

2009-10 PAC Wrestling Release

Week 4 - December 7



Presidents' Athletic Conference
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2009-10 PAC STANDINGS (through December 6)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Washington & Jefferson	0	0	.000	2	0	1.00
Thiel	0	0	.000	2	2	.500
Waynesburg	0	0	.000	2	2	.500

LAST WEEK

Friday, December 4, 2009

Washington & Jefferson 28, Penn State-DuBois 6

Saturday, December 5, 2009

RIT Invitational - 10 teams

4. Waynesburg - 79

8. Thiel - 45.5

THIS WEEK

Friday, December 11, 2009

Waynesburg, Seton Hill at Thiel* - 5 p.m.

PAC Wrestler of the Week

CORBIN SEMPLE
Waynesburg

Junior
184 pounds
Waynesburg, Pa.
Waynesburg
Central H.S.



Semple ran the table at the RIT Invitational and won the 184-pound crown. During his 4-0 day, the Waynesburg native picked up two wins by major decision and upset the number one and two-seeded wrestlers.

Also nominated was freshman 133-pounder **Tommy Kozack** of Thiel and sophomore 157-pounder **Dominick Demor** of Washington & Jefferson.

PAC Wrestling 2009-10 - Week 4 Conference Notes

NEWS & NOTES: Waynesburg junior **Corbin Semple** received the number-four seed at the RIT Invitational, after upsetting top-seeded John Carroll's Ben Adams by 13-5 decision and downing Alex Denman, the number-two seed, in the championships by 3-2 decision ... W&J sophomore Dominick Demor holds an overall record of 12-6, following a 17-1 technical fall decision in the 157-lbs. category against Penn State-DuBois.

AROUND THE LEAGUE: Sophomore 125-pounder **Zach Cecchetti** and freshman 149-pounder **Brett Jeffries** posted dominant performances for Washington & Jefferson with 15-1 and 13-3 wins ... Thiel's **Tommy Kozak** turned in the team's top performance at the RIT Invitational, earning third place in the 133-pound bracket; he went 5-1 including one win via pinfall.

2009-10 PAC Wrestlers of the Week

Nov. 9 - Nick Garber, 141-lbs., WAY
Nov. 16 - Tyler Berger, 141-lbs., W&J
Nov. 23 - Alex Crown, 125-lbs., WAY
Dec. 7 - Corbin Semple, 184-lbs., WAY
Jan. 4
Jan. 11
Jan. 18
Jan. 25
Feb. 1
Feb. 8

Thiel Tomcats
(2-2, 0-0 PAC)



The Thiel College wrestling team earned an eighth place finish in a field of ten teams on Saturday at the 44th annual Rochester Institute of Technology Invitational ... Notre Dame College (Ohio) won the event for the second straight year on Saturday ... Notre Dame recorded 163.5 points to defeat second place SUNY Cortland by 16 ... Thiel recorded 44.5 team points... Thiel freshman **Tommy Kozak** turned in the team's top performance on the day, earning a third place finish in the 133-pound bracket ... Kozak went 5-1 on the day including one win via pinfall... Thiel returns to action on Friday evening when it hosts Waynesburg and Seton Hill.

Washington & Jefferson Presidents (2-0, 0-0 PAC)



The Washington & Jefferson College wrestling squad picked up its second victory of the 2009-10 season on Friday, December 4, defeating Penn State-DuBois by a margin of 28-6 in the Henry Memorial Center ... The Presidents won all eight contested bouts against the Lions, while PSU earned its only points on a forfeit at the 165 pound weight class ... Sophomore 125-pounder **Zach Cecchetti**, freshman 149-pounder **Brett Jeffries** and sophomore 157-pounder **Dominick Demor** all posted dominate performances for the Red & Black ... Cecchetti and Jeffries notched a pair of major decisions, winning 15-1 and 13-3, respectively, while Demor was victorious with a 17-1 technical fall ... Washington & Jefferson has three weeks off before competing again at the Citrus Invitational (Dec. 29-30) in Fort Lauderdale, Fla.

Waynesburg Yellow Jackets (2-2, 0-0 PAC)



Despite missing a few starters, the Yellow Jackets put together a strong performance at the Rochester Institute of Technology (RIT) Invitational this past Saturday by placing fourth out of 10 teams ... Junior **Corbin Semple** led the charge with an impressive run to the 184-pound championship ... Semple received the number-four seed and upset top-seeded Ben Adams of John Carroll by 13-5 major decision, before downing Alex Denman, the number-two seed, in the championships by 3-2 decision ... Denman, who wrestles for NAIA powerhouse Notre Dame (Ohio), was ranked in the top 10 of the NAIA coming into the tournament ... Sophomore **Alex Evanoff** also had a terrific tournament as he placed second at 165 pounds.

Thiel Tomcats
2-2, 0-0 PAC

Wash. & Jeff. Presidents
2-0, 0-0 PAC

Waynesburg Yellow Jackets
2-2, 0-0 PAC

Nov. 7	<i>Baldwin-Wallace Duals</i>	
	vs. Lycoming	L, 9-29
	at Baldwin-Wallace	W, 25-12
	vs. Mount St. Joseph	W, 36-7
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 17	at Mount Union	L, 14-22
Dec. 5	at RIT Invitational	8th/10
Dec. 11	WAYNESBURG*	5 p.m.
Dec. 11	SETON HILL	5 p.m.
Jan. 9	at Case Western Reserve	1 p.m.
Jan. 15	at Lycoming	9 a.m.
Jan. 17	at Mount Union	9 a.m.
Jan. 23	at Eastern Michigan Duals	10 a.m.
Jan. 30	MEL BERRY DUALS	1 p.m.
Feb. 5	WASH. & JEFF.*	7 p.m.
Feb. 6	at Baldwin-Wallace	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 7	at Clarion Open	Ind. only
Nov. 13	WVU TECH	ccl.d.
Nov. 14	WASH. & JEFF. OPEN	Ind. only
Nov. 19	at Scranton	W, 18-13
Nov. 21	at Springfield Invite	14th/18
Dec. 4	PENN ST.-DUBOIS	W, 28-6
Dec. 29	at Citrus Invitational	8 a.m.
Dec. 30	at Citrus Invitational	8 a.m.
Jan. 9	at Wash. and Lee Quad	12 p.m.
Jan. 16	at Wash. and Lee Invite	8 a.m.
Jan. 22	WAYNESBURG*	8 p.m.
Jan. 29	SETON HILL	8 p.m.
Feb. 5	at Thiel*	7 p.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 9	Messiah Invitational	3rd/9
Nov. 13	SHIPPENSBURG	W, 20-15
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 21	WAYNESBURG QUAD	Ind. only
Dec. 5	RIT Invitational	4th/10
Dec. 11	at Thiel*	5 p.m.
Dec. 11	vs. Seton Hill (at THI)	5 p.m.
Dec. 15	at Muskingum	7 p.m.
Dec. 18	APPRENTICE SCHOOL	7 p.m.
Jan. 9	Pitt Quad	10 a.m.
Jan. 13	at McDaniel	7 p.m.
Jan. 16	Wash. & Lee Invite	10 a.m.
Jan. 22	at Wash. & Jeff.*	7 p.m.
Jan. 23	PENN ST.-DUBOIS	6 p.m.
Jan. 30	at West Liberty State	7 p.m.
Feb. 3	at Gannon	7 p.m.
Feb. 6	at B-W Summa Tourney	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.