

# 2010-11 PAC Wrestling Release Week 5 - December 13



**Presidents' Athletic Conference**  
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## 2010-11 PAC STANDINGS (through December 12)

School	PAC Contests			All Contests			
	W	L	Pct.	W	L	T	Pct.
Washington & Jefferson	0	0	.000	3	0	0	1.00
Waynesburg	0	0	.000	5	1	1	.786
Thiel	0	0	.000	2	3	0	.400

### LAST WEEK

#### Friday, December 10, 2010

Mount Union 23, THIEL 14  
WASH. & JEFF. 41, Penn State Dubois 10

#### Saturday, December 11, 2010

WAYNESBURG 38, Tiffin 9

### UPCOMING SCHEDULE

#### Wednesday, December 15, 2010

Waynesburg at Mercyhurst - 7 p.m.

#### Saturday, December 18, 2010

Muskingum at Waynesburg - 6 p.m.

#### Wednesday, December 29, 2010

Wash. & Jeff. at Florida Citrus Tournament  
(at Fort Lauderdale, Fla)

#### Thursday, December 30, 2010

Wash. & Jeff. at Florida Citrus Tournament  
(at Fort Lauderdale, Fla)

### PAC Wrestler of the Week

**NICK  
GARBER**  
Waynesburg

Senior  
141 pounds  
Waynesburg, Pa.  
Waynesburg  
Central H.S.



Nick Garber was one of three Yellow Jackets to win by fall during Waynesburg's 38-9 win over Tiffin. The senior returning All-American needed the least amount of time to get the job done as he stuck Kyle Begg in just 1:11.

Also nominated was freshman 125-pounder **Tim Ellison** of Thiel and junior 184-pounder **Stefen Firmstone** of Washington & Jefferson.

### **PAC Wrestling 2010-11 - Week 5 Conference Notes**

**NOTES:** During Waynesburg's lop-sided 38-9 win over Division II Tiffin, the Jackets received a forfeit at 125 pounds and, after suffering a loss by pin at 133, picked up victories by pin at 141, 149 and 157 pounds ... W&J knocked off Penn State-DuBois behind five falls and is 3-0 in dual-meet competition for the first time since the 2001-02 season ... Thiel fell to 15th-ranked Mount Union for the second time this season, losing 23-14 Friday.

**AROUND THE PAC:** Waynesburg's 141-pounder **Nick Garber** picked up the fastest fall of the day against Tiffin by sticking Kyle Begg in 1:11 ... W&J's **David Dibenedetto** had a pinfall victory at 165 pounds (3:50), earning his team-leading 12th triumph of the season ... **Tim Ellison** gave Thiel a good start in its attempt at an upset, reversing a 10-3 loss to Arden Bement earlier this season with an impressive 10-0 major decision this time.

### **2010-11 PAC Wrestlers of the Week**

Nov. 8- Garrett Johnston, 157-lbs, WAY  
Nov. 15 - Jared Roberts, 174/184-lbs., WAY  
Nov. 22 - David Dibenedetto, 165-lbs, W&J  
Dec. 6 - Corey Brown, 133-lbs, THI  
Dec. 13 - Nick Garber, 141-lbs, WAY  
Jan. 3 -  
Jan. 10 -  
Jan. 17 -  
Jan. 24 -  
Jan. 31 -  
Feb. 7 -

**Thiel Tomcats**  
(2-3, 0-0 PAC)



The Tomcats fell to 15th-ranked Mount Union for the second time this season, losing to the Purple Raiders 23-14 Friday at Beeghly Gymnasium ... Freshman **Tim Ellison** gave Thiel a good start in its attempt at an upset, reversing a 10-3 loss to Arden bement earlier this season with an impressive 10-0 major decision win this time ... **Corey Brown** put the Tomcats up 8-0 with a four-point technical fall at 133 pounds ... Following three straight losses, junior **Matt Lowry** posted a 5-0 decision and **Patrick Morris** had no problems in a 4-1 win to give the Tomcats a 14-10 lead with three matches remaining ... The Purple Raiders remained unbeaten at 5-0 on the season with three wins to end the match ... Thiel will have nearly a month off before returning to action on Jan. 8 with home matches against Case Western Reserve and Penn State New Kensington.

**Washington & Jefferson Presidents**  
(3-0, 0-0 PAC)



Washington & Jefferson is 3-0 in dual-meet competition for the first time since the 2001-02 season ... The Presidents knocked off Penn State-DuBois on Friday behind five falls ... Junior 141-pounder **Chris Leva** notched the Presidents' first fall in 2:16 against **Garrett Zarrecky** ... Leva has pins in back-to-back matches ... Freshman **David Dibenedetto** followed with a pinfall victory at 165 pounds (3:50), earning his team-leading 12th triumph of the season ... Junior 184-pounder **Stefen Firmstone** needed only 78 seconds for his fall, while sophomore **Robbie Mies** produced his team-best fifth fall in 1:47 ... Junior heavyweight **Taylor Potts** rounded out the wins by fall with his second of the winter at the 4:48 mark ... Junior 157-pounder **Dominick Demor** nearly earned another, but instead recorded a 21-6 technical fall (5:52) over Ty Albright ... Junior 125-pounder **Zach Cecchetti** and sophomore 174-pounder **Eric Kohr** also picked up victories for the Presidents ... Cecchetti bested **Nick Bogacki** 7-1, while Kohr nipped Kyle Bish 4-2 ... W&J closes out the first half of its 2010-11 schedule in Fort Lauderdale, Fla., at the Citrus Tournament and Citrus Duals (Dec. 29-30).

**Waynesburg Yellow Jackets**  
(5-1-1, 0-0 PAC)



Waynesburg's first dual match since before Thanksgiving was a quick lop-sided victory for the Yellow Jackets ... During their 38-9 win over Division II Tiffin, the Jackets received a forfeit at 125 pounds and, after suffering a loss by pin at 133, picked up victories by pin at 141, 149 and 157 pounds ... During the stretch, senior 141-pounder **Nick Garber** picked up the fastest fall of the day by sticking Kyle Begg in 1:11 ... Freshman **Luke Lohr** (149) and junior **Garrett Johnston** (157) also won by fall ... The Jackets continued to rack up the bonus points with major decision wins at 165 and 174 pounds, courtesy of juniors **Alex Evanoff** (165) and **Jared Roberts** (174) ... The Jackets wrapped up the victory with decision victories by sophomore **Cody Catalina** at 184 and freshman **Brandon Fedorka** at heavyweight ... It was Waynesburg's most lop-sided victory since beating Penn State Dubois 38-6 last season.

**Thiel Tomcats**  
**2-3, 0-0 PAC**

**Wash. & Jeff. Presidents**  
**3-0, 0-0 PAC**

**Waynesburg Yellow Jackets**  
**5-1-1, 0-0 PAC**

Nov. 6	at Clarion Open	unscored
Nov. 13	at W&J Open	unscored
Nov. 20	at Mount Union Duals	
	Mount Union	L 15-25
	Ohio Northern	L 10-30
	King's College	W 30-12
	Mount St. Joseph	W 28-12
Dec. 4	at Ohio Northern Invite 10th/14	
Dec. 10	MOUNT UNION	L 14-23
Jan. 8	CASE WESTERN	1 p.m.
Jan. 14-15	Lycoming Duals	9 a.m.
Jan. 22	vs. OAKLAND	10 a.m.
	vs. MERCYHURST- NE	
	vs. PSU DUBOIS	
	vs. BALDWIN-WALLACE	
Jan. 28	WAYNESBURG*	7 p.m.
Feb. 4	WASH. & JEFF.*	7:30 p.m.
Feb. 5	at BW- Summa Invite	10 a.m.
Feb. 11	PAC Championship	5 p.m.

Nov. 6	at Clarion Open	unscored
Nov. 13	W&J OPEN	unscored
Nov. 18	at Scranton	w 33-15
Nov. 20	at Springfield Invite	14th/18
Dec. 3	P.S. NEW KENSINGTON	W 35-7
Dec. 10	PENN-ST. DUBOIS	W 41-10
Dec. 29-	at Florida Citrus Tourn.	TBA
30		
Jan. 8	vs. GETTYSBURG	1 p.m.
	vs. WASH. & LEE	
	vs. MUSKINGUM	
Jan. 15	at Wash. & Lee Invite	8 a.m.
Jan. 20	at Waynesburg*	7 p.m.
Jan. 28	at Seton Hill	7 p.m.
Feb. 4	THIEL*	7:30 p.m.
Feb. 11	PAC Championships	5 p.m.

Nov. 6	at Messiah Invitational	t-1st/8
Nov. 13	at The Duals at Hershey	
	vs. Shippensburg	W 21-12
	vs. John Hopkins	W 21-12
	vs. York	W 18-17
Nov. 20	at York	T 18-18
	vs. Lake Erie	W 21-18
	vs. Messiah	L 15-22
Dec. 4	at Ohio Northern Tourn.	t7th/14
Dec. 11	TIFFIN	W 38-9
Dec. 15	at Mercyhurst	7 p.m.
Dec. 18	MUSKINGUM	6 p.m.
Jan. 7	P.S. NEW KENSINGTON	8 p.m.
Jan. 11	at Ohio Valley	7 p.m.
Jan. 14	MERCYHURST- NE	7 p.m.
Jan. 15	vs. GETTYSBURG	9:30 a.m.
	vs. MCFANIEL	
	vs. MERCYHURST	
	vs. JOHNS HOPKINS	
	vs. BALDWIN-WALLACE	
	vs. UNC PEMBROKE	
Jan. 20	WASH. & JEFF.*	7 p.m.
Jan. 28	THIEL*	7 p.m.
Feb. 1	WEST LIBERTY	7 p.m.
Feb. 5	at B-W Tourn.	9:30 a.m.
Feb. 11	PAC Championships	5 p.m.