48, and also edged WC, 78-75, at Marisa Fieldhouse.

WAYNESBURG YELLOW JACKETS **(7-4 Overall, 0-0 PAC)** at Carnegie Mellon (1/11 - 7:30 p.m.) at Washington & Jefferson* (1/15 - 5:30 p.m.)

Radio/TV: WCYJ-FM (88.7), www.waynesburg.edu

Upcoming Game Notes: With a 7-4 overall record, the Yellow Jackets are three games over .500 for the first time since December 2002 ... Their five-game win-streak is the longest streak in program history since the 1990s ... Waynesburg returns to action Tuesday when it again travels to Pittsburgh for a second straight game—this time to face Carnegie Mellon ... The Tartans are winless in their previous four meetings with PAC teams this season ... Waynesburg opens conference play on Saturday when it travels to W&J, who has swept the season series the past number of years.

WESTMINSTER LADY TITANS **(8-4 Overall, 0-0 PAC)** vs. La Roche (1/11 - 5:30 p.m.) at Grove City* (1/15 - 1 p.m.)

Radio/TV: WWNW-FM (88.9), www.msasportsnetwork.com (Saturday only)

Upcoming Game Notes: The Lady Titans host the La Roche Redhawks Tuesday in their final non-conference warm-up before opening PAC play at Grove City Saturday ... Westminster and La Roche did not meet last season ... The Lady Titans swept both meetings with Grove City a year ago, posting a 53-49 win in New Wilmington before recording a 74-64 win at GCC ... **Desiree Sterling** was the team's top scorer in both victories, tallying 17 points in the home win and 21 markers on the road.