2008-09 PAC Wrestling Release Week 5 - January 5



Presidents' Athletic Conference 8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

> Contact: Joe Onderko (724) 933-4630 onderko@pacathletics.org

2008-09 PAC STANDINGS (through January 4)

	PAC	Con	tests	AII	Conte	ests
School	W	<u>L</u>	Pct.	W	L	Pct.
Waynesburg	0	0	.000	3	1	.750
Washington & Jefferson	0	0	.000	3	2	.600
Thiel	0	0	.000	2	7	.222

LAST WEEK

Saturday, December 13, 2008

Ohio Northern Invitational - Ada, Ohio (19 teams)

12. Waynesburg

Monday, December 29, 2008

Florida Citrus Invitational (11 teams)

8. Washington & Jefferson

Tuesday, December 30, 2008

Florida Citrus Duals
Washington & Jefferson 29, Apprentice 15
McDaniel 24, Washington & Jefferson 22
Stevens 38, Washington & Jefferson 11

THIS WEEK

Friday-Saturday, January 9-10, 2009

Thiel at Lycoming-Budd Whitehill Duals - Williamsport, Pa. - 9 a.m.

Saturday, January 10, 2009

W&J at Waynesburg Quad (with Washington & Lee and Gettysburg) - 11 a.m.

PAC Co-Wrestlers of the Week

ZACH CECCHETTI Wash. & Jeff. Freshman - 125 lbs.

Apollo, Pa. Kiski Area H.S.



Cecchetti earned the 125-pound champion-

ship at the Florida Citrus Duals with a 4-0 record. He entered as the No. 5 seed and swept the bracket to win the championship. Cecchetti followed that performance up with a 3-0 record during the Florida Citrus Duals a day later which raised his season record to 18-6 overall.

NICK GARBER Waynesburg Sophomore - 133 lbs.

Sophomore - 133 lbs. Waynesburg, Pa. Waynesburg Central H.S.



Garber improved to 12-

0 on the season as he pinned all five of his opponents in the first period en route to the 133-pound title at the Ohio Northern Invitational. His quickest fall came in 30 seconds against **Tom Pretty** of Campbellsville.

PAC Wrestling 2008-09 - Week 5 Conference Notes

WHO'S HOT: At the Ohio Northern Invitational 133-pounder Nick Garber and first-year 197-pounder Corbin Semple led the way for Waynesburg ... Garber pinned all five opponents to win the 133-pound title while Semple took third as the team finished 12th out of 19 teams ... At the Florida Citrus Invitational W&J's 133-pounder Brandon Samson and freshmen 149-pounder Dominick Demor both placed fifth after notching 5-2 records a piece.

AROUND THE LEAGUE: Thiel has been idle since falling to Seton Hill on Dec. 3... The Tomcats will be back in action at the Lycoming-Bud Whitehill Duals on Jan. 9 & 10 ... On the dual-meet day of competition at the Florida Citrus Invitational, W&J posted a 1-2 record, defeating Apprentice for its only win ... For Waynesburg, 141-pounder Pat McCabe and junior heavyweights Rich Janicki and Melvin Warrick won two bouts each at the Ohio Northern Invitational.

2008-09 PAC Wrestlers of the Week

Nov. 10 - Nick Garber, 133 lbs., WAY

Nov. 17 - Rob Miller, 125 lbs., THI

Nov. 24 - Corbin Semple, 197 lbs., WAY

Dec. 8 - Rico Borz, 125 lbs., WAY

Jan. 5 - Zach Cecchetti, 125 lbs, W&J/ Nick Garber, 133 lbs., WAY

Jan. 12

Jan. 19

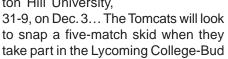
Jan. 26

Feb. 2

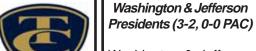
Feb. 9

Thiel Tomcats (2-7, 0-0 PAC)

Thiel has been idle since falling to Seton Hill University,



Whitehill Duals on Jan. 9 & 10.

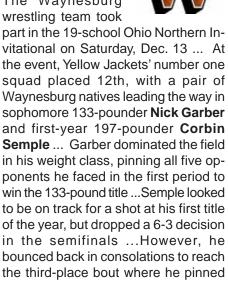


Washington & Jefferson College returned to action for the first time in over a



Waynesburg Yellow Jackets (3-1, 0-0 PAC)

The Waynesburg wrestling team took



fifth-seeded Todd Neptune of

Muskingum to take the bronze ...

Sophomore 141-pounder Pat McCabe

and junior heavyweights Rich Janicki

and Melvin Warrick won two bouts

each on the day.

Thiel Tomcats 2-7, 0-0 PAC

Wash. & Jeff. Presidents 3-2, 0-0 PAC

Waynesburg Yellow Jackets 3-1, 0-0 PAC

Nov. 8	at W&J Invitational	Ind. only	Nov. 7
Nov. 8	at Baldwin-Wallace \	N 32-12	Nov. 8
Nov. 8	vs. Lycoming (at B-W)	L 18-24	Nov. 15
Nov. 8	vs. Mt. St. Joseph (at B-W)	L 19-27	Nov. 20
Nov. 16	at Ursinus	Ind. only	Nov. 22
Nov. 19	MOUNT UNION \	N 23-18	Dec. 6
Nov. 22	at Olivet	L 9-41	Dec. 29
Nov. 22	vs. Trine	L 4-39	Dec 30
Nov. 22	vs. WiscLaCrosse	L 9-40	Dec 30
Nov. 22	vs. Ohio Northern	L 9-25	Dec 30
Dec. 3	at Seton Hill	L 9-31	Jan. 10
Jan. 9-10	at Lycoming Duals	9 a.m.	Jan. 17
Jan. 18	at Mount Union	9 a.m.	Jan. 24
Jan. 21	at Waynesburg*	7 p.m.	Jan. 30
Jan. 24	MEL BERRY DUALS	1 p.m.	Feb. 6
Jan. 30	at Wash. & Jeff.*	7 p.m.	Feb. 14
Feb. 7	at B-W Summa Inv.	10 a.m.	
Feb. 14	at PAC Championships	4 p.m.	Feb. 21
	(Washington, PA)		
Feb. 21	at NCAA D-III Midwest I	Regionals	Mar. 6-7
	(Angola, IN)		
Mar. 6-7	at NCAA D-III Nationals		
	(Cedar Rapids, IA)		

	WEST VA. TECH	W	28-13	3
	W&J INVITATIONAL	In	d. only	/
	at West Virginia Open	In	d. only	/
	at Scranton	W	28-12)
	at Springfield Invit.	1	2th/17	,
	at York Invitational		ppd.	
)	Florida Citrus Invitation	nal	8th/11	
	vs. Apprentice	W	29-15	;
	vs. McDaniel	L	22-24	ŀ
	vs. Stevens	L	11-38	3
	W&J QUAD	1	1 a.m.	
	at Wash. & Lee Invit.		8 a.m.	
	at Seton Hill		1 p.m.	
	THIEL*		7 p.m.	
	MOUNT UNION		7 p.m.	
	at PAC Championships	3	4 p.m.	
	(Washington, PA)			
	at NCAA D-III Regional	ls		
	(Angola, IN)			
7	at NCAA D-III Nationals	3		
	(Cedar Rapids, IA)			

Nov. 8	at Messiah Invit.	4th/8 (62)
Nov. 19	DUQUESNE	L 15-23
Nov. 22	at Messiah	W 26-19
Nov. 22	vs. Elizabethtown	W 27-15
Nov. 22	vs. York	W 18-16
Dec. 6	at R.I.T. Invitational T-7	th/13 (60)
Dec. 13	at Ohio Northern Invit.	12th/19
Jan. 10	WASH. & JEFF.*	11 a.m.
Jan. 10	GETTYSBURG	11 a.m.
Jan. 10	WASH. & LEE	11 a.m.
Jan. 13	WEST LIBERTY ST.	4 p.m.
Jan. 13	SETON HILL	4 p.m.
Jan. 17	at Wash. & Lee Invit.	10 a.m.
Jan. 21	THIEL*	7 p.m.
Jan. 24	GANNON	1 p.m.
Jan. 31	WEST VA.TECH	1 p.m.
Feb. 3	at Shippensburg	7 p.m.
Feb. 5	MERCYHURST	7 p.m.
Feb. 7	at Baldwin-Wallace	10 a.m.
Feb. 14	at PAC Championships	s 4 p.m.
	(Washington, PA)	
Feb. 21	at NCAA D-III Midwest	Regionals
	(Angola, IN)	
Mar. 6-7	at NCAA D-III National	S

(Cedar Rapids, IA)