2008-09 PAC Wrestling Release Week 8 - January 26



Presidents' Athletic Conference 8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

> Contact: Joe Onderko (724) 933-4630 onderko@pacathletics.org

2008-09 PAC STANDINGS (through January 25)

	PAC Contests			All Contests		
<u>School</u>	W	L	Pct.	W	<u> </u>	Pct.
Waynesburg	2	0	1.00	8	3	.727
Washington & Jefferson	0	1	.000	6	3	.666
Thiel	0	1	.000	6	11	.353

LAST WEEK

Wednesday, January 21, 2009 Waynesburg 22, Thiel 15

Saturday, January 24, 2009

Washington & Jefferson 24, Seton Hill 19 Gannon 33, Waynesburg 12 <u>Thiel Mel Berry Duals - Greenville, PA</u> Thiel 36, West Virginia Technology 13 Thiel 31, Mercyhurst North East 17 Thiel 27, Muskingum 24 Thiel 30, Rochester Institute of Technology 20

THIS WEEK

Friday, January 30, 2009 Thiel at Washington & Jefferson* - 7 p.m.

Saturday, January 31, 2009

West Virginia Technology at Waynesburg - 1 p.m.

PAC Wrestler of the Week

ROB MILLER Thiel

Sophomore 125 pounds Transfer, Pa. Reynolds H.S.



Rob Miller earned his second PAC Player of the Week as he helped Thiel sweep the Mel Berry Duals. Miller turned in a four-victory performance with three pins and a forfeit on Saturday. On Wednesday, Miller helped Thiel get off to a strong start against Waynesburg as he pinned Rico Borz in 2:36, before the team fell 15-22. Miller is now 19-3 on the season.

Also nominated was sophomore 165pounder **John Sabatelli** of Washington & Jefferson and freshman 197pounder **Corbin Semple** of Waynesburg.

2008-09 PAC Wrestlers of the Week

- Nov. 10 Nick Garber, 133 lbs., WAY
- Nov. 17 Rob Miller, 125 lbs., THI
- Nov. 24 Corbin Semple, 197 lbs., WAY
- Dec. 8 Rico Borz, 125 lbs., WAY
- Jan. 5 Zach Cecchetti, 125 lbs, W&J/ Nick Garber, 133 lbs, WAY
- Jan. 12 Jake Benczo, 174lbs, WAY
- Jan. 19- Zach Cecchetti, 125lbs, W&J
- Jan. 26 Rob Miller, 125lbs, THI
- Feb. 2
- Feb. 9

PAC Wrestling 2008-09 - Week 8 Conference Notes

WHO'S HOT: Against Division II foe Seton Hill, W&J's Zach Cecchetti (125) increased his win streak to 14 with a 9-1major decision while teammate John Sabatelli (165) pinned his opponent in 4:00 ... Alex Evanoff (165), Corbin Semple (197) and Rich Janicki (heavyweight) all helped Waynesburg defeat Thiel in league play ... At the Mel Berry Duals both Alec Miller and Patrick Morris turned in four-victory performances for the Tomcats. **AROUND THE LEAGUE:** Waynesburg completed a PAC sweep by beating Thiel 22-15 before falling on Saturday to Division II Gannon ... W&J secured its first winning dual-meet schedule since 2002-03 after knocking off Seton Hill with **Brandon Roshon** (157) and **Stephen Zubach** (heavyweight) each collecting wins ... Thiel swept the Mel Berry Duals defeating WVU Tech, Mercyhurst North East, Muskingum and RIT with **Matt Lowry** winning three on the day.

Thiel Tomcats (6-11, 0-1 PAC)

Thiel went a perfect 4-0 at the 2009 Mel



Berry Duals on Saturday ... The Tomcats downed WVU Tech, Mercyhurst NE, and RIT in convincing fashion, while Thiel's stiffest tilt of they day came in the form of a, 27-24, win over Muskingum ... Alec Miller (149) pinned all four of his opponents in the event, with three coming in under two minutes ... The lone expection was a marathon bout vs. Mercyhurst NE, which lasted 7:50 ... Rob Miller turned in a four-victory performance with three pins and a forfiet ... Freshman Patrick Morris was perfect while alternating between 174 and 184 and Matt Lowry earned a solid three-win day ... On Wednesday, Thiel got off to a strong start, but Waynesburg fought back to a, 22-15, PAC win ... Rob Miller kicked off the match with a pin while Corey Brown earned a 7-6 decision over Nick Garber at 133 and Mason Stewart followed suit 9-8 fashion at 141.

Washington & Jefferson Presidents (6-3, 0-1 PAC)

W&J clinched its fist winning dual-meet schedule since the 2002-03 season after knocking off Division

II Seton Hill on Saturday ... The schools

split the 10 contested bouts, but W&J

earned six team points after sophomore

165-pounder John Sabatelli pinned

his opponent in 4:00 ... Sophomore

Brandon Sansom also earned a for-

feit for six points at 133 pounds ...

Freshman 125-pounder Zach Cecchetti

increased his win streak to 14 matches

after opening the meet with a 9-1 major

decision over Josh Testa ... Another first-

year wrestler, 157-pounder Brandon

Roshon, then picked up a 17-1 major

decision against Buck Watkins for an-

other W&J victory .. Freshman heavy-

weight Taylor Potts concluded the

Presidents' win and sealed the team

triumph after edging Stephen Zubach by

a 1-0 margin.

N&I



Waynesburg Yellow Jackets (8-3, 2-0 PAC)

The Waynesburg wrestling team ac-



complished one of its preseason goals as it won a thrilling match over Thiel this past Wednesday to complete a sweep of PAC competition ... After falling behind 15-3 after the first five weight classes, the Jackets' middle and upper weights wrestled a stellar match, winning the last five bouts of the evening ... Included in that stretch was a major decision win for freshman Alex Evanoff (165), a pin for first yeat Corbin Semple (197) and a come-from-behind 6-5 decision win for heavyweight Rich Janicki, which sealed the win ... Unfortunately, those winning ways didn't continue on Saturday as the Jackets fell 33-12 to a very good Division II team from Gannon ... Waynesburg got victories from freshman 125-pounder Rico Borz, freshman 149-pounder Jesse Byerly and Semple in the loss.

Thiel Tomcats 6-11, 0-1 PAC

Wash. & Jeff. Presidents 6-3, 0-1 PAC

Nov. 8 at W&J Invitational Ind. only Nov. 7 Nov. 8 at Baldwin-Wallace W 32-12 Nov. 8 Nov. 8 vs. Lycoming (at B-W) L 18-24 Nov. 15 Nov. 8 vs. Mt. St. Joseph (at B-W)L 19-27 Nov. 20 Nov. 16 at Ursinus Ind. only Nov. 22 Nov. 19 MOUNT UNION W 23-18 Dec. 6 Nov. 22 at Olivet L 9-41 Dec. 29 Nov. 22 vs. Trine L 4-39 Dec 30 vs. Wisc.-LaCrosse Nov. 22 L 9-40 Dec 30 Nov. 22 vs. Ohio Northern L 9-25 Dec 30 Dec. 3 at Seton Hill L 9-31 Jan. 10 vs. Wisc.- Whitewater L 8-40 Jan. 9 Jan. 9 vs RIT L 19-22 Jan. 10 Jan. 10 vs. Baldwin-Wallace 22-25 Jan. 10 Jan.10 vs. Case Western W 30-19 Jan. 17 Jan. 18 at Mount Union NA Jan. 24 Jan. 21 at Waynesburg* L 15-22 Jan. 30 Jan. 24 vs. West VA. Tech W 36-13 Feb. 6 Jan. 24 vs. Mercyhurst NE W 31-17 Jan. 24 vs. Muskingum W 27-24 Jan 24. vs. RIT W 30-20 Feb. 21 at Wash. & Jeff.* Jan. 30 7 p.m. Feb. 7 at B-W Summa Inv. 10 a.m. Feb. 14 at PAC Championships 4 p.m. (Washington, PA) Feb. 21 at NCAA D-III Midwest Regionals (Angola, IN) Mar. 6-7 at NCAA D-III Nationals (Cedar Rapids, IA)

W 28-13 WEST VA. TECH W&J INVITATIONAL Ind. only at West Virginia Open Ind. only at Scranton W 28-12 at Springfield Invit. 12th/17 at York Invitational ppd. Florida Citrus Invitational 8th/11 W 29-15 vs. Apprentice vs. McDaniel L 24-22 vs. Stevens L 38-11 vs. Gettysburg W 45-9 vs. Wash. & Lee. W 36-12 vs. Waynesburg* L 15-29 at Wash. & Lee Invit. 2nd/8 at Seton Hill W 24-19 THIEL* 7 p.m. MOUNT UNION 7 p.m. Feb. 14 at PAC Championships 4 p.m. (Washington, PA) at NCAA D-III Regionals (Angola, IN) Mar. 6-7 at NCAA D-III Nationals (Cedar Rapids, IA)

Waynesburg Yellow Jackets 8-3, 2-0 PAC

Nov. 8	at Messiah Invit.	4th/8 (62)
Nov. 19	DUQUESNE	L 15-23
Nov. 22	at Messiah	W 26-19
Nov. 22	vs. Elizabethtown	W 27-15
Nov. 22	vs. York	W 18-16
Dec. 6	at R.I.T. Invitational T-	7th/13 (60)
Dec. 13	at Ohio Northern Invit.	12th/19
Jan. 10	WASH. & JEFF.*	W 29-15
Jan. 10	GETTYSBURG	W 40-6
Jan. 10	WASH. & LEE	W 40-7
Jan. 13	WEST LIBERTY ST.	L 13-28
Jan. 13	SETON HILL	W 26-15
Jan. 17	at Wash. & Lee Invit.	1st/8
Jan. 21	THIEL*	W 22-15
Jan. 24	GANNON	L 12-33
Jan. 31	WEST VA. TECH	1 p.m.
Feb. 3	at Shippensburg	7 p.m.
Feb. 5	MERCYHURST	7 p.m.
Feb. 7	at Baldwin-Wallace	10 a.m.
Feb. 14	at PAC Championshi	ps 4 p.m.
	(Washington, PA)	
Feb. 21	at NCAA D-III Midwes	st Regionals
	(Angola, IN)	
Mar. 6-7	at NCAA D-III Nationa	als
	(Cedar Rapids, IA)	