

2008 PAC Wrestling Release

Week 1 - November 10



Presidents' Athletic Conference
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2008 PAC STANDINGS (through November 9)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson	0	0	.000	1	0	1.00
Thiel	0	0	.000	1	2	.333
Waynesburg	0	0	.000	0	0	.000

Wrestler of the Week

NICK GARBER
Waynesburg
Sophomore
Waynesburg, Pa.
Waynesburg
Central H.S.



Garber cruised to the 133-pound title at the Messiah Invitational on Saturday, going 3-0 with three pin-fall victories. In the championship match, he defeated second seed Michael Testa of Johns Hopkins in just 17 seconds to give him the 133-pound title at Messiah for the second consecutive year.

*Also nominated was sophomore 125-pounder **Rob Miller** of Thiel, and freshman 149-pounder **Dominick Demor** of Washington & Jefferson.*

LAST WEEK

Friday, November 7, 2008

WASHINGTON & JEFFERSON 28, West Virginia Tech 13

Saturday, November 8, 2008

Thiel at Washington & Jefferson Invitational - individuals only

Baldwin-Wallace Quad - Berea, Ohio

Thiel 32, BALDWIN-WALLACE 12

Lycoming 24, Thiel 18

Mount St. Joseph 27, Thiel 19

Messiah Invitational (eight teams) - Grantham, Pa.

4. Waynesburg - 62

THIS WEEK

Saturday, November 15, 2008

Washington & Jefferson at West Virginia Open - 8 a.m.

Sunday, November 16, 2008

Thiel at Ursinus Invitational - 9 a.m.

PAC Wrestling 2008-09 - Week 1 Conference Notes

SEASON UNDERWAY: The 2008-09 PAC wrestling campaign is underway, as Washington & Jefferson and Waynesburg will again look to unseat conference top dog Thiel for the league championship ... The Tomcats have captured nine consecutive conference titles and have taken the trophy in 16 of the past 18 seasons ... In 2007, Thiel posted 145.5 points at the PAC Championship, followed by W&J (105.5) and Waynesburg (58).

WHO'S HOT: Washington & Jefferson freshman 149-pounder **Dominick Demor** notched a 5-1 record during his opening collegiate weekend ... Demor placed third at 149 pounds in the W&J Open on Saturday, after recording a 12-4 major decision of **Swan Sexton** of West Virginia Tech on Friday night ... Thiel went 1-2 at the Baldwin-Wallace Quadrangular on Saturday, led by 125-pounder **Rob Miller** who was 3-0 with two pins and a major decision.

AROUND THE LEAGUE: **John Sabatelli** (165), **Brandon Roshon** (157) and sophomore **Alex Cressley** (197) joined Demor in posting major decision for W&J in a 28-13 dual win over West Virginia Tech on Friday ... Waynesburg opened the season under the direction of new head coach **Ron Headlee** by placing fourth at the Messiah Invitational ... The Yellow Jackets finished the eight-team invitational event with 62 points, led by **Nick Garber's** 133-pound title (see above).

Thiel Tomcats
(1-2, 0-0 PAC)



In its opening week-end of the 2008-09 campaign, the Thiel College wrestling team split up to compete at both the Baldwin-Wallace Quad and the Washington & Jefferson Open ... Thiel compiled a 1-2 record at the B-W Quad, falling to no. 30 Lycoming (24-18) and Mount St. Joseph (27-19) before downing Baldwin-Wallace (34-12) ... Sophomore 125-pounder **Rob Miller** picked up where he left off last season, ending his day 3-0 via a major decision and two pins, while senior **Andrew Riddle** and freshman **Corey Brown** also earned 3-0 marks on the day ... No team scores were awarded at the W&J event.

Washington & Jefferson Presidents
(1-0, 0-0 PAC)



Washington & Jefferson College hosted a pair of events this past weekend, defeating WV Tech in a dual meet Friday and then hosting the individual only W&J Open Saturday ... W&J had four major decision wins in the victory over WV Tech, including a 17-3 triumph by sophomore **Alex Cressley** at 197 pounds ... Sophomore **John Sabatelli** (165) and freshman **Brandon Roshon** (157) and **Dominick Demor** (149) also had major decision wins ... Demor posted W&J's top finish Saturday at the W&J Open after claiming third place at 149 pounds ... He notched a 4-1 record during the tournament, including a 6-2 win in the third-place match.

Waynesburg Yellow Jackets
(0-0, 0-0 PAC)



The Waynesburg University wrestling team opened up the 2008 season at the Messiah College Invitational on Saturday, Nov. 8 ... The Jackets placed a total of seven wrestlers in the top four of four different weight classes ... Leading the way was sophomore **Nick Garber**, who rolled to an easy first-place finish at 133 pounds ... The Waynesburg native pinned his way to the title, including picking up a 17-second fall in the finals ... The Jackets dominated the weight as they also saw members of the squad finish third and fourth ... As a team, the Jackets finished fourth out of eight schools with 62 total points, missing a third-place finish by 0.5 points.

Thiel Tomcats
1-2, 0-0 PAC

Wash. & Jeff. Presidents
1-0, 0-0 PAC

Waynesburg Yellow Jackets
0-0, 0-0 PAC

Nov. 8	at W&J Invitational	Ind. only
Nov. 8	at Baldwin-Wallace	W 32-12
Nov. 8	vs. Lycoming (at B-W)	L 18-24
Nov. 8	vs. Mt. St. Joseph (at B-W)	L 19-27
Nov. 16	at Ursinus	9 a.m.
Nov. 19	MOUNT UNION	7 p.m.
Nov. 22	at Olivet Duals	9 a.m.
Dec. 3	at Seton Hill	7 p.m.
Dec. 6	at R.I.T. Invitational	9 a.m.
Jan. 9-10	at Lycoming Duals	9 a.m.
Jan. 18	at Mount Union	9 a.m.
Jan. 21	at Waynesburg*	7 p.m.
Jan. 24	MEL BERRY DUALS	1 p.m.
Jan. 30	at Wash. & Jeff.*	7 p.m.
Feb. 7	at B-W Summa Inv.	10 a.m.
Feb. 14	at PAC Championships	4 p.m.
Feb. 21	at NCAA D-III Midwest Regionals	(Angola, IN)
Mar. 6-7	at NCAA D-III Nationals	(Cedar Rapids, IA)

Nov. 7	WEST VA. TECH	W 28-13
Nov. 8	W&J INVITATIONAL	Ind. only
Nov. 15	at West Virginia Open	8 a.m.
Nov. 20	at Scranton	7:30 p.m.
Nov. 22	at Springfield Invit.	8 a.m.
Dec. 6	at York Invitational	8 a.m.
Dec. 29-30	at Florida Citrus Duals	8 a.m.
Jan. 10	W&J QUAD	11 a.m.
Jan. 17	at Wash. & Lee Invit.	8 a.m.
Jan. 24	at Seton Hill	1 p.m.
Jan. 30	THIEL*	7 p.m.
Feb. 6	MOUNT UNION	7 p.m.
Feb. 14	at PAC Championships	4 p.m.
Feb. 21	at NCAA D-III Regionals	(Angola, IN)
Mar. 6-7	at NCAA D-III Nationals	(Cedar Rapids, IA)

Nov. 8	at Messiah Invit.	4th/8 (62)
Nov. 19	DUQUESNE	7 p.m.
Nov. 22	at Messiah Duals	11:30 a.m.
Dec. 6	at R.I.T. Invitational	TBA
Dec. 13	at Ohio Northern Invit.	9 a.m.
Jan. 10	WASH. & JEFF.*	11 a.m.
Jan. 10	GETTYSBURG	11 a.m.
Jan. 10	WASH. & LEE	11 a.m.
Jan. 13	WEST LIBERTY ST.	4 p.m.
Jan. 13	SETON HILL	4 p.m.
Jan. 17	at Wash. & Lee Invit.	10 a.m.
Jan. 21	THIEL*	7 p.m.
Jan. 24	GANNON	1 p.m.
Jan. 31	WEST VA. TECH	1 p.m.
Feb. 3	at Shippensburg	7 p.m.
Feb. 5	MERCYHURST	7 p.m.
Feb. 7	at Baldwin-Wallace	10 a.m.
Feb. 14	at PAC Championships	4 p.m.
Feb. 21	at NCAA D-III Midwest Regionals	(Angola, IN)
Mar. 6-7	at NCAA D-III Nationals	(Cedar Rapids, IA)