

2010-11 PAC Wrestling Release

Week 9 - January 24



Presidents' Athletic Conference
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2010-11 PAC STANDINGS (through January 23)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Waynesburg	1	0	1.00	9	2	1	.792
Thiel	0	0	.000	7	7	0	.500
Washington & Jefferson	0	1	.000	6	2	0	.750

LAST WEEK

Thursday, January 20, 2011

Waynesburg 28, Wash. & Jeff. 18*

Saturday, January 22, 2011

Waynesburg at Messiah Open - no team scores

Mel Berry Duals:

THIEL 40, Penn State New Kensington 9

THIEL 27, Mercyhurst NE 19

THIEL 48, Penn State DuBois 6

Baldwin Wallace 27, THIEL 21

THIS WEEK

Tuesday, January 25, 2011

Penn State New Kensington at Waynesburg - 7 p.m.

Friday, January 28, 2011

Thiel at Waynesburg* - 7 p.m.

Wash. & Jeff. at Seton Hill - 7 p.m.

PAC Wrestler of the Week

SAM LOMBARDO
Waynesburg

Freshman
 157 pounds
 Canonsburg, Pa.
 Canon-McMillan H.S.



Lombardo went 5-0 this past week with two major decision victories and two wins over Division I opponents. He opened his week by shutting out W&J's Roja Stephenson 11-0 to help clinch Waynesburg's 28-18 win over the Presidents, and followed that performance by claiming the 157-pound title at the Messiah Open. Lombardo beat a pair of Division I wrestlers at the event, including Gabe Bird, a freshman from Liberty who won 200 matches in high school. With the victories this past week, Lombardo has won his last nine matches and has dropped just one bout in his last 14 trips to the mat.

Also nominated was junior 165-pounder **Matt Lowry** of Thiel and freshman 141/149 pounder **Josh Etzel** of W&J.

PAC Wrestling 2010-11 - Week 9 Conference Notes

NOTES: Waynesburg opened up PAC competition with a 28-18 win over W&J this past Thursday and followed that up with a trip to the Messiah Open on Saturday ... W&J was forced to forfeit three weight classes against Waynesburg, two of which were due to recent injuries ... Thiel went 3-1 while hosting the Mel Berry Duals ... Thiel had wins over Penn State New Kensington (40-9), Mercyhurst North East (27-19) and Penn State DuBois (48-6) and lost to Baldwin-Wallace 27-21.

AROUND THE PAC: Luke Lohr (149), Sam Lombardo (157) and Brandon Fedorka (285) all won against W&J to help clinch the victory for Waynesburg ... Matt Lowry (4-0), Alec Miller (3-0), Matt Butler (3-0) and Will Ringer (3-0) were all perfect on the day for Thiel at the Mel Berry Duals ... W&J 165-pounder David Dibenedetto and 197-pounder Robbie Mies both recorded falls against Waynesburg.

2010-11 PAC Wrestlers of the Week

- Nov. 8- Garrett Johnston, 157-lbs, WAY
- Nov. 15 - Jared Roberts, 174/184-lbs., WAY
- Nov. 22 - David Dibenedetto, 165-lbs, W&J
- Dec. 6 - Corey Brown, 133-lbs, THI
- Dec. 13 - Nick Garber, 141-lbs, WAY
- Jan. 3 - Alex Evanoff, 165-lbs, WAY
- Jan. 10 - Robbie Mies, 197 lbs., W&J
- Jan. 18 - Luke Lohr, 149 lbs, WAY
- Jan. 24 - Sam Lombardo, 157 lbs. WAY
- Jan. 31 -
- Feb. 7 -

Thiel Tomcats
(7-7, 0-0 PAC)



The Tomcats went 3-1 while hosting the Mel Berry Duals ... **Matt Lowry** (4-0), **Alec Miller** (3-0), **Matt Butler** (3-0) and **Will Ringer** (3-0) were all perfect on the day... Thiel had wins over Penn State New Kensington (40-9), Mercyhurst North East (27-19) and Penn State DuBois (48-6) and lost to Baldwin-Wallace 27-21... Miller is now 10-0 during his career at the Mel Berry Duals ... Tied 19-19 with two bouts remaining against Mercyhurst North East, the Tomcats received back-to-back major decisions by **Andrew Riddle** and Ringer ... In the blowout win over Penn State DuBois, the Tomcats registered bonus points in all eight matches that were contested.

Washington & Jefferson Presidents
(6-2, 0-1 PAC)



The Presidents dropped their Presidents' Athletic Conference dual-meet opener Thursday 28-18 at Waynesburg's Marisa Fieldhouse ... W&J was forced to forfeit three weight classes, two of which were due to recent injuries including one to injured starter **Chris Leva** (141 lbs.) ... Freshman 165-pounder **David Dibenedetto** and sophomore 197-pounder **Robbie Mies** both recorded falls ... Dibenedetto earned his 20th victory of the season, while Mies racked up his 23rd career fall ... Freshman **Josh Etzel** earned the Presidents' first victory of the match with a 12-9 win over Nick Garber, a 2010 Division III All-American ... Etzel is now 3-0 this season ... Garber was listed as the No. 12 wrestler by D3wrestle.com at 141 pounds ... Senior 184-pounder **Stefen Firmstone** got back to .500 on the season (12-12) with a 5-0 victory over Cody Catalina ... W&J travels to Greensburg Friday night for a 7:00 pm dual with NCAA Division II Seton Hill.

Waynesburg Yellow Jackets
(9-2-1, 1-0 PAC)



The Yellow Jackets opened up PAC competition with a 28-18 win over W&J this past Thursday and followed that up with a trip to the Messiah Open on Saturday ... A trio of Waynesburg freshmen shined this past week and were key to the team's victory over the Presidents ... **Luke Lohr** (149), **Sam Lombardo** (157) and **Brandon Fedorka** (285) all won against W&J to help clinch the victory ... Lohr beat Tyler Berger in a hard fought 2-1 battle, while Lombardo cruised to an 11-0 major decision win over Roja Stephenson ... Fedorka capped the evening with an impressive 6-0 win over former PAC champion Taylor Potts ... Lombardo kept his winning ways going on Saturday when he went 4-0 at the Messiah Open to win his second tournament title in as many weekends ... On his way to the championship, he beat two Division I wrestlers, including one by major decision ... Junior 133-pounder **Rico Borz** went 3-0 at the open before deciding to default out of the event because of a minor injury.

Thiel Tomcats
7-7, 0-0 PAC

Wash. & Jeff. Presidents
6-2, 0-1 PAC

Waynesburg Yellow Jackets
9-2-1, 1-0 PAC

Nov. 6	at Clarion Open	unscored
Nov. 13	at W&J Open	unscored
Nov. 20	at Mount Union Duals	
	Mount Union	L 15-25
	Ohio Northern	L 10-30
	King's College	W 30-12
	Mount St. Joseph	W 28-12
Dec. 4	at Ohio Northern Invite 10th/14	
Dec. 10	MOUNT UNION	L 14-23
Jan. 8	CASE WESTERN	W 41-9
Jan. 14-15	Lycoming Duals	
	vs. John Carroll	L 17-18
	vs. SUNY Cortland	L 6-34
	vs. Rhode Island	W 22-20
	vs. Trine	L 18-23
Jan. 22	vs. PENN STATE NEW	W 40-9
	vs. MERCYHURST-NE	W 27-19
	vs. PSU DUBOIS	W 48-6
	vs. BALDWIN-WALLACE	L 21-27
Jan. 28	WAYNESBURG*	7 p.m.
Feb. 4	WASH. & JEFF.*	7:30 p.m.
Feb. 5	at BW- Summa Invite	10 a.m.
Feb. 11	PAC Championship	5 p.m.

Nov. 6	at Clarion Open	unscored
Nov. 13	W&J OPEN	unscored
Nov. 18	at Scranton	w 33-15
Nov. 20	at Springfield Invite	14th/18
Dec. 3	P.S. NEW KENSINGTON	W 35-7
Dec. 10	PENN-ST. DUBOIS	W 41-10
Dec. 29	at Florida Citrus Tourn.	8th/14
Dec. 30	vs. Cornell (at FL Citrus)	L 43-0
Jan. 8	vs. GETTYSBURG	W 27-13
	vs. WASH. & LEE	W 34-6
	vs. MUSKINGUM	W 31-21
Jan. 15	at Wash. & Lee Invite	1st/7
Jan. 20	at Waynesburg*	L 18-28
Jan. 28	at Seton Hill	7 p.m.
Feb. 4	THIEL*	7:30 p.m.
Feb. 11	PAC Championships	5 p.m.

Nov. 6	at Messiah Invitational	t-1st/8
Nov. 13	at The Duals at Hershey	
	vs. Shippensburg	W 21-12
	vs. John Hopkins	W 21-12
	vs. York	W 18-17
Nov. 20	at York	T 18-18
	vs. Lake Erie	W 21-18
	vs. Messiah	L 15-22
Dec. 4	at Ohio Northern Tourn.	t7th/14
Dec. 11	TIFFIN	W 38-9
Dec. 15	at Mercyhurst	L16-22
Dec. 18	MUSKINGUM	W 42-6
Jan. 7	P.S. NEW KENSINGTON	cld.
Jan. 11	at Ohio Valley	W 45-3
Jan. 14	MERCYHURST- NE	W 41-6
Jan. 15	Waynesburg Invite	1st/7
Jan. 20	WASH. & JEFF.*	W 28-18
Jan. 22	at Messiah Open	unscored
Jan. 25	PENN ST. NEW	7 p.m.
Jan. 28	THIEL*	7 p.m.
Feb. 1	WEST LIBERTY	7 p.m.
Feb. 5	at B-W Tourn.	9:30 a.m.
Feb. 11	PAC Championships	5 p.m.