

2009-10 PAC Wrestling Release

Week 5 - December 14



Presidents' Athletic Conference
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2009-10 PAC STANDINGS (through December 13)

School	PAC Contests			All Contests		
	W	L	Pct.	W	L	Pct.
Thiel	1	0	1.00	3	2	.600
Washington & Jefferson	0	0	.000	2	0	1.00
Waynesburg	0	1	.000	2	3	.400

LAST WEEK

Friday, December 11, 2009

THIEL 17, Waynesburg 16*

NEXT THREE WEEKS

Tuesday, December 15, 2009

Waynesburg at Muskingum - 7 p.m.

Friday, December 18, 2009

The Apprentice School at Waynesburg - 7 p.m.

Tuesday, December 28, 2009

Washington & Jefferson at Citrus Invitational

Wednesday, December 29, 2009

Washington & Jefferson at Citrus Invitational

PAC Wrestler of the Week

NICK GARBER
Waynesburg

Junior
141 pounds
Waynesburg, Pa.
Waynesburg
Central H.S.



Garber got revenge on 2008-09 All-American and PAC Most Outstanding Wrestler Corey Brown by beating the sophomore 7-5 during Waynesburg's dual match at Thiel on Friday ... Brown was the only wrestler to beat Garber during last year's regular season ... The Waynesburg native improved to 12-2 on the year and 5-0 in dual matches ... The win was his fourth in a row.

Also nominated was freshman 133-pounder **Tommy Kozack** of Thiel.

2009-10 PAC Wrestlers of the Week

Nov. 9 - Nick Garber, 141-lbs., WAY
Nov. 16 - Tyler Berger, 141-lbs., W&J
Nov. 23 - Alex Crown, 125-lbs., WAY
Dec. 7 - Corbin Semple, 184-lbs., WAY
Dec. 14 - Nick Garber, 141-lbs., WAY
Jan. 11
Jan. 18
Jan. 25
Feb. 1
Feb. 8

PAC Wrestling 2009-10 - Week 5 Conference Notes

PAC ACTION BEGINS: Thiel and Waynesburg opened up conference competition last Friday ... Waynesburg jumped to a 10-4 lead after the first four bouts of the match, before close losses put the win out of reach ... The match of the night featured a pair of national qualifiers in Waynesburg's **Nick Garber** and Thiel's **Corey Brown** ... Garber avenged a pair of one-loss defeats from last year with a 7-5 win.

NEWS & NOTES: Thiel's **Tom Kozak**, **Matt Lowry**, **Alec Miller**, **Brice Mertiff** and **Isaac Moore** all picked up wins at the come-from-behind win versus Waynesburg ... Competition is light over the holiday break for PAC teams, with only two squads competing in the next three weeks ... Waynesburg hosts two non-conference matches, while W&J hopes to soak up some sun and earn wins at the Citrus Invite in Florida.

Thiel Tomcats
(3-2, 1-0 PAC)



After suffering tough defeats in three of their first four matches of the night, the Thiel College wrestling team rallied back to take the Waynesburg Yellowjackets down, 17-16 ... **Tom Kozak** (133 lbs), **Matt Lowry** (157 lbs), **Alec Miller** (165 lbs), **Brice Mertiff** (174 lbs) and **Isaac Moore** all picked up wins at the meet.

Washington & Jefferson Presidents (2-0, 0-0 PAC)



The Washington & Jefferson wrestling squad was idle last week ... the team returns to action Dec. 29 when they compete in the Citrus Invitational in Fort Lauderdale, Fla.

Waynesburg Yellow Jackets (2-3, 0-1 PAC)



Waynesburg jumped to a 10-4 lead after the first four bouts of its PAC match at Thiel on Friday night, but close losses in the middle weights doomed the Yellow Jackets as they fell 17-16 to the Tomcats ... The match of the night featured a pair of national qualifiers in Waynesburg's **Nick Garber** and Thiel's Corey Brown ... The talented 141-pounders didn't disappoint as Garber avenged a pair of one-loss defeats from last year by beating the All-American 7-5 ... Freshman 125-pounder **Alex Crown** got the night off to a good start for the Jackets as he downed two-time national qualifier Rob Miller 5-4, and Waynesburg's nationally-ranked 184-pounder, **Corbin Semple**, bumped up to 197 pounds and beat talented freshman Todd Miller 6-1, despite giving up around 15 pounds.

Thiel Tomcats
3-2, 1-0 PAC

Wash. & Jeff. Presidents
2-0, 0-0 PAC

Waynesburg Yellow Jackets
2-3, 0-1 PAC

Nov. 7	<i>Baldwin-Wallace Duals</i>	
	vs. Lycoming	L, 9-29
	at Baldwin-Wallace	W, 25-12
	vs. Mount St. Joseph	W, 36-7
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 17	at Mount Union	L, 14-22
Dec. 5	at RIT Invitational	8th/10
Dec. 11	WAYNESBURG*	W, 17-16
Jan. 9	at Case Western Reserve	1 p.m.
Jan. 15	at Lycoming	9 a.m.
Jan. 17	at Mount Union	9 a.m.
Jan. 23	at Eastern Michigan Duals	10 a.m.
Jan. 30	MEL BERRY DUALS	1 p.m.
Feb. 5	WASH. & JEFF.*	7 p.m.
Feb. 6	at Baldwin-Wallace	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 7	at Clarion Open	Ind. only
Nov. 13	WVU TECH	cclcd.
Nov. 14	WASH. & JEFF. OPEN	Ind. only
Nov. 19	at Scranton	W, 18-13
Nov. 21	at Springfield Invite	14th/18
Dec. 4	PENN ST.-DUBOIS	W, 28-6
Dec. 29	at Citrus Invitational	8 a.m.
Dec. 30	at Citrus Invitational	8 a.m.
Jan. 9	at Wash. and Lee Quad	12 p.m.
Jan. 16	at Wash. and Lee Invite	8 a.m.
Jan. 22	WAYNESBURG*	8 p.m.
Jan. 29	SETON HILL	8 p.m.
Feb. 5	at Thiel*	7 p.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.

Nov. 9	Messiah Invitational	3rd/9
Nov. 13	SHIPPENSBURG	W, 20-15
Nov. 14	at Wash. & Jeff. Open	Ind. only
Nov. 21	WAYNESBURG QUAD	Ind. only
Dec. 5	RIT Invitational	4th/10
Dec. 11	at Thiel*	L, 16-17
Dec. 15	at Muskingum	7 p.m.
Dec. 18	APPRENTICE SCHOOL	7 p.m.
Jan. 9	Pitt Quad	10 a.m.
Jan. 13	at McDaniel	7 p.m.
Jan. 16	Wash. & Lee Invite	10 a.m.
Jan. 22	at Wash. & Jeff.*	7 p.m.
Jan. 23	PENN ST.-DUBOIS	6 p.m.
Jan. 30	at West Liberty State	7 p.m.
Feb. 3	at Gannon	7 p.m.
Feb. 6	at B-W Summa Tourney	10 a.m.
Feb. 12	PAC Championships	5 p.m.
Feb. 20	at NCAA Midwest Reg.	9 a.m.
Mar. 5	at NCAA Championships	11 a.m.