

2008-09 PAC Wrestling Release Week 5 - January 5



Presidents' Athletic Conference
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2008-09 PAC STANDINGS (through January 4)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Waynesburg	0	0	.000	3	1	.750
Washington & Jefferson	0	0	.000	3	2	.600
Thiel	0	0	.000	2	7	.222

LAST WEEK

Saturday, December 13, 2008

Ohio Northern Invitational - Ada, Ohio (19 teams)
12. Waynesburg

Monday, December 29, 2008

Florida Citrus Invitational (11 teams)
8. Washington & Jefferson

Tuesday, December 30, 2008

Florida Citrus Duals
Washington & Jefferson 29, Apprentice 15
McDaniel 24, Washington & Jefferson 22
Stevens 38, Washington & Jefferson 11

THIS WEEK

Friday-Saturday, January 9-10, 2009

Thiel at Lycoming-Budd Whitehill Duals - Williamsport, Pa. - 9 a.m.

Saturday, January 10, 2009

W&J at Waynesburg Quad (with Washington & Lee and Gettysburg) - 11 a.m.

PAC Co-Wrestlers of the Week

ZACH CECCHETTI

Wash. & Jeff.

Freshman - 125 lbs.

Apollo, Pa.

Kiski Area H.S.



Cecchetti earned the 125-pound championship at the Florida Citrus Duals with a 4-0 record. He entered as the No. 5 seed and swept the bracket to win the championship. Cecchetti followed that performance up with a 3-0 record during the Florida Citrus Duals a day later which raised his season record to 18-6 overall.

NICK GARBER

Waynesburg

Sophomore - 133 lbs.

Waynesburg, Pa.

Waynesburg Central H.S.



Garber improved to 12-0 on the season as he pinned all five of his opponents in the first period en route to the 133-pound title at the Ohio Northern Invitational. His quickest fall came in 30 seconds against **Tom Pretty** of Campbellsville.

PAC Wrestling 2008-09 - Week 5 Conference Notes

WHO'S HOT: At the Ohio Northern Invitational 133-pounder **Nick Garber** and first-year 197-pounder **Corbin Semple** led the way for Waynesburg ... Garber pinned all five opponents to win the 133-pound title while Semple took third as the team finished 12th out of 19 teams ... At the Florida Citrus Invitational W&J's 133-pounder **Brandon Samson** and freshmen 149-pounder **Dominick Demor** both placed fifth after notching 5-2 records a piece.

AROUND THE LEAGUE: Thiel has been idle since falling to Seton Hill on Dec. 3 ... The Tomcats will be back in action at the Lycoming-Bud Whitehill Duals on Jan. 9 & 10 ... On the dual-meet day of competition at the Florida Citrus Invitational, W&J posted a 1-2 record, defeating Apprentice for its only win ... For Waynesburg, 141-pounder **Pat McCabe** and junior heavyweights **Rich Janicki** and **Melvin Warrick** won two bouts each at the Ohio Northern Invitational.

2008-09 PAC Wrestlers of the Week

Nov. 10 - **Nick Garber**, 133 lbs., WAY

Nov. 17 - **Rob Miller**, 125 lbs., THI

Nov. 24 - **Corbin Semple**, 197 lbs., WAY

Dec. 8 - **Rico Borz**, 125 lbs., WAY

Jan. 5 - **Zach Cecchetti**, 125 lbs., W&J/
Nick Garber, 133 lbs., WAY

Jan. 12

Jan. 19

Jan. 26

Feb. 2

Feb. 9

**Thiel Tomcats
(2-7, 0-0 PAC)**



Thiel has been idle since falling to Seton Hill University, 31-9, on Dec. 3... The Tomcats will look to snap a five-match skid when they take part in the Lycoming College-Bud Whitehill Duals on Jan. 9 & 10.

Washington & Jefferson Presidents (3-2, 0-0 PAC)



Washington & Jefferson College returned to action for the first time in over a month and earned eighth place of 11 teams at the Florida Citrus Invitational on Dec. 29th... The Presidents were highlighted by freshman **Zach Cecchetti**, who earned the 125-pound championship... He is the first President to earn an individual regular-season tournament championship since Alex Cressley won a title last year at Washington and Lee... Cecchetti entered as the No. 5 seed and swept the bracket to win the championship... Sophomore 133-pounder **Brandon Samson** and freshmen 149-pounder **Dominick Demor** both placed fifth after notching 5-2 records in their respective brackets... A day later, W&J posted a 1-2 record during the dual-meet portion of the tournament, defeating Apprentice in the final match for its only win... Cecchetti continued to dominate with three more victories to raise his record to 18-6 on the season.

Waynesburg Yellow Jackets (3-1, 0-0 PAC)



The Waynesburg wrestling team took part in the 19-school Ohio Northern Invitational on Saturday, Dec. 13... At the event, Yellow Jackets' number one squad placed 12th, with a pair of Waynesburg natives leading the way in sophomore 133-pounder **Nick Garber** and first-year 197-pounder **Corbin Semple**... Garber dominated the field in his weight class, pinning all five opponents he faced in the first period to win the 133-pound title... Semple looked to be on track for a shot at his first title of the year, but dropped a 6-3 decision in the semifinals... However, he bounced back in consolations to reach the third-place bout where he pinned fifth-seeded Todd Neptune of Muskingum to take the bronze... Sophomore 141-pounder **Pat McCabe** and junior heavyweights **Rich Janicki** and **Melvin Warrick** won two bouts each on the day.

**Thiel Tomcats
2-7, 0-0 PAC**

**Wash. & Jeff. Presidents
3-2, 0-0 PAC**

**Waynesburg Yellow Jackets
3-1, 0-0 PAC**

Nov. 8	at W&J Invitational	Ind. only
Nov. 8	at Baldwin-Wallace	W 32-12
Nov. 8	vs. Lycoming (at B-W)	L 18-24
Nov. 8	vs. Mt. St. Joseph (at B-W)	L 19-27
Nov. 16	at Ursinus	Ind. only
Nov. 19	MOUNT UNION	W 23-18
Nov. 22	at Olivet	L 9-41
Nov. 22	vs. Trine	L 4-39
Nov. 22	vs. Wisc.-LaCrosse	L 9-40
Nov. 22	vs. Ohio Northern	L 9-25
Dec. 3	at Seton Hill	L 9-31
Jan. 9-10	at Lycoming Duals	9 a.m.
Jan. 18	at Mount Union	9 a.m.
Jan. 21	at Waynesburg*	7 p.m.
Jan. 24	MEL BERRY DUALS	1 p.m.
Jan. 30	at Wash. & Jeff.*	7 p.m.
Feb. 7	at B-W Summa Inv.	10 a.m.
Feb. 14	at PAC Championships (Washington, PA)	4 p.m.
Feb. 21	at NCAA D-III Midwest Regionals (Angola, IN)	
Mar. 6-7	at NCAA D-III Nationals (Cedar Rapids, IA)	

Nov. 7	WEST VA. TECH	W 28-13
Nov. 8	W&J INVITATIONAL	Ind. only
Nov. 15	at West Virginia Open	Ind. only
Nov. 20	at Scranton	W 28-12
Nov. 22	at Springfield Invit.	12th/17
Dec. 6	at York Invitational	ppd.
Dec. 29	Florida Citrus Invitational	8th/11
Dec 30	vs. Apprentice	W 29-15
Dec 30	vs. McDaniel	L 22-24
Dec 30	vs. Stevens	L 11-38
Jan. 10	W&J QUAD	11 a.m.
Jan. 17	at Wash. & Lee Invit.	8 a.m.
Jan. 24	at Seton Hill	1 p.m.
Jan. 30	THIEL*	7 p.m.
Feb. 6	MOUNT UNION	7 p.m.
Feb. 14	at PAC Championships (Washington, PA)	4 p.m.
Feb. 21	at NCAA D-III Regionals (Angola, IN)	
Mar. 6-7	at NCAA D-III Nationals (Cedar Rapids, IA)	

Nov. 8	at Messiah Invit.	4th/8 (62)
Nov. 19	DUQUESNE	L 15-23
Nov. 22	at Messiah	W 26-19
Nov. 22	vs. Elizabethtown	W 27-15
Nov. 22	vs. York	W 18-16
Dec. 6	at R.I.T. Invitational T-7th/13 (60)	
Dec. 13	at Ohio Northern Invit.	12th/19
Jan. 10	WASH. & JEFF.*	11 a.m.
Jan. 10	GETTYSBURG	11 a.m.
Jan. 10	WASH. & LEE	11 a.m.
Jan. 13	WEST LIBERTY ST.	4 p.m.
Jan. 13	SETON HILL	4 p.m.
Jan. 17	at Wash. & Lee Invit.	10 a.m.
Jan. 21	THIEL*	7 p.m.
Jan. 24	GANNON	1 p.m.
Jan. 31	WEST VA. TECH	1 p.m.
Feb. 3	at Shippensburg	7 p.m.
Feb. 5	MERCYHURST	7 p.m.
Feb. 7	at Baldwin-Wallace	10 a.m.
Feb. 14	at PAC Championships (Washington, PA)	4 p.m.
Feb. 21	at NCAA D-III Midwest Regionals (Angola, IN)	
Mar. 6-7	at NCAA D-III Nationals (Cedar Rapids, IA)	